



THE UNIVERSITY OF THE THIRD AGE

CHESHUNT U3A

Charity no. 1150779

MEETING THURSDAY 28th JUNE 2018
1.30pm LAURA TROTT CENTRE.

Today we have **GLEN OWEN** from the **INSTITUTION OF CIVIL ENGINEERS** who will present an illustrated talk on the **LARGEST, MOST COMPLEX ENGINEERING WORKS AROUND THE WORLD**. He will explain how and why such works are built, some of the challenges that had to be overcome and how those schemes have transformed peoples' lives.

Our next meeting will be on **26th JULY 2018** when the guest speaker will be **ANDREW WAITE** who will give an illustrated talk entitled '**INTRODUCTION TO GEMSTONES**'. There will be some audience participation.

Monthly meetings will usually be held on the 4th Thursday of each Month at 1.30pm at the LAURA TROTT CENTRE. **Please note that the doors to LAURA TROTT will not be opened until 1.30pm and the main Meeting will commence in the Hall by 2.30pm.**

Visit our web site www.u3asites.org.uk/cheshunt for more information of events and groups. Peter HARRIS maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

When you attend the monthly meetings, you should bring your membership card (this year the colour is peach), along to book yourself in at the respective desk. You should also take it to any group meetings. The group leaders will want to keep their own records.

Visitors

A Temporary Membership Fee of £2 is charged to visitors, and a dated receipt will be given. This confers all the advantages of Cheshunt U3A membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Cheshunt U3A requires a certain amount of private information from members to allow it to operate effectively. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary (contact details on the back of this programme).

Members' information held by Cheshunt U3A will not be disclosed to any third party

MEETERS AND GREETERS ROTA

July – Cycling

August – Spanish

September – Family History

MUSICIANS UNITED

Despite saying they would not play in public, our musical group have decided to share with you their musical expertise. See their inaugural public performance today at the start of our meeting.

SUMMER CELEBRATION

A very pleasant evening was had by all members who attended the Summer Celebration at the British Legion on June 2nd, a supper of Fish/Chicken & Chips was enjoyed during the course of the evening. The disco provided a variety of music to cover all taste.

NEW GROUPS

BALLROOM DANCING

A Ware Group who meet at Wodson Park Ware on Fridays 2 - 3.30pm. Contact Pat Fisher 01920 464463 for information. A warm welcome to all Cheshunt members.

CHESHUNT U3A GROUPS

AFTERNOON TEA with QUIZ

Mary 01992 426341

Well done and thank you to all members that braved the awful weather conditions to attend the quiz on Tuesday May 29th, it was certainly monsoon weather in Cheshunt that day. The quiz was won by team Bishops Courtiers who had an impressive score of 76 points. Our next quiz will be on Tuesday August 21st at 2pm at The Masonic Hall, Cheshunt. Please register your interest at my table.

ALMOST LOOSE WOMEN

Carol FARREN 01992 629028/ Ann

POWELL 01707889189.

We meet on the second Thursday each month at the Red Cow Pub, Windmill Lane at 10am – 12pm. Our next sessions are July 12th, August 9th, September 13th, November 8th and December 13th.

We have a good laugh over a cup of tea or coffee and biscuits. **Gentlemen are more than welcome to join us**, although this group is now full.

ALMOST LOOSE WOMEN GROUP 2

We will meet on the first Thursday of every month at The Red Cow pub, Windmill Lane, 10am to 12pm. July 5th, August 2nd, September 6th, no session October, November 1st, December 13th. There is now a waiting list in operation.

ART APPRECIATION Diane POPE 01992 632829/Clarice PILLAR 0208 804 0900

This month the Art Appreciation group visited the Queens Gallery to see the Charles 11 exhibition, it was excellent. In June, Mick Coe is taking the group to the Guild Hall art gallery where they can visit the De Morgan's revolutionised ceramic design exhibition.

