



Registered Charity Number 1116786

Newsletter

December 2023

For the latest news browse the [Caves u3a website](#)

NOTES FROM THE CHAIR

Dear Members

As the end of another year approaches I'd like to express my sincere thanks to all those who work hard behind the scenes to make our u3a run smoothly. As a token of appreciation we'll be holding a Chair's Thank You tea party in January for Group Leaders, committee members and those others who have made a significant contribution to Caves u3a over the past year.

Although our monthly meetings are well attended there is limited opportunity there for our newer members to get to know each other. It is by joining an Interest group that members have the chance to get to make friends. That's why we're encouraging people to volunteer to run a small group in their own home, or at a local café. How about a Film group or a Wine appreciation group?

Our two longest serving committee members have stepped down this year, leaving only six of us in post. We would really welcome some new committee members. We meet monthly on a Tuesday morning for an hour or two. If we ask you to join us please do consider it carefully. We would invite you to come and join us at our next meeting as an observer initially. You'll find that we're not at all scary and, what's more, we can't run a successful u3a unless you, especially our newer members, are willing to help us.

On December 4th there won't be our normal monthly meeting as we're holding our Christmas lunch instead. Bookings for this have now closed. On **January 8th** we'll be hearing from **John Senior of Pocklington u3a at our monthly meeting. John will talk to us about "A Long Life in Switzerland"**.

I'd like to extend a warm welcome to our latest members, Denise Middleton, Eileen Bolton and James Bolton.

– Heather Turner, telephone: 01430 424835 email: u3aHeatherTurner@gmail.com

INTEREST GROUPS

Art

Our meeting in **December is Wednesday the 13th**. Please note this is the only meeting in December. Our **January meetings are Wednesday the 10th and Wednesday the 24th** at the WI Hall 10am to 12 noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me: Malcolm Tather on 01430 421983 or email malcolmtather@yahoo.co.uk

Farmhouse by Elaine Lilley – Courtesy of Caves u3a Art Group



Board Games

The next meetings will be on **Thursday, 7th December** and **Thursday, 4th January from 2pm to 4pm** at 26, The Parklands.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk **Bookworms**

Bookworms

We will meet at **2.30 pm on Monday, 22nd January** at the Library. The book we are reading is **“Violeta” by Isabel Allende**.

– Jean Bibby on 01430 423882.

Bridge for Beginners

We have now set up a small but friendly group, meeting on **Tuesday afternoons at 2pm**. The emphasis is very much on helping each other to progress. My thoughts are that it is a social group, based on learning to play bridge. If this could be of interest to you please contact me by email on jd.bm.bannister@btinternet.com – David Bannister

Craft

There is no craft meeting in December.

The next meeting is on **Thursday, January 25th at 2pm** in Ellerker Village Hall.
Contact Jean Butler on 07504 693623 or email: jeanbutler46@hotmail.co.uk

Creative Writing.

The next meeting will be on **Thursday, 14th December** at 2pm at 50 Castle Rise, South Cave.
The subject we are writing about for this next meeting is "**Departures**".

Why not have a go? Bring along your short story, maybe a poem, serious or funny. Come and join us, not for critique, but for a light-hearted friendly and inspiring afternoon.

The first meeting in 2024 will be on **Thursday, 11th January** at the same venue. The subject will be "**Reflections upon a Christmas past**". New members will be warmly welcomed.

Contact Mike Pinfold on 01430 422059 or Lesley Atkinson on 01430 421174.

Discussion group

Meetings will take place at 2pm on the Mondays of **18th December, 15th January, 19th February** and **18th March** at 12B, Pinfold, South Cave. You can contact Paul on 01430 471566.

French Conversation

We have moved our meeting to the first Tuesday of the month. Our next meeting is at 10.30am on **Tuesday, 5th December**. Odile will be Zooming with us again. We will be talking about European Christmas traditions but we'll be working without a text this time. A Zoom link will be emailed to you soon. If you would prefer to join us in person just let me know when I send you the Zoom link. We'll meet again on **January 2nd**. The topic will be emailed to you after Christmas.

