

Castle Bromwich University of The Third Age

June 2023

Committee Notices

This year we would also like to welcome new committee member, Kath Buckley.

The Committee are still looking for a permanent Vice Chair, please contact Dave Abbott if you would like more details.

Membership

Please pay your £20.00 subscription as soon as possible preferably by either:

- Bank transfer to sort code 30 84 33, account number 23918560 remembering to add your name to the payment so we know who it is from.
- Cheque payable to Castle Bromwich U3A which should be passed to the Treasurer.

Your membership card will be issued once your subs are paid.

Keep a date in your diary for the Christmas Lunch Thursday 7th December, more details to follow in the next month or so.

+ Future Health

The UK's largest ever health research programme to transform the prevention, detection and treatment of diseases

Our Future Health, planned to be the UK's largest health research programme, has welcomed the first members of the public to take part.

- Our Future Health, the UK's largest health research programme, welcomes first volunteers
- Endorsement from 16 leading health charities for Our Future Health's pilot phase to help accelerate research across a wide range of diseases and health conditions
- Programme secures £100 million financial support from leading life sciences companies
- Programme will help researchers tackle the growing burden of disease in the UK: 59% of those aged 65 or older in the UK have two or more serious conditions or impairments, projected to reach 70% by 2035

If you are interested in taking part in this research programme please follow the link for more information and to sign up.

<http://ourfuturehealth.org.uk>

Facilitator contact details can be found on your membership card

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Chris Shakespeare has asked to pass on her thanks for the lovely card which was sent to her on behalf of the u3a members.

She is was having problems with her phone (her only contact with the outside world). So she was so pleased and touched to receive all the lovely comments, quite overwhelming.

A truly remarkable, positive lady Chris asked to pass on her mantra – “Have faith in the Future” With grateful thanks and best wishes to everyone, she hopes to see you all again soon, With Love Chris



Day trip to Bakewell and Matlock Bath, Monday, July 24th. Leave Arden Hall 8:30 am spend morning in Bakewell for market and sightseeing and original Bakewell tart! Leave Bakewell at 1:00 pm to Matlock Bath arrive 1:30 pm. Lots to see and do including Heights of Abraham - climb up or use cable car (expensive) or get bus into Matlock town (in 5 minutes).
Cost £14

Book with Bob Brueton 07766923361

British Sign Language Group (BSL)

Thursday 1 June, 10:00 am till 12:00

Aylesford Hall Shard End from– Tea & Bikkies too!

Apologies again to the group for the cancellation of the last meeting at such short notice. I'll try not to break the car this time!

See you then

Katrina & Frank

Facilitator: Frank Hill - Email address: castleu3a7@gmail.com

Poetry Group

Thursday 1 June, 2 pm

This month's theme is Upper Crust.

We are a small group with an interest in searching for, reading out loud and enjoying poetry.

If you are interested in giving us a try please contact Dave on 07754 205541 or Helen on 07880 551648 for venue details. Refreshments provided.

Facilitators: Dave & Helen Abbott

Beginners Line Dancing

The June meeting has been cancelled, meet again on the 7th July.

Music and instruction: Bob Brueton

Facilitator: Marion Ridsdill

Facilitator contact details can be found on your membership card

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Castle Bromwich Local History Group

Monday 5 June, 2 pm

Timberley Baptist Church

Facilitators: Barbara Durrant and Paulette Burkill.

Art and Craft Circle

Tuesday 6 June, 1:00 to 3:00 pm

Aylesford Hall

Facilitator: Elaine Johnson

Book Club No 4 at Shard End Library

Wednesday, 7 June, 10:00 am.

Facilitator: Marion Ridsdill

Thursday Reading Group

Thursday 8th June

Facilitator: June Conley

Table Tennis

Thursday 8 June, 2 pm

Timberley Baptist Church

Facilitator: Diana Price



u3a Strummers

Friday, 9 and 23 June, 10 am for 10:30 start till 11:45.

Timberley Lane Baptist Church, £3.

You will need your own instrument and music stand.

Group Facilitator: Graham Ridsdill

Astronuts

Monday 12 June 11 – 12 am

Cat Lane Methodist Church

We will use this initial meeting to find out what you would like from this new venture, whether it is just to get to know your way around the sky, observe the moon, planets, deep sky objects or the sun etc. Once the group is established field trips and observing sessions can be arranged (weather permitting of course) for observing naked eye and with optical aids (telescope/binoculars etc).

Facilitators: Dawn Passant, Frank Hill

Art Appreciation

Tuesday 13 June at 1:15

Timberley Lane Baptist Church

Facilitator: Elaine Johnson

Curry Club

Tuesday 13th June

Details to follow

Facilitator: Barbara Durrant

Facilitator contact details can be found on your membership card

Castle Bromwich University of The Third Age June 2023

Coffee Mornings

Wednesday 14 June, 10 am
Orchard Nursery

Elaine Johnson, CBU3A Interest Groups Coordinator

Digital Photography

Monday 19 June 1:00

Review photos and group critique

Project – Low angle

30 Day Challenge Review

Basics

Next challenge high angle and discuss possible field trip.

