



THE UNIVERSITY OF THE THIRD AGE

CHESHUNT U3A

Charity no. 1150779

MEETING THURSDAY 20th DECEMBER 2018
1.30pm LAURA TROTT CENTRE.



bluesketchpad.deviantart.com

Today we have booked "ANDANTE" a musical duo to entertain us with songs and music. The FREE raffle prizes include 10 x £50 M & S vouchers. Also FREE Tea and coffee mince pies and cake.

At 1.30pm our "Singing for Pleasure" Group will perform Carols before the entertainment.

Our next monthly meeting will be on 24th JANUARY 2019 when the guest speaker will be **Mick CASSON** who will be speaking under the title of **BUTTONS, BADGES and BOX BROWNIES** Mick has entertained us in the past with his very humorous and interesting tales.

This is also the date of our Annual General Meeting. Voting will take place re the yearly accounts which are available today: and the nominations for Committee roles. Nomination

forms are also available today and on the website, the closing date for such nominations is 10th January 2019. Please study the accounts and if you have any questions regarding these and/or any other U3a subject, ask them at the AGM.

Chairmans Christmas Message

Following a year of increasing membership, we look forward to our U3A thriving in the New Year and hope members continue to come forward with ideas for new activities and interests. The committee will, as always, deal with the challenges we may face, acting in the best interests of Cheshunt U3A.

All on the committee hope you enjoy the festive season and would like to wish our members a Merry Christmas and a Happy New Year. We look forward to a friendly and enjoyable 2019.

Monthly meetings will usually be held on the 4th Thursday of each Month at 1.30pm at the LAURA TROTT CENTRE. **Please note that the doors to LAURA TROTT will not be opened until 1.30pm and the main Meeting will commence in the Hall by 2.30pm.**

Visit our web site www.u3asites.org.uk/cheshunt for more information of events and groups. Peter HARRIS maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

When you attend the monthly meetings, you should bring your membership card (this year the colour is mauve), along to book yourself in at the respective desk. You should also take it to any group meetings. The group leaders will want to keep their own records.

Visitors

A Temporary Membership Fee of £2 is charged to visitors, and a dated receipt will be given. This confers all the advantages of Cheshunt U3A membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Cheshunt U3A requires a certain amount of private information from members to allow it to operate effectively. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary (contact details on the back of this programme).

Members' information held by Cheshunt U3A will not be disclosed to any third party

MEETERS AND GREETERS ROTA

January 2019 - MOTO

Membership Renewal 2018/19

As the Cheshunt membership year ended on 31st October 2018, renewal forms for the 2018/19 year are available from the registration desk. Each member has to fill a separate form. They are also available to download from the web-site. Fee kept again at £12. Completed renewal forms, with attached cheques, can be left in a box provided at the Membership Secretary's table at the meetings or mailed direct to her. If paying by cash, monies should be placed in a sealed envelope along with completed form. **Please note that no renewals will be processed at the meetings.** New membership cards will be ready for

collection at the following months meeting or sent by mail if a stamped addressed envelope has been provided.

NOTICE OF ANNUAL GENERAL MEETING

The eighth Annual General Meeting of Cheshunt U3A will be held at Laura Trott at 2.15pm, prior to the main meeting on 24th January 2019.

The Chairmans Annual Report is below and copies of the Audited Accounts are also available for perusal prior to the AGM.

Chairman Annual Report

Cheshunt U3A Annual Report November 2017 – October 2018

Cheshunt U3A has now been operating for eight years and due to the voluntary contributions made by many members, it continues to grow year on year. At the end of the membership year, October 2017, we had 682 members while in October this year our total stood at 802. This increase in numbers has been stimulated by many things but I believe one key element is the friendly and vibrant atmosphere created by everyone.

During the year there have been a number of new interest groups start up including, a New Members Group, Canasta, Curry Club and Walking Football. In addition there was a second Almost Loose Women Group and a fifth Explore London Group added. Along with the existing groups these provide a wide spectrum of interests for members, but there is always room for more.

We attend quarterly meetings with other local U3As to discuss ideas and best practice and this year we have signed a Group Share agreement with Broxbourne, Lea Valley, Ware, Hertford and Waltham Abbey. This agreement means interest groups at these U3As, at the group leader's discretion, can open up their attendance to members of these other U3As. We hope this will help groups with only a few members to flourish.

