

COMMITTEE MEMBERS CONTACT DETAILS

NAME	PHONE/ MOBILE	EMAIL
CHAIRMAN SOCIAL EVENTS ORGANISER DIANE SMITH		
SECRETARY DAVE SUTTON		
TREASURER FRANCES BARBOUR		
SPEAKER ORGANISER JEANETTE PARMINTER		
MEMBERSHIP SECRETARY NEWSLETTER EDITOR VICE CHAIRMAN JAN DOWDALL		
GROUPS COORDINATOR LINDA BOSE		

FOR ENQUIRIES PLEASE RING THE ABOVE BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY. THANK YOU.
www.u3asites.org.uk/canvey-thameside






**WE HAVE
MEMBERSHIP
VACANCIES!**



**IF YOU HAVE FRIENDS OR RELATIVES
YOU THINK WOULD LIKE TO JOIN OUR
U3A PLEASE CONTACT JAN FOR
INFORMATION ON HOW THEY CAN
JOIN.**

**You can pick up application forms from Jan at our
monthly Friday meetings.**

You can also contact Jan by email or telephone.

**Her details are on the back of our newsletter and
there is an email link to her on our website
'Contacts' page.**



IMPORTANT INFORMATION

Your newsletters contain the private contact details of many of your fellow members and we must ask you to ensure that when you have finished with your newsletter you dispose of it thoughtfully. Where possible please shred pages containing private contact details. While these members are happy to share their details with you, they might not be so happy to receive contact from anyone who has obtained their details from a thoughtlessly discarded newsletter. Many thanks.

CHANGE OF PERSONAL DETAILS

I would be grateful if you could please let me know of any changes you have made to your:

**HOME ADDRESS
EMAIL ADDRESS
TELEPHONE NUMBER/S
I.C.E. CONTACT/S**

as soon as possible so that I can update my records.

Many thanks, Jan

CERTIFICATES AND LICENCES

Details of our U3A Insurance, our PPL Licence and our MPLC Umbrella Certificate can be found on our website www.u3asites.org.uk/canvey-thameside under the 'INFO' tab.

A PPL licence is required when recorded music, including radio and TV, is played in public.

An MPLC Umbrella Certificate allows us to show films and TV shows

U3a CANVEY THAMESIDE U3A 

ON 20th JANUARY 2023 OUR GUEST SPEAKER IS

NINA STRATTON

HER PRESENTATION WILL COVER THE SUBJECT OF

CYBER CRIME!

WHICH WILL HIGHLIGHT CONCERNS WITH SECURITY ISSUES WITH YOUR COMPUTERS, LAPTOPS, MOBILE PHONES, ETC.

SHE WILL ADVISE ON WHAT TO LOOK FOR WHEN OPENING EMAILS, ANSWERING CALLS, ETC AND HOW TO AVOID BEING SCAMMED!!!!!!

BRAIN TEASERS ANSWERS

1. 131. (The series consists of prime numbers)
2. Stevie Wonder
3. Each may be preceded By GREEN to form a New word
4. Unchained Melody
5. 18 peppers

CRYPTIC CROSSWORD SOLUTION

A	R	C	H	I	V	E		P	O	I	N	T			
C		H		G		D		I		N		R			
C	L	E	A	N		I	M	P	I	E	T	Y			
O		A		O		T		E		X		S			
U		P	A	R	D	O	N		B	A	I	T			
N			A		R		H		C						
T	A	L	E	N	T		O	Y	S	T	E	R			
	A		T		C		S					E			
C	O	D	E		C	A	T	T	L	E		D			
H	D		L		R		E		A		H				
A	V	E	R	A	G	E		R	O	G	U	E			
N		R		C		S		I		L		A			
T	A	S	T	E		S	E	A		W	E	E	D		

WORD WHEEL SOLUTION

				M	E	N									
			H	E	I	R	E	S	S						
			M	O	D	E	R	A	T	O	R				
		D	E	I	G	N		P	A	N	E	L			
		E	L	S	E					B	A	S	E		
		S	P	O	T					R	I	N	G		
		Q	L	O							D	I	E		
		P	E	R	T						S	U	E	T	
		T	A	R	G					S	P	A	N		
		E	M	E	N	D		F	L	I	R	T			
		A	N	C	I	L	L	A	R	Y					
		D	E	V	I	A	T	E							
		A	P	T											

U-3-A! I wanna join the U-3-A!