AWAY DAYS - Rose Lovelidge 01992 630899 - Mob; 07973313416
email rose.cheshuntu3a@gmail.com

Tuesday 25th September 2018

Beside the Seaside

There is nothing better than the great British seaside resorts and the south coast has plenty of these to offer. Your day will begin in the Victorian resort of Bexhill-on-Sea where you will enjoy a cup of tea or coffee in the elegant, Modernist Pavilion which sits on the promenade. After lunch your guide will take you to Eastbourne, 'Sunnier Place in Britain. Morning Tea at Bexhill-on-Sea, Admire the Views at Beachy Head Lunch at The New Wilmington Hotel then visit Sunny Eastbourne. All inclusive £43 p.p Pick up our coach outside Tesco's Cheshunt Pond 8.15am

Monday 26th November 2018

Christmas Broadway Party

There's no business like show business" so join us for the 2018 Christmas season on stage in 'Christmas on Broadway'. Talented entertainers will trip the light fantastic to bring you an afternoon of well loved musical numbers that will have you tapping your feet, singing along and twirling around the dance floor. Start your day with coffee and mince pies at your table. Your talented entertainers will then bring you some show-stopping numbers plus you will be having a delicious three course set festive lunch.

All inclusive £45 p.p Pick up our coach outside Tesco's Cheshunt Pond 9.15am

BADMINTON/TABLE TENNIS

Jan WAGSTAFF 01992 624706

We meet every Monday from 7pm-9pm at GOFFS CHURCHGATE ACADEMY (formerly Cheshunt School). All abilities are welcome and

we provide equipment. A small charge per head per night is required to pay for the hall. The facility is now somewhat improved with new line markings and polished floor! Please contact for further details.

BIRD WATCHING WALKS

Derek WEBSTER 07712 675105/

Antony POPE 07949 739116

9 of the group visited London Wetland Centre on Monday 11th June 2018 on a sunny day and we saw 37 species of birds. The highlight of the day was seeing the Common tern.

Next Visit: Woodbury Wetlands on Monday 9th July 2018. Meet at Cheshunt station at 9.45 am to catch the 10.01 am to Stamford Hill Station and then bus 253, 254 to the reserve. This is a full day so please bring a packed lunch.

Future visits:

Visit to London Parks on Monday 13th August 2018

Visit to Tyttenhanger Lakes on Monday 10th September 2018

Visit to Two Tree Island on Monday 8th October 2018

BOOK CLUB Reading for Pleasure

Carol HILL 01992 302722

This month we read *Salmon Fishing in the Yemen*, a debut comedy novel by Paul Today. Although written as a comedy there is a tragic underside to this story. Dr Alfred Jones, a civil servant at the National Centre for Fisheries Excellence is a shy, academic man living in a loveless marriage. An offer by a rich Yemen Sheikh to fund a scheme to introduce salmon fishing into the desert wadis of his country with Scottish salmon is initially dismissed as impossible by Dr Jones. However, the British Foreign and Commonwealth Office are eager to spend the Sheikh's money and lend support to the scheme and Dr Jones begins to believe that salmon fishing in the Yemen could become a reality. The story is written in the form of letters, interviews and newspaper articles. Surprisingly this works very well. Altogether a very good read.

BOLIVIA/CANASTA

Peter HARRIS 01992429297

Peterharris30@live.co.uk

New members always welcome for a light hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards, easy to learn and a great deal (no pun intended) of fun. The membership is continuing to grow with an average of two members joining each month; however we are still looking to expand. We can guarantee at the end of one session, any newbie will understand and be able to play the game. If

anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon.

We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. Dates for next month are Monday 2nd July and 16th July Time 2pm. (Please park in Hillview). The venue has wheelchair access and will accommodate vehicles in the grounds is necessary.

CANASTA/CRIBBAGE

Cheshunt U3A currently run a Cribbage group on Tuesdays however they are reaching maximum numbers so with the interest there has been shown we thought we could start another group. Also many members have asked if we have Canasta Group. Well we do run a Bolivia Group, a card game which is a derivation of Canasta but with the interest shown we thought we could combine the two card games and have one formal group which hopefully will satisfy all parties.