The guest speakers at our monthly meetings have entertained us with a variety of subjects including talks about, British Coastlines, Gemstones, The Red Arrows and the young wildlife photographer Tom Mason's presentation The Bear Necessities. We do take note of feedback from members, and other U3As, when deciding whether to book the speakers for future talks. Some may return, some may not.

We have continued to build on our local community links through our eBuddy project in conjunction with Herts Regional College. Also the photography group was asked earlier in the year, to help St. Marys Church at Churchgate celebrate their 600 year anniversary by entering photographs of the church into a competition. Out of all the local groups who were invited, the competition was

won by one of our members and three of our entries were selected for a 2019 calendar the church produced and sold to raise funds. Along with these local activities, the Line Dancing Group held a coffee morning and raised £300 for Macmillan Cancer Support.

We continue to offer local groups, outside of the U3A, the opportunity of attending our monthly meetings allowing them to promote their organisation. This year we have included Cheshunt Bowls Club, Local Libraries, Age UK, LV Healthy Memory Cafe and Borough of Broxbourne Planning Dept. Although our focus is always on running and growing our U3A for the benefit of the members, we believe that by encouraging this open approach to others, it gives us a higher profile locally. These organisations now know who we are, where we are and what we do.

Nationally there are over 1000 U3As with a total in excess of 420,000 members. Each U3A is a mutual aid organisation, operationally independent but a member of the Third Age Trust, which requires adherence to the guiding principles of the U3A movement. Also as a charity we are required to abide by Charity Commission rules. As a result we were called upon this year to make minor changes to our constitution and to comply with the introduction of General Data Protection Regulations. Among other things this resulted in members having to complete an extended membership form which included a requirement to express their wishes about receiving the Third Age Matters magazine. Introducing this form, enabled us to comply with legal requirements of GDPR whilst trying to minimise the effect of these changes on the membership.

All of the things I have covered in my report, only happen as a result of many members giving their time and effort voluntarily. These include the Really Useful Group, RUGS, running the tea bar at various meetings throughout the year as well being available to provide help with any number of other jobs that come up: the Group Leaders and their assistants who do so much to organise groups that provide a great deal of enjoyment for members who have mutual interests: those people who run the books, jigsaws, DVD and Crime Prevention stalls at the monthly meetings: the volunteers who help at the registration membership and raffle tables and last but not least the members of the committee who take on their individual roles with enthusiasm and commitment making this organisation tick. I would like on behalf of all to thank every one of these people for the work they continue to put in month on month.

A special thanks goes to Toni Walsh, who after five years in the role of secretary is stepping down from the committee. She has been instrumental in helping us grow and in keeping up with changes and information coming out from the National Office as well as being our representative at several national AGMs.

Also in that time she has had to deal with the foibles of three different Chairmen, making sure she kept us all in check.

Also thanks should go to the staff here at Laura Trott and the sound engineers from the Spotlight who all work hard to make us feel at home and accommodate most of our needs.

The final thanks go to you, the members. for making this a pleasant and vibrant organisation to be part of. I believe that this collective spirit will ensure Cheshunt U3A continues to be a place people come to make friends and enjoy it, playing a big part in their Third Age.

DATES FOR YOUR DIARY

NEW YEAR DISCO Mary 01992 426341
Saturday January 19th 2019, British Legion, Crossbrook Street, Cheshunt.
Kens Disco will provide the evening's entertainment.
The bar will be provided by the British Legion. Doors open 7.30pm with music from 8pm. Cost £12 with Fish/Chicken & Chips. TICKETS ARE NOW ON SALE.

CHESHUNT U3A GROUPS

NEW MEMBERS' GROUP Carole Batter 01707 879773 Pat Dixon 01992 766832

If you have joined Cheshunt U3A in the last three months or have just joined today, please come along to the New Members' Group.

We meet at the Fountains Cafe, Old Pond, Cheshunt at 11am on the first Monday in the month.

Our aim is to set up a friendly group where you can meet other new members, find out about Cheshunt U3A, meet group leaders and find out the different special interests groups.

Although we will not be having a new member group meeting in January, we hope you will join us for a coffee in the Fountain cafe on Monday 4 February at 11 o'clock. Carole Batter and Pat Dixon - Group Leaders.