The Retirement Village People

CANVEY THAMESIDE U3A

QUIZ NIGHT

on
FRIDAY 17th FEBRUARY 2023
at
SMALLGAINS HALL,
CREEK ROAD

£4

YOU CAN PUT YOUR NAME DOWN AND PAY FOR THE EVENINGS ENTERTAINMENT AT OUR JANUARY AND FEBRUARY FRIDAY MEETINGS

DON'T DELAY - FIRST COME FIRST SERVED!

DOORS OPEN 7.30pm

PLEASE BRING YOUR OWN FOOD.
THERE IS A BAR FOR LIQUID REFRESHMENTS

GROUPS

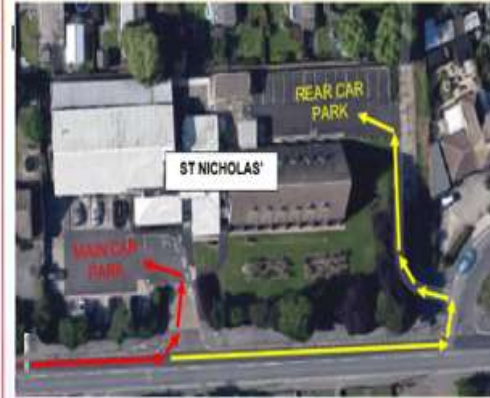


ART



The Art Group hold their meetings at
The Jubilee Hall at the rear of
Waterside Farm Sports Centre on
alternate Thursdays from 10am – 12pm

PARKING AT ST. NICHOLAS'S CHURCH



PARKING AT ST. NICHOLAS'S CHURCH

We appreciate parking can be tight when we have a full Friday meeting, especially if you arrive close to 10am. Although most members do park sensibly, we have been asked by the church to remind members again not to double park or block people in as not all the cars in the car parks are for our meeting and to take special care if parking on the road by the side particularly to leave plenty of access room for prams etc. to get down the middle. Sensible parking prevents embarrassing interruptions to the meeting asking people to move cars.

We would also like to ask our members not to arrive at the car park until after 9.30 please.

Many thanks,



*****DON'T FORGET TO VISIT OUR WEBSITE*****

www.u3asites.org.uk/canvey-thameside



There's lots of information about our U3A, events details, groups information, news, etc.
and on the 'Links' page there are links to other websites that are full of help and information.
E.g. local services, local travel information, sites that warn of scams, etc. etc. etc.

Please bookmark our site or add it to your favourites in your web browsers.

[If this is all Greek to you why not join the computer group!](#)



CINEMA



THIS GROUP IS
FOR MEMBERS WHO WOULD
LIKE TO VISIT THE CINEMA
WITH THEIR U3A FRIENDS



Birthdays of the Month



FEBRUARY

7th Patricia Haunts

11th Roberta Clarke

12th Linda Bose

14th Yvonne Collyer

15th Margot Ellis

17th Sue Broomfield

18th Shirley Miller

19th Joan Logan

21st Gillian Beales

22nd Jeanette Parminter

22nd Elaine Bryant

22nd Deborah Townley

23rd Sue Jackson

23rd Lynn Taylor

23rd Julia Connor

24th Alan Carlson

25th Eileen Broderick

27th Marion Wonfor



HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY

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If your name is not shown here your birth date was omitted from your membership form.
Please let Jan know your birthday to add to our records.

CANASTA

AND PERHAPS WHY YOU SHOULD THINK OF JOINING THE GROUP

Canasta – what on earth is Canasta? Isn't it the Spanish word for basket? Is it a card game? Is it easy to learn and fun to play?

Perhaps as you flicked through the pages of the monthly newsletter or as you noticed the group information slips on Linda's desk at the monthly meeting, a passing thought may have been "I wonder what Canasta is"? Then you have flicked the page over or continued on passed the table and dismissed the thought of Canasta and joining the Canasta group.

Or, perhaps you lingered a while on that page or paused to look at the Canasta Group information slip and thought of finding out a bit more about the game and the group.

What is Canasta?

Canasta is an easy to learn card game which is played by four or 6 players in two teams with two standard decks of cards and wild cards. Each card has a score value and the object of the game is for each team to score points and one team to reach 5000 points before the opposing team.

To score points players in each team together attempt to make canastas. A canasta is a group of seven cards of the same numerical rank. A team "goes out" by one of the team playing all the cards in his hand. The points are then counted and a new game begins again until one team reaches 5000 points.

