



Registered Charity Number 1116786

# Newsletter

## October 2023

For the latest news browse the [Caves u3a website](#)

### NOTES FROM THE CHAIR

Dear Members

In Spring this year Cave Castle doubled the cost of our meetings. We've held back our cost to you for several months but from October's meeting the cost to you will rise to £3. Please bring the correct change with you if possible.

We're continuing with our publicity drive to attract new members. One of our members spotted A4 posters in several places around Hornsea that advertised their u3a's next monthly meeting. I thought that this might work for us too. When looking for suitable spots for small posters we've identified South Cave library, Brough library and West End café. The poster for October's meeting is attached to this newsletter. I'd be grateful if you would put a copy in as many other places as possible. If you would be happy to help but don't have a printer please ask Chris Edwards or me for a printed copy. Tel: 01430 424835.

If you haven't yet issued your invitation to a friend or neighbour please do it now. We are expecting some excellent entertainment at our meeting on **2nd October when the Thornton le Dale Ukulele Band** are coming. There will be a leaving collection which will be donated to the band's chosen charity, so please bring extra cash with you if you would like to make a personal donation.

– Heather Turner, telephone: 01430 424835 email: [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com)

### INTEREST GROUPS

#### Art

In October our meetings are **Wednesday the 11<sup>th</sup> and 25<sup>th</sup>** at the WI Hall in Church Street. 10am to noon. We do our own thing in various mediums and help each other with advice & comments. New members are welcome, please contact me: Malcolm Tather on 01430 421983 or email [malcolmtather@yahoo.co.uk](mailto:malcolmtather@yahoo.co.uk)

#### Board Games

The next meeting will be on **Thursday, 5<sup>th</sup> October at 2pm to 4pm** at 26, The Parklands. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

*A French Street by Joan Baker – Courtesy of Caves u3a Art Group*



### **Bookworms**

We will meet at **2.30 pm on Monday, 16<sup>th</sup> October** at the Library. The book we are reading is **“Beautiful World Where Are You” by Sally Rooney.**

– Jean Bibby on 01430 423882.

### **Bridge**

Our leader David would like to meet all those who are interested in learning Bridge. He plans to come to our monthly meeting on October 2<sup>nd</sup>. I will introduce David so that you can talk with him over refreshments.

## Craft

The **October meeting is on Thursday the 26<sup>th</sup>** at 2pm in Ellerker Village Hall.

This is what the craft group made at the September meeting – Marzipan fruits ready for Christmas!

Contact Jean Butler on 07504 693623  
or email: [jeanbutler46@hotmail.co.uk](mailto:jeanbutler46@hotmail.co.uk)



## Creative Writing.

The next meeting will be on **Thursday, 12<sup>th</sup> October at 2pm** at 50 Castle Rise, South Cave. Come and join us for a light hearted, friendly and inspiring afternoon. The subject we are writing about for our next meeting is "**Animals**". New members are very welcome. Contact Mike Pinfold on 01430 422059 or Lesley Atkinson on 01430 421174.

## Discussion group

Paul Chambers has kindly offered to be our new group leader. The group will meet monthly on the third Monday from 2pm, with the first meeting being on **Monday, 16<sup>th</sup> October** at 12B, Pinfold, South Cave. This will be a get to know you session where the group will agree the format and choose topics for discussion. You can contact Paul on 01482 667 108.

## French Conversation

Our next session will be held on **Tuesday, 10<sup>th</sup> October at 10.30am**. You can join us via Zoom or attend in person at 5 Ferry Road, South Cave. Odile will be joining us from Lyon and I have found some more French texts with an Anglo/French theme to get us going. You can contact me on 01430 424835 or [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com).

## Genetic Genealogy

Interested in family history and venturing into what DNA testing can tell us? Through this group we try to help each other to get a better understanding of how we can use this information. Meetings are arranged on an ad hoc basis and have mostly been by Zoom. To join the group contact me, Chris Edwards at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com) or 07876 575764.

## Join us for Coffee

The Cave Castle Golf Clubhouse is a convenient venue for most people, so we will be meeting there again from **10am on Thursday, 19<sup>th</sup> October**. Last month two members decided to stay on for a light lunch. If other members would like to join us for lunch from noon they'd be very welcome.

If you can't make the meeting but want to add you name to the group's mailing list please send me an e-mail it's [u3aHeatherTurner@gmail.com](mailto:u3aHeatherTurner@gmail.com).