The inaugural meeting took place on Monday 19th March at 2pm at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The next dates are Monday 6th and 23rd July at 2pm. We have averaged so far about 16 members per session. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits.

If you are interested please contact me **Allan Smith** on 01707 335409

CHESHUNT and WARE CYCLE GROUP Stewart 01992 624706

Our group meets every Wednesday morning at 9.30am at Pindar Car Park near Cheshunt Railway Station, for a prompt 09.45am start. As you read this today a large group of our members are touring the New Forest and surrounding area on their bikes, staying in a central location from Monday to Friday.

Three weeks ago we had an all day ride, into London using towpaths and cycle ways, to have lunch on the banks of the Thames outside the Tower of London.

Next month some of the group will be cycling around the Isle of Man by day and watching motor cycling in the evening. Please visit our cycling table to see if you would be interested in cycling with us.

CHESS GROUP Rodney Dixon 01992 766832

The Chess Group is still looking for new members. The group is aimed at beginners and intermediate players. You can learn the moves and enjoy your first game. If you would like to learn this wonderful game please see me at my table or give me a ring on the above number.

COMPUTERS - e BUDDY PROJECT

Working in conjunction with students from Herts Regional College, we organise one to one sessions for members looking to gain a better understanding of their laptop, ipad, smartphone etc.

If you are interested in attending please contact Steve Gollop 01992 629209 email: stevegcheshuntu3a@gmail.com

COUNTRY DANCING Val Foster 01992 627354 and June Brown 01992 301987. A Broxbourne U3A Group.

First and third Thursdays of the month, 2 - 4 pm Bollescroft large room, Hoddesdon. New members from Cheshunt U3A welcome, no previous experience or partners necessary! Please join us for a fun and sociable afternoon.

CRAFT - CARDS

Betty WARREN 01992 637988

All are welcome. Dates for this group are every third MONDAY of the month 10.30 a.m and every third WEDNESDAY of the month at 2 p.m.

CRIBBAGE

Jenny CHRISTIAN 01992 306859

Crib every Tuesday 2-4p.m. at my house in Mylne Close, opposite M&S at Brookfield Farm shopping centre. No charge. The Group is now full.

Please contact Jenny Christian for more details.

EAT YOUR WAY AROUND THE WORLD

Mary 01992 426341

Please see me for details of our next meal.

EXERCISE GROUP - KEEPING FIT

Mary 01992 426341

Laura Trott Sports Centre, Grundy Park Cheshunt. Every Thursday 9.40am to 10.40am (earlier start to enable follow on class to start at their allotted time). Cost £3. The sessions are run by qualified instructors, whose aim is to ensure that we have fun whilst trying to get fit.

EXPLORING LONDON 1

Eileen FUNNELL 01992 422475

Wednesday 18th July Summer Afternoon Tea – 3 Lakes

Tuesday 14th August Tour of London Palladium

Wednesday 19th September RAF Club

Please note: No Planning Meeting in July. Next Planning Meeting Friday 3rd August 1015 a.m. Cheshunt Free Church.

We had a lovely sunny day for our recent visit to Hampton Court Palace. The gardens were colourful and they were still planting out the bedding plants. The Palace was most interesting with lots of informative guides on hand, with some of them dressed in the costumes from the era with the appropriate information.

We visited Apothecaries Hall and was met by the Beadle Gary a very suave gentleman who guided us around a livery of the history of Medicine and Pharmacy. We all enjoyed his wit and knowledge. A portrait of the Queen in the large banqueting hall was one we all admired.

EXPLORING LONDON 2 Rosemary TRUNDELL 01992 621155

We had a wonderful outing in June to Hampton Court organised by Andy Smith. We were lucky enough to have a guided tour round most of the palace led by Andy's friend, Howard, who used to work there. We visited Henry VIII's apartments and kitchens, the Georgian sector, the Chapel Royal and the gardens. Although most of us had been there before at some time, Hampton Court never fails to impress.

