

For the latest news check the [Caves u3a website](#)

NOTES FROM THE CHAIRMAN

Dear Members

Last month's speaker was very good and I hope this month's will be lots of fun.

I am sorry to announce the deaths of two ladies. Mrs Marjorie Banks died on the 26th of February, we send our commiserations to Les and the family. Mrs Patricia Davies (Christmas) died on the 6th of March. Patricia and Ivor Davies were the only couple to be married during the membership of the u3a. Commiserations to Ivor and both families.

We have a new member Heather Turner, who wishes to be on the Committee. She is very welcome and I wish more people would volunteer – Please!

With fuel costs rising, perhaps it would be a good idea to walk more and share car journeys more! Energy is going to be more expensive so we shall have to try to cut down our usage. If you have any tips please pass them to a member of the Committee, so we can print them next month. In the meanwhile I remember being told that Kettles and Irons use a lot of electricity and are very costly to use, so fill your Kettle with hot or boiling water and use for drinks during the day. Not as good as freshly boiled but good enough. Don't iron more than necessary! Make sure your kettle is free from lime scale, so that it boils quicker. Only wash up once a day and rinse in the dishwasher, so that you do not use it half full. Try turning the heating down 1 degree to see if you can be warm enough. The weather is in our favour at the moment as we shall use less heat and light.

All my best wishes.

Margaret Tinker – Chairman

ANNUAL GENERAL MEETING 2022

Attached to the end of this Newsletter are documents which are important for the May 9th Annual General Meeting. Please read them:

- Notice of the 2022 Annual General Meeting
- Annual General Meeting agenda
- Notice of elections to committee
- Caves u3a committee nomination forms
- Proposed amendment to clause 5 (iii) of the constitution
- Minutes of the 2021 Annual General Meeting

Meerkats by Richard Barker



Courtesy of Caves u3a Art Group

INTEREST GROUPS

Art

Our April meetings are **Wednesday the 13th and Wednesday the 27th** at the WI Hall in Church Street. 10am to noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me.

Malcolm Tather on 01430 421983 or email malcolmtather@yahoo.co.uk

Board Games

The next meeting will be on **Thursday, 7th April**, 2pm to 4pm at 26, The Parklands.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Bookworms

The next meeting will be held at South Cave Library at **3pm on Monday, 25th April**. The book choice is **The Wayward Girls by Amanda Mason** – Jean Bibby on 01430 423882.

Canasta

Anyone interested should ring for details of when and where this meeting will take place. If you've never played before, or are feeling rusty, I am happy to spend time with you to brush up your skills. Contact Val Leslie on 01430 235825

Craft

The April meeting will be held at the Coffee Cake Create Pottery Studio in Market Weighton.

Contact Jean Butler on 07504 693623 and email: jeanbutler46@hotmail.co.uk

Creative Writing Group

The next meeting will be on **Thursday, 14th April** at 2pm at 50 Castle Rise, South Cave. Contact: Mike Pinfold on 01430 422059.

Digital Photography

The next meeting will be on **Tuesday, 19th April** at 2pm in the meeting room of All Saints Community Centre. Following the success of "Sunsets" last month, the theme for April is "My

Favourite Pictures" so bring them along. All welcome. Contact David Newton on 01430 421545

Enjoying Poetry

The group will meet as usual at my house, Wednesday afternoon at 2pm. There will be no meeting in April. There is a meeting on **30th March** where the topic will be '**Awakenings**'. Contact Sue Pedley on 01482 666884.

Gardening

Since the third Friday in April is Good Friday, the **April meeting will be held at 11am on Friday 22nd**. It will be a plant swap, to be held at Dorothy Parkes' garage. Turn into Little Wold Lane, the road bends sharp left and becomes The Stray. Her bungalow is on the corner of the second cul-de-sac on the right (No 78). Contact David Newton 01430 421545.

Genetic Genealogy

Our next meeting will be at 10am on **Monday, 4th April** at 6 The Parklands, South Cave HU15 2EL. Please get in touch if you would like to know more.

Chris Edwards on 07876 575764 or chris.edwards20@gmail.com

Jazz Group

The next meeting will be at 50 Castle Rise, South Cave at 2pm on **Wednesday, 13th April**. Contact: Mike Pinfold on 01430 422059

Local History Group

The next meeting will be on **Thursday, 21st April** at 2pm at the All Saints Community Centre, South Cave, when Sally George will give part 2 of her talk 'Walking the Holderness Coast'. Contact Joan Robertson on 01430 423816

Lunch Club

Next month we are going to The Plough at Market Weighton. We have been before and the menu looks very good. I am sorry that everything is more expensive but we cannot do anything about it, except not go out. See you at the Plough on **Thursday, April 14th**.