## Local History Group

Sally George will give a talk on The Beverley Parish Magazines from the year 1870, on **Thursday, 19<sup>th</sup> October**. We meet at the ASCC at 2pm. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

## Magic Group

Due to diminishing numbers, meetings of the Group are suspended for the time being. This is a shame as it is a fun group and we get a lot of laughs from it. However the numbers are such

that it is not viable at the moment. Anybody wishing to join the group please contact David Newton on 01430 422392 or e-mail [david@raymeadow.net](mailto:david@raymeadow.net).

## Patchwork



*Samples of Work*

The new Patchwork Group will meet on **Tuesday, 3<sup>rd</sup> October at 2pm**. The venue is 53 Wesley Close, South Cave. Please phone or email if you would like to attend

Contact Barbara Bury on 01430 421094 or [barbarabury142@btinternet.com](mailto:barbarabury142@btinternet.com)

## Quiz

We will next meet at **2pm on Tuesday, 17<sup>th</sup> October** at 26 The Parklands, South Cave. Come and join in the fun and see if you can answer the questions. Some are easy but some are fiendish. Please let us know if you are coming

Contact Penny Bell on 07905 525597 or [penny.bell45@btinternet.com](mailto:penny.bell45@btinternet.com)

## Scrabble 1

The next meeting is on **Monday, 9<sup>th</sup> October at 2pm**, at 15, Castle Drive, South Cave. Contact Margaret Tinker on 01430 423330.

## Scrabble 2

The next meeting will be on **Monday, 9<sup>th</sup> October at 2pm**, at 26, The Parklands, South Cave. Contact Joan Robertson on 01430 423816 or [joanrobertson@hotmail.co.uk](mailto:joanrobertson@hotmail.co.uk)

## Walking Group .. and Badger pool!

A few weeks ago the walking group had a pleasant walk through Swin Dale, near Newbald. We passed what we think is a badger sett and were wondering how we might know if it is active. Might there be signs of fresh badger poo and how could we tell it apart from sheep poo anyway.....? We often see flowers, butterflies and other wildlife on our walks and pause to identify things as best we can. Walks usually begin at 10am on second and fourth



*Blackberrying on the Walk*

Fridays each month and are about six miles. We'd love to have more people join us – especially if you know badger poo from sheep poo!

In **October** our walks will be on **Fridays 13th and 27th**.

Full details will be emailed to group members a few days before each walk. If you would like to be on the mailing list or just find out more, please contact me at [chris.edwards20@gmail.com](mailto:chris.edwards20@gmail.com).

### **Christmas Lunch 2023**

The Caves u3a Christmas Lunch menu is attached to the end of this newsletter. I shall be at the October & November monthly meetings to collect the completed menus together with payment of either cash or cheques. For members who are not able to print off the menu or do not have online access I will have some available at those meetings.

- David Jones on 01482 667066

### **Mikron Theatre**

Mikron is a travelling theatre company based in West Yorkshire. For the last 50 years they have travelled on the canals by narrowboat in the summer months, performing at a wide variety of venues, indoors and out. Their shows tell a social history story with words, music and humour. In the spring and autumn they also travel by road to places the canals don't go and this year they will be coming near to us. They will be performing "**A Force to be Reckoned With**", a story of women in the police force, at Gilberdyke War Memorial Hall at **2pm on Wednesday, 4<sup>th</sup> October**. Tickets are only £7 (subsidised by ERYC Arts in Libraries Project) and can be booked through Mikron website (<https://mikron.org.uk>) or by phoning 01484 843701.

I've been following Mikron for more than 20 years and have always enjoyed their shows. I have already seen this one elsewhere during the summer and would highly recommend it. Do go if you can...

– Chris Edwards

### **Groups Co-Ordinator**

After many years in this role Penny Bell has decided it's time to hand over the reins to someone new. If you would like to find out more about the role please call Penny on 07905 525 597.

