

COMMITTEE MEMBERS CONTACT DETAILS

NAME	PHONE/ MOBILE	EMAIL
CHAIRMAN SOCIAL EVENTS ORGANISER		
DIANE SMITH <u>FOR ENQUIRIES PLEASE RING BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY</u>	07879850243	diane-smith@sky.com
SECRETARY		
DAVE SUTTON <u>FOR ENQUIRIES PLEASE RING BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY</u>	07714450891	davidalansutton@talktalk.net
TREASURER		
FRANCES BARBOUR <u>FOR ENQUIRIES PLEASE RING BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY</u>	07881522311	francesmbarbour@yahoo.co.uk
SPEAKER ORGANISER		
JEANETTE PARMINTER <u>FOR ENQUIRIES PLEASE RING BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY</u>	01268 757493	andyturner47@hotmail.com
MEMBERSHIP SECRETARY NEWSLETTER EDITOR VICE CHAIRMAN		
JAN DOWDALL <u>FOR ENQUIRIES PLEASE RING BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY</u>	07817880306	janctu3a@gmail.com
GROUPS COORDINATOR		
LINDA BOSE <u>FOR ENQUIRIES PLEASE RING BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY</u>	07787409238	linda.bose@yahoo.com

**FOR ENQUIRIES PLEASE RING THE ABOVE BETWEEN
9AM-6PM MONDAY TO FRIDAY ONLY. THANK YOU.**

www.u3asites.org.uk/canvey-thameside



SEASONAL CONTAINER GARDENING

A talk by Andrew Bibicz

We welcomed Andrew Babicz to our Friday meeting. Apart from his interesting Polish/Scottish ancestry, we discovered he was one of the senior judges of the London Garden Society, who go round judging gardens

Containers or tubs are for all seasons. They include terracotta, real and fake, half barrels, lead pots, stone and concrete troughs and pots, and virtually anything including old toilets, tyres, bricks (the ones with holes), boots, boats and bins. The pictures proved people had tried anything. Because of the weight, you can get pot trollies and always put them in place before filling with soil and plants, as you will never move the big ones afterwards. For drainage, J Cloth over the holes, stops things crawling in. Don't put garden soil in pots due to bugs and microbes already in it, but do use polystyrene, bits of old crock, stones etc. if you don't need the full depth of compost. On compost (and we have all bought compost that seemed to have all sorts in it, despite the price), he recommended John Innes number 3 as it was consistent whatever the brand, with good nutrients to start your plants off. Much cheaper multi-purpose compost lacks these nutrients.



Many plants in containers, nicely dressed with stones, can be planted out later. For instance, he mentioned autumn flowering chrysanthemums, and we have one



this, particularly with the miniature varieties. Bulbs in pots can also be planted out later. On feed, he suggested tomato fertiliser as it is low on nitrates, bought cheaply at the end of the season. Being from Yorkshire, I like savings! He also suggested ericaceous plant food for camellias, rhododendrons and similar (and ericaceous composts). Seaweed fertiliser that can also be sprayed on leaves was good.

On slugs (guard your hostas well!), there is even a book on 100 ways to kill slugs and snails. He wasn't a great fan of pellets, (though sometimes you have no choice). Chucking over the garden fence (hopefully tongue in cheek) won't work as they can come back from 30m, or you throw them a long way! Apparently, apart from wrecking your hostas, they wreak havoc with the middles of narcissus. He recommended copper tape (as the slime comes from mouths and they don't like the taste! Nice!). We have bought some, as we will try anything.

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IMPORTANT INFORMATION

Your newsletters contain the private contact details of many of your fellow members and we must ask you to ensure that when you have finished with your newsletter you dispose of it thoughtfully. Where possible please shred pages containing private contact details. While these members are happy to share their details with you, they might not be so happy to receive contact from anyone who has obtained their details from a thoughtlessly discarded newsletter. Many thanks.

