



Registered Charity Number 1116786

Newsletter

February 2024

For the latest news browse the [Caves u3a website](#)

NOTES FROM THE CHAIR

Dear Members

In order to show our gratitude to those members who volunteer regularly throughout the year to run our interest groups, to serve on our committee and to welcome you to our monthly meetings we held a “Thank You” tea in January. It was good to meet, in a social setting, with those people whose contribution allows our u3a to function. Without these people we would not have a u3a. We would still welcome some new committee members so please don't be shy. We'd love to have you on board.

Our Board Games group is very popular, but is at full capacity. If anyone would like to start a further group we can supply any necessary equipment. It is by joining an Interest group that members have the chance to make friends. Given that the last weekend in January features the Great Garden Birdwatch would anyone be willing to start a Birdwatching group? I'm told that the North Cave Wetlands site attracts some interesting visitors of the feathered variety and that there are the usual the facilities on-site.

At our monthly meeting on **February 5th** – **Kathleen Barnett will talk to us about “Making a Difference”, featuring a Hippo, an Orca and a Hyena.** That sounds intriguing! We should have the new 2024 programme card available for you there so do please pick up your copy.

I'd like to extend a warm welcome to our latest members, Elizabeth Allen, Pauline Bates and Bill Bates. I look forward to meeting you all in person soon.

– Heather Turner, telephone: 01430 424835 email: u3aHeatherTurner@gmail.com

INTEREST GROUPS

Art

Our **February** meetings are **Wednesday the 14th** and **Wednesday the 28th** at the WI Hall 10am to 12 noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me: Malcolm Tather on 01430 421983 or email malcolmtather@yahoo.co.uk



Board Games

The next meetings will be on **Thursday, 1st February from 2pm to 4pm** at 26, The Parklands. Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk **Bookworms**

Bookworms

We will meet at **2.30 pm on Monday, 19th February** at the Library. The book we are reading is **“Dancing on Eggshells by John Whaite”**
– Jean Bibby on 01430 423882.

Bridge for Beginners

We have now set up a small but friendly group, meeting on **Tuesday afternoons at 2pm**. The emphasis is very much on helping each other to progress. My thoughts are that it is a social group, based on learning to play bridge. If this could be of interest to you please contact me by email on jd.bm.bannister@btinternet.com – David Bannister

Craft

The next meeting is on **Thursday, 29th February at 2pm** in Ellerker Village Hall.

Contact Jean Butler on 07504 693623 or email: jeanbutler46@hotmail.co.uk



Creative Writing.

The next meeting will be on **Thursday, 8th February at 2pm** at 50 Castle Rise, South Cave. The subject we are writing about for this next meeting is "**A report for a Newspaper/magazine, imaginary or factual**". A recent event might give you food for thought. Why not have a go at being a journalist, or just bring along one of your own short stories. Perhaps a poem, serious or funny. Come and join us, not for critique, but for a light-hearted friendly and inspiring afternoon. New members will be warmly welcomed.

Contact Mike Pinfold on 01430 422059 or Lesley Atkinson on 01430 421174

Discussion group

Meetings will take place at 2pm on the Mondays of **26th February** and **25th March** at 12B, Pinfold, South Cave. You can contact Paul on 01430 471566.

French Conversation

Our meetings are held on the first Tuesday of the month. Our next meeting will comprise two back-to-back sessions. The first will start at **9.45am on Tuesday, 6th February** at 5 Ferry Road, South Cave or online if preferred. This session is for those who like French to be spoken at a gentler pace.

At 10.30am Odile will join us from Lyon via Zoom. Odile speaks French at quite a fast pace. Her sessions are suitable for those who already have a wide vocabulary and can understand native French speakers most of the time.

The topic to be discussed will be emailed to you along with the Zoom link. You are welcome to join us for one or for both sessions. Do call if you have any questions.

You can contact me on 01430 424835 or u3aHeatherTurner@gmail.com.

Genetic Genealogy

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at chris.edwards20@gmail.com or 07876 575764.

Join us for Coffee

This group is for members, both new and old, to get to know one another. We meet on Thursday mornings from 10.30am until noon in the Cave Castle Golf Club room. Several members stay on for lunch afterwards. Our next meeting is on **Thursday, 22nd February**.

You can contact me on 01430 424835 or u3aHeatherTurner@gmail.com.

Local History Group

We will meet in the meeting room at the All Saints Community Centre on **Thursday, 15th February at 2pm**, the speaker to be confirmed.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Patchwork

The Patchwork Group will meet on **Tuesday, 6th February at 10am or 2pm** at 53 Wesley Close, South Cave. Contact Barbara on 01430 471164 or email nanbee4@icloud.com

Quiz

We will next meet at **2pm on Tuesday, 20th February** at 6 The Parklands, South Cave, HU15 2EL. You are welcome to come and join in the fun. There will be a mix of easy and difficult questions and we will divide into teams to find the answers.. Please let us know if you are coming.