### **Newsletter Editor**

Tim, our newsletter editor is looking to hand over to someone new. This role does require certain skills, such as the ability to copy and paste in a Word Processor, to switch on Spellcheck etc. You don't need to write the content. It is sent to you by other people. You just need to assemble it. The job can be done at home so poor mobility isn't an issue. Any takers? If so please give me a call on 01430 424835 – Heather Turner

### **u3a East Riding ACCORD**

#### **Open door arrangements for u3a members**

Caves u3a is a member of a network of local u3as called East Riding ACCORD. The network allows Caves u3a members to visit other u3a groups in the East Riding of Yorkshire and join their interest group activities. Have a look at [this document](#) for an explanation of how you can partake of this facility

Refer to the websites of other u3a ACCORD members to see what they offer:

[Cottingham](#)  
[Anlaby, Willerby, Kirk Ella \[AWAKE\]](#)  
[Howden](#)  
[Hornsea](#)

Driffield and Wolds  
Pocklington  
Beverley  
Swanland

### Caves u3a Facebook

If you haven't already done so, have a look at the [Facebook page](#) and join the community.

### u3a Radio

The u3a radio podcast has now launched on podcast platforms, including Apple, [Spotify](#) and [Google](#) Podcasts. The episode can also still be listened to on our [u3a YouTube](#) channel, with captions.

### u3a Newsletters – National and Local

Should you wish to keep up to date with what is happening with the u3a nationally and locally (Yorkshire & Humber) here's where you can read them for yourself:

[National u3a](#)  
[Yorkshire & Humber](#)

### u3a JIGSAW LIBRARY

I have a selection of jigsaws in my porch for anyone to borrow. The porch is unlocked during daylight hours so please just go in and help yourself.

Jennifer Murray at 59 Wesley Close. Tel. 01430 423519 or by email: [jigsawjennifer@gmail.com](mailto:jigsawjennifer@gmail.com)

### BROUGH & SOUTH CAVE SURGERIES

For news of Brough and South Cave Surgeries look at the [The Ridings Medical Group News](#)

- ◆ Appointments must be booked in advance:  
Brough: 01482 668668    South Cave: 01430 424764
- ◆ Prescriptions can be requested through the online system or by email – phone lines are often busy: [broughdispensary@nhs.net](mailto:broughdispensary@nhs.net)    [southcavedispensary@nhs.net](mailto:southcavedispensary@nhs.net)

Anyone wishing to include items in the Newsletter should send them to the editor, email: [cavesu3a@gmail.com](mailto:cavesu3a@gmail.com)

Items should be received by **20th of the month** at the latest.

<b>Chairman</b>	Heather Turner	01430 424835
<b>Vice Chairman</b>	Chris Edwards	07876 575764
<b>Treasurer</b>	Eileen Fearon	01482 668662
<b>Secretary</b>	David Newton	01430 421545
<b>Minutes</b>	Lesley Atkinson	01430 421174
<b>Membership</b>	Chris Edwards	07876 575764
<b>Speaker Finder</b>	Jeny Clarkson	01430 422419

## **Caves u3a October event:**

**If you've retired from full-time work you'd be welcome to join us on Monday, 2<sup>nd</sup> October at 2pm in the Sandringham Room at the rear of Cave Castle. Our guest attraction this month is the Thornton-le-Dale ukulele band. They're guaranteed to get your feet tapping.**

**If you'd like to know more about what we do please check out our website, (just google Caves u3a) or you can give Heather a call on 01430 424 835.**



**Christmas Lunch Menu for CAVES u3a**  
**Monday December 4th 2023, 12 for 12.30 pm**

Name(s) 1)..... (2).....

*Guest 1. Guest 2*

Prawn & Galia Melon  
 With brandy & tomato mayonnaise

Chicken Liver & Mushroom Pate  
 With crutes & red onion marmalade

Tomato & Roast Red Pepper soup  
 V / V e

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Traditional Roast Turkey  
 With all the Trimmings

Baked Salmon  
 With fennel & lemon cream

Wild Mushroom & Spinach Wellington (V / Ve)  
 With spicy Provencale sauce

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Traditional Christmas Pudding (ve alternate available)  
 With a Brandy Sauce

Strawberry & Champagne Cheesecake  
 With fruit coulis

Chocolate Salted Caramel Tart  
 With Chocolate Sauce

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Tea/Coffee with Mince Pies

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*2 courses £26.00, 3 courses £ 33.00, this includes raffle and gratuities.*

*Complete with your name(s) and choices and send a cheque payable 'CAVES u3a' to  
 David Jones, 9, Vicarage Gdns, Elloughton HU15 1JB, Tel: 01482 667066  
 or hand in at monthly meeting,*

*Amount of cheque / cash enclosed £.....*

*Keep this bottom strip to remind you of date and choice.  
 CAVE CASTLE, 4<sup>th</sup> DEC 2023, 12 for 12.30pm.*

*Starter .....Main.....Sweet.....*