AFTERNOON TEA with QUIZ

Mary 01992 426341

Well done to all members that took part in our Christmas Quiz, and my apologies to the winning two teams as I did not get your team names.

Next Quiz Tuesday January 22nd, Halsey Masonic Hall, Cheshunt. Time 2pm. Please register your interest at my table.

ALMOST LOOSE WOMEN

Carol FARREN 01992 629028/ Ann POWELL

01707889189.

We meet on the second Thursday each month at the Red Cow Pub, Windmill Lane at 10am – 12pm. Our next session is 10th January. We have a good laugh over a cup of tea or coffee and biscuits. **Gentlemen are more than welcome to join us**, although this group is now full.

ALMOST LOOSE WOMEN GROUP 2

We meet on the first Thursday of every month at The Red Cow pub, Windmill Lane, 10am to 12pm. Next session is on 3rd January. There is now a waiting list in operation.

ART APPRECIATION Diane POPE 01992 632829/Clarice PILLAR 0208 804 0900

Our new programme will start again in February.

AWAY DAYS - Rose Lovelidge 01992 630899 - Mob; 07973313416
email rose.cheshuntu3a@gmail.com

BADMINTON/TABLE TENNIS Jan WAGSTAFF 01992 624706

The group meets on Monday evening at the Goffs Churchgate Academy 7pm to 9pm. The emphasis is on a social evening of activity and all abilities are welcome. However due to a thriving membership of this group we have reluctantly decided to close it to new members, and have started a waiting list. We are investigating ways we can expand the group though. If interested please get in touch. *In the meantime a Table Tennis session is held weekly at Waltham Abbey Community Hall by Broxbourne U3A, if interested please ring Wendy Shirley on 01992 893037 they are in need of more players.*

BALLROOM DANCING

A Ware Group who meet at Wodson Park Ware on Fridays 2 - 3.30pm. Contact Pat Fisher 01920 464463 for information. A warm welcome extended to all Cheshunt members.

BIRD WATCHING WALKS Derek WEBSTER 07712 675105/ Antony POPE 07949 739116

10 of the group visited Rye Meads Nature Reserve on Monday 10th December 2018 on a sunny but cloudy day and we saw 34 species of birds. The highlight of the day was seeing the Little Grebe and Greed sandpiper

Next Visit:

Amwell Nature Reserve on Monday 14th January 2019. Meet at Cheshunt Station at 9.45 am to catch the 10.09 am train to St. Margarets Station. Then walk down Amwell Lane to the Reserve. Or meet at the reserve at 10.45 am

Future visits:

Fishers Green Monday 11th February 2019

Fowlmere Monday 11th March 2019

Rainham Marshes Monday 8th April 2019

BOOK CLUB Reading for Pleasure Carol HILL 01992 302722

The last book we read was Silas Marney by George Eliot. Many of you will have read this book at school as had some of our group. This beautifully written story of a simple linen weaver has a slow start, but emerges into a heartwarming tale of

hope and redemption and the power of human love. This is the shortest of Eliot's books and is well worth reading for the first or second time.

At our December meeting we looked back at the twelve books we read during the year. Our top choice was The Cleaner of Chartres. This was our most recent book and was enjoyed by everyone. The author, Sally Vickers is a writer of much imagination and vividly describes the wonders of Chartres Cathedral Her heroine is Agnes Morel, a beautiful, quiet and unassuming woman. Brought up by nuns she can now be found cleaning the cathedral each morning. Her story is one of love and tragedy and the strength of the human spirit.

Brave New World by Aldous Huxley and Salmon fishing in the Yemen, by Paul Torday shared second place and Stephen King's The Green Mile was our third choice. We all agreed that we have had a happy and varied year of reading.

BOLIVIA/CANASTA Peter HARRIS 01992 429297 Peterharris30@live.co.uk

New members always welcome for a light hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards, easy to learn and a great deal (no pun intended) of fun. The membership is continuing to grow with an average of two members joining each month; however we are still looking to expand. We can guarantee at the end of one session, any newbie will understand and be able to play the game. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon. We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. Dates for next month are Monday 14th January; time 2pm. (Please park in Hillview). The venue has wheelchair access and will accommodate vehicles in the grounds if necessary.

