## 3

What is it?

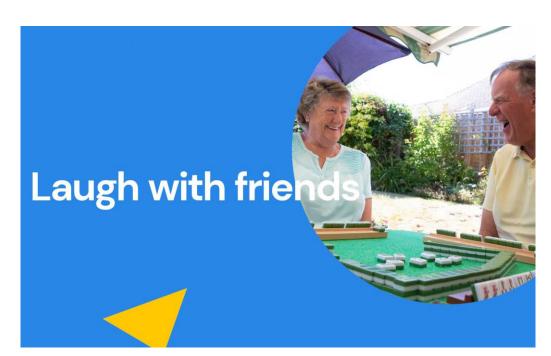
If you are no longer in full-time work, then it could be for **you** because **u3a** gives you opportunities to develop your interests, make new friends and enjoy yourself.



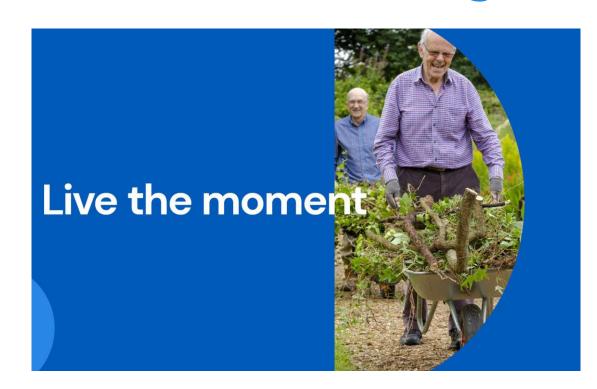
There are more than 1,000 local **u3a**s – spread right across the UK – and members are making the most of life by continuing their creative, educational or social interests in a friendly and encouraging atmosphere.



From Walking to Wine Appreciation,
Table Tennis to Tai Chi, Guitar to Gardening,
Trips and Theatre Visits – the choice is endless
and the decision about what to do is made by
the members for the members.



And once a month, each **u3a** invites its members to a meeting where you can get together, have a cuppa and a chat and listen to some great speakers.



And so, for those not in full-time work u3a welcomes you whoever you are, wherever you live and whatever your circumstances.

