## **COMMITTEE MEMBERS CONTACT DETAILS**

NAME	PHONE/ MOBILE	EMAIL			
CHAIRMAN SOCIAL EVENTS ORGANISER					
DIANE SMITH FOR ENQUIRIES PLEASE RING BET	Ī	_			
SECRETARY					
DAVE SUTTON FOR ENQUIRIES PLEASE RING BET	¥	_			
TREASURER					
FRANCES BARBOUR	Y	-			
SPEAKER ORGANISER					
JEANETTE PARMINTER FOR ENQUIRIES PLEASE RING BET	¥	-			
MEMBERSHIP SECRETARY NEWSLETTER EDITOR VICE CHAIRMAN					
JAN DOWDALL FOR ENQUIRIES PLEASE RING BET	4	_			
GROUPS COORDINATOR					
LINDA BOSE					
FOR ENQUIRIES PLEASE RING BET	VEEN 9AM-6PM MONI	DAY TO FRIDAY ONLY			
FOR ENQUIRIES PLEASE RING THE ABOVE BETWEEN 9AM-6PM MONDAY TO FRIDAY ONLY. THANK YOU.					

www.u3asites.org.uk/canvey-thameside







### HANDWRITING ANALYSIS FOR FUN A talk by Joanne Larner

We welcomed Joanne Larner to our Friday meeting to give a fascinating talk on handwriting, and what it told is about our personalities, including traits like extrovert or introvert, mood, caring or cold, sexy or shy, honest or a liar, temper, loner of sociable, well-balanced or unbalanced and many more. By the end of the talk, we had some insight, not necessarily all favourable, into what sort of people we were.

We were then asked to write a sentence to a friend and sign it, so we could do a bit of self-analysis as Joanne explained what our slant, loops, dotted i's and everything else meant. The dot above the I was a lot more significant than you might imagine. The I with a circle dot shows childlike tendencies. For starters. If your friend's name was smaller than your signature, you consider them inferior. Loops, size of letters, sloping one way and various unnecessary slashes and lines were all indicators of personality. Thankfully, mine didn't have anything worryingly significant, but the number of laughs suggested a few of our members did...hopefully, not all murderous psychopaths! One interesting one was that a large gap in writing could mean you are lying, because the gap indicates stopping and reflecting.

Joanne then showed us a variety of famous and infamous signatures, to make judgements on them based on just this. Interestingly, the first examples showed complete opposites, one reclusive and one sociable, though both were serial

killers! Many more were shown, so only a few examples are here. Van Gogh's definitely showed his depressive nature, Richard Nixon had something to hide, Donald Trump

showed tension, stress and a go-getter. Generally, a left slant can't show emotions, whereas a right slant, like Adele, was showing an ability to show emotions. Fascinating insights into various slopes.



particular styles of doing certain letters like p and y and many others showed things like resentment, irritability and arguing styles. On signatures, most famous people use large initial letters as a sign of their own self-importance. Illegible signatures (I hope this doesn't apply to doctors) means holding



something back. Boris Johnson's showed positive and optimistic, with a tendency to put his foot in it. Sometimes, sports people in particular, put something into the signature

linked to their sport. Mo Farah's definitely had what seemed light high legs and running shoes, Steffi Graf a tennis racket. The best was Liberace, the height of style and flamboyance, with a candelabra and piano in his signature. Marc Bolan, who was convinced he would die young, had cross marks in his name, a sign of death. (While on this, as a total aside, look how many pop stars and similar died aged 27. Marc Bolan was a bit older.) Margaret Thatcher's way of writing her T showed ambition, whereas Michael Gove's signature showed he was ruthless and deceitful.

### IMPORTANT INFORMATION

Your newsletters contain the private contact details of many of your fellow members and we must ask you to ensure that when you have finished with your newsletter you dispose of it thoughtfully. Where possible please shred pages containing private contact details. While these members are happy to share their details with you, they might not be so happy to receive contact from anyone who has obtained their details from a thoughtlessly discarded newsletter. Many thanks.

## CHANGE OF PERSONAL DETAILS

We would be grateful if you could please let us know of any changes you have made to your:

### HOME ADDRESS EMAIL ADDRESS TELEPHONE NUMBER/S I.C.E. CONTACT/S

as soon as possible so that we can update our records.