Our forthcoming trips are as follows:-

Monday 2nd July - Tour of Fulham Palace

Wednesday 15th August - Bill's Walk around Rotherhithe

Wednesday 26th September - Coach trip to Hever Castle and Gardens jointly with Exploring London 3

We meet on the third Friday from 1.00-2.00 pm at Cheshunt Free Church.

Our next meeting will be on 20th July.

EXPLORING LONDON 3 STEVE GOLLOP 01992 629209

This Blue Badge guided walk was organised by Pam Brooks and Pam Slater. On 2nd/3rd May our group visited Southwark, a historic area of London associated with Shakespeare, Chaucer, Dickens and Dr Johnson. The area lay outside the jurisdiction of the City of London so it consequently became known for its brothels, theatres, bull and bear baiting, none of which were permitted within the City. We visited the graveyard of the 'Winchester Geese', the name given to the prostitutes who worked in the brothels licensed by the Bishop of Winchester. When they died they were interred with other 'Outcast Dead' in an unconsecrated burial ground called the Crossbones Graveyard, and although closed 1853, monthly vigils are held there to this day. We also visited the Anchor pub on the Thames, the site of the Inn where Samuel Pepys took refuge from the Great Fire in 1666 'and there watched the fire grow'.

We were spoilt for choice (if not overwhelmed) for eating places in and around Borough Market. Our guide was excellent and her knowledge and enthusiasm made this an extremely interesting day out.

Next few trips are:

31 July Royal Festival Hall organised by Shirley Newton

August Clarence House organised by Doreen Humm

26 September Hever Castle and Gardens organised by Steve Gollop

14 November Hendon RAF Museum organised by Norman Reed

Our group holds a planning meeting on the first Wednesday of each month at 11.15am at the new venue of Cheshunt Free Church (United Reform), 27 High Street, Cheshunt EN8 0BS. There is limited parking available and access is by the side door.

EXPLORING LONDON GROUP 4

Steve SELL 01992 443012

07572 078511

We have a planning meeting every month. The next meeting is on Wednesday 11th July 2018 from 11.00am at St. Clements Church Hall. Parking in the adjacent Lea Valley Park or Hillview Gardens opposite.

At the end of May we travelled by tube and bus to Kenwood House where members enjoyed touring the house and taking lunch in the nearby café on a very warm day. The weather forecasters had threatened thunderstorms and flash floods and several times the sky turned very dark; luckily it by-passed North London. This was very fortunate because in the afternoon we met our guide for a tour of Highgate.

Highgate is a very desirable part of London where many poets, pop stars and other notables have either lived or are still living there now. Indeed, Ray Davis was spotted out for a stroll and one of our group went over for a chat about the school that they both attended. We finished by passing the famous cemetery, a tour of which will have to be included in a future trip. Next door is Waterlow Park, a little gem that is not very well known; the tea room in Lauderdale House offered most of the group well-earned refreshment before we headed back to Cheshunt.

Future trips:

Friday 27th July – Old Hampstead Village Guided Walk

Friday 3rd August – Tour of Cambridge. Travel by coach followed by a full day guided tour of historic city and university. We will tour inside Kings College and Queens College.

Monday 10th September – History and Mystery Show at the Magic Circle.

Wednesday 31st October – Tour of historic Windsor. Talk with refreshments about the Restoration of the Castle after the fire followed by tour of the state apartments. Then re-live the wedding with a guided tour of the St. Georges Chapel, the precincts and the Long Walk. Travel by coach.

Friday 16th November – Highlights tour of the British Museum; Rosetta Stone, Egyptian mummies, Parthenon Statues (Elgin Marbles), Sutton Hoo treasure, the Portland Vase, Assyrian Lion Hunts & much more...!

Tuesday 18th December – Postal Museum and the Mail Train. Fully booked, reserve list only.