CANASTA/CRIBBAGE

Cheshunt U3A currently run a Cribbage group on Tuesdays however they are reaching maximum numbers so with the interest there has been shown we thought we could start another group. Also many members have asked if we have a Canasta Group. Well we do run a Bolivia Group, a card game which is a derivation of Canasta but with the interest shown we thought we could combine the two card games and have one formal group which hopefully will satisfy all parties. We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The next dates are Monday 7th and 21st January at 2pm. We have averaged so far about 16 members per session. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits. If you are interested please contact Allan SMITH 01707335409

CESHUNT and WARE CYCLE GROUP

Stewart 01992 624706

Our group meets every Wednesday morning at 9.30am at Pindar Car Park near Cheshunt Railway Station, for a prompt 09.45am start. We have three guided rides every week. The Easy Ride which encourages members to get in the saddle and have a pleasant ride through the Lee Valley Park, at a leisurely pace. The Moderate Ride offers a ride which although still at a leisurely pace, goes a little further in miles with fewer stops. The Challenging Ride which goes both on and off road covering up to about 25miles. All rides finish at the same time, noon, for a coffee at the YHA. The Challenging Ride also has some members that meet at Ware on the 1st and 3rd Wednesday of each month. When there are five Wednesdays in a month, we try to offer a joint ride for all groups lasting into the afternoon.

CHESS GROUP

Rodney Dixon 01992 766832

The chess group is still looking for new members. The group is aimed at beginners and intermediate players. You can learn the moves and enjoy your first game. If you would like to learn this wonderful game, please see me at my table or give me a ring on the above number.

COMPUTERS - e BUDDY PROJECT

Working in conjunction with students from Herts Regional College, we organise one to one sessions for members looking to gain a better understanding of their laptop, iPad, smartphone etc. The date of the next session at Turnford will now be early in the New Year. All sessions are free but we ask for a £2 donation towards the student fund. If you are interested in attending please contact Steve Gollop on 01992 629209 email: stevegcheshuntu3a@gmail.com

COUNTRY DANCING Val Foster 01992 627354 and June Brown 01992 301987. A Broxbourne U3A Group. First and third Thursdays of the month, 2 - 4 pm Bollescroft large room, Hoddesdon. New members from Cheshunt U3A welcome, no previous experience or partners necessary! Please join us for a fun and sociable afternoon.

CRAFT - CARDS

Betty WARREN 01992 637988

All are welcome. Dates for this group are every third MONDAY of the month 10.30 a.m and every third WEDNESDAY of the month at 2 p.m.

CRIBBAGE

Jenny CHRISTIAN 01992 306859

Crib every Tuesday 2-4p.m. at my house in Mylne Close, opposite M&S at Brookfield Farm shopping centre. No charge. The Group is now full. Please contact Jenny Christian for more details.

CURRY CLUB

Mary 01992 426341

Next Meal: Thursday January 10th. Time 7pm for 7.30pm. Raj Vogue, High Street, Cheshunt. Starter, Main Course, Side Dish, Rice or Naan, Tea/Coffee £12.95. Please advise by Thursday January 3rd if attending. *Our first outing of a lunch time early in December, proved to be a great success and no doubt we will repeat this later in the year.*

EXERCISE GROUP - KEEPING FIT

Mary 01992 426341

Laura Trott Sports Centre, Grundy Park Cheshunt. Every Thursday 9.40am to 10.40am (earlier start to enable follow on class to start at their allotted time). Cost £3. The sessions are run by qualified instructors, whose aim is to ensure that we have fun whilst trying to get fit. *PLEASE NOTE NO CLASS ON THURSDAY DECEMBER 27th.*

EXPLORING LONDON 1

Eileen FUNNELL 01992 422475

We went to the Salisbury Arms, Hertford for our Christmas lunch. We had pre-selected our menus, which were served very efficiently by pleasant staff. The food was most enjoyable. A very successful lunch and enjoyed by all.

I would like to thank you all for your support during the year, with special thanks to those members who have arranged trips. May I wish you all a very Happy Christmas and a healthy 2019. Looking forward to another successful year.

The next Planning Meeting is Friday 11th January, 10.15 at Cheshunt Free Church.