### **CERTIFICATES AND LICENCES**

Details of our U3A Insurance, our PPL Licence and our MPLC Umbrella Certificate can be found on our website <u>www.u3asites.org.uk/canvey-thameside</u> under the '**INFO**' tab.

A PPL licence is required when recorded music, including radio and TV, is played in public.

An MPLC Umbrella Certificate allows us to show films and TV shows

-20



SQUIGGLY SUDOKU SOLUTION

5	1	4	3	2	8	9	6	7
7	3	6	8	9	4	5	1	2
4	2	1	5	8	3	7	9	6
9	6	8	7	5	2	1	3	4
6	7	2	9	3	1	4	8	5
2	8	3	4	7	9	6	5	1
1	9	5	2	6	7	8	4	3
3	5	9	1	4	6	2	7	8
8	4	7	6	1	5	3	2	9

GIBBLEGUTS.COM



The children have grown up and left."

**CROSSWORD SOLUTION** 



By Dan Gibson





Joanne then turned to famous couples and what their signatures said about their relationship. William and Catherine showed compatability, though William was more secret, but in control, whereas Kate was open, communicator and sociable. Seeing them together at events does confirm this, I think. Harry showed some preoccupation with death (his mother's) and Meghan some resentment and not letting go of the past.

Joanne switched to a historical situation. In 1483, the young King Edward V and his brother disappeared while in the Tower of London (then a royal residence). The popular story is Richard of Gloucester had them murdered and became Richard III. They may still have been alive in 1485, when Henry Tudor defeated Richard III at Bosworth and became king. He may have been the murderer of the Princes in the Tower along with other suspects. Joanne examined signatures and writing to see if they shed any light on this. Richard's shows a troubled past, but generally in control. His writing when writing to Buckingham, a friend who betrayed him and another possible Princes murderer, changed and reflected this anger. His signature with his wife shows an unusual equality at the time, whereas Henry VII's with his wife was much larger showing his importance in a political marriage, Margaret Beaufort, Henry Tudor's mother, shows deception and violence in its illegibility, with her putting R for Regina, though she was never a queen. Basically, the writing and signatures clear Richard III of the murder of the Princes in the Tower. There is, of course, more to it than that.

Joanne took questions, including what differences being left-handed made, possibly a natural lean to the left, and what happens if writing changes in slope from left to right. It means deranged axe-murderer....no, it doesn't. I made that up. I couldn't hear the answer! Several members spoke to Joanne privately for analysis (what have you got to hide?). She also recommended the book with an intriguing title that sparked her interest, Sex, Lies and Handwriting by Michelle Dresbold, available on Amazon.

This write-up just gives a flavour of a really interesting 45 minutes discovering what writing reveals.

Paul. MARGARET THATCHER NICHAEL GOVE MARC BOLAN PRINCE WILLIAN CATHERINE + Down Kins Finand Boor EDWARD V **RICHARD II** 



The Groups Convenors would be grateful if you could let them know as soon as possible if you are unable to attend a group session as many of them prepare materials, etc for use at each meeting. Thank you







The Art Group hold their meetings at The Jubilee Hall at the rear of Waterside Farm Sports Centre on alternate Thursdays from 10am – 12pm







In May we saw The Book Club - The Next Chapter with Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen. The film was very light-hearted and enjoyable.

In July we saw Indiana Jones and the Dial of Destiny, which was an extremely fast moving and "edge of your seat" adventure sequel.

Two very different films, as we try to keep things varied.

For details of future cinema visits please contact Georgia

# **MONTHLY MEETINGS 2023**

These are the 2023 Friday monthly meeting dates for your diary

To be held at St. Nicholas' Church Hall, Long Road, Canvey Island Once a month on Fridays between 9.45am – 12pm

> 15<sup>th</sup> SEPTEMBER 20<sup>th</sup> OCTOBER 24<sup>th</sup> NOVEMER 15<sup>th</sup> DECEMBER

## DOORS WILL OPEN at 9.45

We aim to be seated by 10am ready for notices to be read, etc.