CHANGE OF PERSONAL DETAILS

I would be grateful if you could please let me know of any changes you have made to your:

- HOME ADDRESS
- EMAIL ADDRESS
- TELEPHONE NUMBER/S
- I.C.E. CONTACT/S

as soon as possible so that I can update my records.

Many thanks, Jan

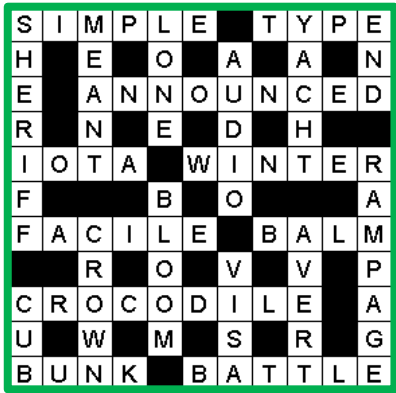
CERTIFICATES AND LICENCES

Details of our U3A Insurance, our PPL Licence and our MPLC Umbrella Certificate can be found on our website www.u3asites.org.uk/canvey-thameside under the 'INFO' tab.

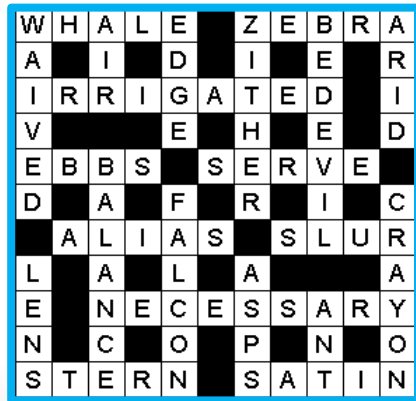
A PPL licence is required when recorded music, including radio and TV, is played in public.

An MPLC Umbrella Certificate allows us to show films and TV shows

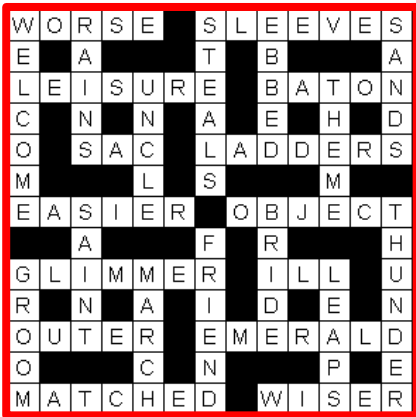
QUICK CROSSWORD 1 SOLUTION



QUICK CROSSWORD 2 SOLUTION



CATCH-WORDS SOLUTION



BE CAREFUL, YOU MAY GET WHAT YOU WISH FOR!

A 62 year old man was celebrating
With his wife, on the town
They'd had 40 years of married life
With barely a raised word or frown



A fairy appeared and offered the man a wish
Disloyally he said "I'd like a wife 30 years
younger than me"



In a flash, he was 92 years old
Fairies are female and stick together, you see

Jon Bratton © 2010



AUNTY ACID ANECDOTES

aunty acid
facebook.com/auntyacid

If ONE glass of wine is GOOD FOR YOU just imagine what a WHOLE BOTTLE could do!

© Gad Rockford 2014

I'm going to be very busy in the AFTERLIFE. The list of people I'm going to HAUNT grows every day.

aunty acid
auntyacid.com.au

aunty acid
facebook.com/auntyacid

LAUGH 'TIL YOU LEAK

Many plants in pots look dead, and some are, but he suggested leaving them, even if you think the frost has had them, as shoots may appear later. On suggestions for what to put in pots, he suggested visiting RHS gardens and other gardens to see what works, such as larger plants in the middle surrounded by something like violas on the surface. He did give suggestions for really good ones like agapanthus, but suggested going for the dwarf varieties, similarly roses.



