COMMITTE MEMBERS CONTACT DETAILS

| NAME | PHONE/ <br> MOBILE | EMAIL |
| :---: | :---: | :---: |
| CHAIRMAN <br> SOCIAL EVENTS ORGANISER |  |  |
| diane Smith |  |  |
| SECRETARY |  |  |
| DAVE SUTTON |  |  |
| TREASURER |  |  |
| FRANCES BARBOUR |  |  |
| SPEAKER ORGANISER |  |  |
| JEANETTE PARMINTER |  |  |
| MEMBERSHIP SECRETARY NEWSLETTER EDITOR VICE CHAIRMAN |  |  |
| JAN DOWDALL |  |  |
| GROUPS COORDINATOR |  |  |
| LINDA BOSE |  |  |

FOR ENQUIRIES PLEASE RING THE ABOVE BETWEEN 9AM6PM MONDAY TO FRIDAY ONLY. THANK YOU. www.u3asites.org.uk/canvey-thameside


MARCH
2023 5is)

We welcomed Michael Farley to our Friday meeting, suitably attired as a jolly Good King Hal, and were royally entertained on the life and loves of Henry VIII.


We discovered the royal descent of Henry VIII was through the second marriage of Catherine de Valois, ex-wife of Henry VI to a commoner and sergeant at arms, Owen Tudor. One of their children, Edmund Tudor, was made Duke of Richmond, followed by his son, Henry Tudor, the future Henry VII and father of Henry VIII. Henry Tudor was the victor at the final battle of the Wars of the Roses at Bosworth in Leicestershire where the Yorkist Richard III (hump back invented by Shakespeare as Tudor propaganda) was defeated and killed and hastily buried, to be found later under a car park. Henry VII restored peace to the land by marrying Elizabeth of York, uniting the Houses of York and Lancaster.

Henry and Elizabeth soon produced a vital son and heir, Arthur, who was betrothed to a Spanish princess, Catherine of Aragon, Spain being then the most important country in Europe. Alas, he spoilt the best laid plans by dying aged 15, possibly after swimming in sewage-affected water. Luckily, there was a second son, Henry, once destined for the church (the church had a lucky escape), and now to be the next king and also to marry Catherine of Aragon.

Henry became king in 1509, a young man of 18 with his wife 5 years older. Soon they fulfilled their main duty and had a son, Henry, who unfortunately died. Catherine was beset by miscarriages and still births, only producing one daughter, Mary, in 1516. As we neared the end of the 1520s, and with no heir in sight, Henry was getting desperate His advisers came up with a cunning plan and found a bit of Leviticus that said it was a sin to marry your brother's wife (though the passage clearly suggests the brother had to still be alive and married to her.) Armed with this gem, Cardinal Wolsey was despatched to Rome to get the pope's permission for a divorce. Normally, popes would oblige kings, but the pope was held captive by Catherin's nephew, Charles V, Holy Roman Emperor, King of Spain and half of Europe. Failure cost Wolsey his position, though he luckily died before Henry could charge him with treason.
The next plan involved Henry declaring himself Supreme Head of the Church in England and Defender of the Faith, still on British coins today. This allowed Henry to divorce Catherine, treat her badly and send her to a nunnery to end her days. It also allowed Henry to marry......Steve (you had to be at the talk)...the very pregnant Anne Boleyn. An aside, the Boleyns came from Rochford Hall, now incorporated into the club house of the golf course there. Anne was never popular, somewhat stroppy, not well born, and also had several miscarriages. At this point, you are thinking it must be Henry as the common denominator, but you can imagine he was having none of that, not that anyone would dare suggest it. She did have a daughter, Elizabeth, in 1533 (Wolf Hall, which many of you will have seen is about these events). The opponents of Anne soon convinced Henry she was a witch and adulteress, confessions were extracted by torture, including from her own brother, and Anne got the chop with a sword at the rehearsal. (Of noble birth were always beheaded by axe or sword, commoners hanged and left to die slowly, traitors hung, drawn and quartered.)

