

Carlisle U3A Sole Mates Walking Group

Walks for September to December 2020

I have not put down leaders for the walks, as we will be walking in groups of six or less so will need to be self guided. The walks should be familiar to many of you, and I will email a map to each participant.

		Miles	Starting point & Grid Ref.
September 10	Dalston to Rose Castle,	6	Dalston car park
September 24	Brampton to Talkin Tarn	5.5	Sands Brampton 536612
October 8	Coanwood, South Tyne	6	Coanwood car park 679596
October 22	Armathwaite, Ainstable	7	Armathwaite Bridge 508460
November 12	Askham, Whale, Askham Fell	6-7	Askham car park 513237
November 26	Castle Carrock, Talkin Village	6	Road near Ford 542556
December 10	Gelt Woods, Greenwell	6	Lower Gelt Bridge 520592