Then you may have asked yourself:

- > If I am interested in joining this group, is the group a friendly one?
- > Do they welcome new group members with open arms?
- > Do they help new group members learn the game?
- > Does that help continue until the new member is comfortable with the game?
- > Would it be a way of pleasantly passing an afternoon, learning new card skills with a group of friendly group members, some of whom I may currently know, or other members I will get to know and become friends with?
- > Will playing help keep my brain active with a gentle workout?
- > Does the alternate Tuesdays and Wednesdays timetable fit in my schedule without a commitment?
- > Do the playing times of 2pm to 5pm suit me?
- > Would I be able to play just occasionally if other commitments crop up?
- > Does playing in the Morrison's community room have its attractions because it's free and convenient to pick up some shopping before or after the game?



On the other hand, if you have played Canasta in the past, you may be thinking whether you would enjoy getting reacquainted with the game. Perhaps you play occasionally with other non-u3a groups already and you may be thinking it would be good to meet and play with new players. You probably then are asking yourself the same questions a member with no Canasta knowledge has.

Well, there is just one answer to those questions and that answer is YES.

So why not join our friendly group and enjoy a relaxing game of cards in great company while keeping your mind active and giving your brain a gentle workout at the same time.



(The group meets on alternate Tuesdays and Wednesdays between 2pm and 5pm in The Morrison's Community room).



CRAFT



GROUP NOW FULL

We meet every 4 weeks.
We provide everything.
The cost is £4 per session.
You take home your masterpieces!
Refreshments can be bought instore or bring your own.

**WE MEET IN THE COMMUNITY ROOM,
MORRISONS STORE, NORTHWICK ROAD**

FROM 13.30 TO 15.30

CRIBBAGE

The crib group is full as we meet at people's houses and 8 is our maximum. Perhaps if anyone else wants to play a new group could be formed?

We aim to meet about every two weeks but this will depend on people's other commitments.

Jan



FRIDAY MEMBERS MEETING SPEAKERS LIST

FEBRUARY TO JUNE 2023

- | | |
|---------------------------------|---|
| FEBRUARY 20th | Michael Farley
His talk is titled Good King Hal – a talk on Henry 8th |
| MARCH 17th | Lindsay Burrell
Her talk is on Burlesque Dancing! |
| APRIL 21st | Ian Nicholson
His talk is titled Wills, the unspeakable conversation. |
| MAY 19th | Andrew Babicz
His talk is titled Seasonal contained gardening |
| JUNE 16th | Rod Bishop
He will give a talk about Canvey Island |

MONTHLY MEETINGS 2023

These are the 2023 Friday monthly meeting dates for your diary

To be held at St. Nicholas' Church Hall,
Long Road, Canvey Island
Once a month on Fridays
between 9.45am – 12pm

17 th FEBRUARY	18 th AUGUST
17 th MARCH	15 th SEPTEMBER
21 st APRIL	20 th OCTOBER
19 th MAY	24 th NOVEMBER
16 th JUNE	15 th DECEMBER
21 st JULY	

DOORS WILL OPEN at 9.45

We aim to be seated by 10am ready for notices to be read, etc.

We would ask that our members do not arrive at the car park until after 9.30 please

CROCHET & KNITTING



This group meets on 1st and 3rd Wednesdays of every month

DINING CLUB



FRANCES AND JEANETTE HAVE BOOKED THE NEXT DINING CLUB MEAL AT

THE ANCHOR PUBLIC HOUSE, BENFLEET
FOR THURSDAY 26th JANUARY AT 12pm

THE COST WILL BE £14 (including tip) FOR THREE COURSES!

THE ANCHOR HAS REQUESTED THAT WE PRE-ORDER OUR THREE COURSES EACH BEFORE ARRIVAL SO PLEASE SEE FRANCES OR JEANETTE, WHO HAVE THE MENU, AND LET THEM KNOW YOUR PREFERENCES.

INDOOR GAMES

The Indoor Games group meets every other Wednesday at the Jubilee Hall from 1.45pm till 3.45pm.

We play a variety of games - mostly board and card games.

We are full at the moment but if you would like to start a second indoor games group please contact Linda, our Groups Co-ordinator.

Regards, Jan & Den



KEEP FIT

Our Keep Fit Group meetings
are held:

EVERY TUESDAY
(2 morning sessions)

At: **THE JUBILEE HALL**

at the rear of Waterside Farm Sports Centre

The sessions are run by Karen Lawrie



NEWS & INFORMATION

CANVEY THAMESIDE U3A COMMITTEE VACANCIES

We are looking for a member to take over the management of our u3a website.