Contact Penny Bell on 07905 525597 or penny.bell45@btinternet.com

Scrabble 1

The next meetings are on **Monday, 12th February at 2pm**, at 15, Castle Drive, South Cave. Contact Margaret Tinker on 01430 423330.

Scrabble 2

The next meetings will be on **Monday, 12th February at 2pm**, at 26, The Parklands, South Cave.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Walking Group

As I am a relative newcomer to South Cave many of our walks have been in the areas which I already knew. I have recently started to explore walks in places I don't know so well. We recently walked from Broomfleet and along part of the Market Weighton Canal. I've been interested in reading a bit about the history of the canal and I'm hoping to arrange more walks along it in the future. These routes have very few hills, so if you prefer flat walks they might suit you. Most walks are around 6 miles.

In **February walks will be on Fridays 9th and 23rd**. Full details will be emailed to group members a few days before each walk.

If you would like to be on the mailing list or just find out more, please contact me at chris.edwards20@gmail.com.

Groups Co-Ordinator

After many years in this role Penny Bell has decided it's time to hand over the reins to someone new. If you would like to find out more about the role please call Penny on 07905 525 597.

Fondly Remembered

Eileen Craven-Jones died 26th October 2023.

She along with her husband Bob, who was Caves u3a chairman twice, was a stalwart member and along with Carol Hood did the tea and biscuits for many years. Born 19th September 1934 in Harrow, she met Bob in Brighton and they married there in 1958. They moved about quite frequently and ended up back in South Cave where they had lived once before. Their 4 children were then all but grown up. She was a lovely lady who claimed she had all she needed and wanted and was very content.

– Margaret Tinker

Mary Morgan died on Christmas Eve 2023.

She had been a member for many years and particularly enjoyed the lunch club. She left the u3a two years ago when prompted by her family to return to Scotland, where she and her husband originally came from. Mary was born in 1940 and came down from Scotland to be near her son about 30 years ago. She had a wide circle of friends and was very popular in the



village. When her son returned to Scotland and her grandchildren were there, she also returned, moving into her own bungalow not a year ago. A good life well lived.

– Margaret Tinker

u3a Summer School 2024

Once again the YAHR Management Team is offering a Summer School for residential and day delegates! **Summer School 2024 takes place between 22nd – 25th July 2024.** The venue is Hawkhill, Easingwold, YO61

Courses and Topics to choose from:

*History of Russia & Ukraine in relation to the current conflict. *Basic Holiday Spanish *Scottish Colourists *Life Drawing Cosmology *Iron Age Britain to Anglo Saxon England *Major thinkers of Greek Philosophy *The English Language – Who owns it? *Multi Media Art *Improvised Drama for Beginners

Costs for the 3 night top class residential Summer School:

Full Board Delegate £447pp Day Delegate £215pp

Join us for the u3a Festival 24

The u3a movement is holding its first ever **Festival on the 18th – 20th July 2024**, The event will take place over 3 days, at the University of York based around their exhibition centre.

Members will be running a wide variety of activities – talks, sporting events, musical entertainment and workshops which will make this u3a national festival something to remember.

Tickets are not yet available to buy, but the cost of the attending festival will be as follows:

Day 1, Thursday 18 July - £25 including buffet supper

Day 2, Friday 19 July - £10 for the full day

Day 3, Saturday 20 July - £5 for a half day

To find out more about the Festival, Visit the u3a website - Join us for u3a Festival 24

u3a East Riding ACCORD

Open door arrangements for u3a members

Caves u3a is a member of a network of local u3as called East Riding ACCORD. The network allows Caves u3a members to visit other u3a groups in the East Riding of Yorkshire and join their interest group activities. Have a look at [this document](#) for an explanation of how you can enjoy this facility

Refer to the websites of other u3a ACCORD members to see what they offer:

Cottingham

Anlaby, Willerby, Kirk Ella [AWAKE]

Howden

Hornsea

Driffield and Wolds

Pocklington

Beverley

Swanland

Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can read them for yourself:

[National u3a](#)
[Yorkshire & Humber](#)

u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: jigsawjennifer@gmail.com

BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:
Brough: 01482 668668 South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: broughdispensary@nhs.net southcavedispensary@nhs.net

Anyone wishing to include items in the Newsletter should send them to the editor, email: cavesu3a@gmail.com

Items should be received by **20th of the month** at the latest.

Chairman	Heather Turner	01430 424835
Vice Chairman	Chris Edwards	07876 575764
Treasurer	Eileen Fearon	01482 668662
Secretary	David Newton	01430 421545
Minutes	Lesley Atkinson	01430 421174
Membership	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419