EXPLORING LONDON 2

Rosemary TRUNDELL 01992 621155

Our forthcoming trips are as follows:-

Tuesday 22nd January - Museum of London Docklands

February trip to be advised

Tuesday 5th March - Walk around City Churches Part 2 led by Mick Coe

We meet on the third Friday of the month from 1.00-2.00 pm at Cheshunt Free Church. Our next meeting will be on 21st December and our first meeting in 2019 will be on 18th January.

EXPLORING LONDON 3

STEVE GOLLOP 01992 629209

In the last month the group has had two outings.

In November a number of us visited Hendon RAF Museum, travelling there by car share. With the help of a guide we were able to understand the rich heritage of the RAF from the first days of propeller planes up to modern day jets. It is a large museum that needs more than one day to fully visit all the exhibits.

In early December we held our group Christmas meal at the Salisbury Hotel in Hertford. With thirty nine members attending we enjoyed taking over an area purely for ourselves. The meal and service was very good and everyone enjoyed a fun evening.

Our next few trips are:

16 January Westminster Abbey organised by Judith Peel. Cost £14 per person (£3 for entrance to the gallery) to be paid at next planning meeting.

18 February Watermen and Lightermen's Hall organised by Judith Peel

20 March Royal Albert Hall organised by Bob Barton

Our group holds a planning meeting on the first Wednesday of each month (Wednesday 2 January at 11.15am) at Cheshunt Free Church (United Reform), 27 High Street, Cheshunt EN8 0BS. There is limited parking available and access is by the side door.

EXPLORING LONDON GROUP 4

Steve SELL 01992 443012/

07572 078511

We have a planning meeting on the second Wednesday of the month. The next meeting will be on Wednesday 9th January 2019 from 11.00am at St. Clements Church Hall. Parking is in the adjacent Lea Valley Park or Hillview Gardens opposite.

In November we visited the British Museum. In the morning everybody explored the galleries on their own. Some of us joined the volunteer tours that were available taking in the Roman Britain, Greek and Age of Enlightenment galleries. After some lunch we met our guide Jan Poole for a very entertaining tour of the many highlights in the British Museum. Jan first explained how the collection came together; she then went on to show us the Great Court which was transformed from an open courtyard into the spectacular glass roofed central feature of the museum in 2001. Then it was on to the Rosetta stone, key to the decipherment of Egyptian hieroglyphs. The group were especially taken with the huge human headed winged lions taken from the Nimrud gates, complete with the scratched game of Ur at their base played by bored guards that would have been on duty at the gates. Then there were the lion hunt stories behind the Assyrian Palace reliefs, the controversies and background to the Parthenon marbles taken from the Acropolis of Athens, the Egyptian galleries and the fantastic Anglo Saxon discoveries at Sutton Hoo in Suffolk.

This week we enjoyed a very seasonal stroll through the city from Tower Hill to St.Pauls exploring delights such as Leadenhall Market and the narrow passageways frequented by Charles Dickens and fictional characters from his 'Christmas Carol' Along the way we discovered St.Olave's dedicated to the patron saint of Norway in recognition of the Norwegian king who fought against the Danes alongside the Anglo-Saxon king Eathered the Unready. The Norwegian connection was reinforced when King Hakkon worshiped here

while in exile during World War 2. Using the Norway link our guide explained that it was Britain's support in the war that led to the annual Trafalgar Square tree donation. It was also interesting to learn that the famous diarist Samuel Pepys was buried here as was 'Mother Goose' (the noticeboard states this) - now famous as a pantomime character.

Future trips:

Thursday 10th January – Imperial War Museum with a Blue Badge tour

Wednesday 6th February – Science Museum with a tour of the museum highlights

Thursday 14th March Tower Bridge Tour

EXPLORING LONDON 5

John DURRANT 01992 629215

On 24th November we had a very interesting visit to Brixton. We were met by our guide who gave us a brief history of the changing landscape of the area. The first roads, with Roman origins, were built making access possible from the south. At the end of the 18th century villages and settlements formed and the woodland reduced to make way for farmland and market gardens. With the opening of Vauxhall Bridge in 1816 improved access to Central London led to a process of suburban development. Gradually Brixton was transformed into a middle class area aided by new railway links. At this time large expensive houses were constructed along the main roads. At the start of the 20th century these houses were converted into flats and boarding houses as the middle classes were replaced by an influx of the working classes. Today Brixton is undergoing considerable regeneration and is well known for its vibrant multicultural communities, bustling markets and the creative energies of its residents and businesses. Our guide then proceeded to lead us on a short tour of the area which included the Pop Brixton a community project which is a complex of shipping containers packed with street food start-ups, bars, retail and design outlets and Electric Avenue, named after it became the first market street in London to be lit by electricity. Windrush Square is an open space renamed to recognise the important contribution of African Caribbean community to the area. After the tour we enjoyed lunch in the Trinity Arms, followed by a brief visit to the Chocolate Museum.

Future trips:

Thursday 31st January - Walking in Walthamstow (includes the old Village, Vestry House Museum and William Morris Gallery)

Monday 18th February - Postal Museum and the Mail Train

Our next planning meeting will be held on Tuesday 15th January at St Clements Church Hall, Cheshunt Wash, Turnford EN8 0LP. From February the meetings will be held on the second Tuesday of each month.

FAMILY HISTORY

Rena KING

rena.barry@sky.com

Owing to the holiday season, it is important you email me at **rena.barry@sky.com** for the date of the next meeting. Normally our monthly meetings take place from 2-4pm every **third** Monday of the month and meet at the Community Room inside Tesco's at

Brookfield Centre, near the Bakery section. Everyone is welcome to come along and we will do our best to help you with our expertise and the use of a computer. Even if you have no one to ask about **your** family, we can still help you by working backwards in time. All you need to do is turn up and bring with you pencil, paper and any certificates relating to your family you wish to research.

GARDEN VISITS

Pat DIXON 01992 766832

I will be planning some more trips for 2019 so please see me at my table in the New Year.

LINE DANCING (Broxbourne U3A)

Lesley CASSON 01992 445938

In March this year our newest group of beginners celebrated their first anniversary with tea and cakes. They continue to make very good progress, and are a happy and enthusiastic bunch. In May we had our annual holiday, this time to Eastbourne, a new venue for us, and had a very enjoyable time. It was nice to see some of our newer members joining us, and we liked it so much we are returning to the same hotel next year. We held our annual Macmillan coffee mornings in September, and raised £300. Halloween was celebrated with our obligatory tea and cakes, and pretty much everyone dressed up in some sort of ghoulish ensemble. To round off the year we had a Christmas party on Saturday 8th December, and had a buffet lunch at our last two sessions on Friday 14th and Monday 17th December. After a well earned break we will return on Friday 4th January 2019. I would like to take this opportunity to thank Chris for all her help and support with the running of the group, and also thanks to our small and trusty band of helpers (you know who you are), who are always willing to help with anything we ask of them, from making tea to blowing up balloons! I wish all of our dancers a very Merry Christmas and a Happy New Year.

MODEL MAKING

Jack SNARY

01992 638046

1st Wednesday of the month, 2pm, Crocodile Public House.

MORNING WALKS

Rob SCOTT

01992 445288

The first walk of the New Year will be on Tuesday 8th January 2019. It will be a 6 mile circular walk starting at 10.00am from The Hoops, Perry Green, Much Hadham, SG10 6EF. I have tried to keep it a lot dryer underfoot this time due to the slipping and sliding and falling in December; the majority of the walk will be on good tracks and I can assure you there will be hardly any claggy. We will have a bit of culture first, by walking through part of the Henry Moore Foundation land, passing *Large Upright Internal/External Form*. I would hate to meet his female models on a dark night - they are lovely and smooth to touch (the sculptures that is) - but odd to look at.

To get to the start, I think it would be better to head north on the A10, by-passing Broxbourne and Hoddesdon and take the next exit signed Chelmsford, Harlow A414 down to the large Amwell roundabout where you need to take the 4th exit on to the A414. After a little over 4 miles (where the 50 mph restriction begins) turn left on to Church Lane signed Hunsdon, The Hadhams and in Hunsdon turn right on to the B180 for Widford. At the

junction in Widford, bear right on to the B1004 (signed Much Hadham) for just under 1 mile. Turn right into Bourne Lane (signed Green Tye, Perry Green, Henry Moore etc) and wiggle about for almost 2 miles to arrive at The Hoops on the right hand side. My mobile number for problems finding the start is **07594427190**.