The site is already up and running and needs regular updating.




We also need a new Membership Secretary.

This post covers the annual membership renewal and upkeep of our members records. Issuing new member applications with membership application forms, updating our records with their details and providing the new members with a membership cards.

It also includes the upkeep of the U3A national magazine members mailing list.

Jan has been the Website Editor and Membership Secretary for eight years and would now like to retire from these posts.

AUNTY ACIDS ANECDOTES

<p>I'm not rude. I just speak what everyone else hasn't got the balls to say.</p>  <p>aunty acid www.facebook.com/auntyacid</p>	<p>aunty acid Men say that women should come with instructions. What's the point? Have you ever seen a man actually read them?</p> 	<p>aunty acid Today's housekeeping tip: Always keep several Get Well cards on the Mantlepiece. That way, if unexpected guests arrive, they'll think you've been SICK and unable to clean.</p> 
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JUST JOKING

<p>I'm the kind of crazy you weren't warned about because no one knew this level existed.</p>	<p>So it turns out that being an adult is mostly just Googling how to do stuff.</p>	<p>I was gonna take over the world today but I overslept. Postponed, again!</p>	<p>I don't mean to brag, but I put together a puzzle in 1 day and the box said 2-4 years.</p>
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Why is it the one who snores the loudest is always the first to fall asleep!

STUDENT LOANS



TO LIVE A CIVIL AND WISE LIFE, GET A STUDENT LOAN AND INVEST IN YOUR FUTURE...

My mind says I'm in my twenties.
My body says "Yeah You Wish!"



MINION MOMENTS

THAT AWKWARD MOMENT WHEN YOU'VE ALREADY SAID "WHAT" 3 TIMES BUT YOU STILL HAVE NO IDEA WHAT THE OTHER PERSON SAID



SO YOU JUST AGREE!
MILLION MINION JOKES

DID YOU KNOW THERE'S AN APP ON YOUR PHONE THAT MAKES YOU LOOK UGLY?




IT'S CALLED "CAMERA".


A police officer came to my house and asked me where I was between 5 and 6 He seemed irritated when I answered 'kindergarten!'



PC/LAPTOPS & PHOTOGRAPHY



The PC/Laptop and Photographic groups meet regularly every two weeks, from 1.30–3.30pm, at B.O.P.H, Charfleets Close.



If anyone has old photos they wish repaired or transferred to disc, we are willing to do this.
A small donation would be welcome for this service, if possible.

ANDY CAPP

ANDY CAPP



SO SORT YOUR OWN SUPPER OUT TONIGHT. I'VE LEFT ALL THE INGREDIENTS OUT FOR YOU

PASTA, SAUCE, TOMATOES AND MUSHROOMS

EAT FRANK'S TAKE-AWAY BURGERS · PIES

ANDY CAPP



IT'S A CONDITION OF YOU GETTING THE SOLE THAT YOU LOOK FOR EMPLOYMENT, MISTER CAPP

OKAY, LAD, HANG ON

I'VE HAD A LOOK — CAN I GET ME MONEY NOW?



SOCIAL, FAMILY & LOCAL HISTORY



**WE MEET AT THE CAFE/BAR IN SANDY BAY,
THORNEY BAY ROAD**

(The bar is left past the entrance, near the pool)

**AFTER 18th OCTOBER WE WILL MEET EVERY 4th
TUESDAY FROM 10AM**

7th February: Paul on the changing face of Canvey sea front.

7th March: members show and tell. Every member selects a photo, document, census return, object etc related to one of your ancestors and does a brief talk of about 10 minutes or so on it. Can be absolutely anything. The 1921 census may have provided revelations you could use as a basis.

4th April: Paul on the great flood, 70 years ago this year.

Meetings are then 2nd May, 30th May, 27th June, 25th July, 22nd August, 19th Sept, 17th Oct, 14th November and 12th December.

Paul

**PLEASE FEEL FREE TO FORWARD THIS TO ANY
MEMBERS THAT MIGHT BE INTERESTED**



ARE YOU SITTING COMFORTABLY?



NEW YEARS RESOLUTION

My new year's resolution is I'm going to get thinner
So I purchased a dieters meal as a TV dinner
When I looked at the ingredients I discovered it's a racket
There is more nutritional value if had I eaten the blinking
packet!

