

# COMMITTEE MEMBERS CONTACT DETAILS

NAME	PHONE/ MOBILE	EMAIL
<b>CHAIRMAN</b> <b>SOCIAL EVENTS ORGANISER</b>  <b>DIANE SMITH</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>SECRETARY</b>  <b>DAVE SUTTON</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>TREASURER</b>  <b>FRANCES BARBOUR</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>SPEAKER ORGANISER</b>  <b>JEANETTE PARMINTER</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>MEMBERSHIP SECRETARY</b>  <b>MARGARET ROUTLEDGE</b>  <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>GROUPS COORDINATOR</b>  <b>LINDA BOSE</b>  <u>FOR ENQUIRIES PLEASE RING BETW</u>		

**FOR ENQUIRIES PLEASE RING THE ABOVE BETWEEN  
9AM-6PM MONDAY TO FRIDAY ONLY. THANK YOU.**

[www.u3asites.org.uk/canvey-thameside](http://www.u3asites.org.uk/canvey-thameside)



LOTTERY FUNDED



## SAUCY SEASIDE POSTCARDS

A talk by Martyn Lockwood

We welcomed Martyn Lockwood to our AGM meeting to enlighten us on postcards, generally, and the saucy seaside ones in particular.

Postcards were invented in Austria in 1869, with Royal Mail following in 1870. It was pre-stamped and not very exciting, blank on both sides. By 1894, postcards with pictures were allowed, but the message had to be crammed onto the side with the picture. By 1902, we had the standard postcard we know with the address and message both on the back.



1989 AUSTRIAN POSTCARD



DONALD MCGILL

The famous name, among others, in saucy postcards was Donald Fraser Gould McGill. He came from a fairly typical middle class background, though he lost his father and his foot when young. He became a draughtsman and looked the archetypal late Victorian gentleman. His marriage to Florence, whose father ran a famous music hall in Greenwich, gave him ideas for his cards, but the start was an accident. In 1904, aged 30, he drew a cartoon for a nephew in hospital to cheer him up, a publisher saw it and soon Donald was producing 6 a week, drawing the cards for the captions to be added later. Despite 12,000 designs in his career and 200 million postcards sold, he never really made much money out of it and his daughters did not really approve.

He started off doing normal greetings card but adapted to where the market lay, and did sporting themes before switching mainly to the new seaside day trippers and holiday makers keen to tell everyone back home and brag about their holiday. Although many normal postcards were produced, and holiday towns and the railways were keen to attract new clients, and this was the era of boarding houses, which many of us will have fond memories of, with selling points like 10 minutes to the sea (it never was), basin with hot water in every room and the choice of menu, one dish, like it or lump it. Anyway, back to the point, the cards featured the classic double meanings, pretty smutty for those days, and ridiculed fat ladies, skinny husbands, vicars and many more.

Donald did adopt his work to suit the times. He produced many WW1 postcards which picked up the common theme to back the war effort and persuade, cajole and embarrass young men to join up.

With the war over, the usual run of seaside postcards, including Donald's, started again, with scenic views, packed ladies and gentlemen promenading and the attractions. The cards made everywhere look magnificent, including Canvey, Southend, Maldon and the new Butlins, long

## IMPORTANT INFORMATION

Your newsletters contain the private contact details of many of your fellow members and we must ask you to ensure that when you have finished with your newsletter you dispose of it thoughtfully. Where possible please shred pages containing private contact details. While these members are happy to share their details with you, they might not be so happy to receive contact from anyone who has obtained their details from a thoughtlessly discarded newsletter. Many thanks.

## CHANGE OF PERSONAL DETAILS

We would be grateful if you could please let us know of any changes you have made to your:

HOME ADDRESS  
EMAIL ADDRESS  
TELEPHONE NUMBER/S  
I.C.E. CONTACT/S

as soon as possible so that we can update our records.

## CERTIFICATES AND LICENCES

Details of our U3A Insurance, our PPL Licence and our MPLC Umbrella Certificate can be found on our website [www.u3asites.org.uk/canvey-thameside](http://www.u3asites.org.uk/canvey-thameside) under the 'INFO' tab.

A PPL licence is required when recorded music, including radio and TV, is played in public.