December's walk proved to be wetter than I had anticipated, but the 37 walkers generally coped with it well although there were some mutterings going over the last waterlogged field (but what can you expect in winter)? 34 of us sat down to a fantastic Christmas dinner in the Bull afterwards (organised by Marilyn). The food and service were second to none, although Malcolm almost wore Steve's coffee when I recounted the tale of a female friend's cycling pleasures - we may see an increase in numbers of ladies in the cycling group in future.

MOTO (Members On Their Own) Dee James 01992 474437/Marion Clarke
01992 471098

The group meets on Tuesdays @ 11.15am at the Crocodile P H. The emphasis is a social morning of coffee/teas/beverages snacks and Chats. We lunch locally; attend the cinema/shows and days out with other groups.

The next meeting is on the 8th January 2019. New members welcome

MUSIC IN THE AFTERNOON Peter & Jean HARRIS 01992 429297
peterharris30@live.co.uk

A slight change in title simply to reflect better what we are about. We meet to enjoy all types of music. Members bring a CD of their choice; some may explain what it means to them. Occasionally we have themes i.e. on the anniversary of Buddy Holly death we played several tracks relating to him. Absolutely all types of music has been played, Classical, Jazz, Electronic, 50's & 60's and current. It's always good fun. We meet at St Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens. The venue has wheelchair access and will accommodate vehicles in the grounds as necessary. A small charge of £2 or less, depending on numbers attending, is collected to cover the cost of hall hire and tea/biscuits. Next Music Appreciation will be on Fridays 28th December and 11th January at 2pm.

MUSICIANS UNITED Peter HARRIS 01992 429297

Along with Budd Leech we have started a new group for Musicians. We are seeking members who have, in the past or still play a musical instrument. Our aim is to see if we can run some form of musical sessions.

No intention of playing to others, just for fun. We have booked St. Clements Church, out of the way of prying ears, and we meet on Monday mornings. It could be good fun or very painful. Find our desk at the monthly meeting and have a chat with us. We now have twelve members playing Saxophones, piano,

guitar and ukulele. Always more welcome, we are particularly looking for a drummer so please come along and enjoy the fun. **We meet EVERY MONDAY at 10am** from 7th January

OUT TO LUNCH GROUP (FORMERLY PUB LUNCH GROUP)

Mary 01992 426341

Next Meal: Monday January 14th. Time 12.30pm. The Crocodile, College Road, Cheshunt. 3 courses £12.45. 2 courses £9.95. All main courses £7.15. Please see me for menu choices, £5 deposit required at time of booking.

PHOTOGRAPHY GROUP

Rodney Dixon 01992 766832

We met on 12 December. Some members brought in SD cards with their holiday snaps – just right on a winter's day. We discussed some of the photos and how they could be improved. We also helped other members with their camera settings. Our group is aimed at all levels of interest and experience and we look forward to welcoming new members to our group which meets on the second Wednesday in the month. The next meeting is on Wednesday 9 January at 2pm at St Clements Church in Cheshunt Wash. This venue has disabled access and there is parking in Hillview which is opposite St Clements Church. Please give me a ring on the above number.

RETAIL THERAPY

Ann POWELL 01707 889189/ 07971 033181

Shopping trip to Westfield /Stratford. Wednesday 27th March 2019.

RUMMIKUB Delphine Andrews – 01992 637288 and Jean HARRIS 01992 429297

Those who have never played this game before quickly get to grips with it and enjoy it immensely. New players will be most welcome including members of other local U3A's. The venue is St. Clements Church, Cheshunt Wash, EN80LU, opposite Hillview Gardens. Dates for next month will be on Friday 28th December and 11th January, at 10.15am. (Please park in Hillview).

SAILING

Teresa LEAVY

01438 223860

We sail every Tuesday at Broxbourne Sailing Club as part of Hertford and District U3A Sailing Group. Give Teresa a call if you fancy a taster session or joining. The sailing group is run via Hertford U3a but draws its members from several local U3a's.