Margaret Tinker 01430 423330 or tinksatlast@uwclub.net

Old Rockers

We will be meeting from 2pm to 4pm on **Friday, 29th April** in the Conference Room of the All Saints Community Centre when Jackie Bateman will be presenting her choice of music for us to enjoy. Enquiries to Joan Jarrett on 01430 422008 or joanjarrett69@gmail.com

Scrabble

We shall meet next on the **Monday, 11th April** at 2pm at 15 Castle Drive.

Margaret Tinker on 01430 423330.

Scrabble 2

The next meeting will be at 2pm on **Monday, 11th April** at 26, The Parklands.

Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Walking Group

Spring is here and the countryside is looking lovely so why not join us for a walk! Walks are usually around 6 miles, alternating between Wednesdays and Fridays starting at 10am. Next walks are **Friday 1st, Wednesday 13th and Friday 29th April**. Details are emailed to members of the group. If you would like to be on the list or just to find out more, Contact me Chris Edwards (chris.edwards20@gmail.com or 07876 575764) for more information.

Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

u3a Tutorials with Specsavers

Some new u3a tutorials – [have a LOOK!](#)

u3a SUMMER SCHOOL

The Yorkshire and Humber Region (YHR) Summer School has returned and will take place again this year between July 25th- 28th at The Hawkhill, Easingwold. There are 10 topics from which your members can choose to apply. There are three documents available to view on the yahr website: www.yahru3a.co.uk under the Summer School Link. Booking is now open. Attendance can be either residential (deposit £100 pp) or non-residential (deposit £75 pp). Application forms to be returned to the address at the bottom of the form: Samina Aslam, 342 Abbey Lane, Sheffield S8 0BY.

Application enquiries, Samina Aslam on 01142 351489 or summerschool250722@gmail.com

We are looking forward now to welcoming as many of your members as possible to our Summer School 2022.

SILVER SHARKS

Are you interested in finding out more about the natural world?

The Deep in Hull have an educational club for over 55s, called [Silver Sharks](#).

The focus is on The Deep's Conservation projects with topics ranging from jellyfish to penguins. They have featured a guest talk from one of the site's team of Aquarists, who focused upon their own work based at The Deep including going into detail about their daily Dive Shows including a few tales from inside the tank.

Silver Sharks takes place on a Tuesday afternoon from 3pm to 5pm during the Autumn and Spring term.

If you are interested in joining a visit by a Caves u3a group please contact Penny Bell on 07905 525597.

INTEREST GROUPS

Did you know that you can attend interest groups in a neighbouring u3a if there is something you would like to try. The interest groups for each u3a are listed on their web pages.

Branches of the u3a in the local Humber Accord Network are Caves, Cottingham, AWAKE (Anlaby, Willerby & Kirk Ella), Howden, Hornsea, Swanland, Hessle, Wolds, Pocklington, Beverley and Hull.

Please remember that you must contact the group leader first to make sure there is a vacancy.

Penny Bell on 07905 525597

Magic Group

We had a very interesting talk by Stephen Wells at the monthly meeting on 7th March. Mr Wells introduced us to the world of magic and showed us some fascinating tricks.

When asked about how to get started learning magic, he said the best way was to buy a good book on magic which contained information on how to perform tricks.

As a result some of our members decided they might like to have a go. If there is anyone interested in joining a u3a magic group please contact me and we will look at how we can go forward with this.

Penny Bell – Interest groups co-ordinator

Penny.bell45@btinternet.com

07905 525597

u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can peruse them:

[National u3a](#)

[Yorkshire & Humber](#)

Find out about the National u3a Spring Learning Programme

u3a JIGSAW LIBRARY

I have a selection of jigsaws and books in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

There are also some books in my porch that anyone is welcome to take away and enjoy reading

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: jigsawjennifer@gmail.com

BROUGH & SOUTH CAVE SURGERIES

For the latest news of Brough and South Cave Surgeries relating to COVID-19 pandemic look at the [The Ridings Medical Group News webpage](#) – to summarise:

- ◆ Appointments must be booked in advance:
Brough: 01482 668668 South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are busy:
broughdispensary@nhs.net southcavedispensary@nhs.net

Anyone wishing to include items in the Newsletter should send them to the editor, email:

cavesu3a@gmail.com

Items should be received by **20th of the month** at the latest.