## MPPORTANT INFORMATION

Your newsletters contain the private contact details of many of your fellow members and we must ask you to ensure that when you have finished with your newsletter you dispose of it thoughtfully. Where possible please shred pages containing private contact details. While these members are happy to share their details with you, they might not be so happy to receive contact from anyone who has obtained their details from a thoughtlessly discarded newsletter. Many thanks.

## CHANGE OF PERSONAL DETAILS

I would be grateful if you could please let me know of any changes you have made to your:

HOME ADDRESS
EMAIL ADDRESS
TELEPHONE NUMBER/S
I.C.E. CONTACT/S
as soon as possible so that I can update my records.
Many thanks, Jan

## CERTIFICATES AND LICENCES

Details of our U3A Insurance, our PPL Licence and our MPLC Umbrella Certificate can be found on our website www.u3asites.org.uk/canvey-thameside under the 'INFO' tab.

A PPL licence is required when recorded music, including radio and TV, is played in public.

An MPLC Umbrella Certificate allows us to show films and TV shows

22 QUICK CROSSWORD I SOLUTION


GRID-JIG 1 SOLUTION


SYLLACROSTIC SOLUTION
REPTILE
ARDUOUS
CATNAP
TEMPERATE
INTERIOR
INTERIOR
CARDIFF
CARDIFF
ENTOURAGE
ENTOURAGE
ASPECT

QUICK CROSSWORD 2 SOLUTION


SAMMRAI SUDOKU SOLUTION


MAXINES MAXIMS


Henry had eyes on Jane Seymour, who he married 24 hours later and she produced the beloved son, Edward, though Jane died 12 days later of septicaemia. Henry was genuinely upset, and when he died, he insisted he was buried with her. All royal family portraits showed Henry, Jane and the 3 children long after she died. Henry's sorrow lasted 3 years, and then Thomas Cromwell persuaded him a new match and alliance would be beneficial. Henry by now was old and fat, so not much of a catch and not capable of travelling Europe looking for a bride. The royal painter Holbein, was sent to paint suitable ladies, though Christina of Denmark said no. Holbein returned with the pictures. I have visions of Henry looking over them, drooling, with the odd cor, no way etc. Anne of Cleves was selected. Henry rushed to meet her in Rochester and was somewhat unimpressed by his "Flanders Mare". I suspect her lack of English was one aspect of the problems. The marriage occurred, Cromwell got the chop (probably next series of Wolf Hall), Anne was divorced, looked after well and lived longer than any of his wives. (Another aside, one of the properties she was given was in Rayleigh/Hockley area).

At this point, you think Henry would have called it a day. He is fat and old and riddled with illness. I am surprised we weren't told about them, but gout and a septic ulcer were two of them. The Duke of Norfolk had other ideas and saw a way to become even more favoured at court. He persuaded one of the Howard clan, Katherine, to marry Henry. At 17, this can only end badly, especially as Katherine kept her male "admirers". More torture, more executions, including Katherine, not yet 20.

By now Henry needed a nursemaid as much as a wife. Katherine Parr, twice married and engaged to Thomas Seymour, was chosen with Thomas despatched to foreign embassy duties. (After Henry's death, she did marry Thomas, but she died in childbirth.) Katherine insisted on two days prayer to think about it. Katherine nursed Henry well, but he finally succumbed to all his illnesses in January, 1547, in Whitehall.

The whole talk was full of jokes, a few even being clean, but Michael then told us about the children he met who had done projects on the Tudors. I liked the one about Walter Raleigh circumcising the globe with his 200 feet clipper, and the boy who called the cod piece a cockpit! The amusing stories about the WI included him being booked as a last minute replacement for a speaker, the ladies weren't impressed and he was the anti-climax. I am sure you can remember the rest of the joke.

