

For the latest news peruse the [Caves u3a website](#)

NOTES FROM THE CHAIRMAN

Dear Members

We are looking for an Events Organiser. There will be plenty of support for this job. Joan Robertson was our organiser for the past thirteen years and did a sterling job. But now is the time to hand over the baton to someone else. Please get in touch!

On the 6th October the Third Age Trust held, by Zoom, it's Annual General Meeting, for which I, along with about 50% of the country's u3as attended. It turned out to be not what I expected. Briefly, the meeting got under way at 10.30 and finished about 7pm. This made for a very long day and in the course of which none of the amendments or resolutions associated with membership subscriptions were successful. This in effect means that for the next three years the Trust will remain underfunded. I am sure that we will hear a lot more about this at a later date.

Those members that are attending the Christmas lunch, please be sure to pay David Jones at the November monthly meeting. He will be in attendance sitting by a table at the back of the hall.

Our next speaker on 7th November, is Angela Beaumont who will be talking about "The Road to Bali". She has spoken before – "London to Kathmandu on a bus".

Keep safe,

David Kite – Chairman

Katherine Gibb

James Gibb has informed us that his wife Katherine passed away peacefully in Dove House Hospice on Sunday evening 16th October.

Her funeral will be held on **Wednesday, 2nd November at 14:30** at Haltemprice Crematorium where any Caves u3a member is welcome to attend.

Afterwards all are welcome at Hull Ionians Rugby Club.

INTEREST GROUPS

Art

Our November meetings are **Wednesday the 9th and Wednesday the 23rd** at the WI Hall in Church Street. 10am to noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me: Malcolm Tather on 01430 421983 or email malcolmtather@yahoo.co.uk

Blossom Meadow by Ron Fox



Courtesy of Caves u3a Art Group

Board Games

The next meeting will be on **Thursday, 3rd November at 2pm** to 4pm at 26, The Parklands. Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Bookworms

The next meeting will be held at South Cave Library at **3pm on Monday, 21st November**. The book choice is **Home Stretch by Graham Norton** – Jean Bibby on 01430 423882.

Canasta

The group has now decided to meet on a Thursday which seems to be a better day for everyone. The next meeting will be on **Thursday, 24th November at 2pm**. It's a friendly group and members are happy to help those learn to play or brush up on their skills. As usual meet at 140, The Stray. Contact Val Leslie on 01430 235825.

Craft

The next craft group meeting is on **Thursday, 24th November at 2pm** in Ellerker Village Hall. Members will need to bring a ruler, scissors and a pencil. All will be revealed when we meet !! Contact Jean Butler on 07504 693623 or email: jeanbutler46@hotmail.co.uk

Creative Writing Group

The next meeting will be on **Thursday, 10th November at 2pm** at 50 Castle Rise, South Cave. New members are very welcome. Contact: Mike Pinfold on 01430 422059.

Digital Photography

The next meeting of the Group is at **2pm in the ASCC on Tuesday, 25th November**. Contact David Newton on 01430 421545

French Conversation

If you would like to improve your spoken French then do come along and see if this new group might be for you. Although we'll normally be meeting on a Tuesday morning our November session is on **Monday, 14th November from 10.30am** at my house, 5 Ferry Road, South Cave (I suggest parking in Pinfold, opposite Costcutter). Our shared driveway is opposite The Limes. At this meeting we'll be practising our numbers, with the emphasis on dates and phone numbers.

Meeting once a month, the aim of the group will be to get you to practice speaking French, preferably without notes. Perfect grammar is not our aim. After all very few of us speak English using perfect grammar. Our emphasis will be on giving you the confidence to speak and to understand everyday French, not the French that we were taught at school, just speaking the way that the French do in this century – although rather more slowly.

If you are interested in principle but can't make the next meeting do please call me or e-mail me to register your interest. My email is u3aHeatherTurner@gmail.com or phone me on 01430 424835, leaving your name and number if I don't pick up. I will return your call.

– Heather Turner

Gardening

Eileen Shone gave a very interesting talk on wildlife in our gardens. As a biologist, she took us on a very I thought provoking journey about the interconnection of the life chain within our plots and how we can treat bug damage naturally without using pesticides. In doing so we can play our part in the avoidance of global warming. Many thanks to Eileen.

Our next meeting is **Friday, 18th November at 11am** at All Saints Community Centre. Come and get into the festive mood with a Christmas flower demonstration and mince pies. Would you please let me know if you're coming for catering and room booking.

Contact Val Leslie on 01430 235825

Genetic Genealogy

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at chris.edwards20@gmail.com or 07876 575764.