He did a lot of pictures on containers in restricted places like flat balconies and in gaps where only containers could fit. I liked the idea of several people in a block of flats having the same colourful floral pots to create a great effect from a distance. Another great idea was to plant daffodils in rows by depth in a pot, based on

different flowering times, so you get months of different daffodils, with one lot starting to flower as another lot died off. He also suggested cyclamen on top. (When you plant out, you also get daffodils coming up at different times from January (December this year) to May, extending the season. He also said leave the leaves for a while so the bulb containing the flower, flowers next year.

Further suggestions for pots followed, and Andrew suggested new combinations were always being tried by the RHS and others, such as petunias, hanging plants and clematis. Others better known include bay trees, fernium, cordyline, palms and hostas. Apparently, you can eat the shoots of some of them. (Disclaimer: don't try this at home, unless you have prevailed yourself of the services of last month's speaker!). Drought plants are becoming more fashionable, mainly due to the more recent hot dry summers. House plants can go out, in the shade at first, in the summer. The usual grit and stones were fine for top dressing of pots, but Andrew showed us pine cones being used for this.



Obviously all vegetables can be grown in containers, and most of us will have been doing this for ages. Watch problems of late May frosts if you plant out your young beans etc. Potatoes work well in containers. He also showed us vertical growing of vegetables on balconies and vertical surfaces.

Andrew then took questions, including the recurring fox nuisance of them digging in soil, often to hide food of all sorts.

It was a very entertaining talk with lots of lovely pictures of many plants, some of which I know I missed in this write-up, as one mention of something I have never heard of isn't easy to record. There were also many tips and useful advice on the way, that we can incorporate into our containers. Let us hope the copper tape works.



Paul

GROUPS

The Groups Convenors would be grateful if you could let them know as soon as possible if you are unable to attend a group session as many of them prepare materials, etc for use at each meeting.
Thank you



ART



The Art Group hold their meetings at
The Jubilee Hall at the rear of
Waterside Farm Sports Centre on
alternate Thursdays from 10am – 12pm

Diane (**TEMPORARY CONVENOR**) : 07879850243 or diane-smith@sky.com
Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974



CINEMA



Our January outing to the cinema was to see Empire of Light with Olivia Coleman and Colin Firth. In February we saw Matilda the Musical based on the book by Roald Dahl. Our March outing to the cinema was to see Hallelujah starring Jennifer Saunders, Judi Dench and Derek Jacobi. Three very different films!

For details of future cinema visits please contact Georgia

For further details please contact:
Georgia: 07506783450 or georgiad@btinternet.com
Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

MONTHLY MEETINGS 2023

These are the 2023 Friday monthly meeting dates for your diary

To be held at St. Nicholas' Church Hall,
Long Road, Canvey Island
Once a month on Fridays
between 9.45am – 12pm

21st JULY

18th AUGUST

15th SEPTEMBER

20th OCTOBER

24th NOVEMBER

15th DECEMBER

DOORS WILL OPEN at 9.45

We aim to be seated by 10am ready for notices to be read, etc.

We would ask that our members do not arrive at the car park until after 9.30 please





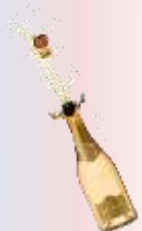
Birthdays
of the Month
JULY



HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

2nd Lynn Gregory
3rd Margaret Murphy
6th Jackie Blackwell
6th Rita Lesley
6th Rita Westwell
7th Stepanie Stevens
19th Barry Sargent
23rd Derek Martin
27th Ronald Franklin
28th Tina Norton
29th Anna Corner



**HAPPY
BIRTHDAY**

If your name is not shown here your birth date was omitted from your membership form.
Please let Jan know your birthday to add to our records.

u3a

CANASTA

AND PERHAPS WHY YOU SHOULD THINK OF JOINING THE GROUP

Canasta – what on earth is Canasta? Isn't it the Spanish word for basket? Is it a card game? Is it easy to learn and fun to play?

Perhaps as you flicked through the pages of the monthly newsletter or as you noticed the group information slips on Linda's desk at the monthly meeting, a passing thought may have been "I wonder what Canasta is"? Then you have flicked the page over or continued on passed the table and dismissed the thought of Canasta and joining the Canasta group.

