

u3a Canterbury and District
Courses and Activities Programme WINTER EXTRAS
Quarter 1 2024, commencing January 2024

Introduction

Welcome to our additional Winter Courses, our Winter Extras. We have recruited some new tutors and are grateful to all our volunteers for their continued commitment.

Two courses on the original programme, **40 Strange Places in and around Canterbury** and **Introduction to Sanskrit** were heavily oversubscribed and the tutors have generously agreed to repeat them. Initially, the members on the waiting lists for these courses will be given the opportunity to book places. Any remaining places will then become available to all. If you are interested in either of these, and are not on the waiting lists you are advised to look at the booking website from time to time to see if places have become available. No further additions will be made to these two waiting lists.

Booking courses – Non-email members

Members for whom we do not have an email address have been posted a hard copy of this document together with a booking form. Please follow the instructions on that form.

Booking courses – Members with an email address

Access to the Booking website

Current members for whom we have an email address will already have access to the u3a Canterbury booking website, <https://bookings.u3acanterbury.org.uk> This link takes you to the login page. Your username is your email address and hopefully, you still have the password you set when you last accessed the site. If you don't have your password, then click where it says, 'Forgotten your password' and you will be able to set up a new one. If you have any problems, please do not hesitate to contact Angela Tippett, atippett@u3acanterbury.org.uk

Booking for these courses will open on Tuesday 2nd January

These courses will be seen on the booking website before that date but will not be bookable.

Cancelling a booked place

If you book onto a course that you subsequently wish to cancel, please email Angela so that she can allocate the place to the next person on the waiting list, or enable other members to book the place directly.

Waiting lists

The calendar on the booking website will show the number of available spaces on each course. If the course or activity you wish to book is full, please email Angela, atippett@u3acanterbury.org.uk and ask to join a Waiting list.

Course Fees

All courses incur a fee of £1.50 per session. The total fee for each course is shown in the programme. Once your booking has been confirmed you will receive an invoice by email for the course fees due.

Ways to pay

1. By Credit or Debit card. The invoice will include a link to a secure payment site where you will be able to pay your fees using a debit or credit card.
2. Online or in a branch of your bank. Transfer your fees directly into the u3a Canterbury and District bank account. To do so you will need the following information about the u3a Canterbury and District bank account

Sort code 30-91-60

Account number 01316294

So that your payment can be traced it is essential that you use a reference consisting of FEES and your membership number.

For example, **FEES 1234**

If at any stage, you need help with any part of this process please contact the appropriate member of the courses team.

Jane Dennett
Ursula Steiger
Angela Tippett

Course Planning
Course Development
Course Administration

jdennett@u3acanterbury.org.uk
usteiger@u3acanterbury.org.uk
atippett@u3acanterbury.org.uk

Art History & Appreciation

Michelangelo and Botticelli and the Renaissance

Max: 20, Sessions: 5

TUTOR / LEADER: MR. THOMAS COLLETT-WHITE

DESCRIPTION: I shall be giving five lectures on these two great artists of the Renaissance, with slide illustrations that I have collected over 20 years. I shall cover their careers and diverse skills: with Michelangelo, his triple crafts of sculpture, fresco and oil painting; with Botticelli, his oil painting and drawing. I discuss their very different characters, lengths of life and their influence on Western art. In addition, I found both artists had a similar spiritual pilgrimage and reached their 'discovery' in their later years, which affected their art.

I have had the privilege to lecture to a wide variety of audiences: universities, private homes, schools, churches, prisons and, more recently, a number of U3A Canterbury groups.

Weekly on Wednesdays 13:45 for 14:00-15:30

17 Jan to 14 Feb

VENUE: Upper Lounge, Canterbury Baptist Church, St. George's Place, CT1 1UT

TOTAL COST OF COURSE: £7.50

Creative & Recreational Skills

Alexander Technique in everyday life: little steps in directional living (1)

Max: 10, Sessions: 4

TUTOR / LEADER: TAT YUEN

DESCRIPTION: We will examine some fundamentals of good movements through personal and group explorations. And finding out what we are doing wrong is a good start. So be open to surprises and changes.

Members need to bring an exercise mat and adequate headrest, e.g. a yoga block or small foam mat. This course is particularly suitable for members who attended one of the three introductory sessions or has attended Alexander Technique before. Participants need to have sufficient mobility to get to the floor and back up without external assistance.

There are two groups. Members should only enrol for one group.

Weekly on Thursdays 10:00-11:30

Dates: 11 January to 1 February (first group)

VENUE: Friends Meeting House, 6 The Friars, Canterbury

TOTAL COST OF COURSE: £6.00

Alexander Technique in everyday life: little steps in directional living (2)

MAX: 10, SESSIONS: 4

TUTOR / LEADER: TAT YUEN

DESCRIPTION: We will examine some fundamentals of good movements through personal and group explorations. And finding out what we are doing wrong is a good start. So be open to surprises and changes.

Members need to bring an exercise mat and adequate headrest, e.g. a yoga block or small foam mat. This course is particularly suitable for members who attended one of the three introductory sessions or has attended Alexander Technique before. Participants need to have sufficient mobility to get to the floor and back up without external assistance.

