



Newsletter

December 2022



For the latest news peruse the [Caves u3a website](#)

NOTES FROM THE ACTING CHAIR

Dear Members

We were very sad when our former Chairman David Kite resigned last month. David made a valued contribution to our u3a, both as a committee member and latterly as our Chairman. We wish him all the best and hope to see him again soon.

I am now serving as Acting Chair until our AGM in May 2023. As this is my first time addressing you I'd like to say a big thank you to everyone who helps behind the scenes to make Caves u3a run well. It's an honour to be heading up a team of such dedicated volunteers.

I only moved to South Cave in February 2022 but I was previously involved in the running of a u3a of a similar size in West Sussex for around nine years. As a retired accountant I also served for a time as the Yorkshire and Humber regional Treasurer during lockdown.

Each u3a is an independent charity and no two operate in the same way so I'm on a steep learning curve. Everyone at Caves u3a has made me feel welcome and I look forward to finding out more about your interest groups and your other activities in due course.

I'd like to extend a warm welcome to the latest members to join our u3a. They are Vera Wray, David Edwards and Maureen Spencer.

Heather Turner

INTEREST GROUPS

Art

Our December meeting (one only) is **Wednesday the 14th**
In **January our meetings are Wednesday the 11th and 25th** at the WI Hall in Church Street.
10am to noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me:
Malcolm Tather on 01430 421983 or email malcolmtather@yahoo.co.uk

Board Games

The next meetings will be on **Thursdays, 1st December and 5th January at 2pm to 4pm** at 26, The Parklands. Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Trees by Sue Turner



Courtesy of Caves u3a Art Group

Bookworms

The next meeting will be held at South Cave Library at **3pm on Monday, 23rd January**. The book choice is **The Night She Disappeared by Lisa Jewell**.

– Jean Bibby on 01430 423882.

Canasta

Our next meeting is on **Wednesday, 14th December at 2pm** at 140, The Stray, South Cave. We have two new members who are at an early stage of the game and we would welcome anyone wanting to join us. Please contact Val Leslie on 01430 235825 if you are interested.

Craft

The next craft group meeting is on **Thursday, 26th January at 2pm** in Ellerker Village Hall. Contact Jean Butler on 07504 693623 or email: jeanbutler46@hotmail.co.uk

Creative Writing Group

The next meeting will be on **Thursday, 8th December at 2pm** at 50 Castle Rise, South Cave. The following meeting is on **Thursday, 12th January** at the same time and same address. New members are very welcome. Contact: Mike Pinfold on 01430 422059.

Digital Photography

After 10 or 12 years I have decided with regret, to close the group. Dwindling numbers means that it is unfortunately no longer viable. Contact David Newton on 01430 421545

French Conversation

If you would like to improve your spoken French, then do come along and see if this new group might be for you. Our next meeting is on **Tuesday, 6th December from 10.30am** at my house, 5 Ferry Road, South Cave (I suggest parking in Pinfold, opposite Costcutter). Our shared driveway is opposite The Limes. At this meeting our **topic for discussion will be "Music"**.

Meeting once a month, the aim of the group will be to get you to practice speaking French, preferably without notes. Perfect grammar is not our aim. After all very few of us speak English using perfect grammar. Our emphasis will be on giving you the confidence to speak and to understand everyday French, not the French that we were taught at school, just speaking the way that the French do in this century – although rather more slowly.

If you are interested in principle but can't make the next meeting do please call me or e-mail me to register your interest. My email is u3aHeatherTurner@gmail.com or phone me on 01430 424835, leaving your name and number if I don't pick up. I will return your call.

– Heather Turner

Gardening

We had our pre-Christmas meeting on the 18th November. Many thanks to all members who helped to make it so enjoyable. It was good to see so many new members and so pleased that they intend to come again.

Thanks also to our speaker, Rita Stubbs who made flower arranging look so easy – and gave some inspiration to us to give it a try. She gave us a word of warning though "don't light the candles at the dinner table as we may end up setting fire to our guests' hair. Better to use electronic ones! Thanks also to Vicky Barnet who played Christmas tunes while we ate mince pies, drank coffees and chatted. For those who wanted to know – they were from Thomas the Bakers!

Our December meeting is the visit to Castle Howard. Meet on 12th December at 10am outside Celebrations, Market Place. Please will people wanting to use The Bear car park let me know their registration numbers, to avoid being clamped. **There is spare ticket** for the Castle Howard trip, contact Val if you are interested in going.

The first 2023 meeting is on **Friday, 20th January at 11am** at All Saints Community Centre — speaker to be confirmed. David and I send our Best Wishes for the festive season and look forward to seeing you on 20th January. Contact Val Leslie on 01430 235825

Genetic Genealogy

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at chris.edwards20@gmail.com or 07876 575764.

