

# COMMITTEE MEMBERS CONTACT DETAILS

NAME	PHONE/ MOBILE	EMAIL
<b>CHAIRMAN SOCIAL EVENTS ORGANISER</b>		
<b>DIANE SMITH</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>SECRETARY</b>		
<b>DAVE SUTTON</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>TREASURER</b>		
<b>FRANCES BARBOUR</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>SPEAKER ORGANISER</b>		
<b>JEANETTE PARMINTER</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>MEMBERSHIP SECRETARY</b>		
<b>MARGARET ROUTLEDGE</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		
<b>GROUPS COORDINATOR</b>		
<b>LINDA BOSE</b> <u>FOR ENQUIRIES PLEASE RING BETW</u>		

**FOR ENQUIRIES PLEASE RING THE ABOVE BETWEEN  
9AM-6PM MONDAY TO FRIDAY ONLY. THANK YOU.**

[www.u3asites.org.uk/canvey-thameside](http://www.u3asites.org.uk/canvey-thameside)





# THE DOGS TRUST

## A talk by Stephanie Diech

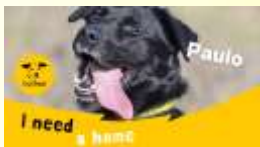


We welcomed Stephanie Disch from Basildon Dogs Trust to talk about their work. The Trust was started in 1891 as the National Canine Defence League. In 1967 it brought in its non-destruction policy, launched in 1978 the famous 'dog for life, not just for Christmas' message and became the Dogs Trust in 2003. There are 21 centres with roughly 14,000 dogs per year, with the average stay 46 days.

Most of the dogs (69%) are handed over by owners, 25% are strays. The rest are illegally supplied puppies and those born in the trust. It costs £225 to adopt a dog, which includes vet check, neutering, microchip, food and insurance for a month, help and advice, and return if it doesn't work out. The Basildon site opened in 2014 on an old boot fair site, with 69 glass-fronted kennels, with some specialist units. 2 dogs are in most kennels giving a 120 capacity, with the average being 90. They have extensive grounds for play and training. There is also a hydrotherapy suite and a vet suite. A training hall is used for talks and fundraising as well as actual training of dogs.



SAD STRAY DOG



A relatively new fund raiser at Basildon is to pay for a memorial for either human or 4 legged friends, all family members really. We were shown a picture of their sponsor dog, the too grumpy to adopt black lab Paulo, and sponsorship of any dogs start at £1 a week if you want to be involved but can't have a dog.

Very challenging dogs are helped at their two main training centres in Evesham and Loughborough, with Salisbury and Loughborough also having sanctuaries, mainly for well past it dogs. (Wives cannot send husbands there, so don't ask!) There is, similarly a real old dogs home for the ones even more past it in Shrewsbury. 4 trusts have hydrotherapy suites including Basildon. All trusts have a full time veterinary nurse with local vet support when needed. Another nice idea was the free canine care card to ensure your dog will be looked after if you pass away or can no longer offer the care needed through illness. An example was given of Betty and Zeus, given up by an elderly couple who couldn't cope, but rehoused together

*Continued.....*



## IMPORTANT INFORMATION

Your newsletters contain the private contact details of many of your fellow members and we must ask you to ensure that when you have finished with your newsletter you dispose of it thoughtfully. Where possible please shred pages containing private contact details. While these members are happy to share their details with you, they might not be so happy to receive contact from anyone who has obtained their details from a thoughtlessly discarded newsletter. Many thanks.

