



Registered Charity Number 1116786

# Newsletter

## May 2024

For the latest news browse the [Caves u3a website](#)

### NOTES FROM THE CHAIR

Dear Members

Last month I mentioned that, subject to having sufficient volunteer drivers, we were planning to arrange two garden visits this summer, one to Burnby Hall in June, the other a private visit to Southwood Hall in August. Although quite a few people expressed their interest in these outings we only had one offer of transport. This is disappointing. Some of our members can no longer drive but would still like to join us on our outings. If you are interested in coming to either or both of these and are willing to offer lifts to fellow members please add "Driver" to your name at our meeting on 13th May.

To increase our membership we are planning to show what Caves u3a has to offer by participating in the South Cave Show. This annual event takes place on the afternoon of Bank holiday Monday, August 26th. Do come along and bring your family members.

We are planning to hold a Members' tea party to celebrate u3a week on Friday, 27th September at South Cave Golf Club. Details will be available soon.

After our AGM on May 13th our speaker, cancer survivor Elizabeth Allen, will tell us about the importance of looking after your own health.

I'd like to extend a warm welcome to our latest members, Christine Beryl, Lesley Brownlee and Sue Rhoades. Christine has joined us from Howden u3a under the Accord agreement.

Heather Turner      telephone: 01430 424835      email: [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com)

### Annual General Meeting

To be held on Monday, 13th May from 2pm at Cave Castle.

## INTEREST GROUPS

### Art

Our **May** meetings are **Wednesday the 8<sup>th</sup> and Wednesday the 22<sup>nd</sup>** at the WI Hall 10am to 12 noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me: Malcolm Tather on 01482 659100 or email [malcolmtather@yahoo.co.uk](mailto:malcolmtather@yahoo.co.uk)

### Bird Watching

The new group had its second meeting in April. The weather was kinder this time so we enjoyed the walk, the company and spotting some of the many birds to be found. We decided to meet every other month, so no meeting in May.

Next meeting **Wednesday 19<sup>th</sup> June. 10.30** at North Cave Wetlands. Anyone in need of a lift let me know.

Contact: Deborah Darnes at [darnes@talktalk.net](mailto:darnes@talktalk.net) or phone 07952 679904

### Board Games

The next meeting will be on **Thursday, 2nd May from 2pm to 4pm** at 26, The Parklands. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk) **Bookworms**

### Bookworms

**There is no meeting in May** – the next meeting will be on June 17th.

– Jean Bibby on 01430 423882.

### Bridge for Beginners

We have now set up a small but friendly group, meeting on **Tuesday afternoons at 2pm**. The emphasis is very much on helping each other to progress. My thoughts are that it is a social group, based on learning to play bridge. If this could be of interest to you please contact me by email on [jd.bm.bannister@btinternet.com](mailto:jd.bm.bannister@btinternet.com) – David Bannister

### Craft

The next craft meeting is on **Thursday, 23<sup>rd</sup> May at 2pm** in Ellerker Village Hall. I will be handing out our pottery creations from the April meeting.

Contact Jean Butler on 07504 693623 or email: [jeanbutler46@hotmail.co.uk](mailto:jeanbutler46@hotmail.co.uk)

### Creative Writing.

Are there any budding writers amongst u3a members?

The next meeting will be on **Thursday, 9<sup>th</sup> May at 2pm** at 50 Castle Rise, South Cave. The subject for this meeting is "**The construction of a story**". If you don't fancy this month's challenge, why not come along and see what we are all about? Listen to members contributions, join in, perhaps bring along one of your own short stories or a poem, serious or funny. Come and join us, not for critique, but for a light-hearted friendly and inspiring afternoon. New members will be warmly welcomed.

Contact Mike Pinfold on 07835 300683 or Lesley Atkinson n 01430 421174

### Discussion group

Our next meetings are at **2pm on the 27<sup>th</sup> May** and the 24<sup>th</sup> June. Please note the May meeting is a Bank holiday and the date will not be changed. New members are invited. Please contact Paul Chambers on 01430 471566.

### French Conversation

Our meetings are held on the first Tuesday of the month. Our **May 7<sup>th</sup> meeting** will comprise only one session and will be held in person only from 9.45am at 5 Ferry Road, South Cave. This

session is for those who like French to be spoken at a gentler pace. Odile isn't available in May so the 10.30 group won't be meeting until June 4th.

Contact me on 01430 424835 or [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com) if you have any questions.

### Genetic Genealogy

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com) or 07876 575764.

### Join us for Coffee

This group is for members, both new and old, to get to know one another. We meet on Thursday mornings from 10.30am until noon in the Cave Castle Golf Club room. Members sometimes stay on for lunch afterwards. Our next meeting is on **Thursday, 16<sup>th</sup> May**. You can contact me on 01430 424835 or [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com).

### Local History Group

Please note the May meeting will be on the fourth **Thursday, 23<sup>rd</sup> May at 2pm** in the All Saints Community Centre. Paul Chambers will be giving a talk on 'Workhouses' Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

### Patchwork

The Patchwork Group will meet on **Tuesday, 7<sup>th</sup> May at 2pm** at 53 Wesley Close, South Cave. Contact Barbara on 01430 471164 or email [nanbee4@icloud.com](mailto:nanbee4@icloud.com)

### Quiz

We will next meet at **2pm on Tuesday, 21<sup>st</sup> May** at 6 The Parklands, South Cave, HU15 2EL. You are welcome to join us and pit your wits against the questions. Please let us know if you are coming.

Contact Penny Bell on 07905 525597 or [penny.bell45@btinternet.com](mailto:penny.bell45@btinternet.com)

### Scrabble 1

The next meeting is on **Monday, 20<sup>th</sup> May at 2pm**, at 15, Castle Drive, South Cave. Contact Margaret Tinker on 01430 423330.