Jazz Group

The next meeting will be at 50 Castle Rise, South Cave at **2pm on Wednesday, 9th November**. New members are very welcome. Contact: Mike Pinfold on 01430 422059

Local History Group

There will not be a meeting in November as guided tours of Trinity House are arranged for **Tuesday, 15th November and also on Tuesday, 6th December both at 12.30pm**. Members who have their names down (only 12 allowed per visit) will be contacted by Joan.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Lunch Club

Please contact Margaret for details of the November outing.
Margaret Tinker on 01430 423330 or tinksatlast@uwclub.net

Magic Group

Barry Worsdale (North Cave Vicar) will present a "show and tell" session of magic tricks at David Newton's house at 52 Highfields, South Cave on **Wednesday, 16th November at 10am.**
Contact David Newton on 01430 422392

Old Rockers

The group will no longer meet unless we have someone who is willing to take over. If you feel you would like to do this please contact Penny Bell on 07905 525597 or email penny.bell45@btinternet.com

Scrabble

We shall meet next on the **Monday, 14th November at 2pm** at 15, Castle Drive, South Cave.
Margaret Tinker on 01430 423330.

Scrabble 2

The next meeting will be at **2pm on Monday, 14th November** at 26, The Parklands. Some places are available if anyone would like to join us.
Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Walking Group

We invited Pocklington u3a Walking Group to join us for our walk on 14th October. In addition to 5 members from Caves, 13 visitors joined us for a walk from Brantingham. Starting steeply up Spout Hill, continuing past Wauldby Manor Farm and following parts of the Yorkshire Wolds Way we enjoyed some beautiful autumn sunshine and colours. Many of us finished with refreshments at the Triton Inn. We hope to share more walks with neighbouring u3as in the future.



Our November walks will be on **Friday 11th and Wednesday 23rd**. Details will be emailed to members of the group. To join contact me, Chris Edwards at chris.edwards20@gmail.com or 07876 575764.

Castle Howard trip – 12th December

Coach pick up – 10am outside the old post office.

Gavin has again kindly offered free car parking in The Bear car park. Would those taking advantage of this please contact me with their car registration as last time those not on the trip didn't leave a note in their windscreen which caused a problem.

Christmas Lunch 2022

The Caves u3a Christmas Lunch **menu is attached to the end of this newsletter**. I shall be at the November monthly meeting to collect the completed menus together with payment of either cash or cheques. For members who are not able to print off the menu or do not have online access I will have some available at those meetings. Stephen Wells, the magician who you may remember from our March monthly meeting will provide entertainment from 2pm.

– David Jones on 01482 667066

Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can peruse them:

[National u3a](#)
[Yorkshire & Humber](#)

u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: jigsawjennifer@gmail.com

BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:
Brough: 01482 668668 South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: broughdispensary@nhs.net southcavedispensary@nhs.net

Anyone wishing to include items in the Newsletter should send them to the editor, email: cavesu3a@gmail.com

Items should be received by **20th of the month** at the latest.

Chairman	David Kite	01430 423185
Vice Chairman	Heather Turner	01430 424835
Treasurer	Eileen Fearon	01482 668662
Secretary	Bernice Maitland	01430 421960
Membership Secretary	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419



Christmas Lunch Menu for CAVES u3a
Monday December 5th 2022, 12 for 12.30 pm

Name(s) 1).....(2).....

Guest 1. Guest 2

Dual of Melon (V)
 Served with Orange and Ginger Compote

Mediterranean Vegetable Bruschetta (V}
 Finished with a Balsamic Glaze

Prawn Salad
 with a Lemon Dill Mayonnaise

Traditional Roast Turkey
 With all the Trimmings

Baked Cod Steak
 Finished with a Provencale & Fennel Sauce

Roast Pepper (V)
 Filled with Mushrooms & Herbs with Pilau Rice

Traditional Christmas Pudding
 With a Brandy Sauce

Lemon & Lime Tart
 Finished with a Raspberry Coulis

Double Chocolate Bavarois
 With Caramel Sauce

Tea/Coffee with Mince Pies

2 courses £25.00 , 3 courses £30.00 , this includes raffle and gratuities.

*Complete with your name(s) and choices and send a cheque payable 'Caves u3a' to
 David Jones, 9, Vicarage Gdns, Elloughton HU15 1JB, Tel: 01482 667066
 or hand in at monthly meeting,*

Amount of cheque / cash enclosed £.....

Keep this bottom strip to remind you of date and choice.

CAVE CASTLE, 5th DEC 2022, 12 for 12.30pm.

StarterMain.....Sweet.....