EXPLORING LONDON 5

Virginia Bernard: 07891 610945

We had a great first trip to the Guildhall and the Guildhall Art Gallery. Although only the main hall is open to the public it is rich in history and symbolism, all brought to life by our blue badge guide. At the art gallery and we were guided through some of the paintings that document London's dramatic history as well as some Pre-Raphaelite masterpieces.

Trips planned over the next few months are:

Saturday, 30 June - Hampstead Village and Kenwood House

Friday, 27 July - Little Venice Walking Tour and Canal Boat Ride

Friday, 24 August - Street Art Graffiti Tour in East London

Our next planning meeting will be on Tuesday, 10 July at St. Clements Church Hall at 11 a.m.. It's not possible to park in the church car park but there is plenty of parking in Lea Valley Park or Hillview Gardens opposite. Do get in touch if you need any further information.

FAMILY HISTORY

Rena KING 01992 631826

Our new venue at Tesco's Brookfield Centre proved a great hit with all the members who came along. Please note in your diary our next family history meeting will be Monday 16th July at 2pm. We usually meet every third Monday of the month and everyone is welcome even if you say you have no information about your family, come along and be surprised at what you can find out about your ancestors. Bring along some paper and pencil too. Please note there will be no August meeting.

GARDEN VISITS

Pat DIXON 01992 766832

Forthcoming visits:

BARNSDALE GARDENS on Monday 23rd July. This garden was created by Geoff Hamilton of Gardeners World fame. We would leave Cheshunt at 8.30am to arrive at Barnsdale at 11am and depart at approximately 3.30pm. The cost of £36.50 covers coach, gratuities, entrance and two-hour tour of garden with the head gardener.

Please come and see me at my table to collect a booking form or give me a ring. pat.dixon1952@gmail.com

LINE DANCING (Broxbourne U3A) Lesley CASSON 01992 445938

We meet twice a week at Wormley Community Centre. On Mondays we have Improvers from 10.30am to 11.30am, followed by Beginners/Improvers from 11.45am to 12.45pm. On Fridays we have Improvers from 10.00am to 11.00am followed by a tea break, then

Beginners from 11.30am to 12.30pm. There are some spaces in all the classes, but anyone wishing to join would need to have previous line dancing experience. Please ring or email Lesley for advice (lesleyb10@hotmail.co.uk).

MODEL MAKING

Jack SNARY

01992 638046

1st Wednesday of the month, 2pm, Crocodile Public House.

MORNING WALKS

Rob SCOTT

01992 445288

The next walk will be on Tuesday 3rd July starting at 10.00 am from The Candlestick PH, West End Lane, Essendon, Herts. AL9 6BA. It is one we originally did 6 or 7 years ago, so will be completely new to many of us (or maybe all of us with memory problems). It is a circular walk — about 6 miles in length and will take 2.75 hours. When I researched it, I saw skylarks, buzzards and red kites over various parts of the countryside. We will go passed the boundary of Hatfield House, home of the Marquess and Marchioness of Salisbury, along the banks of the River Lea and through part of the pretty village of Essendon. The latter was the home of Dame Barbara Cartland, who lived at Camfield Place, died at the age of 98 and was buried under an oak tree in the grounds in an environmentally friendly cardboard coffin. The village is also home to novelist Freya North. In 1916 a German Zeppelin bombed the eastern end of St Mary the Virgin Church, killing two sisters.

For those living in Cheshunt, drive through Flamstead End, Hammond Street and Newgate Street, half a mile after which turn left into Tylers Causeway to the junction with the B158 (Kentish Lane) where turn right for 3/4 mile. Take the first left (at the triangle of grass) for Wild Hill and after a further half mile turn first right into West End Lane. The Candlestick is on the right after a little over a mile. For those with problems getting to the start, give me a call on **07594427190**.

We had 18 walkers out this month and it was good to see Richard Proctor join us, although he is a regular with the Walking Football and Badminton groups. We had good weather and very little mud (surprisingly). However, we didn't get to see the memorial on Hunsdon airfield commemorating those who served and died there during the Second World War. Maybe next time.

