



THE UNIVERSITY OF THE THIRD AGE

CHESHUNT U3A
Charity no. 1150779

MEETING THURSDAY 28th April 2022

The speaker today is **William** French. William has been butler to the Royal family and film stars for 40 years.

Next month's meeting will be on Thursday 26th May. The speaker will be **Mary Smith who** will be giving a talk entitled a **School Girls War**. Based on some historical artifacts found in tunnels below a school, where Mary was the Headmistress.

Monthly meetings will usually be held on the 4th Thursday of each Month at 1.30pm at the LAURA TROTT CENTRE. **Please note that the doors to LAURA TROTT will not be opened until 1.30pm and the main Meeting will commence in the Hall by 2.30pm.**

Visit our web site www.u3asites.org.uk/cheshunt for more information of events and groups. Peter HARRIS maintains this site. *This programme/newsletter is available on the website about three days before the monthly meeting.*

When you attend the monthly meetings, you should bring your membership card along to book yourself in at the respective desk. You should also take it to any group meetings. The group leaders will want to keep their own records.

Following an accident at last months meeting, we would remind members to be very careful if carrying hot drinks.

**{#IMPORTANT PLEASE READ THE FOLLOWING REGARDING
RENEWING YOUR MEMBERSHIP.#}**

#Cheshunt u3a # The membership year started on April 1st 2022. Our annual membership fee remains unaltered at £12 per person or £8.50 if you pay your main membership to another U3A . We will need your membership number of the relevant U3A, if choosing the latter amount.

If you wish to continue to receive a copy of the THIRD AGE MATTERS magazine there is an additional charge of £3 per year to cover postage costs.

*The membership fee will be **£15 and £11.50 respectively.***

#In line with most other organisations in this current climate, we will no longer be handling cash.#

The preferred method of payment will be an annual standing order payment or a credit card payment.

Membership Application forms and Standing order forms can be found on the ***Welcome page*** just click on the link ***Membership***.

Please return the form to a monthly meeting, or scan and email to the membership secretary.

Cheshuntu3amembership@gmail.com

If you have renewed and not received your new card these, can be collected at the main meeting.

#The new membership cards have a red strip, any one with an old membership card will be none members after June1st.#

Cheshunt U3A Groups

.NEW MEMBERS' GROUP Jan 01992 624868 Carole 01707 879773

Now you have taken the step to join U3A, you may feel a little overwhelmed with so much activity around you. In order for us to introduce you to more of our activities. please join us at 11 am on Monday 2nd May in the Beaumont Centre, Rowlandsfields – just off Turners Hill - when we can learn from you what your interests are, and what you are seeking from Cheshunt U3A - and even what you can offer to other members.

ALMOST LOOSE WOMEN Carol Farren 01992629028 Ann Powell 01707889189.

Meetings on second Thursday of month. Unfortunately, the group is full and we are unable to accept any more members at present.

Afternoon Quiz and Tea Mary Hanney 01992 426341
Our next quiz is Tuesday May 17th...2pm... Halsey Masonic Hall, Cheshunt. Please register your interest at my table.

ART APPRECIATION Clarice Pillar 0208 804 0900

The planned visit to Greenwich, sadly had to be cancelled due to illness and Covid.

Next month I shall be on holiday so we will have to wait for June for our next outing, I shall keep you all informed.

BADMINTON/TABLE TENNIS Stewart WAGSTAFF 07594475051

The group meets every Monday evening 7.15 to 9.15pm. The Venue is Goffs Churchgate Academy, College Road. The group is now full, if interested please contact.

BOOK CLUB Reading for Pleasure Carol HILL 01992 302722

The reading for pleasure group gathered once again this month. After the usual chattering we eventually got around to discussing the book we have been reading - Rock Paper Scissors by Alice Feeney. Not everyone had completely finished it, so discussing it without letting them in on the twist at the end was quite challenging. However, it seems that, for once, we all really enjoyed this. A well written and easy to read book with so many mysterious goings on - thankfully it all gets explained eventually. Not all of us guessed what was really going on. We then adjourned to Reyna's brasserie to treat ourselves to a celebratory lunch for Carol's birthday.

