



Registered Charity Number 1116786

# Newsletter

## September 2023

For the latest news browse the [Caves u3a website](#)

### NOTES FROM THE CHAIR

Dear Members

Is u3a your best kept secret? In order to keep the u3a moving forward we rely on a steady influx of new blood with fresh ideas so we'd like you to help us to spread the word.

During the summer break we've been busy working on publicity materials. We've already placed an advert on the local doctors' surgery screens and on the library noticeboard. Although new leaflets will appear soon at strategic points around the villages we think that a direct approach might actually work better. We've prepared some invitation cards and would like each of you to post at least one of them through your neighbours' doors, especially those doors of people who are either new to the area or who have recently lost their partner. The invitations will be available at our monthly meeting and we'll try to reach other members via their interest groups. All but the most self-confident people will appreciate someone to go with them to their first meeting. If they don't have transport perhaps you might offer them a lift. Please help us to spread the word. I feel sure that your friends and neighbours will appreciate it.

### IMPORTANT

As Cave Castle have said that they can't accommodate our 4<sup>th</sup> September meeting we will be meeting "next door" at All Saints Community Centre instead. We will need some help with setting out the chairs so please arrive by 1.40 if you are able to help us with this job. The car park is small and parking is limited so we'd appreciate it if you would share cars wherever possible. Thanks for your co-operation. Our speaker is Patrick Wiltshire, an RHS gardener. After the speaker a kind team of ladies will serve the and biscuits, but they would appreciate additional help with the drying up at the end of the meeting.

– Heather Turner, telephone: 01430 424835 email: [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com)



## INTEREST GROUPS

### Art

In September our meetings are **Wednesday the 13<sup>th</sup> and 27<sup>th</sup>** at the WI Hall in Church Street. 10am to noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me: Malcolm Tather on 01430 421983 or email [malcolmtather@yahoo.co.uk](mailto:malcolmtather@yahoo.co.uk)

### Board Games

The next meeting will be on **Thursday, 7<sup>th</sup> September at 2pm to 4pm** at 26, The Parklands. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

### Bookworms

Our next meeting will be in the library on **Monday, 18<sup>th</sup> September at 2.30pm**, the book we have been reading is **Maureen Fry and the Angel of the North**, by Rachel Joyce  
– Jean Bibby on 01430 423882.

### Bridge

If you are interested in joining a new Caves u3a group to play Duplicate Bridge please let me know. Contact me at [jd.bm.bannister@btinternet.com](mailto:jd.bm.bannister@btinternet.com)  
– David Bannister

### Craft

The next craft meeting on **Thursday, 28<sup>th</sup> September at 2pm** in Ellerker Village Hall. We will be making marzipan fruits. If members are not certain what to bring with them please contact me. Contact Jean Butler on 07504 693623 or email: [jeanbutler46@hotmail.co.uk](mailto:jeanbutler46@hotmail.co.uk)

### **Creative Writing.**

We are really pleased that Mike is continuing to lead the group. The next meeting will be on **Thursday, 14<sup>th</sup> September at 2pm** at 50 Castle Rise, South Cave. We are a small group who enjoy writing short stories and listening to each others contributions. Let your imagination flow. Try creating a short story or poem yourself and feel free to bring it along. Come and join us for a light hearted, friendly and inspiring afternoon. New members are very welcome. Contact Mike Pinfold on 01430 422059 or Lesley Atkinson on 01430 421174.

### **French Conversation**

Our session on **12<sup>th</sup> September at 10.30am** will be held via Zoom as work should be underway at my house. Odile will be joining us and I have found a simple text about her home town of Lyons. You can contact me on 01430 424835 or [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com).

### **Genetic Genealogy**

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com) or 07876 575764.

### **Join us for Coffee**

This new group is proving popular with you. Fourteen of us met at the Cave Castle Golf Clubhouse on 17<sup>th</sup> August. This venue is convenient for most people, so we will be meeting there again from **10am on Thursday, 14<sup>th</sup> September**. I will confirm this by email a few days beforehand. I'm afraid that I won't be able to join you in September, so Eileen we will be your go-to person.