Or, perhaps you lingered a while on that page or paused to look at the Canasta Group information slip and thought of finding out a bit more about the game and the group.

What is Canasta?

Canasta is an easy to learn card game which is played by four or six players in two teams with two standard decks of cards and wild cards. Each card has a score value and the object of the game is for each team to score points and one team to reach 5000 points before the opposing team.

To score points players in each team together attempt to make canastas. A canasta is a group of seven cards of the same numerical rank. A team "goes out" by one of the team playing all the cards in his hand. The points are then counted and a new game begins again until one team reaches 5000 points.

Then you may have asked yourself:

- If I am interested in joining this group, is the group a friendly one?
- Do they welcome new group members with open arms?
- Do they help new group members learn the game?
- Does that help continue until the new member is comfortable with the game?
- Would it be a way of pleasantly passing an afternoon, learning new card skills with a group of friendly group members, some of whom I may currently know, or other members I will get to know and become friends with?
- Will playing help keep my brain active with a gentle workout?
- Does the alternate Tuesdays and Wednesdays timetable fit in my schedule without a commitment?
- Do the playing times of 2pm to 5pm suit me?
- Would I be able to play just occasionally if other commitments crop up?
- Does playing in the Morrison's community room have its attractions because it's free and convenient to pick up some shopping before or after the game?



On the other hand, if you have played Canasta in the past, you may be thinking whether you would enjoy getting reacquainted with the game. Perhaps you play occasionally with other non-u3a groups already and you may be thinking it would be good to meet and play with new players. You probably then are asking yourself the same questions a member with no Canasta knowledge has.

Well, there is just one answer to those questions and that answer is YES.

So why not join our friendly group and enjoy a relaxing game of cards in great company while keeping your mind active and giving your brain a gentle workout at the same time.

Take the first step by contacting:

Lynn on: 01268 685479 or 07908477339, or
Jan on: 07773241940



Let's
play
Canasta!



(The group meets on alternate Tuesdays and Wednesdays between 2pm and 6pm in The Morrison's Community room).



CRAFT



GROUP NOW FULL

We meet every 4 weeks.
We provide everything.
The cost is £4 per session.
You take home your masterpieces!
Refreshments can be bought instore or bring your own.

**WE MEET IN THE COMMUNITY ROOM,
MORRISONS STORE, NORTHWICK ROAD**

FROM 13.30 TO 15.30

For further details please contact::

VAL - Email: v.bancroft@sky.com Mobile: 07850833846

Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

VARIOUS CRAFTS

Choose your craft, have a go.



Lots available, beginners or experienced

Meets last Tuesday each month at
1.30pm at Jeans house.

For further details please contact Jean Purvis: 01268 692017

Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

NEWS & INFORMATION

FRIDAY MEMBERS MEETING SPEAKERS LIST JULY to SEPTEMBER 2023

JULY 21st JOANNE LARNER
Her talk is titled - Understanding hand writing

Her talk is meant as a light-hearted introduction to *handwriting* analysis and is excellent fun – there will also be a chance to analyse your own and others' ...

-oOo-

AUGUST 18th MARTYN LOCKWOOD
His talk is titled - Saucy Seaside Postcards

-oOo-

SEPTEMBER 15th
The talk is titled - Medical Detection Dogs.

Using their amazing sense of smell dogs can be trained to identify minute odour changes emitted prior to an emergency and alert the person to take preventative action.

AIN'T OLD AGE GREAT!




CRIBBAGE

The crib group is full as we meet at people's houses and 8 is our maximum. Perhaps if anyone else wants to play a new group could be formed?

We aim to meet about every two weeks but this will depend on people's other commitments.