MOTO (Members On Their Own)

Dee James 01992 474437

We are an expanding group and we meet on Tuesdays at the Crocodile at 11am. We lunch locally, attend the cinema/shows and days out; Gentlemen are welcome to join us.

MUSIC IN THE AFTERNOON Peter & Jean HARRIS 01992 429297
peterharris30@live.co.uk

A slight change in title simply to reflect better what we are about. We meet to enjoy all types of music. Members bring a CD of their choice; some may explain what it means to them. Occasionally we have themes i.e. on the anniversary of Buddy Holly death we played several tracks relating to him. Absolutely all types of music has been played, Classical, Jazz, Electronic, 50's & 60's and current. It's always good fun.

We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits. Next Music Appreciation will be on Fridays 29th June and 13th July 2018 at 2pm.

MUSICIANS UNITED

Peter HARRIS 01992 429297

Along with Budd Leech we have started a new group for Musicians. We are seeking members who have, in the past or still play a musical instrument. Our aim is to see if we can run some form of musical sessions. No intention of playing to others, just for fun. We have booked St. Clements Church, out of the way of prying ears, and we meet on Monday mornings. It could be good fun or very painful. Find our desk at the monthly meeting and have a chat with us.

We now have twelve members playing Saxophones, piano, guitar and ukulele. Always more welcome, we are particularly looking for a drummer so please come along and enjoy the fun. **We meet EVERY MONDAY at 10am.**

OUT TO LUNCH GROUP (FORMERLY PUB LUNCH GROUP)

Mary 01992 426341

Next Meal Monday July 2nd @ 12.30pm Highland Restaurant, Broxbourne. New Lunch time menu, starter and main course £9.95. Please note that £5 deposit required at time of booking, see me at my table for menu choices.

PHOTOGRAPHY GROUP

Rodney Dixon 01992 766832

At our next meeting we hope to do some more outdoor photography and also discuss members' photographs. Our group is aimed at all levels of interest and experience and we look forward to welcoming new members to our group which meets on the second Wednesday in the month. The next meeting is on Wednesday 11th July at 2pm at St Clements Church in Cheshunt Wash. This venue has disabled access and there is parking in Hillview which is opposite St Clements Church. Please give me a ring on the above number.

RETAIL THERAPY

Ann POWELL 01707 889189/ 079710 33181

Shopping trip to Peterborough 5th September.

RUMMIKUB

Delphine Andrews – 01992 637288 and Jean HARRIS

01992 429297

Those who have never played this game before quickly get to grips with it and enjoy it immensely. New players will be most welcome including members of other local U3A's. The venue is St. Clements Church, Cheshunt Wash, EN80LU, opposite Hillview Gardens. Dates for next month will be on Friday 29th June and 13th July 2018, at 10.15am. (Please park in Hillview).

SAILING

Teresa LEAVY

01438 223860

We sail every Tuesday at Broxbourne Sailing Club as part of Hertford and District U3A Sailing Group. Give Teresa a call if you fancy a taster session or joining. The sailing group is run via Hertford U3a but draws its members from several local U3a's.

SATURDAY LUNCH GROUP

Shirley WEBB 01992 424693

The next lunch is at the Bulls Head 7th July; arrive there in time for meals to be served at 1pm so we all eat together. We have a good chat and a good laugh together, a good time is had by all. Hopefully see you there with the merry bunch.

SEW KNIT PATCH & CHAT

Sheila BUDD 01992892329

Come & join us in St Clements Church Hall, Turnford, Cheshunt Wash EN8 0LU. The group, under shared leadership, will be meeting on Thursday 5th and 19th July 2018 from 2- 4pm. Bring your own work, learn

a new skill such as crochet or simply join in with the friendly chatter! Expect a warm welcome from all of us.