An MPLC Umbrella Certificate allows us to show films and TV shows



# GROUPS

The Groups Convenors would be grateful if you could let them know as soon as possible if you are unable to attend a group session as many of them prepare materials, etc for use at each meeting.  
Thank you



## ART



The Art Group hold their meetings at  
The Jubilee Hall at the rear of  
Waterside Farm Sports Centre on  
alternate Thursdays from 10am – 12pm



## CINEMA



In May we saw The Book Club - The Next Chapter with Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen. The film was very light-hearted and enjoyable.

In July we saw Indiana Jones and the Dial of Destiny, which was an extremely fast moving and "edge of your seat" adventure sequel.

Two very different films, as we try to keep things varied.

For details of future cinema visits please contact Georgia

## MONTHLY MEETINGS 2023

These are the 2023 Friday monthly meeting dates for your diary

To be held at St. Nicholas' Church Hall,  
Long Road, Canvey Island  
Once a month on Fridays  
between 9.45am – 12pm

20<sup>th</sup> OCTOBER

24<sup>th</sup> NOVEMBER

15<sup>th</sup> DECEMBER

**DOORS WILL OPEN at 9.45**

We aim to be seated by 10am ready for notices to be read, etc.

**We would ask that our members do not arrive at the car park until after 9.30 please**





Birthdays  
of the Month



# SEPTEMBER

1<sup>st</sup> Stephanie Hughes

2<sup>nd</sup> Charles Barden

3<sup>rd</sup> Roy Broomfield

3<sup>rd</sup> Hilary Blackwell

5<sup>th</sup> Pat Dingle

5<sup>th</sup> Shirley Castile

8<sup>th</sup> Elizabeth Caulfield

10<sup>th</sup> Valerie Nash

15<sup>th</sup> Christine Hughes

15<sup>th</sup> John Powell

18<sup>th</sup> Derek Wilkinson

21<sup>st</sup> Kay Bibbey

22<sup>nd</sup> June Gleed

23<sup>rd</sup> Sean Scanlon

24<sup>th</sup> Keith Thorne

27<sup>th</sup> Marion Felstead

29<sup>th</sup> Pat Smith



## HAPPY BIRTHDAY

HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

If your name is not shown here your birth date was omitted from your membership form.  
Please let Jan know your birthday to add to our records.

u3a

# CANASTA

## AND PERHAPS WHY YOU SHOULD THINK OF JOINING THE GROUP

Canasta – what on earth is Canasta? Isn't it the Spanish word for basket? Is it a card game? Is it easy to learn and fun to play?

Perhaps as you flicked through the pages of the monthly newsletter or as you noticed the group information slips on Linda's desk at the monthly meeting, a passing thought may have been "I wonder what Canasta is"? Then you have flicked the page over or continued on passed the table and dismissed the thought of Canasta and joining the Canasta group.

Or, perhaps you lingered a while on that page or paused to look at the Canasta Group information slip and thought of finding out a bit more about the game and the group.

### What is Canasta?

Canasta is an easy to learn card game which is played by four or six players in two teams with two standard decks of cards and wild cards. Each card has a score value and the object of the game is for each team to score points and one team to reach 5000 points before the opposing team.

To score points players in each team together attempt to make canastas. A canasta is a group of seven cards of the same numerical rank. A team "goes out" by one of the team playing all the cards in his hand. The points are then counted and a new game begins again until one team reaches 5000 points.

Then you may have asked yourself:

- If I am interested in joining this group, is the group a friendly one?
- Do they welcome new group members with open arms?
- Do they help new group members learn the game?
- Does that help continue until the new member is comfortable with the game?
- Would it be a way of pleasantly passing an afternoon, learning new card skills with a group of friendly group members, some of whom I may currently know, or other members I will get to know and become friends with?
- Will playing help keep my brain active with a gentle workout?
- Does the alternate Tuesdays and Wednesdays timetable fit in my schedule without a commitment?
- Do the playing times of 2pm to 5pm suit me?
- Would I be able to play just occasionally if other commitments crop up?
- Does playing in the Morrison's community room have its attractions because it's free and convenient to pick up some shopping before or after the game?