Jan



For further details please contact Jan: djthorne060@btinternet.com
Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

CROCHET & KNITTING



This group meets on 1st and 3rd Wednesdays of every month

For further details please contact Margaret: 01268 698490 or margaret_routledge@hotmail.com
Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

DINING CLUB

**PLEASE CONTACT THE
GROUP CONVENORS FOR
FUTURE DINING
BOOKINGS**

For further details please contact:

Frances: francesmbarbour@yahoo.co.uk, by text on 07881 522311 or
phone 01268 693673

Jeanette: andyturner47@hotmail.com or 01268 757493

Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

**IF YOU HAVE AN INTEREST,
TALENT OR HOBBY AND WOULD
LIKE TO SHARE IT - WHY NOT
START A GROUP?
PLEASE SEE LINDA FOR MORE
INFORMATION**



THE ABOVE ARE SUGGESTIONS ONLY
IF YOU HAVE ANY IDEAS FOR A NEW GROUP PLEASE LET LINDA KNOW



LOOK!

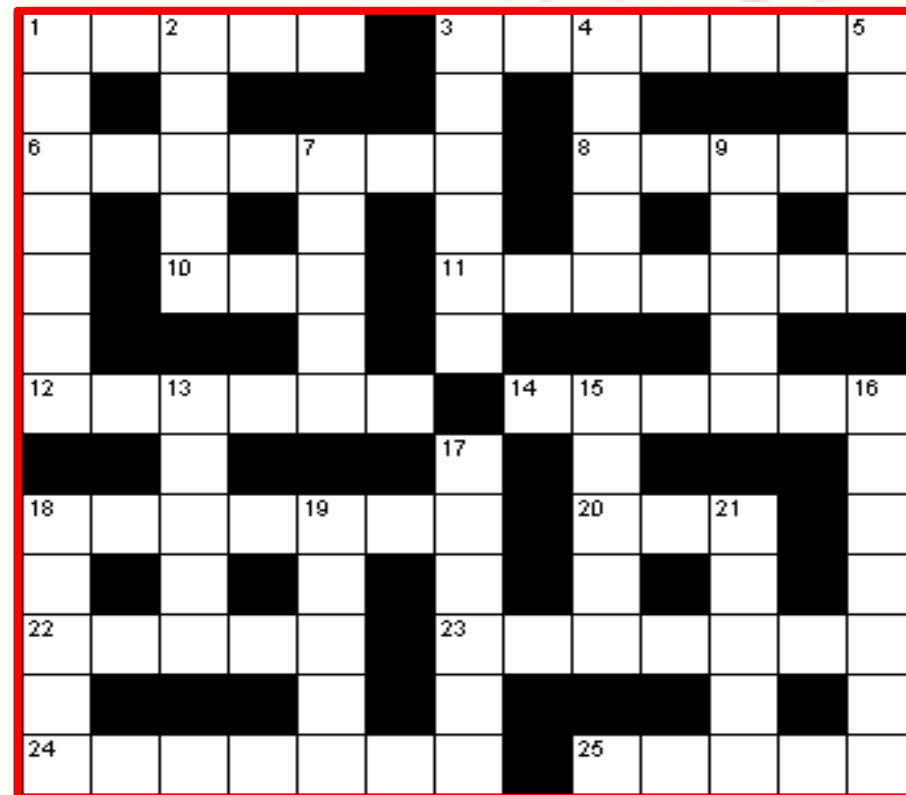
**FOR INFORMATION ON UPCOMING
SOCIAL EVENTS, MEETINGS DATES, GROUPS,
ETC, ETC.**

**VISIT OUR WEBSITE
WHICH WILL HOPEFULLY ANSWER ANY
QUESTIONS YOU HAVE.
OR CONTACT A COMMITTEE MEMBER OR
GROUP CONVENOR**

www.u3asites.org.uk/canvey-thameside

Please bookmark it or add it to your
favourites in your web browsers.