We would ask that our members do not arrive at the car park until after 9.30 please





SEPTEMBER

BIRTHDAY

>

HAPP

BIRTHDAY

НАРРУ

BIRTHDA

HAPPY

BIRTHDAY

à

4AP

1<sup>st</sup> Stephanie Hughes 2<sup>nd</sup> Charles Barden 3<sup>rd</sup> Roy Broomfield 3<sup>rd</sup> Hilary Blackwell 5<sup>th</sup> Pat Dingle 5<sup>th</sup> Shirley Castile 8<sup>th</sup> Elizabeth Caulfield 10<sup>th</sup> Valerie Nash 15<sup>th</sup> Christine Hughes 15<sup>th</sup> John Powell 17<sup>th</sup> Roger Cornwell 18<sup>th</sup> Derek Wilkinson 21st Kay Bibbey 22<sup>nd</sup> June Gleed 23<sup>rd</sup> Sean Scanlon 24<sup>th</sup> Keith Thorne 24<sup>th</sup> Susan Savage 27<sup>th</sup> Marion Felstead 29<sup>th</sup> Pat Smith

If your name is not shown here your birth date was omitted from your membership form. Please let Jan know your birthday to add to our records.

HAPPY

BIRTHDAY

CANASTA

#### AND PERHAPS WHY YOU SHOULD THINK OF JOINING THE GROUP

Canasta – what on earth is Canasta? Isn't it the Spanish word for basket? Is it a card game? Is it easy to learn and fun to play?

Perhaps as you flicked through the pages of the monthly newsletter or as you noticed the group information slips on Linda's desk at the monthly meeting, a passing thought may have been "I wonder what Canasta is"? Then you have flicked the page over or continued on passed the table and dismissed the thought of Canasta and joining the Canasta group.

Or, perhaps you lingered a while on that page or paused to look at the Canasta Group information sip and thought of finding out a bit more about the game and the group.

#### What is Canasta?

**u**3a

HAPPY

BIRTHDAY

HAPPY BIRTHDAY

HAPPY

BIRTHDAY

HAPPY

BIRTHDA

Canasta is an easy to learn card game which is played by four or 6 players in two teams with two standard decks of cards and wild cards. Each card has a score value and the object of the game is for each team to score points and one team to reach 5000 points before the opposing team.

To score points players in each team together attempt to make canastas. A canasta is a group of seven cards of the same numerical rank. A team "goes out" by one of the team playing all the cards in his hand. The points are then counted and a new game begins again until one team reaches 5000 points.

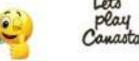
Then you may have asked yourself.

- If I am interested in joining this group, is the group a friendly one?
- > Do they welcome new group members with open arms?
- > Do they help new group members learn the game?
- Does that help continue until the new member is comfortable with the game?
- Would it be a way of pleasantly passing an afternoon, learning new card skills with a group of friendly group members, some of whom I may currently know, or other members I will get to know and become friends with?
- Will playing help keep my brain active with a gentle workout?
- > Does the alternate Tuesdays and Wednesdays timetable fit in my schedule without a commitment?
- Do the playing times of 2pm to 5pm suit me?
- Would I be able to play just occasionally if other commitments crop up?
- Does playing in the Morrison's community room have its attractions because it's free and convenient to pick up some shopping before or after the game?

On the other hand, if you have played Canasta in the past, you may be thinking whether you would enjoy getting reacquainted with the game. Perhaps you play occasionally with other non-u3a groups already and you may be thinking it would be good to meet and play with new players. You probably then are asking yourself the same questions a member with no Canasta knowledge has.

Well, there is just one answer to those questions and that answer is YES.

So why not join our friendly group and enjoy a relaxing game of cards in great company while keeping your mind active and giving your brain a gentle workout at the same time.



wy usta!

(The group meets on alternate Tuesdays and Webnesdays between 2pm and 6pm in The Ilfornison's Community room).







We meet every 4 weeks. We provide everything. The cost is £4 per session. You take home your masterpieces! Refreshments can be bought instore or bring your own.

WE MEET IN THE COMMUNITY ROOM, MORRISONS STORE, NORTHWICK ROAD

FROM 13.30 TO 15.30

# VARIOUS CRAFTS

## Choose your craft, have a go.



Lots available, beginners or experienced

Meets last Tuesday each month at 1.30pm at Jeans house.



FRIDAY MEMBERS MEETING SPEAKERS LIST AUGUST to OCTOBER 2023

AUGUST 18<sup>th</sup> MARTYN LOCKWOOD Saucy Seaside Postcards

-000-

### SEPTEMBER 15<sup>th</sup> Medical Detection Dogs.

Using their amazing sense of smell dogs can be trained to identify minute odour changes emitted prior to an emergency and alert the person to take preventative action.