On the other hand, if you have played Canasta in the past, you may be thinking whether you would enjoy getting reacquainted with the game. Perhaps you play occasionally with other non-u3a groups already and you may be thinking it would be good to meet and play with new players. You probably then are asking yourself the same questions a member with no Canasta knowledge has.

Well, there is just one answer to those questions and that answer is YES.

So why not join our friendly group and enjoy a relaxing game of cards in great company while keeping your mind active and giving your brain a gentle workout at the same time.



Let's  
play  
Canasta!



(The group meets on alternate Tuesdays and Wednesdays between 2pm and 6pm in The Morrison's Community room).



# CRAFT



**GROUP NOW FULL**

We meet every 4 weeks.  
We provide everything.  
The cost is £4 per session.  
You take home your masterpieces!  
Refreshments can be bought instore or bring  
your own.

**WE MEET IN THE COMMUNITY ROOM,  
MORRISONS STORE, NORTHWICK ROAD**

**FROM 13.30 TO 15.30**

# VARIOUS CRAFTS

Choose your craft, have a go.



Lots available, beginners or  
experienced

Meets last Tuesday each month at  
1.30pm at Jeans house.

# INFORMATION

## FRIDAY MEMBERS MEETING SPEAKERS LIST SEPTEMBER to OCTOBER 2023

**SEPTEMBER 15<sup>th</sup>**

**Medical Detection Dogs.**

Using their amazing sense of smell dogs can be trained to identify minute odour changes emitted prior to an emergency and alert the person to take preventative action.

-oOo-

**OCTOBER 20<sup>th</sup>**

**Les Mis to Lion King**

**Martyn Harrison**

Martyn, as a tenor, worked with major opera companies including New Sadlers Wells. He has an amazing voice and his renditions of a variety of musicals is excellent. His jokes and stories about his time in musical theatre is very interesting.

-oOo-

**NOVEMBER 24<sup>th</sup>**

**Its beginning to look a lot like Christmas  
Eve Regelous**

Eve has been involved in the entertainment industry for most of her life and has provided entertainment for audiences from 6-1500 in number. She has booked and worked with over 70 celebrities from pop stars to actors.

Eves talk is light hearted on the best and worst things about Christmas, a subject you either love or hate!

# WORDSEARCH

## Q-WORDS



QUACK, QUADRANGLE, QUADRANT, QUADRATIC, QUADRUPED,  
 QUAIN, QUALIFY, QUANDARY, QUANTIFY, QUANTUM, QUARREL,  
 QUARRY, QUART, QUARTER, QUARTZ, QUASH, QUOTATION,  
 QUAVER, QUAY, QUEEN, QUEER, QUELL, QUENCH, QUERY,  
 QUEST, QUESTION, QUEUE, QUIBBLE, QUICK, QUICKSAND,  
 QUICKSTEP, QUIET, QUILL, QUILT, QUINCE, QUIP, QUIRKY,  
 QUIT, QUITE, QUIVER, QUIZ, QUOTA, QUOTE, QUOTIENT.

# CRIBBAGE

The crib group is full as we meet at people's houses and 8 is our maximum. Perhaps if anyone else wants to play a new group could be formed?

We aim to meet about every two weeks but this will depend on people's other commitments.

Jan



# CROCHET & KNITTING



This group meets on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of every month

# DINING CLUB

**PLEASE CONTACT THE GROUP CONVENORS FOR FUTURE DINING BOOKINGS**

**IF YOU HAVE AN INTEREST, TALENT OR HOBBY AND WOULD LIKE TO SHARE IT - WHY NOT START A GROUP? PLEASE SEE LINDA FOR MORE INFORMATION**



**THE ABOVE ARE SUGGESTIONS ONLY IF YOU HAVE ANY IDEAS FOR A NEW GROUP PLEASE LET LINDA KNOW**

**LOOK!**

FOR INFORMATION ON UPCOMING SOCIAL EVENTS, MEETINGS DATES, GROUPS, ETC, ETC. VISIT OUR WEBSITE WHICH WILL HOPEFULLY ANSWER ANY QUESTIONS YOU HAVE. OR CONTACT A COMMITTEE MEMBER OR GROUP CONVENOR

[www.u3asites.org.uk/canvey-thameside](http://www.u3asites.org.uk/canvey-thameside)

Please bookmark it or add it to your favourites in your web browsers.