CATCH-WORDS



ACROSS

1. For better or ___ (5)
3. Roll up your ___ (7)
6. Act in haste, repent at ___ (7)
8. ___ Rouge (5)
10. Cul de ___ (3)
11. Snakes and ___ (7)
12. ___ said than done (6)
14. The ___ of the exercise (6)
18. A ___ of hope (7)
20. It is an ___ wind that blows
nobody
any good (3)
22. ___ space (5)
23. Ireland, the ___ Isle (7)
24. Evenly ___ (7)
25. Older and ___ (5)

DOWN

1. A warm ___ (7)
2. It never ___ but it pours (5)
3. ___ the show (6)
4. ___ and flowed (5)
5. The ___ of time (5)
7. Bob's your ___ (5)
9. Variation on a ___ (5)
13. The patience of a ___ (5)
15. The father of the ___ (5)
16. ___ and lightning (7)
17. ___ or foe? (6)
18. Bride and ___ (5)
19. The Ides of ___ (5)
21. ___ and bounds (5)

SOLUTIONSPAGE 22



ARE YOU SITTING COMFORTABLY?



ONLY IN AMERICA!

Terrence Dickson of Bristol, Pennsylvania, USA, was leaving a house he had just finished robbing by way of the garage. He was not able to get the garage door to go up since the automatic door opener was malfunctioning.

He was unable to re-enter the house because the door connecting the house and garage locked when he pulled it shut.

The family was on vacation, and Mr. Dickson found himself locked in the garage for eight days. He subsisted on a case of Pepsi he found, and a large bag of dry dog food.

Later, he sued the homeowner's insurance claiming the situation caused him undue mental anguish. Only in America would the jury agree to the tune of \$500,000.

A GEOGRAPHY LESSON TO REMEMBER

A party of University geography undergraduates was on a climbing and walking holiday in the French Pyrenees.

After several hours they realised that they were hopelessly lost. One of them studied the map for some considerable time, turning it up and down, sighting on distant landmarks, consulting his compass, and finally the sun.

Eventually he said, 'OK see that big mountain over there?'

'Yes,' chorused the others eagerly.

'Well, according to the map, we're standing on top of it.'



INDOOR GAMES

The Indoor Games group meets every other Wednesday at the Jubilee Hall from 1.45pm till 3.45pm.

We play a variety of games - mostly board and card games.

We are full at the moment but if you would like to start a second indoor games group please contact Linda, our Groups Co-ordinator.

Regards, Jan & Den



For further details please contact: Jan & Dennis: djthorne060@btinternet.com
Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974



KEEP FIT

Our Keep Fit Group meetings are held:

EVERY TUESDAY
(2 morning sessions)

At: **THE JUBILEE HALL**

at the rear of Waterside Farm Sports Centre

The sessions are run by Karen Lawrie



Please contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 91974 **TO PUT YOUR NAME DOWN TO ATTEND ONE OF THE SESSIONS.**



SOCIAL, FAMILY & LOCAL HISTORY



WE MEET AT THE CAFE/BAR IN SANDY BAY, THORNEY BAY ROAD
(The bar is left past the entrance, near the pool)

IMPORTANT NOTE: I HAVE CHANGED THE ORDER OF PLANNED TALKS DUE TO A MEMBER REQUEST. PLEASE AMEND YOUR DIARIES ETC.

27th June: Death, part 2. If you have come across causes of death of ancestors, please bring them (the causes, not the ancestors!) or the certificates along to share in the general discussion at the end. I will look at the London weekly death records, focus on smallpox, death on the toilet and wallpaper poisoning.

25th July: To be decided.

22nd August: To be decided

19th September: Georgia is talking about DNA testing and family tracing. This might encourage you to do your own.

Meetings follow on the **17th October, 14th November and 12th December**. These and the July and August slots are available for volunteers to do talks or for you to suggest talks I could do. I am still looking to see if there is enough on past Canvey businesses like Egan's, Prout's, Book Bindery, the cinema etc. for a talk. If we get new members, who are new to family history, we can have a get started meeting, where we can all help people.