-000-

### OCTOBER 20th Les Mis to Lion King

**Martyn Harrison** 

Martyn, as a tenor, worked with major opera companies including New Sadlers Wells. He has an amazing voice and his renditions of a variety of musicals is excellent. His jokes and stories about his time in musical theatre is very interesting.

### IT'S NEARLY THE END OF OUR MEMBERSHIP RENEWAL PERIOD

18

Our U3A membership year runs from 8<sup>th</sup> August 2022 to 7<sup>th</sup> August 2023 which is when all existing memberships expire. The renewal period this year is from 1<sup>st</sup> July to <u>7<sup>th</sup> September</u> 2023 and all renewal membership forms and fees must be received within this period.

### OUR 2023/2024 ANNUAL MEMBERSHIP FEE IS £20

**Renew at August meeting:** Renewal membership forms will available at our 18<sup>th</sup> August monthly meeting. Please complete the form and your cheque for £20 (made payable to Canvey Thameside U3A) and visit Jan and Margaret on the Membership desk to renew your membership.

The renewal membership form is available on our website (on the Membership page). If you prefer you can print the form, fill it in and bring to the August meeting with you.

**Renew by post:** Download the renewal membership form from our website, print, fill in and post it with your cheque for £20 (made payable to Canvey Thameside U3A) to Jan at any time before  $\frac{7$ th September 2017.

The address to post your form to is shown on the membership renewal form.

If you do not have internet access and are unable to attend the August meeting renewal membership forms can be obtained from Janice. Please telephone her on 07817880306.

Your existing membership card and membership number will continue to be valid. If you have lost your card you can obtain a replacement by picking one up from Jan at any monthly meetings.

If you know of a member who will not be able to attend the August Friday meeting and does not have internet access could you please pick up a form for them to complete.

#### WE LOOK FORWARD TO YOUR CONTINUING MEMBERSHIP AND SUPPORT AND AN ENJOYABLE AND FUN YEAR AHEAD.

Please ensure that your renewal form reach Jan by the <u>7th September</u> as your membership may be offered if we don't hear from you - we don't want to lose you!

# CRIBBAGE

The crib group is full as we meet at people's houses and 8 is our maximum. Perhaps if anyone else wants to play a new group could be formed?

We aim to meet about every two weeks but this will depend on people's other commitments.

Jan



# CROCHET & KNITTING



This group meets on 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of every month DINING CLUB

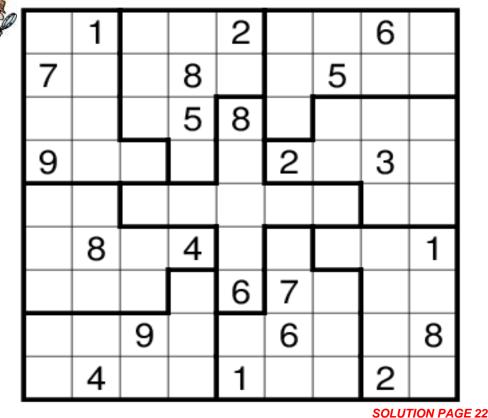


## PLEASE CONTACT THE **GROUP CONVENORS FOR FUTURE DINING** BOOKINGS



## SQUIGGLY SUDOKU

The object is to insert the numbers in the shapes to satisfy only one condition: each row, column and shape must contain the digits 1 to 9 exactly once. What could be simpler?



### **AUNTY ACID ANECDOTES**





16

# ARE YOU SITTING



### CARE FOR YOUR MOTHER-IN-LAW

A man, his wife and his mother-in-law went on vacation to the Holy Land. While they were there, the mother-in-law passed away.

The undertaker told them, 'You can have her shipped home for  $\pounds 5,000$ , or you can bury her here in the Holy Land for  $\pounds 150$ .'

The man thought about it and told him he would just have her shipped home.

The undertaker asked, 'Why would you spend £5,000 to ship your mother-in-law home, when it would be wonderful to have her buried here and spend only £150?'

The man replied, 'a man died here 2,000 years ago, was buried here, and three days later he rose from the dead.

I just can't

Daniel and Jessica, young couple, got married and went happily on their honeymoon. When they got back, Jessica immediately 'phoned her mother and her mother obviously asked, 'How was the honeymoon, dearest?'

'Oh, Ma,' she replied, 'the honeymoon was wonderful. So romantic...'