If you can't make it on 14<sup>th</sup> September but want to add you name to the group's mailing list please send me an e-mail it's [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com).

### **Local History Group**

For the meeting on **Thursday, 21<sup>st</sup> September** some of the members will be giving short talks about the local businesses connected to their families. We meet at the ASCC at 2pm.

Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

### **Luncheon Group**

Now that we have had our last lunch and our Summer Break, I am writing to you to say I hope you still stay friends with the people you have got to know and carry on enjoying your lunches. I want to thank you for the lovely poem and the very generous vouchers you gave me at the last lunch. I have enjoyed your company throughout the years and send you all my love and best wishes for the future.

– Margaret Tinker

### **Magic Group**

The next meeting of the Magic Group will be on **Wednesday, 27th September at 2pm** at 52 Highfields, Beverley Road, South Cave.

This is a small group, but we have a lot of fun, not least when something goes wrong! We need more members so that the group can continue, and would welcome new members, including those who would wish to observe in the first instance.

Contact David Newton on 01430 422392

### Patchwork

The new Patchwork Group will meet on **Tuesday, 5th September at 2pm**. The venue is 53 Wesley Close, South Cave.

This first meeting will be a chance to get to know each other and to find out what each person would like to get out of this new group. We will hopefully make something simple, no need to bring anything, there will be enough equipment and material.

Please phone or email if you would like to attend

Contact Barbara Bury on 01430 421094 or [barbarabury142@btinternet.com](mailto:barbarabury142@btinternet.com)

### Quiz

The next meeting is at **2pm on Tuesday, 19th September** is at 26 The Parklands. Why not come and join in the fun?

Contact Penny Bell on 07905 525597 or [penny.bell45@btinternet.com](mailto:penny.bell45@btinternet.com)

### Scrabble 1

The next meeting is on **Monday, 11th September at 2pm**, at 15, Castle Drive, South Cave. Contact Margaret Tinker on 01430 423330.

### Scrabble 2

The next meeting will be on **Monday, 11th September at 2pm**, at 26, The Parklands, South Cave. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

### Walking Group

Our **September** walks will be on **Fridays, 8th and 22nd**.

Full details will be emailed to group members a few days before each walk. If you would like to be on the mailing list or just find out more, please contact me at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com).

## Fondly Remembered

July and August have been sad months, we lost several of our long-standing lovely lady members.

**Molly Watson** who will be remembered by many as she was on the door at the monthly meetings with her friend Aileen.

She was born in Birkenhead but was evacuated to Wales during the War where she was very happy living with a family on a farm. She came to South Cave when her husband, Gordon started working at the Everthorpe Borstal and her 2 boys were still at school. She was involved with the Scouts, drove Bill Mitchell's taxi doing school runs and later worked at the St Anne's School Hostel until she retired. Molly joined Caves U3A when it was started in 2005 and was Convenor of the Art Group for many years, enjoyed the Luncheon Group and going on the theatre trips and outings. When her health declined, she went to live in Orchard Court where she died peacefully on 16th August following a stroke. Molly was my dear neighbour for over 30 years. Her funeral will be on Wednesday 30th August at 3.30pm at Haltemprice Crematorium.  
– Joan Robertson

**Janet Porter** died very suddenly on Monday 14th August and will be sadly missed by myself and members of the Local History Group and the Luncheon Group. She was born in Cottingham, trained as a teacher and had several roles in teaching ending her career as a senior lecturer. She came to live in South Cave at Ryeland Hill with her husband, Douglas over 40 years ago. Janet had had a very full life with many interests. She loved playing bridge, enjoyed cooking, was quite a wine connoisseur, she designed and stitched samplers for all her

family, and was very interested in local history and family history. She had strong family links with South Cave, her grandfather had had a shop in South Cave and her father, Rowland served in the First World War and is named on the Roll of Honour at the Town Hall. Her uncle farmed at Hunsdale Farm followed by his son and grandson and Janet was always very generous sharing her knowledge and loaning photographs. A life well lived.