There are two groups. Members should only enrol for one group.

Weekly on Thursdays 10:00-11:30

Dates: 22nd February to 14th March (second group)

VENUE: Friends Meeting House, 6 The Friars, Canterbury

TOTAL COST OF COURSE: £6.00

History

Reading Old Churches

MAX: 20, SESSIONS: 6

TUTORS / LEADERS: PETER HUNT AND DENNIS ROWDEN

DESCRIPTION: This course is designed for members who wish to learn about, and share their interest in, the reading of old churches. We will be looking at aspects such as the age of a church, the windows and architectural style, any graffiti, and important features such as the setting in which it stands. The course will involve 3 visits to Churches within a ten-mile radius of Canterbury and 3 'classroom' sessions initially. If successful, an extension will then be considered.

Dates:

17th January - Visit to St Martin's Church

31st January - Study Session

7th February - Visit St Dunstan's Church

21st February - Study Session

6th March - Visit to St Mildred's Church

20th March - Study Session

Wednesdays, timing for study sessions: 10:30-12:00

Specific dates: see above

VENUE FOR STUDY SESSIONS: Lounge, St Mary Bredin Church, Nunnery Fields, Canterbury, CT1 3JN

TOTAL COST OF COURSE: £9.00 (Participants will be responsible for paying any charge made by the churches)

40 Strange Places in and around Canterbury (2)

MAXIMUM: 35, SESSIONS: 3

TUTOR / LEADER: DAVID REEKIE

DESCRIPTION: As the creator of the Canterbury Rings Walking Trails, and the leader of many guided history tours in and near Canterbury, I have come across many strange, odd and mysterious places which I would like to share with you. These locations bring to life the extraordinary story of our city and the remarkable men and women who have lived here.

This course is the same as, but in addition to the one advertised in the main programme, which was over-subscribed. Priority will be given to those members on the waiting list for that course.

Weekly on Fridays 10:00–12:00

Dates: 5 to 19 Jan

VENUE: Upper Room, St Mary Bredin Church, Nunnery Fields, Canterbury, CT1 3JN - TBC

TOTAL COST OF COURSE: £4.50

Languages

Introduction to Sanskrit (2)

MAXIMUM: 6, SESSIONS: 2

TUTOR / LEADER: DAVID SHEPHEARD

DESCRIPTION: ***Due to popular demand, this course is being repeated – twice!***

Sanskrit is the most important of the ancient Indo-European languages—and the vast library of texts composed in Sanskrit includes some of the world’s most splendid religious, philosophical and literary works. These two taster sessions will examine the history and development of the language, and its basic structural features (the alphabet, roots, saṃdhi, declensions, conjugations). Finally, we will construct some simple Sanskrit sentences.

Some previous knowledge of other languages (including English!) may be helpful.

This course is the same as, but in addition to the one advertised in the main programme, which was over-subscribed. Priority will be given to those members on the waiting list for that course.

Weekly on Fridays 14:30–16:00

Dates: 26 Jan and 2 Feb (course 2)

VENUE IS HOSTS’ RESIDENCE: Barbara and John Vosper, 45 Rope Walk, Canterbury CT1 2FY. This is an apartment in the Tannery with lift access but no parking. Nearest parking is at the Castle Street multi-storey car park.

TOTAL COST OF COURSE: £3.00

Introduction to Sanskrit (3)

MAXIMUM: 6, SESSIONS: 2

TUTOR / LEADER: DAVID SHEPHEARD

DESCRIPTION: ***Due to popular demand, this course is being repeated – twice!***

Sanskrit is the most important of the ancient Indo-European languages—and the vast library of texts composed in Sanskrit includes some of the world’s most splendid religious, philosophical and literary works. These two taster sessions will examine the history and development of the language, and its basic structural features (the alphabet, roots, saṃdhi, declensions, conjugations). Finally, we will construct some simple Sanskrit sentences.

Some previous knowledge of other languages (including English!) may be helpful.

This course is the same as but in addition to the one advertised in the main programme, which was over-subscribed. Priority will be given to those members on the waiting list for that course.

Weekly on Fridays 14:30–16:00

Dates: 9 and 16 Feb (course 3)

Hosts’ residence: Rope Walk, Canterbury CT1 2FY. This is an apartment in the Tannery with lift access but no parking. Nearest parking is at the Castle Street multi-storey car park.

TOTAL COST OF COURSE: £3.00

Music

Acoustic Instrumental Ensemble

MAX: 10, SESSIONS: 6

TUTOR / LEADER: DAVID CLARKE

DESCRIPTION: To bring together people who have their own instruments to play classical music.

Members must be able to read and play from music, but there is no minimum grade.

Session one would be to get an idea of each member’s experience and from that I would create bespoke parts so that each student will be challenged whether they are grade 2 or grade 8 level.

Special Requirements

At the time of booking, members need to contact the Course Leader to inform him of the instrument/s they play and approximate level, for planning purposes. David will be pleased to answer any queries from potential participants.

Weekly on Mondays 11:00-13:00

15 Jan to 19 Feb

VENUE: St Peter’s Methodist Church Hall, St Peter’s Street, Canterbury CT1 2BE

TOTAL COST OF COURSE: £9.00