### Scrabble 2

The next meeting will be on **Monday, 20<sup>th</sup> May at 2pm**, at 26, The Parklands, South Cave. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

### Walking Group

Spring is here; there are lambs in the fields and the mud is drying up! Walking is one of the best ways to stay fit and healthy – come and give us a try. Walks are about six miles and details are emailed to members of the group a few days before the walks begin, which in **May will be on the Fridays of 10<sup>th</sup> and 24<sup>th</sup> starting at 10am**. If you would like to be on the mailing list or just find out more, please contact me at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com).



*Spring lambs*

## Groups Co-Ordinator

After many years in this role Penny Bell has decided it's time to hand over the reins to someone new. If you would like to find out more about the role please call Penny on 07905 525 597.

### Mikron Theatre – Thursday 16th May

Mikron is a travelling theatre company based in West Yorkshire and are now in their 52<sup>nd</sup> year. In the summer months they travel by narrow boat on the canal system performing shows telling stories with social history themes, with music and humour. I have seen most of their shows for the last 25 years or so and have always very much enjoyed them. In the last couple of years East Riding Council have been supporting them to bring performances to our area and they will be performing at **Holme on Spalding Moor at 7pm on Thursday, 16<sup>th</sup> May** (tickets are only £7). They will be telling the story of Jennie Lee, from a coal-mining family in Scotland, who in 1929 became Westminster's youngest MP and fought all her life for the betterment of all our lives.

Never heard of her?

Come along and find out more. I will be going and will have some seats spare in my car, or make a group and go with your friends – I don't think you'll be disappointed! You can read more details at <https://mikron.org.uk> or get in touch with me at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com) or on 07876 575764

– Chris Edwards

### Membership Renewals

Thank you to everyone who has responded so quickly to renew membership of Caves u3a. If you are one of the very few who hasn't done so yet, may I give you a gentle reminder!

– Chris Edwards

### All Saint's Church Annual Outing

All Saint's Church are having their annual outing to **Helmsley on Friday, 5<sup>th</sup> July 2024 leaving South Cave at 9am** and it will be the market day in the town. The cost is £18 with a £10 deposit to be paid on booking. There are places available so if you would like to go please contact Joan Robertson on 423816 or see her at the May meeting. Alternatively you can ring Alan Duckworth, the organiser on 471221.

### Equipment auction

Because it wasn't compatible with some modern hardware Caves u3a are disposing of their old projector. It's an Optoma DLP Model HD230X. We replaced this recently with a current model. Although the projector is over ten years old it has had little use and is likely to last for many more years. The projector can still be used with many modern computers and we could include an old compatible laptop computer in the sale price if required.

We are inviting sealed bids for the projector from Caves u3a members. Please place your maximum bid in a sealed envelope, including your name and the amount of your bid. Please mention whether or not you'd like us to include a compatible laptop computer. Hand the envelope to Heather Turner at our AGM or email your bid to [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com) by 5pm on Monday, 13<sup>th</sup> May 2024. The winner of the auction will be notified by Wednesday, 15<sup>th</sup> May.

### Join us for the u3a Festival 24

The u3a movement is holding its first ever **Festival on the 18<sup>th</sup> – 20<sup>th</sup> July 2024**, The event will take place over 3 days, at the University of York based around their exhibition centre.

Members will be running a wide variety of activities – talks, sporting events, musical entertainment and workshops which will make this u3a national festival something to remember.

Tickets are not yet available to buy, but the cost of the attending festival will be as follows:

Day 1, Thursday 18 July - £25 including buffet supper

Day 2, Friday 19 July - £10 for the full day

Day 3, Saturday 20 July - £5 for a half day

To find out more about the Festival, Visit the u3a website - Join us for u3a Festival 24

## **u3a East Riding ACCORD**

### **Open door arrangements for u3a members**

Caves u3a is a member of a network of local u3as called East Riding ACCORD. The network allows Caves u3a members to visit other u3a groups in the East Riding of Yorkshire and join their interest group activities. Have a look at [this document](#) for an explanation of how you can enjoy this facility

Refer to the websites of other u3a ACCORD members to see what they offer:

Cottingham  
Anlaby, Willerby, Kirk Ella [AWAKE]  
Howden  
Hornsea  
Driffield and Wolds  
Pocklington  
Beverley  
Swanland

### **Caves u3a Facebook**

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

### **u3a Radio**

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

### **u3a Newsletters – National and Local**

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can read them for yourself:

[National u3a](#)  
[Yorkshire & Humber](#)

### **u3a JIGSAW LIBRARY**

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: [jigsawjennifer@gmail.com](mailto:jigsawjennifer@gmail.com)

## **BROUGH & SOUTH CAVE SURGERIES**

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:  
Brough: 01482 668668      South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: [broughdispensary@nhs.net](mailto:broughdispensary@nhs.net)      [southcavedispensary@nhs.net](mailto:southcavedispensary@nhs.net)

Anyone wishing to include items in the Newsletter should send them to the editor, email:  
[cavesu3a@gmail.com](mailto:cavesu3a@gmail.com)

Items should be received by **22<sup>nd</sup> of the month** at the latest.

<b>Chairman</b>	Heather Turner	01430 424835
<b>Vice Chairman</b>	Chris Edwards	07876 575764
<b>Treasurer</b>	Eileen Fearon	01482 668662
<b>Secretary</b>	David Newton	01430 421545
<b>Minutes</b>	Lesley Atkinson	01430 421174
<b>Membership</b>	Chris Edwards	07876 575764
<b>Speaker Finder</b>	Jeny Clarkson	01430 422419