For further details please contact Paul: paulbancroft800@gmail.com or 01268 681917
Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

QUITE INTERESTING FACTS



- Nobody knows who named the Earth.
- A smartphone contains more computing power than the whole of NASA had in 1969.
- On a single day in 2018, volunteers in India planted 66 million trees.
- The smell of Play-Doh is trademarked.
- All the Slinkys ever made would encircle the world 150 times.
- Each year, Britons use enough wrapping paper to cover the Moon.
- A glass of calvados (apple brandy) contains seven apples.
- Beatrix Potter shot a squirrel out of a tree to provide a model for Squirrel Nutkin.
- The first advert on Channel 5 was for Chanel No.5.
- Van Gogh's Olive Trees has a dead grasshopper embedded in the paint.
- The word for the inside of the elbow is "chelidon".
- Horses have three more facial expressions than chimpanzees.
- Lloyd's of London insured Ken Dodd's teeth for four times more than they did the Titanic.
- Names of Greek ocean gods included Poseidon, Triton, Oceanus and Doris.
- On the set of Jaws, the shark was nicknamed Bruce, after Steven Spielberg's lawyer.
- Yellow tennis balls, which look better on colour TV, were the idea of David Attenborough when he was Controller of BBC2.
- Peter Carl Fabergé made 50 exquisite Fabergé eggs – and one Fabergé potato.
- TITSUP is a military acronym for Total Inability To Support Usual Performance.
- Blowing out the candles on a cake increases the bacteria on it by up to 1,400%.



KEEP FIT WORD SEARCH



Can you find the hidden words? They may be horizontal, vertical, diagonal, forwards or backwards.



AEROBICS, ATHLETICS, BALANCE BEAM, BARBELL, BICEPS, BIKE, BODY BUILDING, DELTOID, DIET, EXERCISE, FITNESS, GYMNASIUM, HEALTH, HORSE, JOGGING, MEDICINE BALL, MUSCLES, NUTRITION, PARALLEL BARS, PECTORAL, PHYSIQUE, PUSH UPS, RINGS, ROWING MACHINE, RUNNING, SPORT, SWIMMING, TRAINER, TRAMPOLINE, TREADMILL, TRICEPS, WEIGHTS, WORKOUT.



PC/LAPTOPS & PHOTOGRAPHY



The PC/Laptop and Photographic groups meet regularly every two weeks, from 1.30–3.30pm, at B.O.P.H, Charfleets Close.



If anyone has old photos they wish repaired or transferred to disc, we are willing to do this.

A small donation would be welcome for this service, if possible.

For further details please contact Jim: jamesmartin.U3A@talktalk.net or contact John on 07771997069, johnclarke259@googlemail.com Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974



MINION MOMENTS

PATIENT: THE PROBLEM IS THAT OBESITY RUNS IN OUR FAMILY.
DOCTOR: NO, THE PROBLEM IS THAT NO ONE RUNS IN YOUR FAMILY.



I wish I could sleep but my ADD kicks in and... one sheep, two sheep, cow, turtle, duck, old McDonald had a farm... hey Macarena



THAT MOMENT WHEN YOU SPELL A WORD SO WRONG THAT EVEN AUTO CORRECT IS LIKE, "I'VE GOT NOTHING MAN."



SUNDAY GROUP

ARE YOU AT A LOOSE END/WOULD LIKE COMPANY AT THE WEEKEND?

JOIN THE SUNDAY GROUP.

WE HOPE TO MEET ONCE A MONTH, MOSTLY ON SUNDAY, TO HAVE LUNCHES, VISIT PLACES OF INTEREST, ETC.

SUGGESTIONS ARE MOST WELCOME.