BOLIVIA Peter HARRIS 01992429297 peterharris30@live.co.uk

Dates for Bolivia 9th and 23rd May at 2pm. New members always welcome for a light-hearted afternoon of cards. Bolivia is a derivation of Canasta played with three packs of cards. If anyone would like to play or learn how to play, please come along and enjoy a very sociable afternoon. We are now back at St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

BRITISH SIGN LANGUAGE GROUPS Jacqui Fry 07745264787

Basic finger spelling and sign language for beginners. Useful, communication for all and fun to learn. Six, one 45 - 60 minute sessions will be held at The Attic, Rags Lane, Cheshunt. The current course is now under way. Further courses will follow.

CANASTA/CRIB

Alan SMITH 07775690119

Canasta/Crib dates are 2nd and 16th May at 2pm. At St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

CARD MAKING

Barbara Hones. 01992 410160

This month we made Easter Stamp Cards and coloured in with paint pencils. An interesting and fun day was had by all. Group full.

CYCLE GROUP

Stewart Wagstaff 07594475051

The group rides every Wednesday, at present there are six separate groups of various abilities meeting at various locations. Please make contact if interested.

CRIBBAGE

Jenny Christian 01992 306859.

Unfortunately, this group is full at the moment.

Crib group held at 32 Mylne Close Tuesdays 2-4. No charge.

CURRY CLUB

Mary Hanney 01992 426341

Thank you to the Raj Vogue for another enjoyable meal, also for the donation of a bottle of Red Wine for our monthly meeting. Our next meal will be on Thursday May 12th 7pm.... Raj Vogue. Cheshunt.

DAY TRIPS BY COACH

Heather Douglas 07984 791184

The next trip is Tues 24 May to the Cotswolds. Payment is required by the April meeting. The trip is currently full with a waiting list. A further trip is being planned for Monday 18 July. Full details at the May meeting.

EXERCISE GROUP KEEPING FIT Mary Hanney 01992 426341

Every Thursday. Laura Trott Sports Centre. registration 9.30am class will commence at 9.40am. cost £3. These sessions are run by fully qualified instructors, whose aim is to see that we have an enjoyable time, whilst trying to stay fit.

EXPLORING LONDON 1 Eileen FUNNELL 01992 422475

Wednesday 18th May – V&A Museum for the Beatrix Potter exhibition.

Next Planning Meeting – Friday 6th May. 10.15 a.m. Cheshunt Free Church.

EXPLORING LONDON 2 Rosemary TRUNDELL 01992 621155

Wednesday 25th May - Olympic Park 10th Anniversary walk led by Bill Nevard.

Tuesday 14th June - Guided tour of the London Transport Museum Depot at Acton.

We meet on the third Friday of the month from 1.00-2.00 pm at Cheshunt Free Church. Our next meeting will be on 20th May.

EXPLORING LONDON 3 STEVE GOLLOP 01992 629209

A small group visited the Museum of London on Wednesday 23rd March. Free entry to the main galleries of the museum chart the history of London from prehistoric times to the modern day, highlighting Roman London when the city prospered with busy international trade, Medieval London with jousting tournaments held in Smithfields. Then war the outbreak of Plague and the Great Fire of 1666 was one of the most turbulent times in London's history. Rebuilding after the fire London became one of the most populous

cities in the world by the 1850's. Advances in technology, fashion and culture have transformed London today. There is also a gallery featuring the London 2012 Olympic Cauldron explaining how it was designed and made. The Museum is due to close at the end of this year and will be relocating to a new site in Smithfields opening in 2025. Our visit was rounded off by a good lunch in a nearby Slug and Lettuce pub.

In April we engaged a Blue Badge guide to give us a tour entitled 'The Changing City Walk', concentrating on the modern buildings close to Liverpool St. Stn. The guide explained about how these modern buildings were constructed and the facilities they were required to provide to gain planning permission. Included was a trip to a viewing garden to get great views of London.

Next trip: May 12 th. The Vintners Museum – cost £12. We will be collecting this at today's meeting or the next planning meeting. We will also today be collecting the £10 for hall rental as agreed at the last meeting. Next planning meeting: Wednesday 4th May - 11.15am at Cheshunt Free Church 27, High St. Cheshunt.