Chairman	Margaret Tinker	01430 423330
Vice Chairman	David Kite	01430 423185
Treasurer	Eileen Fearon	01482 668662
Secretary	Bernice Maitland	01430 421960
Membership Secretary	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419

CAVES u3a
NOTICE OF THE ANNUAL GENERAL MEETING

Notice is given that in accordance with Clause 13 of the Constitution of Caves u3a, the seventeenth Annual General Meeting of Caves u3a will be held on Monday 9th May 2022 at Cave Castle in South Cave at 2.00pm.

Nomination forms for members of the Committee should be forwarded to the Secretary prior to 25th April.

By Order of the Committee

**Bernice Maitland
Honorary Secretary**

ANNUAL GENERAL MEETING AGENDA

1. Apologies for absence
2. Minutes of the sixteenth AGM – ratified by the Committee on 10th August 2021.
3. Chairman's Report
4. Treasurer's Report
5. Appointment of the Examiner of the Accounts
6. Election of Officers
7. Election of Committee Members
8. Amendment to the Caves u3a Constitution to alter the grace period for membership renewal. See enclosure below for full text of the proposed amendment.

**NOTICE OF ELECTIONS TO COMMITTEE
2022/2023**

- 1) It is open for any member of Caves u3a to stand for election as Chairman, Vice Chairman, Secretary, Treasurer, Membership Secretary or a member of the Committee.**
- 2) Duly completed nomination forms must be handed to the Secretary no later than 25th April 2021. A nomination form is attached to this Notice of Agenda.**
- 3) Elections will be held at the AGM on Monday 9th May 2022**

If you are prepared to serve in any of these capacities, please contact the Chairman, Margaret Tinker for further information. Tel: 01430 423330

CAVES u3a ANNUAL GENERAL MEETING
9th MAY 2022

Nomination form for the following appointments to committee:

Chairman
Vice-Chairman
Treasurer
Secretary
Membership Secretary
Committee up to 4 Members

Nomination for the position of:.....

Block letters

Nominee:.....

Block letters

Proposed by:.....

Name in block letters

Signature

Membership no

Seconded by:.....

Name in block letters

Signature

Membership no

I, the nominee, agree to being nominated for this appointment

Signature:..... Date:.....

Nominations to be lodged with the Secretary not later than 25th April 2022

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Proposed by:.....

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Signature

Membership no

Seconded by:.....

Name in block letters

Signature

Membership no

I, the nominee, agree to being nominated for this appointment

Signature:..... Date:.....

Nominations to be lodged with the Secretary not later than 25th April 2022

Constitution Amendment

(to alter the grace period for membership renewal)

The following resolution to amend the constitution is proposed with the support of the committee.

It is resolved that clause 5(iii) which currently reads as follows:

The Committee may and for good reason terminate the membership of any individual if annual membership or other fees are unpaid after 3 months after the due date or if the member acts in a way which is prejudicial to The U3A or to the running of The U3A or brings it into disrepute, provided that the individual concerned shall have the right to be heard by The Committee accompanied by a friend who may also speak, or make written representation before a final decision is made.

be replaced with clauses 5(iii) and 5(iv) as follows:

(iii) Membership of the U3A shall lapse and the right to participate in Groups and activities of the U3A shall cease if annual membership fees remain unpaid after 4 weeks from the due date. A lapsed member may rejoin at any time on payment of the current annual fee.

(iv) The Committee may and for good reason terminate the membership of any individual if the member acts in a way which is prejudicial to The U3A or to the running of The U3A or brings it into disrepute, provided that the individual concerned shall have the right to be heard by The Committee accompanied by a friend who may also speak, or make written representation before a final decision is made.

CAVES U3A

MINUTES OF THE 16th ANNUAL GENERAL MEETING

Meeting held via Zoom on 5th July 2021

Due to the Coronavirus pandemic the 16th Annual General Meeting was postponed from May to July when the meeting was held via Zoom. Advice of this was circulated to all Members in the Notice of Meeting.

Present

All Officers and 44 members were present thus ensuring a quorum to enact business.