## CHANGE OF PERSONAL DETAILS

We would be grateful if you could please let us know of any changes you have made to your:

- HOME ADDRESS
- EMAIL ADDRESS
- TELEPHONE NUMBER/S
- I.C.E. CONTACT/S

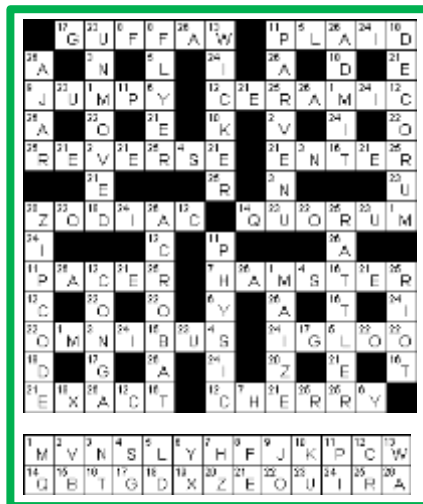
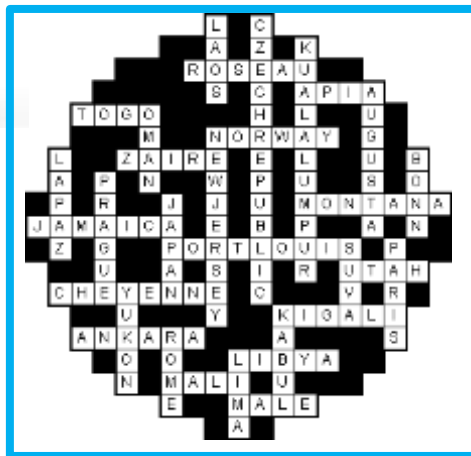
as soon as possible so that we can update our records.

## CERTIFICATES AND LICENCES

Details of our U3A Insurance, our PPL Licence and our MPLC Umbrella Certificate can be found on our website [www.u3asites.org.uk/canvey-thameside](http://www.u3asites.org.uk/canvey-thameside) under the 'INFO' tab.

A PPL licence is required when recorded music, including radio and TV, is played in public.

An MPLC Umbrella Certificate allows us to show films and TV shows



### BRAIN TEASERS ANSWERS

1. Each can have ANT appended to form a new word
2. UNDERGROUND
3. West Virginia
4. The IBIS is a bird; the others are mammals
5. It consists of the digits 0 to 9 in alphabetic order
6. Rain Man, Local Hero, High Noon, Paper Moon
7. Stevie Wonder

### FUNNY QUOTES

"The bowler is Holding the batsmens Willey" - Brian Johnston

I spent 90% of my money on women and drink. The rest I wasted - George Best

Moving from Wales to Italy is like moving to a different country - Ian Rush

"You watch the pitlane while I stop the start watch..." - Murray Walker

"I never criticise referees and I'm not going to change a habit for that prat". - Ron Atkinson

"What will you do when you leave football, Jack, will you stay in football" - Stuart Hall, (radio 5 live commentator)

after only 3 weeks. They also offer a foster service, often prior to rehoming, and we were told about Tinkerbelle, a Chihuahua, fostered for a short period before being rehomed.

They also offer a dogs school if you adopt a puppy (classed as 19 weeks to 18 months) or need help with your own puppy you have bought. Education is important with 29 teams that visit schools. The HOPE project helps homeless people and their dogs offering shelter for the dogs until they find a place. They also take dogs in, for 6 months or so, to help people fleeing domestic violence. In both these cases, most people will carry on in misery to protect their dogs, but this offers a way out knowing the dog will be safe as well. National, and sometimes international, campaigns focus on dog fouling, puppy smuggling, dog breeding, neutering and microchipping.

Dog owners, like everyone, look at rising prices and struggle. We have all had that, 'How much?' moment. Unfortunately dogs become an expensive luxury, bought as company in Covid and now too expensive to keep, with a record 50,000 handed in in 2022. Help includes pet food banks, and some super markets allow people to buy pet food donation bags, emergency vet bill help, so people keep pet insurance, and behaviour intervention.

Like all charities, they depend entirely on the support of the public with each dog costing £2250 on average to care for and rehome. This includes an average £455 vet fees and £30 for a bed. They also offer extra supportive grants for difficult dogs which you adopt, anticipating these likely costs ahead. The main sources of help are donations (money, sponsorship, food and time) and legacies. They also have charity shops to take donations and buy from, the nearest being Rayleigh. We were told about one unusual legacy of land left to the trust for them to use near their Canterbury centre. Volunteers, 18 years old minimum, were needed for kennel cleaning, dog walking, reception duties, organising events, fostering and fundraising, as well as spreading the word of course.