SHORT MAT BOWLS Lionel BANNISTER iban161@virginmedia.com
Now at the Laura Trott Centre every other Friday, 10.15am for registration for a prompt start session from 10.30am - 12.30 see you all at the next meeting on 6th July.

SHORT WALKS Bill NEVARD 01992 633959
Next walk is Friday 13th July 2018. 'Bills Meridian Meanders' A walk crossing and recrossing the Greenwich Meridian. Meet at Abbey Gardens Car Park, Waltham Abbey. (£2.50 to park) 10.15am for 10.30am start. Route 251 bus. Further details from Linda Gollop at my table.
In view of the popularity of this group, is there anybody willing to be a Group Leader of another "short walks" group. Bill and the Committee will give help and advice.

SINGING FOR FUN Jim REID 01992 629997 or Janet WALLACE 01992 425675
This is a very popular group and meets on Monday afternoon 2pm - 3.30pm at Cheshunt Free Church. £2 per session inclusive of tea/coffee/biscuit. A warm welcome to all.

SPANISH LESSONS Pam SUMNER 01992 428959
The Advanced class is continuing but would welcome a teacher or anyone fluent in Spanish who would be willing to help to develop the conversation skills. Please contact Pam Sumner (01992 428959) or Christine Dawson (01992 620888),

TAP DANCING Diane POPE 01992632829/Maureen WOOLLARD 01992621939
We have moved to a purpose built studio at Cheshunt Sports Club, Albury Ride and will be open to take new members. We meet on Tuesdays, Advanced class 10.30am – 11.30am, Improvers class 11.30am – 12.30pm. Some experience is needed. See Diane for more information.

THAI CHI

aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. 1 hour class every Wednesday from 2 to 3pm at the Cheshunt Free Church. Come along and try it out for free, £2 per class after that.

THEATRE GROUP

Pam CRAWFORD 01992308413

Three Tickets are now available for **AN OFFICER AND A GENTLEMAN** the musical which will be at the Milton Keynes Theatre on **Wednesday 11th July 2018**. Full price including Coach £47 - Pickup will be at the Old Pond by Lloyds Bank at 11AM.

PLEASE MAKE SURE YOU COLLECT YOUR THEATRE TICKETS FROM PAM ON THE DAY. PAYMENT NOW DUE FOR THE ABOVE SHOW.

Wednesday 24th October, Aylesbury Waterside Theatre, **SUMMER HOLIDAY** starring Ray Quinn = price £38.00. 11 a.m. pick-up at the Old Pond by Lloyds bank. All tickets sold but waiting list in operation.

ADVANCE NOTICE: Monday 17th December – Hunters Meet £38

Friday 1st March – Brick Lane Panto £57

WALKING FOOTBALL

John DURRANT 01992 629215

The astro turf pitch at the Laura Trott Centre is the venue. We meet on Fridays 3pm to 5pm and the cost is £3 per head. Parking Charges are refundable and we can use the changing rooms if required. Rules are simple and the aim is for the games to be social. If interested please make contact by phone or at the monthly meetings.

WATERCOLOUR GROUP

Sid KING 01992 711617

Hurrah we now have space for more budding artists, come and join this enjoyable group. See me at my table for more details.

BOOKSTALL, PUZZLES .

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask that you do not donate **hardbacks**, as we have little demand for them and they are becoming increasingly difficult to store.*

NEW DVD STALL If you would like to donate to our new DVD stall, please ensure the DVDs are in good condition and in their original boxes.

TRUSTY TRADER BOOK

This is kept on the information table to view, please do not remove.

We ask members to enter the names of trades' people they have used and found to be good and reliable. No guarantees' are implied or offered, please do your research but this might be a good starting point.

COMMUNITY NEWS

The groups listed below are independent and not operated under the U3A banner

Dementia Healthy Memory Cafe

Today representatives from Lea Valley Health Federation will be at our community table promoting the upcoming launch of a new service at Cheshunt Community Hospital helping residents who are affected by dementia and other memory problems.