Apologies for Absence

Apologies for absence were received from Pauline Sidebottom, Eileen Fareham, Audrey Prothero, David and Vivienne Brabbs

Minutes of the 15th Annual General Meeting

These had been ratified by the Committee on 17th November 2020 and accepted. The Secretary signed the file copy to this effect.

Matters arising

There were no matters arising.

Chairman's Report (Copy of the report is attached to the file copy of the Minutes)

The Chairman opened by welcoming all members and new members to the 16th Annual General Meeting of Caves u3a. Last year's meeting was a virtual one so it was now 26 months since our last face to face AGM. Apart from some losses of loved ones our membership has coped well and we all hope to get back to normal as soon as possible.

With no activities this last year the Chairman thanked the Committee Members for their support and felt this the time for some special thanks.

Firstly Molly and Aileen who used to collect at the door. With a combined age of 181 on retirement both are living elsewhere. She gave further thanks to Brenda Mather our Speaker Finder who retired due to ill health and welcomed Jeny Clarkson who has taken over. Thanks also to Vicky Dewar for sending cards to sick members and thanks too to Marti Hall who is standing down as Art Group Leader. Can someone come forward to take her place.

Two members of the Committee have resigned. David Jones, who will continue to organise the Christmas lunch, and Joan Robertson. Joan was in at the start of Caves u3a and served as secretary for many years and latterly as Outings Organiser and joint organiser of the History group.

2.

During the last two years we lost our Membership Secretary, Lynn Martin who has been replaced by Chris Edwards. We are now losing our Secretary, James Gibb, and Treasurer Jenny Ramsbottom. Both have served their five years and are not standing for re-election. James will be replaced by Bernice Maitland but we still look for a replacement for Jenny. Finally I would like to thank all of you, our members, and hope that restrictions will lift and we can all gather for our August meeting.

Treasurer's Report (Copy of the report is attached to the file copy of the Minutes).

The Treasurer, Jenny Ramsbottom, advised that this would be her final report and then reported on the financial status for the year ended 31st March 2021

Income:- Membership fees - No membership fees charged for 2020/2021 (£2046 in 2020)

Meetings - No meetings held 2020/2021 (£978 in 2020)

Special Interest Groups - Income from 2019/2020 £71

Other Income - Interest to previous year's Gift Aid £0.14 and diaries sold £69

Bank Interest - received £1.16

Expenditure for the Year

Membership fees to Third Age Trust - £707

Meetings - No meetings held 2020/2021

Postage and Stationery - £201 - Printing & Distribution of Newsletter

Committee Expenses - £144 Annual fee for Zoom

Special Interest Groups - Charges incurred 2019/2020 £144

Equipment - £699 Replacement Laptop

Sundry Items of £659 includes the cost of Third Age Matters (£439) and other sundry items £220 (Diaries purchased, flowers and website).

This gave a shortfall of £2411 income over expenditure which was covered by surplus from previous years

She then thanked the Committee for support during the year and also thanked Raymond Clegg for examining the accounts.

3.

Jenny then moved the accounts for adoption. This was seconded by James Gibb and accepted unanimously.

Examiner of Accounts

The Treasurer advised that Raymond Clegg was agreeable to be appointed Examiner and this was agreed unanimously.

Subscriptions

The Treasurer advised that due to shortfall and increasing costs the Committee proposed that in 2022 the Membership fee should be raised to £15. This was accepted by all.

Election of Officers

The Chairman and Vice Chairman had agreed to continue for one more year. The Secretary and Treasurer, having both completed 5 years, were standing down. Currently there is no one proposed as Treasurer. However, Bernice Maitland proposed by James Gibb and seconded by Ron Maitland agreed to accept the post of Secretary. Agreed unanimously.

Election of Committee Members

Joan Robertson and David Jones are standing down and there is one nomination, Pauline Kermode, proposed by Penny Bell and seconded by Jean Bibby. Agreed unanimously.

Proposed Amendment to the Constitution

The Chairman invited the Secretary, James Gibb, to explain the circumstances regarding this proposal. He explained that in order to hold General Meetings electronically in the future there was a need to incorporate this into the Constitution. Thus, following guidance from the Third Age Trust a new clause 13.2 was proposed for addition to the Constitution. Details of this clause had been circulated with the Notice of Meeting and therefore acceptance was proposed by James Gibb and seconded by Margaret Tinker. This was accepted unanimously. (The Constitution has been amended accordingly - JG)

There being no further business the Chairman duly closed the meeting.

Signed as a true record.....Chairman

Date.....