In a short time we learnt a lot about the Dogs Trust and the wonderful work of caring they do.

Paul.



# GROUPS

The Groups Convenors would be grateful if you could let them know as soon as possible if you are unable to attend a group session as many of them prepare materials, etc for use at each meeting.  
Thank you



## ART



The Art Group hold their meetings at  
The Jubilee Hall at the rear of  
Waterside Farm Sports Centre on  
alternate Thursdays from 10am – 12pm



## CINEMA



On Thursday 7th September four of the group members saw the 2023 film Barbie.

We were not sure what to expect but were pleasantly surprised. The film was certainly not a children's film and indeed was aimed at adults.

Barbie is a fun movie, with colourful sets, catchy tunes and humour. We all enjoyed the film.

For details of future cinema visits please contact Georgia

## MONTHLY MEETINGS 2023

These are the 2023 Friday monthly meeting dates for your diary

To be held at St. Nicholas' Church Hall,  
Long Road, Canvey Island  
Once a month on Fridays  
between 9.45am – 12pm

24<sup>th</sup> NOVEMBER  
15<sup>th</sup> DECEMBER

**DOORS WILL OPEN at 9.45**

We aim to be seated by 10am ready for notices to be read, etc.

**We would ask that our members do not arrive at the car park until after 9.30 please**





Birthdays  
of the Month



# NOVEMBER

4<sup>th</sup> Lillian Douse

9<sup>th</sup> Margaret Deacon

11<sup>th</sup> Stella Norton

14<sup>th</sup> Sheila Powell

16<sup>th</sup> Mandy Hide

20<sup>th</sup> Robert Kemp

23<sup>rd</sup> Evelyn Hollington

29<sup>th</sup> Jan Dullee



HAPPY  
BIRTHDAY

HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

If your name is not shown here your birth date was omitted from your membership form.  
Please let Jan know your birthday to add to our records.

u3a

## CANASTA

### AND PERHAPS WHY YOU SHOULD THINK OF JOINING THE GROUP

Canasta – what on earth is Canasta? Isn't it the Spanish word for basket? Is it a card game? Is it easy to learn and fun to play?

Perhaps as you flicked through the pages of the monthly newsletter or as you noticed the group information slips on Linda's desk at the monthly meeting, a passing thought may have been "I wonder what Canasta is"? Then you have flicked the page over or continued on passed the table and dismissed the thought of Canasta and joining the Canasta group.

Or, perhaps you lingered a while on that page or paused to look at the Canasta Group information slip and thought of finding out a bit more about the game and the group.

#### What is Canasta?

Canasta is an easy to learn card game which is played by four or six players in two teams with two standard decks of cards and wild cards. Each card has a score value and the object of the game is for each team to score points and one team to reach 5000 points before the opposing team.

To score points players in each team together attempt to make canastas. A canasta is a group of seven cards of the same numerical rank. A team "goes out" by one of the team playing all the cards in his hand. The points are then counted and a new game begins again until one team reaches 5000 points.

Then you may have asked yourself:

- If I am interested in joining this group, is the group a friendly one?
- Do they welcome new group members with open arms?
- Do they help new group members learn the game?
- Does that help continue until the new member is comfortable with the game?
- Would it be a way of pleasantly passing an afternoon, learning new card skills with a group of friendly group members, some of whom I may currently know, or other members I will get to know and become friends with?
- Will playing help keep my brain active with a gentle workout?
- Does the alternate Tuesdays and Wednesdays timetable fit in my schedule without a commitment?
- Do the playing times of 2pm to 5pm suit me?
- Would I be able to play just occasionally if other commitments crop up?
- Does playing in the Morrison's community room have its attractions because it's free and convenient to pick up some shopping before or after the game?



On the other hand, if you have played Canasta in the past, you may be thinking whether you would enjoy getting reacquainted with the game. Perhaps you play occasionally with other non-u3a groups already and you may be thinking it would be good to meet and play with new players. You probably then are asking yourself the same questions a member with no Canasta knowledge has.