Jazz Group

The next meeting will be at **2pm on Wednesday, 14th December** at 50 Castle Rise, South Cave. The 1st meeting of 2023 is at **2pm on Wednesday, 11th January**. New members are very welcome. Contact: Mike Pinfold on 01430 422059

Local History Group

The next visit to Trinity House which is fully booked, is on **Tuesday, 6th December at 12.30pm**. On **Thursday, 19th January** we shall have our usual post-Christmas lunch, details to be confirmed.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Lunch Club

I'm afraid that the Brough January Lunch is cancelled, as I have explained to those members with a computer.

For those who haven't been informed, I have booked at Cave Castle Golf Club a Sunday lunch on the 22nd of January, but the meal comes on a plate. The menu is either Roast Beef etc, or Honey Roast Gammon, or Vegetarian "Allotment Pie". The cost is £14.95 for large and £12.95 for regular. Puddings on request.

So please let me know which meal you would like, what size and if you would like a dessert. Hope to see you at the Christmas Lunch, if not, have a lovely Christmas and a Happy New Year. Best Wishes Margaret.

Margaret Tinker on 01430 423330 or tinksatlast@uwclub.net

Magic Group

Next meeting on **Wednesday, January 18th at 10am** at 52 Highfields, South Cave

Contact David Newton on 01430 422392

Music Memories – NEW GROUP

Meeting on **Friday, 27th January at 2pm** at All Saints Community Centre.

If you enjoy listening to Desert Island Discs on the radio you will enjoy the new format of this new Caves u3a group, which replaces the 'Old Rockers'. It is a group for appreciation of music from 1950s onwards. It includes rock, jazz and popular music like Motown and Soul as examples. In an informal group play your own tracks or sit back and enjoy those played by others. CD player provided, easy to find venue with good parking.

Contact David Newton on 01430 421545 or david@raymeadow.net

Scrabble

We have a meeting at 15, Castle Drive, South Cave on **Monday, 12th December at 2pm**, please come, but if you are not able have a lovely Christmas and a Happy New Year – Best Wishes Margaret. Our first meeting of 2023, at the same time and place, is on **Monday, 16th January**. Margaret Tinker on 01430 423330.

Scrabble 2

There is no meeting in December. The **January meeting will be on Monday, 16th at 2pm** at 26, The Parklands. Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Walking Group

In December there will be a walk on **Friday, 9th December** only.

In the New Year the pattern of walks will change. We had been trying to accommodate different people by alternating between Wednesdays and Fridays and walking every other week. In future the walks will all be on Fridays and will be always be the 2nd and the 4th Friday of the month. They will still be mostly starting at 10am and will be around six miles. So in **January the walks will on 13th and 27th** – If you would like to be on the mailing list for details contact me chris.edwards20@gmail.com.

Swanland U3A visit to Raven Hall

Details of a visit arranged by Swanland u3a to Raven Hall at Ravenscar, near Robin Hoods Bay, from Tuesday, 2nd to Friday, 5th May 2023, can be found on a page attached at the end of the Newsletter. If you are interested please respond by the end of the month.

Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can peruse them:

[National u3a](#)
[Yorkshire & Humber](#)

u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: jigsawjennifer@gmail.com

BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:
Brough: 01482 668668 South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: broughdispensary@nhs.net southcavedispensary@nhs.net

Anyone wishing to include items in the Newsletter should send them to the editor, email:

cavesu3a@gmail.com

Items should be received by **20th of the month** at the latest.

Acting Chairman	Heather Turner	01430 424835
Acting Vice Chairman	Chris Edwards	07876 575764
Treasurer	Eileen Fearon	01482 668662
Secretary	Bernice Maitland	01430 421960
Membership Secretary	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419

Swanland U3A visit to Raven Hall

We are taking reservations for Swanland U3A's visit to Raven Hall, at Ravenscar near Robin Hoods Bay from Tuesday, 2nd to Friday, 5th May 2023. We have a few vacancies and invite members of Accord U3A s to join us.

Room Type and Rates

Double/Twins.....£92.50 per person/per night

Sea view room upgrades from £10 per room per night extra (subject to availability)

Non-refundable deposit...£50 per person by 1st December

These rates are inclusive of accommodation, breakfast and evening meal. Also you have full use of the hotel's leisure facilities which include a 9 hole golf course and an indoor heated swimming pool. Also it has beautiful gardens with amazing views to relax in and excellent walks from the hotel.

We hope to have leaders to organise Bridge, Canasta, Ma jong, Quizzing and Walking.

Please contact me first to reserve a place. You must be a member of U3A. I will need your membership number when you book. The hotel will then confirm your booking and arrange for you to pay your deposit to them.

My contact numbers.....01482 657838.
07789830355

megblue42@yahoo.co.uk

Meg Brumpton



Left: Raven Hall Hotel.

Right: view from the dining room