Please see cbu3a website for Black and White photo project.

We are a group of photo' enthusiasts with varying expertise but always looking to gain more skills, If you would like to join us, contact me Frank Hill via our email:

castleu3a7@gmail.com or at the General Meeting.

u3a Committee Meeting

Wednesday 21 June, 10 am, Arden Hall

Members are welcome to attend these meetings.

Scrabble Group

Tuesday, 30 May and 27 June, 2-4 pm

Castle Bromwich Library

Hurst Lane North, B36 0EY

Hot drinks can be bought for a donation to the library.

Facilitator: Margaret Riordan

General Meeting

Wednesday, 28 June, 1:30

Arden Hall

31 May: Kay Starkey - Air Ambulance

28 June: Ruth Lowe – Early Life of Mary Quant

There will be a small charge of £1 for entertainers not speakers.

Refreshment Volunteers:

May Meeting: Brenda Roberts and Sue Wilcox

June Meeting: Agnes Barker and Elizabeth Davies

Volunteers are needed for tea rota, please contact a committee member if you are able to help. There are some guidelines/tips for the tea rota which is on the committee webpage [Castle Bromwich U3A: Committee Members and Reports \(u3asites.org.uk\)](http://u3asites.org.uk)

Do you have books/magazines you would like to swop?

If so bring them to the General Meeting.

Michael Buckley

Facilitator contact details can be found on your membership card

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Yompers Walking Group

Thursday 25 May Packwood House walk

Meet at 9:30 am in the second car park behind Arden Hall. The walk is from Packwood House to Clinton House and back. Starting from Packwood House carpark. Full details of the walk are on the cbu3a website [Castle Bromwich u3a: Yompers Walking Group \(u3asites.org.uk\)](http://u3asites.org.uk) Toilets are available and there is a café.

Thursday 29 June, walk details to follow.

Facilitator: Bob Dadd

Railway and Railway Model Club

Thursdays 10:00 am until 1:00pm at Model club Cadbury Drive, Castle Vale, B35 7JE £3 to cover room rent and refreshments.

NEW live steam loco 5 inch gauge. Several models under construction. Come and have a look. You can choose which one(s) you would like to help with. We go out to exhibitions and hold our own exhibition at Arden Hall in October as well as have lots of other activities, outings etc. No charge this year! Come and have a look. Ladies welcome especially with craft and art skills to work on scenic (you might also want to play trains

Group Facilitator Bob Brueton 07766923361.

Jotters Corner

Find members short stories on the Jotters Corner page on our website:

[Castle Bromwich u3a: Jotters Corner \(u3asites.org.uk\)](http://u3asites.org.uk)

Lunartics

This is a website based group and you will find lots of information on our u3a website page [Castle Bromwich U3A: The Lunartics \(u3asites.org.uk\)](http://u3asites.org.uk)

Latest upload: Photographs of sun activity 20 May 2023

Quizzes

A new quiz from Roger this month (numbers 07 and 08). They can be found on the quiz page on the website: [Castle Bromwich u3a: Quizzes \(u3asites.org.uk\)](http://u3asites.org.uk)

Thank you to Roger Hateley.

U3a Members welcome at these other Community Groups

Young at Heart Dancing

1.30 - 3.30 pm £3.00

At The Remembrance Club. U3A members are always made welcome

Organised by: Bob Brueton

Facilitator contact details can be found on your membership card

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Generations Choir

No auditions just enthusiasm and wanting to meet likeminded people and have lots of fun! Choir meets for rehearsals Thursdays 5:30 pm until 7:00 pm at the Sanctuary Community Centre, Tangmere Drive, Castle Vale. Sing Gary Barlow's song plus Sea Shanties, plus more new songs. Several performances being planned. We also sing popular songs of the decades and from musicals. If you can talk you can sing! For details talk to Bob at General Meeting or call 07766923361. U3A Members very welcome.

**Generations Choir are singing on June 10th at
Castle Vale Shopping Centre 11:00 am until 1:00 pm
Shop and Sing Along!**

Organiser: Bob Brueton



Litter Pick

Mondays 1:30 – 3:00 pm approx. (Weather Permitting)
Meet at Hickories car park (we pick up for about a one and half hours session)
We have a coffee and chat at The Crafty Cow afterwards. All welcome!

Organiser: Mike Davey

Colehill Country Dancing

U3a Coleshill invites CB members to join this group that takes place every 2nd and 4th Tues in Old Courtroom, Coleshill Town Hall, Coleshill. Further details from u3a Coleshill website

Newsletters that are printed out for members who are not on email will be brought to general meetings for collection and not mailed out. Unfortunately this has been found necessary due to the increased cost of postage.

The CBU3a calendar can now be found on the calendar page of the website. Please follow this link: [Castle Bromwich u3a: Calendar \(u3asites.org.uk\)](http://u3asites.org.uk)

Please forward any information to share or group updates to Marion Ridsdill at mridsdill@hotmail.co.uk or use the group email castleu3a7@gmail.com

Facilitator contact details can be found on your membership card