The Diabetes Support Group now meets once a month at Tesco, Brookfield Farm in their Community Room. For further information please phone Carol Hill on 01992 302722. This group is for diabetes 2 only.

OWL MESSAGING. This is an e-mail facility from Herts Police giving very useful information. SIGN UP at www.owl.co.uk it is free and you have no obligation.

THE LAURA TROTT LEISURE CENTRE has arranged a reduced price membership for all U3A members who wish to join and use the new E-gym studio. Some U3A members have already joined and are seeing the benefit of the new equipment which offers a more peaceful and safer method of exercising for members that may be put off by using the main area in the gym. The team at the Laura Trott Leisure Centre have agreed a special U3A membership price of 5 months at £24.95 and will be offering U3A members the chance every few weeks to come in and have a tour of the E-gym in order to see how the equipment works and meet the managers and team. If interested contact the centre on 01992 623345 ext. 2521.

PILATES

Becky Ashman 07964 631780

We meet every Thursday morning, 10.45 - 12noon at the Cheshunt Club, Albury Ride, Cheshunt. A friendly group with a qualified tutor who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome.

CHAIR BASED KEEP FIT

Mary 01992 426341

Cheshunt Free Church, Every Tuesday 11.30am-12.30pm cost £3.00 per session. Taking part in a keep fit class can be fun whatever your age or ability. Each class is designed to help build and develop your strength, balance and flexibility and is designed for people who find an exercise class too energetic. The group will also be run by a fully qualified instructor whose aim is to ensure that you enjoy and have fun whilst trying to improve your level of mobility and fitness.

KNIT and NATTER with Shirley Webb (01992 424693)

Now every Tuesday at the Royal British Legion, Crossbrook Street. From 1pm to 3pm. Cost £1.

SCRABBLE 01992 633241 Every Monday 12.30pm Cost: £2.00, Beaumont Centre. Rowlands Fields, Turners Hill, Cheshunt.

Shakespeare Group Is Still Alive and Well!

The Broxbourne U3A Shakespeare group will shortly be celebrating its *third* birthday! Not bad for what may be considered to be a ‘minority’ interest, with, for many people, the memory of boring English lessons at school. In our informal group sessions, reading and discussing the plays, we have discovered so much that is still relevant today, lots of unsuspected bawdy humour and so many everyday expressions that originated with Shakespeare. Looking at social and theatrical history adds interest, too, as do the occasional DVD clips from outstanding performances, or considering aspects of a scene from a director’s or actor’s point of view. Occasionally, we get together to see the excellent relayed NT and RSC productions and we’ve celebrated the Bard’s birthday in April a couple of times, with lunch in a traditional English pub...In short, we are *enjoying* our studies.

The group is open to Lea Valley and Cheshunt U3A members and any other branch that has agreed to the sharing arrangement. Designated Friday meetings, 11.00 am to 12.30 pm at Mayhem Theatre Arts, Hoddesdon.
leerayner_arts@hotmail.com

*****TOP RAFFLE PRIZES 2 x £50 M & S VOUCHERS*****

THE CHESHUNT U3A COMMITTEE

CHAIRMAN	STEVE GOLLOP	01992 629209
VICE CHAIRMAN	STEVE SELL	01992 443012
TREASURER	ROB SCOTT	01992 445288
SECRETARY	TONI WALSH	01992 428129
ASSISTANT SECRETARY		
MEMBERSHIP SECRETARY	JANET WALLACE	01992 425675
ASS.MEMBERSHIP SEC	BARRY WALLACE	01992 425675
SPEAKER SECRETARY	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	LESLEY CASSON	01992 445938
ASSISTANT GROUPS CO-ORD		
PROGRAMME PRODUCTION	BARRIE GALE	01992 632094 barriegale@msn.com
ASSISTANT PROG. PROD.	STEWART WAGSTAFF	01992 624706
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
U3A NETWORK REP	STAN TURNER	01992 306185
EVENTS CO-ORDINATOR	JOHN DURRANT	01992 629215