SATURDAY LUNCH GROUP

Shirley WEBB 01992 424693

The next lunch at the Bulls Head Turnford is 5th January 2019 at 1pm. Look forward to seeing everyone then. As usual if you are not already signed up to come please ring me before 3rd of January as we have no tables at the next meeting. I wish everyone a very good Christmas, enjoy yourselves, and best wishes for a Happy and Healthy 2019. Enjoy the New Year celebrations.

SEW KNIT PATCH & CHAT

Sheila BUDD 01992892329

Come & join us in St Clements Church Hall, Turnford, Cheshunt Wash EN8 0LU. The group, under shared leadership, will be meeting on Thursday 2nd and 17th January from 2- 4pm. Bring your own work, learn a new skill such as crochet or simply join in with the friendly chatter! Expect a warm welcome from all of us. Wishing all our members past and present a very Happy Christmas and Healthy New Year.

SHORT MAT BOWLS

Lionel BANNISTER lban161@virginmedia.com

Now at the Laura Trott Centre every other Friday, 10.15am for registration for a prompt start session from 10.30am - 12.30. Lionel is on 01992 303986.

SHORT WALKS

Bill NEVARD 01992 633959

See Bill for details of his next walk.

SINGING FOR FUN

Jim REID 01992 629997 or Janet WALLACE 01992

425675

An informal and friendly group that meets on Monday afternoons 2pm - 3.30pm at Cheshunt Free Church. £2 per session inclusive of tea/coffee/biscuit. There is a warm welcome to all. No meeting on Monday 28 January 2019.

SPANISH

Christine DAWSON 01992 620888

The advanced Spanish group meets in the house of one of our members. We are a small friendly group and would welcome anyone who would be able to help us develop and practice our conversational skills.

TAP DANCING Diane POPE 01992632829/Maureen WOOLLARD 01992621939

We have moved to a purpose built studio at Cheshunt Sports Club, Albury Ride and will be open to take new members. We meet on Tuesdays, Advanced class 10.30am – 11.30am, Improvers class 11.30am – 12.30pm. Some experience is needed. See Diane for more information.

THAI CHI

aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. 1 hour class every Wednesday from 2 to 3pm at the Cheshunt Free Church. Come along and try it out for free, £2 per class after that.

THEATRE GROUP

Pam CRAWFORD 07947384293

Friday 1st March 2019 – Brick Lane Panto £57. Tickets available. Payment due.

WALKING FOOTBALL

John DURRANT 01992 629215

The astro turf pitch at the Laura Trott Centre is the venue. We meet on Fridays 3pm to 5pm and the cost is £3 per head. We can use the changing rooms if required. Rules are simple and the aim is for the games to be social. If interested please make contact by phone or at the monthly meetings.

WATERCOLOUR GROUP

Sid KING 01992 711617

Hurrah we now have space for more budding artists, come and join this enjoyable group. See me at my table for more details.

BOOKSTALL, PUZZLES .

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask that you do not donate **hardbacks**, as we have little demand for them and they are becoming increasingly difficult to store.*

NEW DVD STALL If you would like to donate to our new DVD stall, please ensure the DVDs are in good condition and in their original boxes.

TRUSTY TRADER BOOK

This is kept on the information table to view, please do not remove. We ask members to enter the names of trades' people they have used and found to be good and reliable. No guarantees' are implied or offered, please do your research but this might be a good starting point.

*****TOP RAFFLE PRIZES 2 x £50 M & S VOUCHERS*****

THE CHESHUNT U3A COMMITTEE

CHAIRMAN	STEVE GOLLOP	01992 629209
VICE CHAIRMAN	STEVE SELL	01992 443012
TREASURER	ROB SCOTT	01992 445288
SECRETARY	TONI WALSH	01992 428129
ASSISTANT SECRETARY		
MEMBERSHIP SECRETARY	JANET WALLACE	01992 425675
ASS.MEMBERSHIP SEC	BARRY WALLACE	01992 425675
SPEAKER SECRETARY	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	LESLEY CASSON	01992 445938
ASSISTANT GROUPS CO-ORD		
PROGRAMME PRODUCTION	BARRIE GALE	01992 632094 barriegale@msn.com
ASSISTANT PROG. PROD.	STEWART WAGSTAFF	01992 624706
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
U3A NETWORK REP	STAN TURNER	01992 306185
EVENTS CO-ORDINATOR	JOHN DURRANT	01992 629215