Then Jessica burst out crying. 'But, Ma, as soon as we returned home Daniel started using the most ghastly language... saying things I've never heard before! I mean, all these awful 4-letter words! You've got to come get me and take me home.... Please Ma.'

'Calm down, Jessica!,' said her mother, 'Tell me, what could be so awful? What 4-letter words?'

Still sobbing, Jessica whispered, 'Oh, Ma...words like dust, wash, cook, and iron.'

# **INDOOR GAMES**

The Indoor Games group meets every other Wednesday at the Jubilee Hall from 1.45pm till 3.45pm.

We play a variety of games - mostly board and card games.

We are full at the moment but if you would like to start a second indoor games group please contact Linda, our Groups Co-ordinator.

Regards, Jan & Den







Our Keep Fit Group meetings are held:

### **EVERY TUESDAY**

(2 morning sessions)

At: THE JUBILEE HALL at the rear of Waterside Farm Sports Centre

The sessions are run by Karen Lawrie



# SOCIAL, FAMILY

WE MEET AT THE CAFE/BAR IN SANDY BAY, THORNEY BAY ROAD (The bar is left past the entrance, near the pool)

### FUTURE 2023 MEETINGS:

22nd August: Long Gone Canvey Industries 2: Prouts Catamarans and how they

**19th September: Georgia is talking about DNA testing and family tracing**, which will help us use tests we have had done or might encourage us to have a test done. (Ancestry regularly do offers, as one example.)

**!7th October: Graham Stevens** has asked to do a talk for us on his family's first settlement on Canvey in the early 1900s, including a connection with William Wilberforce. He and Rod were regular contributors to our local history group at St Anne's.

**14th November: Wills.** This was suggested last time. I will do a general introduction on wills, including a few funny ones I have come across. The best bit will be examples you bring in, as they do tell us a lot about families, possessions etc. So dig them out and bring them along.

**12th December: Further details about life in 1921** based on the census. Since we last did sessions on the 1921 census, a lot of research has been done on what it tells us about life then.

Meetings will, hopefully, continue into the new year, 9th January, 6th February etc.

. 🄏			j	2	L	J		N	J	0	2
Y				C	R	0	5	5	W	<b>'C</b>	)R
BAY ROAD	1	2	3	4		5	6	7	8	9	
	14	+	+			15	$\uparrow$	+	$\vdash$	+	
	17	+	+			18		+	$\vdash$	+	19
	20	+	+		21				22	+	+
ts				23		+					24
	25	26	27			+	28	29	30	31	
ng and	32	+	+				33	+	+	+	+
d done or	37	+	+	+		38		+	+	+	
larly do	40	+	+		41		-		+		42
					43	+	+	+	+	44	-
	45	46	47	48						49	+
for us on	50	+	+			51	52		53	-	+
s, including e regular	57	+	+	_		-	-	58	<b>—</b>	+	
cregular	60	+	+			61	-		+		-
	63	+	+	_		64	-		+		-
will do a											_
s I have							oow				
n, as they do	1. S 2 G	un irey v	wolf					juire jitate			42. 44.
	3. M	latur	ed			26.	Rap	scall	ions		44. 45.
		ot fo xcha		sea	sick		Res Axia				46.
ised on the	6. Charged particles 29.					29.	Cor		ve		47.



12 13



24					1. Shredded cabbage
- 1					5. Pervert
					10. Baroque composer
					14. Roman robe
		34	35	36	15. Courted
	39				16. Hairdo
	~				17. Assist in crime
42					18. Disgraceful
					20. Rats
					22. Overture
					23. Record (abbrev.)
					24. Small islands
		54	55	56	25. Behaving badly
					32. Refereed
	59				<ol> <li>Odourless inert gas</li> </ol>
	62				34. Lyric poem
	02				37. WW1 plane
	65				38. Tendon
					39. Dwarf buffalo
					40. S
					41. Located near the poles
42. Desire					42. Canker sore
44.	Dine	er			43. Without protection
45.	Som	netim	ies, v	work	
	with	lions	S		49. Era
46.	Lyric	c poe	em		50. Mei
		ient (		с	53. Go over again
	pries	st			57. A spokesperson
48. Repeat					59. G G G G
51. Not closed					60. Modify
52. Scrabble piece					61. Young eel
53. Frozen					62. Angers
54. Relating to aircraft					
55. Abound					
55.	, 100	unu			<ol><li>64. Poverty-stricken</li></ol>