EXPLORING LONDON GROUP 4

STEVE SELL 01992 443012

The next planning meeting on Wednesday 11th May 2022 from 11.00am at St. Clements Church Hall.

In March we enjoyed a guided walk called 'Past the Palace'. It was a gloriously sunny day as we walked from Embankment through many little alleyways and hidden passages, the down the Mall, past St. James Palace and finally into Green Park. We enjoyed lots of funny, fascinating, and often naughty stories about royalty.

EXPLORING LONDON GROUP 4 continued

Monday 16th May – Van Gogh Immersive Experience

Wednesday 18th May – Rochester by train with Steve's guided walk

Monday 20th June – Guided Tour of Theatre Royal, Drury Lane

Wednesday 13th July – Coach trip to Bletchley Park

EXPLORING LONDON 5

John DURRANT 01992 629215

On 11th April a small group visited Strawberry Hill House, Twickenham. Despite unexpected rail disruptions, we travelled by train, underground and bus, downed a quick coffee in the cafe, and began our tour of the Gothic revival mansion.

Strawberry Hill House's story begins in 1747, when Horace Walpole discovered and purchased a couple of cottages with views of the Thames and set about transforming them into his vision of a 'little Gothic castle' with pinnacles, battlements and a round tower. Thus Strawberry Hill House was born.

Gothic vaulting, medieval tombs and rose windows abound, and the house was passed down within the family, with each generation extending and modifying the building. In 1925 it became a teacher training college, and was greatly extended. The original Gothic Castle underwent a £10 million restoration between 2006 and 2011, to produce the fabulous and fascinating monument to Gothic Revivalism that we so enjoyed visiting.

Saturday 30th April - Crossness Pumping Station

Monday 9th May - Windsor by coach

Wednesday 15th June - Blue Badge Guided Walk - Alleys of the east

Friday 8th July - Cambridge tour (including a college)

Our next planning meeting will be on Tuesday 10th May 2022 at 10.00 at the Beaumont Centre.

FAMILY HISTORY Rena KING 01992631826 rena.barry@sky.com

Please note we meet every THIRD MONDAY of the month [not on a bank holiday] and our next meeting is on **Monday 16th MAY from 2-4pm at TESCO'S COMMUNITY ROOM, BROOKFIELD CENTRE STORE**. We are delighted to be returning to our old meeting place which unfortunately was before Covid 19 struck, so I look forward to meeting up with some old friends.

GARDEN VISITS

Pat DIXON 01992 766832

LEEDS CASTLE. Leaving Cheshunt Old Pond at 9am on Thursday 12th May. This is fully booked with a reserve list in operation.

June is a wonderful month in the garden so I have decided to arrange two trips as follows:

WIMPOLE ESTATE. Cost £33 (National Trust members £16). Leaving Cheshunt Old Pond at 9.30am on Thursday 9th June.

HEVER IN BLOOM. Cost £38. Leaving Cheshunt Old Pond at 9am on Wednesday 22nd June.

Please see me at my table to collect a booking form and/or make payment.

HOLIDAY with Cheshunt U3A Mary Hanney 01992 426341

I will be collecting the balance of payment at the April 28th meeting. Could I please have cheques of £399 per person to be made payable to WALTHAM ABBEY TRAVEL. I still have insurance details if anyone requires these, please let me know.

LINE DANCING (Broxbourne U3A) Lesley CASSON 01992 445938

This group is now full and we can't take any new members for the foreseeable future.

MODEL MAKING

Jack SNARY 01992 638046

The group meets on the first Wednesday of the month at **2 pm in the Crocodile pub.**

Members interest cover Plastic kits, dolls houses - aircraft - trains - boats -

war gaming – fair ground rides and vehicles.