You can contact me on 01430 424835 or u3aHeatherTurner@gmail.com.

Genetic Genealogy

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at chris.edwards20@gmail.com or 07876 575764.

Join us for Coffee

This recently formed group is aimed at members, both new and old, to get to know one another. The group meets on Thursday mornings from 10.30am until noon in the Cave Castle Golf Club room. Several members stay on for lunch afterwards. I will be asking at our November meeting if people want to meet in December. If we are meeting I will send an email a few days beforehand. Our first meeting of 2024 will be on **Thursday, 18th January** from 10.30am.

You can contact me on 01430 424835 or u3aHeatherTurner@gmail.com.

Local History Group

There is no meeting in December.

We will have our post-Christmas lunch at Cave Castle Golf Clubhouse on **Thursday, 25th January, 12 for 12.30**.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Patchwork

The Patchwork Group will meet on **Tuesday, 5th December at 10am or 2pm** at 53 Wesley Close, South Cave. There is no meeting in January. Contact Barbara on 01430 471164 or email nanbee4@icloud.com



Quiz

We will next meet at **2pm on Tuesday, 23rd January** at 6 The Parklands, South Cave, HU15 2EL. You are welcome to come and join in the fun. There will be a mix of easy and difficult questions and we will divide into teams to find the answers.. Please let us know if you are coming.

Contact Penny Bell on 07905 525597 or penny.bell45@btinternet.com

Scrabble 1

The next meetings are on **Monday, 11th December** and **Monday, 15th January at 2pm**, at 15, Castle Drive, South Cave. Contact Margaret Tinker on 01430 423330.

Scrabble 2

The next meetings will be on **Monday, 11th December** and **Monday, 15th January at 2pm**, at 26, The Parklands, South Cave.

Contact Joan Robertson on 01430 423816 or joanrobertson@hotmail.co.uk

Walking Group

In **December** there will be a walk on **Friday 8th**. There may also be a walk on **Friday 22nd** too if members want one so near to Christmas. In **January** walks will be on **Fridays 12th and 26th**. Full details will be emailed to group members a few days before each walk. If you would like to be on the mailing list or just find out more, please contact me at chris.edwards20@gmail.com.

Groups Co-Ordinator

After many years in this role Penny Bell has decided it's time to hand over the reins to someone new. If you would like to find out more about the role please call Penny on 07905 525 597.

Newsletter Editor

Tim, our newsletter editor is looking to hand over to someone new. This role does require certain skills, such as the ability to copy and paste in a Word Processor, to switch on Spellcheck etc. You don't need to write the content. It is sent to you by other people. You just need to assemble it. The job can be done at home so poor mobility isn't an issue. Any takers? If so please give me a call on 01430 424835 – Heather Turner

u3a East Riding ACCORD

Open door arrangements for u3a members

Caves u3a is a member of a network of local u3as called East Riding ACCORD. The network allows Caves u3a members to visit other u3a groups in the East Riding of Yorkshire and join their interest group activities. Have a look at [this document](#) for an explanation of how you can enjoy this facility

Refer to the websites of other u3a ACCORD members to see what they offer:

Cottingham
Anlaby, Willerby, Kirk Ella [AWAKE]
Howden
Hornsea
Driffield and Wolds
Pocklington
Beverley
Swanland

Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can read them for yourself:

[National u3a](#)
[Yorkshire & Humber](#)

u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: jigsawjennifer@gmail.com

BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:
Brough: 01482 668668 South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: broughdispensary@nhs.net southcavedispensary@nhs.net

Anyone wishing to include items in the Newsletter should send them to the editor, email:

cavesu3a@gmail.com

Items should be received by **20th of the month** at the latest.

Chairman	Heather Turner	01430 424835
Vice Chairman	Chris Edwards	07876 575764
Treasurer	Eileen Fearon	01482 668662
Secretary	David Newton	01430 421545
Minutes	Lesley Atkinson	01430 421174
Membership	Chris Edwards	07876 575764
Speaker Finder	Jeny Clarkson	01430 422419