

For the latest news check the [Caves u3a website](#)

NOTES FROM THE CHAIRMAN

Dear Members

It is still very much a glorious summer, no winter of discontent here.

The one downside is the temporary hospitalisation of our gardening guru, David Newton. We wish him a speedy recovery. In the meantime Val Leslie is minding the shop.

The balmy weather is forecast to remain, so please use plenty of sunscreen to protect yourselves.

For our next meeting on 4th July we greet the Thornton Le Dale Ukulele band. Heather Turner, Caves u3a vice chairman will be presenting, as I will be away.

David Kite – Chairman

Koalas by Rita Hill



Courtesy of Caves u3a Art Group

INTEREST GROUPS

Art

Our July meetings are **Wednesday the 13th and Wednesday the 27th** at the WI Hall in Church Street. 10am to noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me.

Malcolm Tather on 01430 421983 or email malcolmtather@yahoo.co.uk

Board Games

The next meeting will be on **Thursday, 7th July** at 2pm to 4pm at 26, The Parklands. Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Bookworms

The next meeting will be held at South Cave Library at **3pm on Monday, 18th July**. The book choice is **The Searcher by Tana French** – Jean Bibby on 01430 423882.

Canasta

The group will restart on **Tuesday, 28th June, 2pm** at 140 The Stray, South Cave.

The group will then agree the frequency. If anyone has a card table they no longer want, and are happy to donate to the group, please let me know. Contact Val Leslie on 01430 235825.

Craft

The next meeting is at Ellerker Village Hall at 2pm on **Thursday, July 28th**. Please bring the work from your own projects.

Contact Jean Butler on 07504 693623 or email: jeanbutler46@hotmail.co.uk

Creative Writing Group

The next meeting will be on **Thursday, 14th July** at 2pm at 50 Castle Rise, South Cave. New members are very welcome. Contact: Mike Pinfold on 01430 422059.

Digital Photography

Meetings suspended until further notice.

Enjoying Poetry

All being well the group will meet as usual at my house, Wednesday afternoon at 2pm.

The next meeting will be on **Wednesday, July 13th** to look at poems on the theme of “**Awakenings**”. Contact Sue Pedley on 01482 666884.

Gardening

We spent a wonderful time in Jayne Thomson's garden on 17th June. Jayne – and her husband's – passion and horticultural knowledge was evident in the planting schemes. Thank you so much Jayne for your hospitality and allowing us to enjoy your garden.

It was so good to welcome both new and former members on this visit.

Would anyone intending to go to Myers Beck on **18th July**, and who hasn't already done so, please let me know on 01430 235825. Tea/coffee and biscuits £2.50.

Harlow Carr on **19th August** – It has now been confirmed the coach will pick us up outside Celebrations at 9am. Gavin has kindly offered to allow anyone with mobility issues to park in The Bear car park. Please leave a note to say you are a U3A member.

Contact Val Leslie on 01430 235825.

Genetic Genealogy

We won't be meeting over the summer but plan to come together in September. If you have an interest in family history and are considering how a DNA test might provide new insights, please get in touch to find out more and get onto the group mailing list.

Chris Edwards on 07876 575764 or chris.edwards20@gmail.com

Jazz Group

The next meeting will be at 50 Castle Rise, South Cave at 2pm on **Wednesday, 13th July**. New members are very welcome. Contact: Mike Pinfold on 01430 422059

Local History Group

The next meeting will be on **Thursday, 21st July** at 2pm at All Saints Community Centre. Rose Bratton will give a talk about how she researched the history of her childhood home in Beverley.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Lunch Club

Our June lunch has had to be rearranged and now falls at the beginning of July. We are going to Thorp Park, on **Tuesday, 5th July**. Please come if you want to, menus must be chosen.

Our July lunch is at The White Horse on the main road between Newport and Gilberdyke. After being seedy for years, the hotel has been taken over by a new group, let's give it a try. It is on **Tuesday, 26th July**. We do not meet in August.

Margaret Tinker on 01430 423330 or tinksatlast@uwclub.net

Old Rockers

We will be meeting from 2pm to 4pm on **Friday, 29th July** in the Conference Room of the All Saints Community Centre when Lynne Crookes will present his choice of music.

Enquiries to Joan Jarrett on 01430 422008 or joanjarrett69@gmail.com

Scrabble

We shall meet next on the **Monday, 11th July** at 2pm at 15 Castle Drive.