# FUNNIES

## ANDY CAPP



**MINION MOMENTS**

SOMETIMES YOU JUST HAVE TO CLOSE YOUR EYES. COUNT TO TEN. TAKE A DEEP BREATH. REMIND YOURSELF THAT YOU WOULDN'T LOOK GOOD IN PRISON STRIPES AND JUST SMILE AT THE DUMBASS AND WALK AWAY.

I'm currently making some changes in my Life. If you don't hear from me, you're one of them.

My parents accused me of being a liar. I looked them in the face & said, "Tooth fairy, Santa, Easter bunny" & walked away like a boss.

**AUNTY ACID ANECDOTES**

Behave yourself and remember what happens TONIGHT goes on Facebook TOMORROW!

aunty acid

If I had a dollar for every time someone told me to grow up, I'd buy an awesome tree house.

aunty acid

I heard the more colorful your salad is, the better it is for you. So I swapped my croutons for M&M's.

aunty acid





## ARE YOU SITTING COMFORTABLY?



### WASH IT AGAIN

My mother had decided to trim the household budget wherever possible, so instead of having a dress dry-cleaned she washed it by hand. Proud of her savings, she boasted to my father, 'Just think, Ivor, we are five pounds richer because I washed this dress by hand.'



'Good', my dad quickly replied. 'Wash it again.'

### PIZZA TO GO

Dai worked in a local Pizza Parlour near Swansea, Wales. A man came in and ordered a pizza to take away [pizza to go]. Dai asked the man whether he would like the pizza cut into 4 or 6 portions. The man puzzled over this for quite a while before answering that he would prefer 4 portions because he thought he wasn't hungry enough to eat 6.



### TWO FUNNY CAT JOKES

- Two female cats are sitting on the fence passing the time of day when a really handsome tomcat walks by and winks at them. 'Oh darling, did you see that one?' one of the felines opines. 'I wouldn't mind sharing a dead mouse with him.' 'Oh, forget about him,' her friend tells her. 'I went out with him once, and all he did was talk about his operation.'
- A tomcat was heard running up and down the alley for hours. A neighbour called his owner and asked what was happening. The owner said, 'Well, I had him fixed today, and he's going around cancelling all his engagements.'



## INDOOR GAMES

The Indoor Games group meets every other Wednesday at the Jubilee Hall from 1.45pm till 3.45pm.

We play a variety of games - mostly board and card games.

We are full at the moment but if you would like to start a second indoor games group please contact Linda, our Groups Co-ordinator.

Regards, Jan & Den



## KEEP FIT

Our Keep Fit Group meetings are held:

**EVERY TUESDAY**  
(2 morning sessions)

At: **THE JUBILEE HALL**  
at the rear of Waterside Farm Sports Centre  
**The sessions are run by Karen Lawrie**





# SOCIAL, FAMILY & LOCAL HISTORY



**WE MEET AT THE CAFE/BAR IN SANDY BAY, THORNEY BAY ROAD**  
(The bar is left past the entrance, near the pool)

## FUTURE 2023 MEETINGS:

**19th September: Georgia is talking about DNA testing and family tracing**, which will help us use tests we have had done or might encourage us to have a test done. (Ancestry regularly do offers, as one example.)

**17th October: Graham Stevens** has asked to do a talk for us on his family's first settlement on Canvey in the early 1900s, including a connection with William Wilberforce. He and Rod were regular contributors to our local history group at St Anne's.

**14th November: Wills.** This was suggested last time. I will do a general introduction on wills, including a few funny ones I have come across. The best bit will be examples you bring in, as they do tell us a lot about families, possessions etc. So dig them out and bring them along.

**12th December: Further details about life in 1921** based on the census. Since we last did sessions on the 1921 census, a lot of research has been done on what it tells us about life then.

Meetings will, hopefully, continue into the new year, 9th January, 6th February etc.