Michael, in his kingly regalia, gave a splendid performance (much more than a talk) with jokes that made us laugh and a delivery style that we will long remember. Paul.



## The Art Group hold their meetings at The Jubilee Hall at the rear of Waterside Farm Sports Centre on alternate Thursdays from 10am - 12pm

##  <br> 

Some of the cinema group members met on Thursday 12th January to see Whitney Houston film "I Wanna Dance with Somebody" at Moviestar, Eastern Esplanade. We all enjoyed the film, great acting and singing.
Group meets once a month.
New members are very welcome.
For details of future cinema visits please contact Georgia

## BRITISH DAYLIGHT SAVING TIME

You should put your clocks forward on Sunday $\mathbf{2 6}^{\text {th }}$ March



If your name is not shown here your birth date was omitted from your membership form. Please let Jan know your birthday to add to our records.

## CANASTA

AND PERHAPS WHY YOU SHOULD THINK OF JOINING THE GROUP
Canasta - what on earth is Carasta? Isn'tit the Spanish wordfor basket? Is it a card game? Is t essy to learn and fun to play?

Perhaps as you flicked through the pages of the monthly newsletter or as you noticed the grop information slips on Linda's desk at the monthly meeting, a passing thought may have been "I worder what Canastais"? Then you have flicked the page overor continued on passed the table and dsmissed the thought of Canasta and joining the Canasta group.

Or, perhaps you lingered a while on that page or paused to look at the Canasta Group informationsip and thought of finding out a bit more about the game and the group.

## What is Canasta?

Canasta is an easy to leam cand game which is played by four or 6 players in two tears with two standard decks of cards andwild cards. Eachcand has a score value and the object of the game is for each team to score points and one feam toreach 5000 points before the opposing team.

To score points players in each team together attempt to make canastas. A canasta is a gropp of seven caros of the same numercal rank. A team goes out by one of the team playing ailt the cards $n$ his hand. The ponts are then courted and a new game begins agan unai one team reaches 5000 points.

Then you may have asked yourself:
$>$ If I am interested in joining this group, is the group a friendly one?
$>$ Dothey weloomenew group members with open arms?
$>$ Do they help new group members learn the game?
$>$ Does that help continue until the nev member is comfortablewith the game?
$>$ Would it be a way of pleasantly passing an aftemoon, learning new card skils with a group of friendly group members, some of whom I may currently know, orother members I will get to know and become friends with?
$>$ Will playing help keepmy brainactive with a gentle workout?
$>$ Does the alternate Tuesdays and Wedresdays timetable fit in my schedule withoit a commitmert?
$>$ Do the playing times of 2 pm to 5 pm suit me?
$>$ Would / be able to play just occasionally if other commitments crop up?
$>$ Does playing in the Morrison's commurity room have its attractions because it's free and convenient to pickup some shopping before or affer the game?

On the other hand, if you have played Canasta in the past, you may be thinking whether you would enjoy getting reacquainted with the game. Perhaps you play occasionally with other non-u3a groups already and you may be thinking it would be good to meet and play with new players. You probably then are asking yourself the same questions a member with no Canasta knowledge has
Well, there is just one answer to those questions and that answeris VES.
So why not joinour friendly group and enjoy a relaxing game of cards ingreat company while keeping your mind active and giving your brain a gentle workout at the same time

(The goup meets on altemate Tuesobys and Weanesdis between 2 pm and 6 pm in The Hamisans Community roam).
T


These are the 2023 Friday monthly meeting dates for your diary

To be held at St. Nicholas' Church Hall, Long Road, Canvey Island Once a month on Fridays between 9.45am - 12 pm 21st APRIL $15^{\text {th }}$ SEPTEMBER $19^{\text {th }}$ MAY $16^{\text {th }}$ JUNE $24^{\text {th }}$ NOVEMER 21st JULY $15^{\text {th }}$ DECEMBER $18^{\text {th }}$ AUGUST

## DOORS WILL OPEN at 9.45

We aim to be seated by 10 am ready for
||
||
||
||
We would ask that our members do not arrive at the car park until after 9.30 please

## CROCHET \& KNITTING

This group meets on $1^{\text {st }}$ and $3^{\text {rd }}$ Wednesdays of every month

## DINING CLUB

Jeanette has booked lunch at Poppies Cafe at Tarpots on Wednesday 22nd March at 1 pm .