64. Poverty-stricken 65. Draw near



8. Large brown

seaweed

12. Unrefined

13. Flexible tubes

9. Smell

19. Rule

10. Bonds

31. At this time

11. Be in trouble with 38. Comes after Mi

34. A single time

and Fah

39. Averse

35. Accomplishes

36. Hearing organs

41. Mentally prepare

56. Being

58. Night before

### **TRIP TO HEVER CASTLE**

It was a dark & stormy night – well, not really. It was actually a bright, sunny July morning when 32 sprightly members of this Parish boarded a Cooks Coach and headed for Hever Castle in Kent. Of course there were delays on the M25 but we're used to that.



We arrived at the same time as a coach of teenagers on a school trip but they were no trouble and like us were just there for a nice day out. I decided to latch on to Linda Bose and Joan Skedge. We had to get our priorities right so our first stop was the café for, in my case, coffee and cake. Then off for a tour round the castle with an audio guide. It was very informative but the one minor irritation was that the narrator kept pronouncing the Boleyn name as "Bollin" instead of how it is usually pronounced "Bowlyn"

The original medieval defensive castle built in the year 1270. During the 14th century, moat walls, towers, and other buildings were added to the castle. The castle is famous for its association with the story of <u>Queen Anne Boleyn</u> and <u>King Henry VIII</u>. It was inherited by Geoffrey Boleyn's grandson, Thomas Boleyn, in 1505. He lived there with his wife and children, namely George, Mary, and Anne. It is not certain that Anne was born in the castle, but she lived there until she was sent to the Netherlands for further studies.

Anne Boleyn is famously known to be King Henry VIII's second wife. After returning to England, Anne lived at King Henry's court for quite some time and attracted many eyes. In 1527, King Henry initiated secret proceedings to get his marriage with Catherine of Argon annulled since his passion for Anne strengthened. He wanted to get rid of his Queen by declaring his first marriage null and void. In 1533, after many heated debates with Pope Clement VII, the couple announced their union on Easter, and Henry's first marriage with Queen Catherine was declared void. In September, Anne gave birth to a girl, the future Queen Elizabeth I. However, the marriage between Anne and King Henry did not work out when she failed to produce a male heir for the throne and was subsequently beheaded on the claims of adultery and incest.

After our tour of the Castle, it was time for a light lunch and in my case, a glass of wine. Well, it would have been rude not to. We saw Alison sitting on a bench doing a drawing of the castle which is shown above – pretty good, I'd say.

Then it was off to wander round the Italian Garden and see the Lake. The gardens were stunning, unlike the model who's just showing off.

We had plenty of time to look around. We did visit the gift shop but didn't buy anything. Time for an ice cream before the journey home. All in all, a great day out with excellent company.

So if you hear about a trip coming up and you're not sure whether to put your name down: go for it and you will have a wonderful time with good friends.





## PC/LAPTOPS & PHOTOGRAPHY



The PC/Laptop and Photographic groups meet regularly every two weeks, from 1.30–3.30pm, at B.O.P.H, Charfleets Close.



If anyone has old photos they wish repaired or transferred to disc, we are willing to do this.

A small donation would be welcome for this service, if possible.

# ARE YOU AT A LOOSE END/WOULD LIKE COMPANY AT THE WEEKEND?

JOIN THE SUNDAY GROUP.

WE HOPE TO MEET ONCE A MONTH, MOSTLY ON SUNDAY, TO HAVE LUNCHES, VISIT PLACES OF INTEREST, ETC.

SUGGESTIONS ARE MOST WELCOME.



Frances







We intend to walk once a month, keeping the walks easy and as local as possible and will increase the frequency, walk length and travel further afield in the Spring.

Strong shoes/trainers or walking boots are recommended.

Please contact Sue and Dave for details of their next walk.



### DINING CLUB SAVOR RESTAURANT VISIT

For our July meal, 32 of us went for dinner at the Savor which used to be called The Labworth Restaurant.

We had a 2 course meal and tea & coffee and the tip was included for £30. I had 2 sea bass fillets, potatoes & vegetables followed by lemon posset. Of course, it was obligatory to have a glass of wine and I did not let the side down and judging by the photos neither did anyone else!

The food was excellent and there was more than enough. Terry, his wife and all the staff made us very welcome and worked really hard to make the evening such a success. I'm certain that we will be returning when they re-open next year.









Frances