## ACROSS



- |                                 |                                  |                                       |
|---------------------------------|----------------------------------|---------------------------------------|
| 1. Fee paid for instruction (7) | 33. Sports meeting (7)           | 62. Flair (7)                         |
| 5. Pills (7)                    | 34. Stroll (5)                   | 63. Unightly (4)                      |
| 9. Bizarre (9)                  | 37. Forsee (7)                   | 64. Hot pepper (6)                    |
| 13. Relating to the moon (5)    | 38. Short sleep (3)              | 66. Relating to country life (5)      |
| 14. Ineffective (7)             | 39. Garret (5)                   | 68. Callow (5)                        |
| 15. Inoculation (11)            | 41. Duped (7)                    | 70. Manage (4)                        |
| 17. Atmosphere (3)              | 43. Menaced (10)                 | 71. Snapshot (10)                     |
| 18. Victorious (10)             | 45. Crowds (10)                  | 73. Spoil (3)                         |
| 19. Hint (4)                    | 48. Satisfied (7)                | 75. Yes (11)                          |
| 20. Latin American dance (5)    | 49. Of a particular vicinity (5) | 76. Japanese art of paper folding (7) |
| 22. Torpid (5)                  | 51. Belonging to us (3)          | 77. Stringed instrument (5)           |
| 24. Stopped (6)                 | 52. Species (7)                  | 78. Churning (9)                      |
| 26. Mantle (4)                  | 54. Farewell remark (5)          | 79. Come before (7)                   |
| 27. Display of temper (7)       | 56. Floorshow (7)                | 80. Countries (7)                     |
| 30. Border (4)                  | 58. Mad (6)                      |                                       |
| 31. Writing implement (6)       | 59. Print (4)                    |                                       |