Our MAY meeting Subject will be, **The Power of Steam**

Our June meeting Subject will be, **Its All About The Paint**

MORNING WALKS

Rob SCOTT 01992 445288

We have excellent walking weather at the moment and hopefully it will remain so until our next walk, which is on **Tuesday 3rd May**. It will be a 5.5 mile circular walk from **The Beehive, Epping Green, SG13 8NB** and will take in Buck's Alley Wood, Little Berkhamsted and Essendon. The pub will be open at 9.30am so that we can pre-order our lunches. We had a good turnout of 28 walkers on April's walk from Baughing, with 18 staying for lunch. It was good to see two new members Trish Johnson and Janet (Lesley's friend).

Then - a note for your diaries/calendars, **June's** walk will be from Watton at Stone, but this time from The George and Dragon pub in the High Street.

MUSICIANS UNITED

Peter HARRIS 01992 429297

We are back meeting weekly on Mondays at 10am. To date we have 12 members, Saxophonists, Clarinets, Keyboard, Bass guitar and rhythm guitar, percussion and trumpet. Playing mainly Jazz please come along. The standard varies greatly St. Clements Church, Cheshunt Wash EN80LU.

MUSIC IN THE AFTERNOON Peter HARRIS 01992 429297

Yes, it is back!! Current dates 29th April, 9th and 23rd May at 2pm. Bring along a CD of YOUR choice. Anything goes, pop, classical, jazz even Heavy Metal. Venue St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

OUT TO LUNCH GROUP Mary Hanney 0199 426341

Our next Lunch is a little later in the month of May. We will be returning to Hayta Restaurant, Hoddesdon. Tuesday May 24th... 1pm.. Lunch Time 2 course menu, see me for menu choices. Please note £5 deposit required at time of booking. Cost £11 including the tip.

PHOTOGRAPHY GROUP Rodney Dixon 01992 766832

We met on the 13th April at the Crocodile Pub for an informal meeting. We went on a photographic outing to the Tate Modern on the 16th March. There will be another meeting at the Crocodile Pub on Wednesday 11th May at the Crocodile Pub at 2pm.

POTENTIAL NEW GROUP LAUNCHING TODAY.....

RACKETBALL Adrian Turnham 01992 413144 Mob 07944 380453.

This is a potential new group. Please visit the table here today, where Adrian will take names and answer any questions.

RUMMIKUB Peter Harris 01992429297

Current dates 29th April, 9th and 23rd May at 10.15am. Back at St. Clements Church, Cheshunt Wash EN80LU, opposite Hillview Gardens.

SAILING

Teresa LEAVY 01438 223860

We sail every Tuesday at Broxbourne Sailing Club as part of Hertford and District U3A Sailing Group. The group is currently full, but give Teresa a call so she can update you on the latest situation. The sailing group is run via Hertford U3a but draws its members from several local U3a's.

SATURDAY LUNCH GROUP

Jim Reid 01992 629997

Shirley Webb has now retired as Leader of the Saturday Lunch Group and we thank her for the time and effort she has put into running this very popular group.

The group is now being led by Jim Reid, so hopefully the group will continue to flourish.

SEW KNIT PATCH & CHAT dandc@hewkin.com

Chris Hewkin 01992625709

We meet at St. Clements Church Hall (park in Hillview Gardens opposite) every 1st and 3rd Thursday of the month from 2-4pm. so bring along your handiwork, swap patterns and ideas and have a good chat and a cup of tea.

NB. No meeting May 5th as the hall is a polling station, hope to see you on 17th.

SHORT MAT BOWLS

Mary Hanney 01992 426341

Friday 10.30 to 12.30 at Laura Trot Centre, Interested contact Mary

SHORT WALKS

Andy Smith 07930 356 976

1st April 2022:-13 Short walkers had a pleasant walk from Pindar to the White water centre, where we had a coffee before returning to Pindar.

Next Walk will be on Friday 13th May, Meeting at Rye House Car Park (Free)(Sat Nav:-EN11 OEH) at 10:30 for 10:45 or by Train to Rye House Station from Cheshunt Station and then Right out of the station and 200yds to the car park. Please check timetable as a bus replacement service is in use at the time of writing.