A NEW YEAR'S WISH

On New Year's Eve, Marilyn stood up in the local pub and said that it was time to get ready. At the stroke of midnight, she wanted every husband to be standing next to the one person who made his life worth living.
Well, it was kind of embarrassing. As the clock struck - the bartender was almost crushed to death.

LECTURE TOUR WITH A DIFFERENCE

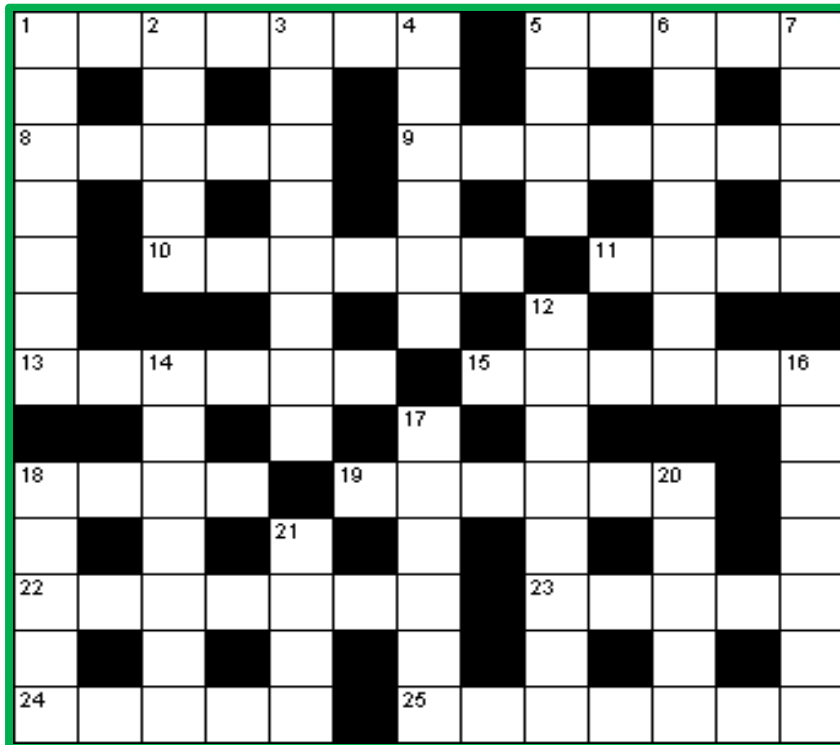
On New Year's Eve, Daniel was in no shape to drive, so he sensibly left his van in the car park and walked home. As he was wobbling along, he was stopped by a policeman. 'What are you doing out here at four o'clock in the morning?' asked the police officer.

'I'm on my way to a lecture,' answered Roger.

'And who on earth, in their right mind, is going to give a lecture at this time on New Year's Eve?' enquired the constable sarcastically.

'My wife,' slurred Daniel grimly.

CRYPTIC CROSSWORD



ACROSS

1. Store part of scarce bee habitat (7)
5. Fundamental meaning in hypo intrigue (5)
8. Neat bicycle antique, essentially (5)
9. Lacking respect in slim pie tyrant (7)
10. Amnesty for equivalent Spanish gentleman (6)
11. Mixed up a bit to catch something (4)
13. Discovered quality in recital entrant (6)
15. Toy stereo found in bed (6)
18. Fiasco deep in computer instruction (4)
19. Struggle with bottle opener replaced by animals with can opener (6)
22. Verify historic period is ordinary (7)
23. Eg our confused villain (5)
24. Australian state in short and two thirds of a number makes sense (5)
25. We ease underwater tangle (7)

DOWN

1. Statement sounds like nobility (7)
2. Rearranged inexpensive peach (5)
3. Unwitting confusion, no rating (8)
4. Scribbled it or rewrites it, essentially (6)
5. 16th Greek and 17th Hebrew make music (4)
6. Confusing nice tax is imprecise (7)
7. Sultry starlet finds a date (5)
12. Disorder, this year (8)
14. Fifty Roman snakes climb them (7)
16. Adhered to tussled hair (7)
17. Light touch in car essential (6)
18. Monotonous sound in church anthem (5)
20. This bird landed in 1969 (5)
21. Likelihood of finding fabric in umbrella certain (4)

SOLUTION PAGE 22

SUNDAY GROUP

ARE YOU AT A LOOSE END/WOULD LIKE COMPANY AT THE WEEKEND?