Well, there is just one answer to those questions and that answer is YES.

So why not join our friendly group and enjoy a relaxing game of cards in great company while keeping your mind active and giving your brain a gentle workout at the same time.



Let's  
play  
Canasta!



(The group meets on alternate Tuesdays and Wednesdays between 2pm and 5pm in The Morrison's Community room).



# CRAFT



**GROUP NOW FULL**

We meet every 4 weeks.  
We provide everything.  
The cost is £4 per session.  
You take home your masterpieces!  
Refreshments can be bought instore or bring your own.

**WE MEET IN THE COMMUNITY ROOM,  
MORRISONS STORE, NORTHWICK ROAD**

**FROM 13.30 TO 15.30**

# VARIOUS CRAFTS

Choose your craft, have a go.



Lots available, beginners or experienced

Meets last Tuesday each month at 1.30pm at Jeans house.

# INFORMATION

## FRIDAY MEMBERS MEETING SPEAKERS LIST OCTOBER – November 2023

**OCTOBER 20th**

**Les Mis to Lion King**

**Martyn Harrison**

Martyn, as a tenor, worked with major opera companies including New Sadlers Wells. He has an amazing voice and his renditions of a variety of musicals is excellent. His jokes and stories about his time in musical theatre is very interesting.

**NOVEMBER 24th**

**Its beginning to look a lot like Christmas  
Eve Regelous**

Eve has been involved in the entertainment industry for most of her life and has provided entertainment for audiences from 6-1500 in number. She has booked and worked with over 70 celebrities from pop stars to actors.

Eves talk is light hearted on the best and worst things about Christmas, a subject you either love or hate!

**DECEMBER 15<sup>th</sup>**

Our Christmas special meeting.



# NEWS

## DINING CLUB

In September, a group of us bravely ventured off our Island into to the wild hinterlands of Leigh on Sea in order to visit the Fortune Chinese Restaurant. We had a lovely evening with lots of good food and helped along by a glass of wine (as you can see from the photos).



Our next outing is to Paradise Indian Restaurant on Tuesday 7th November at 7pm. The cost will be £17.50 (including tip) for starter, main dish, side dish & rice or naan bread. Dishes with king prawn are £2.00 extra. Paradise does not have a drinks licence but you are welcome to bring your own. There is a car park just round the back in Oak Road.

Frances

# CRIBBAGE

The crib group is full as we meet at people's houses and 8 is our maximum. Perhaps if anyone else wants to play a new group could be formed?

We aim to meet about every two weeks but this will depend on people's other commitments.

Jan



# CROCHET & KNITTING



This group meets on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of every month

# DINING CLUB

A reminder that our Christmas lunch is booked for Wednesday 13th December at The Oysterfleet 12 noon for 12.30pm. Cost will be £25 for 3 courses and tea & coffee.

We will be taking a £10 deposit at the October meeting and the balance must be paid by the November meeting.



**FLU VACCINATION**

October to early November is the flu vaccination time

**DON'T FORGET YOURS!**

Get your Flu Shot!

The advertisement features several illustrations: a person in bed being attended to, a syringe, a doctor holding a sign that says 'FLU SEASON', a nurse, an elderly person sitting in a chair, and several cartoonish green and blue virus-like characters. One character is holding a megaphone.

**AND DON'T FORGET YOUR SHINGLES  
AND PNEUMONIA VACCINATIONS**

## CODEWORD

Each letter in this puzzle is represented by a number 1-26.  
Can you crack the code and solve the crossword? Every letter of the alphabet is used at least once.

Three letters are already in place to get you started.