It has a very good reputation for home cooked food. It would be helpful if you could send me your menu choices in advance so that the Cafe has a chance to do the food preparation before we arrive.

Jeanette \& I will be collecting a $£ 10$ deposit at our next meeting on Friday 17th March, which will be returned at the meal.

Frances

## INDOOR GAMES

The Indoor Games group meets every other Wednesday at the Jubilee Hall from 1.45 pm till 3.45 pm .

We play a variety of games - mostly board and card games.
We are full at the moment but if you would like to start a second indoor games group please contact Linda, our Groups Co-ordinator.

Regards, Jan \& Den


## KEEP FIT

Our Keep Fit Group meetings are held:

EVERY TUESDAY
(2 morning sessions)
At: THE JUBILEE HALL at the rear of Waterside Farm Sports Centre

The sessions are run by Karen Lawrie

FRIDAY MEMRERS MEETING SPEAKERS LIST MARCH TO MAY 2023

## MARCH $17^{\text {th }}$ LINDSAY BURRELL Her talk is on Burlesque Dancing!

Lindsay talks about burlesque with a demonstration and, if time permits, members can join in. All of her proceeds go towards charity.

> -০0o-

APRIL 21 $1^{\text {st }}$ IAN NICHOLSON His talk is titled 'Wills, the unspeakable conversation'.
-oOo-

## MAY $19^{\text {th }} \quad$ ANDREW BAICZ His Talk is about Seasonal Container Gardening

Andrew started as an apprentice gardener in Scotland with the National Trust and then went on to work at the RHS gardens Wisley, Kew Gardens and Hampton Court. He also spent a year working in nurseries in Holland.
He is a keen photographer and has thousands of digital photographs of flowers and plants used in his talks.

## TRUE, BUT FUNNY, STORY

An elderly Florida lady did her shopping and, upon returning to her car, found four males in the act of leaving with her vehicle. She dropped her shopping bags and drew her handgun, proceeding to scream at the top of her lungs, "I have a gun, and I know how to use it! Get out of the car!"

The four men didn't wait for a second threat. They got out and ran like mad.


The lady, somewhat shaken, then proceeded to load her shopping bags into the back of the car and got into the driver's seat.

She was so shaken that she could not get her key into the ignition. She tried and tried, and then she realized why. It was for the same reason she had wondered why there was a football, a Frisbee and two 12-packs of beer in the front seat.

A few minutes later, she found her own car parked four or five spaces farther down. She loaded her bags into the car and drove to the police station to report her mistake.

The sergeant to whom she told the story couldn't stop laughing. He pointed to the other end of the counter, where four pale men were reporting a car jacking by a mad, elderly woman described as white, less than five feet tall, glasses, curly white hair, and carrying a large handgun.

No charges were filed.
The moral of the story? If you're going to have a senior moment... make it memorable.

The PC/Laptop and Photographic groups meet regularly every two weeks, from $1.30-3.30 \mathrm{pm}$, at B.O.P.H, Charfleets Close.


If anyone has old photos they wish repaired or transferred to disc, we are willing to do this.

A small donation would be welcome for this service, if possible.


## 

## MINION

 to call 563 people every morning to let them
know that
I iust ate


Singing in the shower Is all fun and games Until you get Shampoo
in your mouth, Then it just



## SOCIAL, FAMILY <br> \& LOCAL HISTORY

## SAMURAI SUDOKU

The objective of Sudoku is to fill a $9 \times 9$ grid with digits so that each column, each row, and each of the nine $3 \times 3$ subgrids that compose the grid contain all of the digits from 1 to 9 .