JOIN THE SUNDAY GROUP.

WE HOPE TO MEET ONCE A MONTH, MOSTLY ON SUNDAY, TO HAVE LUNCHES, VISIT PLACES OF INTEREST, ETC.

SUGGESTIONS ARE MOST WELCOME.



THEATRE

PLEASE CONTACT THE CONVENORS FOR DETAILS OF FUTURE THEATRE EVENTS





WALKING



We intend to walk once a month, keeping the walks easy and as local as possible and will increase the frequency, walk length and travel further afield in the Spring.

Strong shoes/trainers or walking boots are recommended.

Please contact Sue and Dave for details of their next walk.

BRAIN TEASERS

1. What is the next number in this series?

101 103 107 109 113 127 ...

2. Rearrange the following letters to give the name of a famous singer.

WESTERN VIDEO

3. What do the following words have in common?

HOUSE SHANK WOOD FLY HORN

4. Rearrange the following letters to give the title of a popular song.

ECHO IN MUDDY LANE

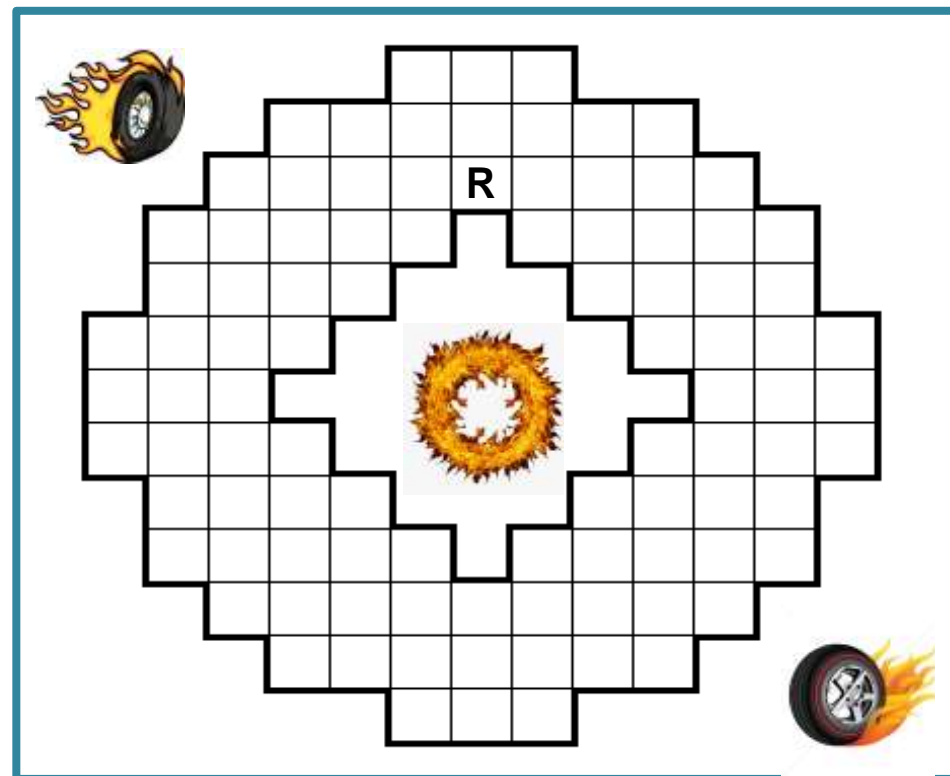
5. Peter picked one pepper more than Paul.
Pat picked one pepper more than Pam.
Peter and Paul picked 10 more peppers than Pat and Pam.
Peter, Paul, Pat and Pam picked 60 peppers.
How many peppers did Peter pick?



FUN STUFF

WORD WHEEL

CAN YOU FIT THE WORDS CORRECTLY INTO THE GRID?



3 LETTER WORDS

APT
DIE
ERR
GET
LIP
MEN
OLD
SOP

4 LETTER WORDS

BASE
DIVA
EDGE
ELSE
FLAT
MIEN
NEAP
ONCE

4 LETTER WORDS

PERT
RING
SLAT
SPAN
SPOT
STAB
SUET
TARO

5 LETTER WORDS

DEIGN
EMEND
FLIRT
HOIST
PANEL
SONAR
SPIRE
TREND

7 LETTER WORDS

DEplete
DEVIATE
HEIRESS
LENIENT

9 LETTER WORDS

ANCILLARY
MELODRAMA
MODERATOR
RESIDUARY