Please contact the Group Convenor Sylvie for more information: sylvievright@hotmail.co.uk or 01268 683223 Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974



THEATRE

UPCOMING THEATRE EVENT

TUESDAY 3RD OCTOBER

AIN'T TOO PROUD TO BEG

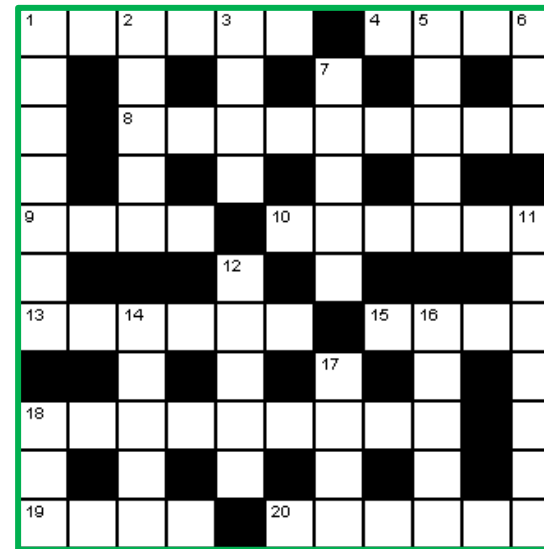
Price is £60.00

Deposits now being taken

Please contact the Group Convenor Sylvie for more information:
 sylvieright@hotmail.co.uk or 01268 683223
 Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 691974

FUN STUFF

QUICK CROSSWORD 1



ACROSS

1. Elementary (6)
4. Sort (4)
8. Made known (9)
9. Scintilla (4)
10. Season (6)
13. Fluent (6)
15. Unguent (4)
18. Reptile (9)
19. Bed on a ship or train (4)
20. Conflict (6)

DOWN

1. Law officer (7)
2. Intended (5)
3. Solitary (4)
5. Watercraft (5)
6. Conclusion (3)
7. Sound (5)
11. Violent disorder (7)
12. Flower (5)
14. Diadem (5)
16. Obviate (5)
17. Passport endorsement (4)
18. Young mammal (3)



WALKING



We intend to walk once a month, keeping the walks easy and as local as possible and will increase the frequency, walk length and travel further afield in the Spring.

Strong shoes/trainers or walking boots are recommended.

Please contact Sue and Dave for details of their next walk.

For further details please contact Dave and Sue: Sue and Dave Sutton – 01268 692786 or 07714 450891; davidalansutton@talktalk.net
 Or contact Linda, our Groups Co-ordinator, on 07787409238 or 01268 91974

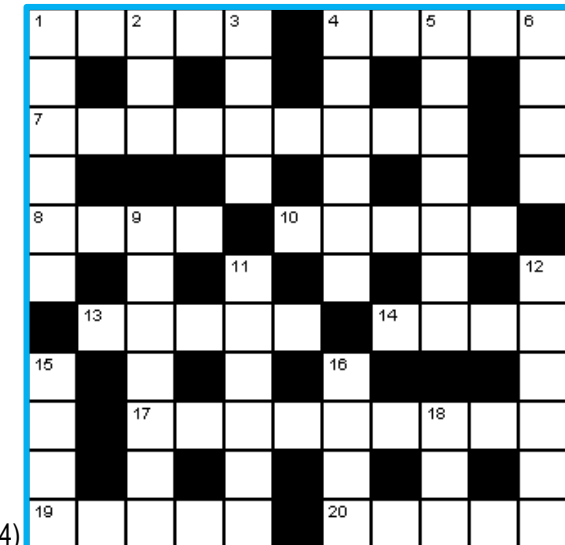
QUICK CROSSWORD 2

ACROSS

1. Aquatic mammal (5)
4. Striped equine (5)
7. Watered (9)
8. Flows back (4)
10. Tennis stoke (5)
13. Assumed name (5)
14. Disparaging remark (4)
17. Essential (9)
19. Rear part of a ship (5)
20. Smooth fabric (5)

DOWN

1. Relinquished (6)
2. Atmosphere (3)
3. Boundary of a surface (4)
4. Stringed instrument (6)
5. Confound (7)
6. Desiccated (4)
9. State of equilibrium (7)
11. Bird of prey (6)
12. Implement for writing or drawing (6)
15. Optical device (4)
16. Small snakes (4)
18. Colony insect (3)



SOLUTIONS PAGE 22