	17	23	8	8	26	13		11	5	26	24	18	
26		3		5		24		26		18		21	
9	23	1	11	6		12	21	25	26	1	24	12	
26		22		21		10		2		24		22	
25	21	2	21	25	R	4	21		21	3	16	21	25
		21				25		3				23	
20	22	18	24	26	12		14	23	22	25	23	1	
24				12		11				26			
11	26	12	21	25		7	26	1	4	16	21	25	
12		22		22		6		26		16		24	
22	1	3	24	15	23	4		24	17	5	22	22	
18		17		26		24		20		21		16	
21	19	26	12	16		12	7	21	25	25	6		

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

SOLUTION PAGE 22







# SOCIAL, FAMILY & LOCAL HISTORY



WE MEET AT THE CAFE/BAR IN SANDY BAY, THORNEY BAY ROAD  
(The bar is left past the entrance, near the pool)

## FUTURE 2023 MEETINGS:

Our programme takes us into 2024, and I am always happy for more volunteers to do talks. Please email me the date you want and the topic.

**17th October: Graham Stevens** has asked to do a talk for us on his family's first settlement on Canvey in the early 1900s, including a connection with William Wilberforce. He and Rod were regular contributors to our local history group at St Anne's.

**14th November: Wills.** This was suggested last time. I will do a general introduction on wills, including a few funny ones I have come across. The best bit will be examples you bring in, as they do tell us a lot about families, possessions etc. So dig them out and bring them along.

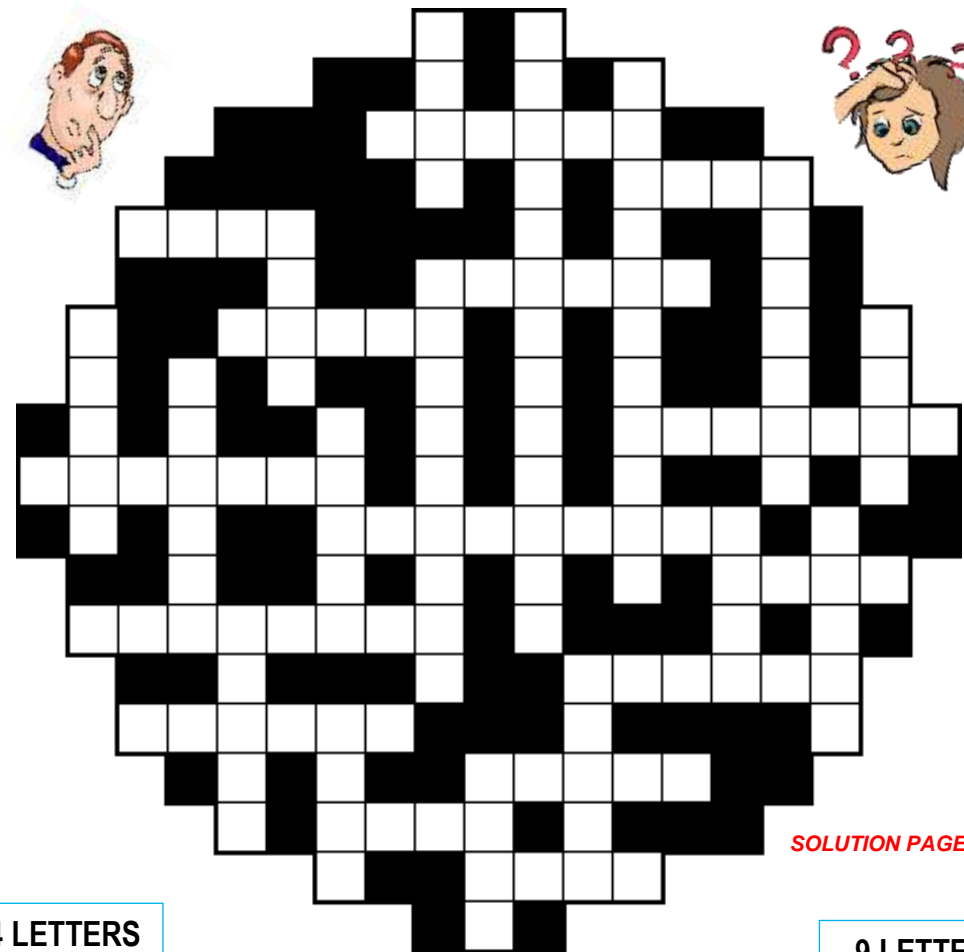
**12th December: Further details about life in 1921** based on the census. Since we last did sessions on the 1921 census, a lot of research has been done on what it tells us about life then.