Margaret Tinker on 01430 423330.

Scrabble 2

The next meeting will be at 2pm on **Monday, 11th July** at 26, The Parklands.

Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Walking Group

A recent walk from North Cliffe through Houghton Woods found the rhododendrons in full bloom. There are lots of wild flowers in bloom and we could do with someone with us who knows more of their names than we did! Any volunteers?

Forthcoming walks are planned for **Wednesday 6th, Friday 22nd July and Wednesday 3rd, Friday 19th and Wednesday 31st August**. Usually starting at 10am and taking 2-3 hours.



Routes and start points are emailed to group members about a week before each walk. Contact me, Chris Edwards to join the group get on the mailing list. (chris.edwards20@gmail.com or 07876 575764).

Brough Dig

The archaeological dig on Bosses field in Brough will resume on 9th July. There will be a presentation of local archaeology at Brough Village Hall on **Sunday, 3rd July**. Three presenters will talk about the dig itself, local geofizzing and the nearby Roman road. Doors open at 12 noon, talks start at 1pm until about 3.15pm.

Singing For Fun

Swanland U3A has a 'Singing for Fun' Group on the 4th Wednesday in the month 2.15pm to 3.45pm held in Swanland Village Hall and would welcome more members, both men and women. They sing a wide variety of songs accompanied by a very good pianist and is a very enjoyable and relaxing way to spend an afternoon. It is £10 for the year and includes tea and biscuits. There is good parking at the Hall. If you are interested in joining contact Joan Robertson on 01430 423816.

u3a 40th Anniversary Tea Party

Tickets for our 40th anniversary tea party on 16th September were in great demand at our last monthly meeting. I will have them for sale again at our 4th July meeting at £2 each.

Preparations are in hand but we'd like to ask for some help from you. We already have two lovely volunteers, one to organise the raffle, the other to provide floral table centres.

Now I'd like to ask: Do you have any unwanted items that would make suitable raffle prizes? Would you be happy to make some fairy cakes, or perhaps a lemon drizzle cake? The cost of your ingredients can be claimed back, of course. Could you lend us a tiered cake stand or two?

Please contact me on 01430 424835 with offers of help, or see me at our 4th July meeting.

On the day, tea and coffee will be served along with sandwiches and cakes, but if anyone wants to bring along their own chilled Prosecco we can supply the wine glasses. After all, it's 40 years since u3a was founded in UK and that is something worth celebrating.

– Heather Turner

Silver Sharks At The Deep

Silver Sharks sessions are held on a Thurs from 3.00pm – 5.30pm. Minimum of 18 up to a max of 24 people. Attendees must have a valid Deep entry ticket for the day of the visit (£16.75 for 60+)

Sessions begin with a talk, and subjects can be as varied as looking at UK sharks to turtle rehabilitation work in New England or how to tackle the problem of marine plastics. After tea and biscuits there will be the opportunity to look at some of the displays at The Deep.

The minimum number of attendees is 18 and therefore I have provisionally booked 18 places for Thursday, 22nd September for anyone who is interested in a visit.

Transport is not provided and you would be expected to get to the Deep for around 2.45.

Everyone is welcome, please let me know if you would like to go.

Penny Bell on 07905 525597

Magic Interest Group

We are starting a new group for those of you interested in learning the basics of magic and hopefully a few magic tricks.

The first meeting will be on 21st September at 10 am. The venue is to be arranged.

Anyone who already has a basic (or expert) knowledge of magic they would be prepared to share is especially welcome.

If you would like to attend please let me know

Penny Bell – Interest groups co-ordinator – 07905 525597

Celebrating Volunteers

Click [here](#) to see a message from The Third Age Trust

Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can peruse them:

[National u3a](#)

[Yorkshire & Humber](#)

[Find out about the National u3a Spring Learning Programme](#)

u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: jigsawjennifer@gmail.com

BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:
Brough: 01482 668668 South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: broughdispensary@nhs.net southcavedispensary@nhs.net

Anyone wishing to include items in the Newsletter should send them to the editor, email:

cavesu3a@gmail.com

Items should be received by **20th of the month** at the latest.

Chairman	David Kite	01430 423185
Vice Chairman	Heather Turner	01430 424835
Treasurer	Eileen Fearon	01482 668662
Secretary	Bernice Maitland	01430 421960
Membership Secretary	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419