## WE MEET AT THE CAFE/BAR IN SANDY BAY, THORNEY BAY ROAD (The bar is left past the entrance, near the pool)

A reminder about our programme and meetings. We continue to meet 4 weekly on Tuesdays at 10.00am at the Thorney Bay/Sandy Bay cafe (left car park after security). We have drinks and natter for a while, then the meeting. Please bring the change for coffee and tea as usual and I will pay at the end. Because we have stopped doing help meetings, please bring along anything you want help with and give to me or one of the members or email me. I can access the 1921 census, having upgraded my membership.

4th April: It is $\mathbf{7 0}$ years since the great flood, so I will look at some aspects including why it happened, flood defences and the new defences, including the current work. There was an exhibition in St Nick's church hall on Saturday. Again, if you have ancestors with memories they have told you, pictures etc., please bring them along.

Meetings are then 2nd May, 30th May, 27th June, 25th July, 22nd August, 19th Sept., 17th October, 14th November and 12th December. I still have not had any suggestions for talks either done by me or, preferably, done by you. Please send me some and the date you want. I am looking at, provided I can find enough material, at doing talks on Canvey pubs and more causes of our ancestors' deaths, usual and bizarre (building on a talk I did ages ago that you all have forgotten hopefully!), but I would prefer if you suggested talks. If new members join, I will do a getting started talk and general suggestions session to help people on the way, particularly to avoid all the mistakes I made.
PLEASE FEEL FREE TO FORWARD THIS TO ANY MEMBERS THAT MIGHT BE INTERESTED
$\square 0^{-1} 8$

|  |  |  | 8 |  |  |  | 23 |  |  | Moderat |  | 9 |  | 4 |  |  | 3 | 7 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 4 |  | 3 | 6 |  |  |  |  |  |  |  | 6 |  |  |  | 8 |  |  |  |  |
| 9 | 2 | 2 |  | 4 |  |  | 68 |  |  |  |  |  | 4 | 2 |  | 9 |  |  | 8 |
|  |  | 7 | 1 |  |  |  |  | 8 |  | M |  | 6 |  | 8 |  | 5 |  |  | 9 |
|  |  | 6 | 2 | 8 | 89 | 9 |  |  |  |  |  | 4 | 5 | 7 |  |  |  |  | 1 |
|  |  | 8 |  |  |  |  | 3 |  |  |  |  |  | 7 |  |  |  |  | 3 |  |
| 1 |  | 72 |  |  |  |  | 8 |  |  | 132 | 4 | 7 |  |  | 2 | 8 |  |  |  |
|  |  |  |  |  |  |  | 4 |  |  | 8 |  | 1 | 9 |  |  |  |  | 8 | 7 |
|  |  |  |  | 5 | 52 | 21 | 17 |  | 5 | 5 |  |  | 2 |  | 7 | 1 | 5 | 4 |  |
|  |  |  |  |  |  |  |  | 1 | 8 | 8 |  |  |  | Solution Page 22 |  |  |  |  |  |
|  |  |  |  |  |  |  | 3 |  |  | 6 |  | 9 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | 29 |  | 7 | 7 |  |  | 1 |  |  |  |  |  |  |
| 3 |  |  | 8 |  |  |  | 6 |  |  | 5 |  | 8 |  |  | 7 |  |  | 3 |  |
|  |  | 9 |  | 6 |  |  | 3 | 5 | 2 | 48 |  | 6 |  | 1 |  | 5 |  |  | 4 |
|  |  | 2 |  |  |  |  |  | 4 | 9 | 9 |  |  |  | 8 |  | 6 |  |  |  |
| 9 |  | 3 | 4 | 8 |  |  |  |  |  |  | 7 |  |  | 4 |  |  | 2 | 8 |  |
| 6 |  | 5 | 7 |  |  |  |  |  |  |  |  |  |  |  |  | 9 |  |  | 5 |
|  |  | 1 |  | 3 |  | 9 |  |  |  |  |  | 3 |  |  |  |  |  |  |  |
| 2 |  | 9 |  |  |  |  | 3 | 31 |  |  |  |  |  |  |  | 1 | 4 |  | 8 |
|  |  | 56 | 3 |  |  |  | 2 |  |  |  | 5 | 4 | 1 |  | 6 |  | 7 |  |  |
|  |  |  |  | 2 |  | 85 | 57 |  |  |  |  |  | 2 |  | 5 | 4 | 1 |  |  |