**9th January:** Sue Sutton will be telling us about life from her family research at Bata in East Tilbury. We did a local history trip to East Tilbury to look at remaining artefacts and the site a while ago, so this will be a good follow-up.

**6th February:** the postponed talk by Georgia about DNA and family tracing. Please bring anything you have done on this. Ancestry are still doing offers on this, usually 25% off and sometimes linked to trial memberships

Meetings follow on **6th Feb., 5th March, 2nd April, 30th April** and every 4 weeks thereafter.

# GLOBAL WORD-FIT



SOLUTION PAGE 22

## 4 LETTERS

APIA  
BONN  
LAOS  
LIMA  
MALE  
MALI  
OMAN  
ROME  
SUVA  
TOGO  
UTAH

## 5 LETTERS

JAPAN  
KABUL  
LA PAZ  
LIBYA  
PARIS  
YUKON  
ZAIRE

## 6 LETTERS

ANKARA  
KIGALI  
NORWAY  
PRAGUE  
ROSEAU

## 7 LETTERS

AUGUSTA  
JAMAICA  
MONTANA

## 8 LETTERS

OMAN  
ROME  
SUVA  
TOGO  
UTAH

## 9 LETTERS

NEW  
JERSEY  
PORT LOUIS

## 11 LETTERS

KUALA  
LUMPUR

## 13 LETTERS

CZECH  
REPUBLIC

# FUN STUFF

## BRAIN TEASERS

1. What do the words below have in common?

ADAM CLAIM GALL BUOY FOND RAMP

---

2. Take the letters **ERGRO**.

Put three letters in front and the same three letters behind to form a common English word.

---

3. Rearrange the letters of the following phrase to give the name of a U.S. state:

VIEWING A STIR

---

4. Which of the following words is the odd-one-out?

IBIS IBEX ORYX SIKA ZEBU

---

5. The following number has a rather special characteristic. What makes it unique?

8,549,176,320

---

6. Arrange the following words into suitable pairs.

MAN HERO HIGH RAIN  
MOON NOON LOCAL PAPER

---

7. Rearrange the following letters to give the name of a famous singer.

WESTERN VIDEO

---



## PC/LAPTOPS & PHOTOGRAPHY



The PC/Laptop and Photographic groups meet regularly every two weeks, from 1.30–3.30pm, at B.O.P.H, Charfleets Close.



*If anyone has old photos they wish repaired or transferred to disc, we are willing to do this.*

*A small donation would be welcome for this service, if possible.*

## SUNDAY GROUP

ARE YOU AT A LOOSE END/WOULD LIKE COMPANY AT THE WEEKEND?

JOIN THE SUNDAY GROUP.

WE HOPE TO MEET ONCE A MONTH, MOSTLY ON SUNDAY, TO HAVE LUNCHES, VISIT PLACES OF INTEREST, ETC.

SUGGESTIONS ARE MOST WELCOME.





# THEATRE



**PLEASE CONTACT THE  
GROUP CONVENORS  
FOR DETAILS OF  
FUTURE THEATRE  
EVENTS**



# WALKING



We intend to walk once a month, keeping the walks easy and as local as possible and will increase the frequency, walk length and travel further afield in the Spring.

Strong shoes/trainers or walking boots are recommended.

Please contact Sue and Dave for details of their next walk.

# NEWS

## LOOK!



**WE HAVE  
MEMBERSHIP  
VACANCIES!**



**IF YOU HAVE FRIENDS OR RELATIVES  
YOU THINK WOULD LIKE TO JOIN OUR  
U3A PLEASE CONTACT MARGARET  
FOR INFORMATION ON HOW THEY  
CAN JOIN.**

**You can pick up application forms from Margaret  
at our monthly Friday meetings.**

**You can also contact Margaret by email or  
telephone.**

**Her details are on the back of our newsletter and  
there is an email link to her on our website  
'Contacts' page.**