We will explore Rye House Grounds and then walk round the RSPB Rye Meads and hopefully catch site of the Kingfishers nesting there. For those that want to, a very reasonably priced Lunch at the Rye House pub. Total walk is 2.5 miles. Toilets at Rye Meads

SPANISH

Christine DAWSON 01992

620888 Can you speak Spanish? Are you willing to help our small friendly group practice our conversation skills - or lack of them! If you can help us please contact me. Muchos gracias

SINGING FOR FUN Jim 01992 629997 Janet 01992 425675

The Singing for Fun Group meets on a Monday at 2. 00pm. We sing along to recordings of original artists from the 60s, plus Country, Abba, Carpenters, Beatles and lots more.

We now have 90 songs and counting. Books of lyrics are supplied and we even stop for a cup of tea and a biscuit and all for £2.0.

Unfortunately, as we have over 50 members on our books, we cannot take any more at present.

THEATRE GROUP Jackie Yeardye's 07939149997.

Doreen Leggett will be joining me next month; she has kindly offered to help as Helen is currently unavailable.

Our first trip since the pandemic is on Thursday 19th May to see Drifters Girl - 1 seat is still available.

Our second trip is to see Lord of the Dance at the Cliffs Pavillion, Southend on Saturday 25th June, there are currently a few seats still available. Cost £53 which includes coach and driver's tip.

We will be taking bookings at the meeting for Wednesday 14th September to see Joseph and the Amazing Technicolour Dreamcoat, at Milton Keynes starring Alexandra Burke, Cost £49. includes coach and driver's tip.

WALKING FOOTBALL John DURRANT 01992 629215

We play on the Astroturf pitch at the Laura Trott Centre. We meet on Fridays 2 – 4 pm and the cost is £4 per head. Rules are simple and the aim is for the games to be both sociable and fun. If interested please make contact by phone or at the monthly meetings.

WALKING NETBALL Jacqui Fry: 07745264787

Come and join us for a pleasant hour of fun packed Netball. Complete beginners welcome or those of you who have not played for 50 years! We are delighted to welcome new and old members as well as the Lea Valley U3A members to our sessions. Sessions are held at the Laura Trott Centre (Sports Hall)

WATERCOLOUR GROUP

Jack SNARY 01992638046

This group has now joined forces with Broxbourne U3A

The Broxbourne Art Group meets in the Bollescroft Main Hall from 10:00am to 1:00pm, Monday's. (Bollescroft is the building in the car park next to the Spotlight). The cost is £4 per meeting and includes tea, coffee and biscuits - Car parking is free

ZUMBA

Trudi Marrion. 07702262904,

Sadly classes have been suspended for the time being as our Instructor Sandra is unwell. All existing participants will be notified as and when the situation changes.

GROUP SHARING *If interested please use contact details.*

Discussion Ann Sims 01992 465629

Embroidery Margaret Cramphorn 01992 441327

Gardening 1 Geraldine Stone 01992 442609

Jazz appreciation Terry Riddell 01920 463745

Reading For Pleasure Rose White 01992 621436

Shakespeare Group Lee Rayner 01992 456383

Short Mat Bowls Bob Finning 01992 632628

Tai Chi Ann Glover 01992 499808

Golf Steve Shirley 01992 893037

BOOKSTALL, PUZZLES .

If you wish to donate books and puzzles to help raise funds please bring them along to the monthly meeting. *Whilst we appreciate the donation of books, we would respectfully ask that you do not donate **hardbacks**, as we have little demand for them and they are becoming increasingly difficult to store.*

TRUSTY TRADER BOOK This is kept on the information table to view. The trades people listed have done work for our members who feel they can recommend them. However we can offer no guarantees and suggest you use lists as guidance only and do your own research.

Visitors

A Temporary Membership Fee of £2 is charged to visitors, and a dated receipt will be given. This confers all the advantages of Cheshunt U3A membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of any group attendance fee.

Splash your cash on our popular raffle.

Raffle prizes for the monthly meetings have to be collected as the winning numbers are drawn, or they will be redrawn.

How to get onto CHESHUNT U3A FACEBOOK GROUP

It's easy to join just open an account with Facebook it's free. Once signed up open Facebook, press menu bottom of screen, press group, enter Cheshunt u3a in search groups top of screen. A message appears (see results for Cheshunt u3a) press this.

COMMUNITY NEWS

The groups listed below are independent and not operated under the U3A banner.