– Joan Robertson

**Patience Sherwood** died 6th July 2023.

Patience moved here after her marriage to Christopher in the late 60s, prior to which she had worked in the south for Coutts Bank. She lead a happy and fulfilled life here, where she brought up her son John. She was a member of 2 choirs, art groups and was very interested in local history. She was soon a member of Caves u3a, taking on the role of welfare officer. She was a kind, gentle and genteel lady who spent her later years in Ellerker Green Care Home. She was very appreciative of everything with never a complaint She was a loyal member of Market Weighton Catholic Church, an example to us all and will be missed.

– Margaret Tinker

**Bernice Dudeney** died 27th July 2023.

Bernice came to live in South Cave 4 or 5 years ago, having lived here previously. She joined the u3a and became one of the Luncheon Group members. She suffered from illness quite frequently and recently tried to start a discussion group, but her health did not allow her to do a great deal.

– Margaret Tinker

### **ERYC Safe and Sound Grant**

Attached to the end of the Newsletter you will find a page about the 'Safe and Sound' grant available from East Riding of Yorkshire Council. The grant is for additional home security.

### **Newsletter Editor**

Tim, our newsletter editor is looking to hand over to someone new. This role does require certain skills, such as the ability to copy and paste in a Word Processor, to switch on Spellcheck etc. You don't need to write the content. It is sent to you by other people. You just need to assemble it. The job can be done at home so poor mobility isn't an issue. Any takers? If so please give me a call on 01430 424835 – Heather Turner

### **u3a East Riding ACCORD**

#### **Open door arrangements for u3a members**

Caves u3a is a member of a network of local u3as called East Riding ACCORD. The network allows Caves u3a members to visit other u3a groups in the East Riding of Yorkshire and join their interest group activities. Have a look at [this document](#) for an explanation of how you can partake of this facility

Refer to the websites of other u3a ACCORD members to see what they offer:

Cottingham

Anlaby, Willerby, Kirk Ella [AWAKE]

Howden

Hornsea

Driffield and Wolds

Pocklington

Beverley

Swanland



## Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

## u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

## u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can read them for yourself:

[National u3a](#)  
[Yorkshire & Humber](#)

## u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: [jigsawjennifer@gmail.com](mailto:jigsawjennifer@gmail.com)

## BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:  
Brough: 01482 668668      South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: [broughdispensary@nhs.net](mailto:broughdispensary@nhs.net)      [southcavedispensary@nhs.net](mailto:southcavedispensary@nhs.net)

Anyone wishing to include items in the Newsletter should send them to the editor, email: [cavesu3a@gmail.com](mailto:cavesu3a@gmail.com)

Items should be received by **20th of the month** at the latest.

Chairman	Heather Turner	01430 424835
Vice Chairman	Chris Edwards	07876 575764
Treasurer	Eileen Fearon	01482 668662
Secretary	David Newton	01430 421545
Minutes	Lesley Atkinson	01430 421174
Membership	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419

## Safe and Sound Grant

### What is a Safe and Sound Grant?

The grant is to help minimise the fear of crime by providing additional home security measures to enable residents to feel safer in their home.

East Riding of Yorkshire Council can arrange for a qualified contractor to carry out a free home security assessment and fit home security equipment.

Measures include, but are not limited to\*:

- Additional locks for doors and windows
- Door chains
- Door viewers
- Window alarms

\*Some types of locks and security measures can only be fitted depending on the type of existing windows and doors.

### How you can get involved

Please help us raise awareness of the support available for eligible East Riding residents by using the materials provided in the accompanying zip folder.

We have included:

- Printable A4 posters to display and to send out via email.
- Advert images to using on your website and social media.
- A supporting guidance document to advise on how to use the images on your social media platforms.

### Who is eligible?

To qualify for assistance applicants must be:

- Aged over 60 or disabled;
- A homeowner or private sector tenant / Housing Association tenant.

Everyone living in the property must not have a bank balance, when added together, of over £23,250. Further grants will not be made to anyone receiving support from the Safe and Sound grant scheme in the last two years.

Any eligible resident in the East Riding can request an application form by sending an email to [safe.communities@eastriding.gov.uk](mailto:safe.communities@eastriding.gov.uk) or by calling 01482 396380.