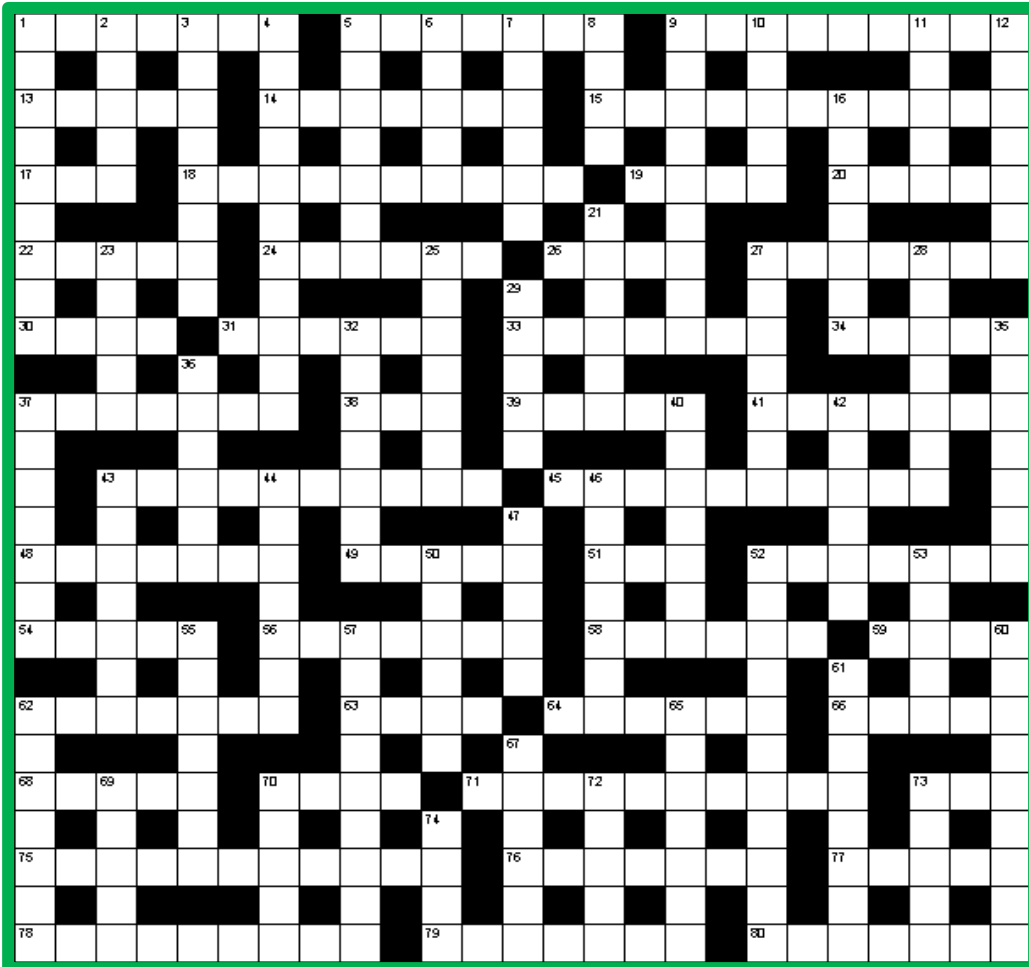


## DOWN

- |                                |                            |                        |
|--------------------------------|----------------------------|------------------------|
| 1. Garrulous (9)               | 25. Oval (7)               | 52. Exoneration (11)   |
| 2. Located inward (5)          | 27. Quisling (7)           | 53. Go in (5)          |
| 3. Annoy (8)                   | 28. Reprimands (7)         | 55. Ambiguous (7)      |
| 4. Sustenance (11)             | 29. Of the city (5)        | 57. Plan (9)           |
| 5. Rising warm air current (7) | 32. Hide (7)               | 60. Uproarious (9)     |
| 6. Tree (5)                    | 35. Aged (7)               | 61. Disallow (8)       |
| 7. Alleviating (6)             | 36. Ferocious (6)          | 62. Long flag (7)      |
| 8. Rescue (4)                  | 37. Cure-all (7)           | 65. Baggage (7)        |
| 9. First-class (9)             | 40. Band of supporters (7) | 67. Select (6)         |
| 10. Illegal act (5)            | 42. Disregard (6)          | 69. Deduce (5)         |
| 11. Rule (5)                   | 43. Stress (7)             | 70. Stop (5)           |
| 12. Adapt (7)                  | 44. Newspaper feature (7)  | 72. Clan (5)           |
| 16. Aerial (7)                 | 46. Do away with (7)       | 73. Tropical fruit (5) |
| 21. Useful device (6)          | 47. Planet (5)             | 74. Assist (4)         |
| 23. Bird of prey (5)           |                            |                        |

# FUN STUFF

## GIANT CROSSWORD



SOLUTION PAGE 22



## PC/LAPTOPS & PHOTOGRAPHY



The PC/Laptop and Photographic groups meet regularly every two weeks, from 1.30–3.30pm, at B.O.P.H, Charfleets Close.



*If anyone has old photos they wish repaired or transferred to disc, we are willing to do this.*

*A small donation would be welcome for this service, if possible.*

For further details please contact Jim: [jamesmartin.U3A@talktalk.net](mailto:jamesmartin.U3A@talktalk.net) or contact John on 07771997069, [johnclarke259@googlemail.com](mailto:johnclarke259@googlemail.com) Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

## SUNDAY GROUP

ARE YOU AT A LOOSE END/WOULD LIKE COMPANY AT THE WEEKEND?

JOIN THE SUNDAY GROUP.

WE HOPE TO MEET ONCE A MONTH, MOSTLY ON SUNDAY, TO HAVE LUNCHES, VISIT PLACES OF INTEREST, ETC.

SUGGESTIONS ARE MOST WELCOME.





# THEATRE



## UPCOMING THEATRE EVENT

TUESDAY 3<sup>RD</sup> OCTOBER

## AIN'T TOO PROUD TO BEG

Price is £60.00

Deposits now being taken

# NEWS

u3a  
Canvey Thimble



## LOOK!



**WE HAVE  
MEMBERSHIP  
VACANCIES!**



IF YOU HAVE FRIENDS OR RELATIVES  
YOU THINK WOULD LIKE TO JOIN OUR  
U3A PLEASE CONTACT MARGARET  
FOR INFORMATION ON HOW THEY  
CAN JOIN.

**You can pick up application forms from Margaret  
at our monthly Friday meetings.**

**You can also contact Margaret by email or  
telephone.**

**Her details are on the back of our newsletter and  
there is an email link to her on our website  
'Contacts' page.**




# WALKING



We intend to walk once a month, keeping the walks easy and as local as possible and will increase the frequency, walk length and travel further afield in the Spring.

Strong shoes/trainers or walking boots are recommended.

Please contact Sue and Dave for details of their next walk.