Adult Ballet Class 01992 622862 (ask for Jayne)

Every Thursday 12.00 noon to 1pm for adults of all ages! An hours class of gentle ballet moves to improve your posture, flexibility and balance. All in a fun filled atmosphere at The Valle Academy Studios, Wilton House, Delamare Road, Cheshunt, Herts, EN8 9SG . No experience required. Each class is £5.00. Why don't you come along and give it a try? The new term has just started.

PILATES

Becky Ashman 07964 631780

We meet every Friday morning, 12 – 1pm at the Cheshunt Football Club, Theobalds Lane, Cheshunt. A friendly group with a qualified tutor , who will adapt the exercises to your health and capabilities. Please bring an exercise mat or thick towel with you. New members very welcome.

CHAIR BASED KEEP FIT

Mary Hanney 01992 426341

Cheshunt Free Church. High Street Cheshunt. Every Tuesday 11am – 11.45 am Cost £3.

KNIT and NATTER

Mary Manning 07795146461

Now **every** Tuesday at the Royal British Legion, Crossbrook Street. From 1pm to 3pm. Cost £1 including refreshments.

BINGO AND SCRABBLE

Celia Carne 01992 633241

Every Monday and Wednesday 1.30pm : Beaumont Centre.
Rowlands Fields, Turners Hill, Cheshunt. The Scrabble Group hopes to get going in the near future.

Whit Hern Bowls Club.

Christine Sharp. 07903 022054

If you wish to come along and try, in a friendly and relaxed atmosphere, on a Wednesday which is our club night there is no dress code, just wear flat soles shoes.

We will also be holding a Big Bowls Weekend on May 27th. All are welcome.

TAI CHI

AARON aaron@avsweb.co.uk

Slow relaxed movements to tone your muscles, feel calm and in harmony with nature. 1 hour class from 2 to 3pm OUTDOORS
Come along and try it out for free, £2 per class after that. Classes are held every Wednesday.

Cheshunt Outdoor Bowls

Roy Padgham 079136753379

Top of Albury Ride

We will be holding three open fun days on May 1st, 28th and 30th @ 11am - 2pm. All are welcome to come along and try in relaxed and friendly atmosphere. Just wear flat soles shoes and we will supply the equipment.

A request for school readers

The U3A has received the following request from Victoria Dunlop, head of the scheme, *visit us at www.schoolreaders.org if you are interested in helping.*

Cheshunt U3A requires a certain amount of private information from members to allow it to operate effectively. Our Privacy Policy can be viewed on our website www.u3asites.org.uk/cheshunt. Alternatively you can obtain a printed copy by contacting the Membership Secretary (contact details on the back of this programme). Members' information held by Cheshunt U3A will not be disclosed to any third party.

Could you be interested in helping our U3A ?

All committee members give their time freely , to make our U3A the success it is. If you feel you could spare some time to help out, please come forward. Perhaps just sitting in at a committee meeting would be a good start. Contact anyone on the committee if you feel you might be interested.

THE CHESHUNT U3A COMMITTEE

CHAIRMAN	STEVE SELL	01992 443012
TREASURER	ROB SCOTT	01992 445288
SECRETARY	CHRISTINE LUFF	01992 621543
ASS SECRETARY	STEWART WALTER	01992 631592
MEMBERSHIP SEC	CHRISTINE DUGDALE	07989655983
SPEAKER SECRETARY	SUE ALLUM	01992 307019
GROUPS CO-ORDINATOR	LESLEY CASSON	01992 445938
PROGRAMME PROD	STEWART WAGSTAFF	07594475051
ASS PROG. PROD	JOHN DURRANT	01992 629215
RUG CO-ORDINATOR	JEAN WARDROP	01992 632641
WEBSITE CO-ORDINATOR	PETER HARRIS	01992 429297
RAFFLE ORGANISER	SUE ALLUM	01992 307019
EVENTS CO-ORDINATOR	JOHN DURRANT	01992 629215
SAFEGUARDING	JACQUI FRY	07745 264787
COMMITTEE MEMBER	MALCOLM LUFF	01992 621543
COMMITTEE MEMBER	ANDY SMITH	07930356976