

Carlisle U3A Sunday Lunch

3rd November 2019

At

The Black Lion Durdar

£18.50 for Main Course and dessert.

Main course

1. THE BLACK LION ROAST

Your choice of:

- ◆ Roast Beef cooked to your choice,
- ◆ Roast Lamb
- ◆ Pork Belly or
- ◆ Roast Chicken Supreme

served with garlic and thyme roast potatoes, seasonal vegetables and our homemade gravy.

2. PAN FRIED FILLET OF SALMON

Served with new potatoes, steamed brocolli and a creamy white wine sauce.

3. TRADITIONAL CUMBERLAND SAUSAGE

Served with mashed potato, onion gravy and seasonal vegetables.

4. CLASSIC RISOTTO WITH VEGETABLES (V)

Desserts

1. HOMEMADE STICKY TOFFEE PUDDING

Served with vanilla ice cream

2. LEMON POSSET

Served with raspberries & shortbread

3. TRIO OF LAKES ICE CREAM

4. DARK CHOCOLATE BROWNIE

Served with vanilla ice cream