sUDOKU


Re-assemble all the pieces by filling in the letters and blocks into the correct positions in the grid. The result will be a symmetrical $15 \times 15$ crossword. One $3 \times 3$ Piece has already been entered.


| $N$ | $A$ | $R$ |
| :--- | :--- | :--- |
| $D$ |  | $A$ |
| $S$ |  | $P$ |







ARE YOU AT A LOOSE END/WOULD LIKE COMPANY AT THE WEEKEND?

JOIN THE SUNDAY GROUP.
WE HOPE TO MEET ONCE A MONTH, MOSTLY ON SUNDAY, TO
HAVE
LUNCHES, VISIT PLACES OF INTEREST, ETC.
SUGGESTIONS ARE MOST WELCOME.

THEATRE

## PLEASE CONTACT THE

 CONVENORS FOR DETAILS OF FUTURE THEATRE EVENTS

We intend to walk once a month, keeping the walks easy and as local as possible and will increase the frequency, walk length and travel further afield in the Spring.

Strong shoes/trainers or walking boots are recommended.

Please contact Sue and Dave for details of their next walk.


WHEN I'M BORED I SEND A TEXT TO A RANDOM NUMBER SAYING 'I HID THE BODY NOW WHAT?


BLESSING FOR TODAY
May the fleas of a thousand Afghan camels
infest the crutch of the person who screws up your day and may their arms be too short to scratch it! ${ }_{5} \mathrm{OKI}$

FUN STUFF
QUICK CROSSWORD I


## ACROSS

1. Inverse (10)
2. Curt (7)
3. Crib (3)
4. Sentinel (6)
5. Hinge joint (4)
6. Remedy (4)
7. Cask (6)
8. Mythical bird (3)
9. Fishing boat (7)
10. Duty (10)

|  |  |
| :---: | :---: |
| ACROSS | DOWN |
| 1. Group of | 1. Woodwind |
| musicians (9) | instrument (4) |
| 7. Eye socket (5) | 2. Floor show (7) |
| 8. Jockey (5) | 3. Consumes (4) |
| 9. Epoch (3) | 4. Despot (6) |
| 10. Part of the | 5. Assistance (3) |
| foot (6) | 6. Precipitous (6) |
| 14. Shrewd (6) | 11. One of three (7) |
| 15. Cacophony (3) | 12. Perplex (6) |
| 18. Thighbone (5) | 13. Gaped (6) |
| 20. Ice hut (5) | 16. Flightless bird (4) |
| 21. Court game (9) | 17. Metal money (4) |
|  | 19. Disorderly crow (3) |

QUICK CROSSWORD 2


## DOWN

1. Woodwind
instrument (4)
2. Floor show (7)
3. Consumes (4)
4. Despot (6)
5. Assistance (3)
6. One of thre (7)
7. Perplex (6)
8. Gaped (6)
less bird (4)
9. Disorderly crow
(3)

DOWN 2. Bizarre (9) 3. Disregard (6)
4. Wealthy (4)
5. Nimble (5)
6. Arithmetical
operation (4)
8. Lowest female
singing voice (9)
11. Empty (6)
12. Freight (5)
14. Entice (4)
15. Male deer (4)


SOLUTION PAGE 22

