

Cambourne & District u3a

Bulletin May 2023

Issue No. 53



Message from the Chair

When I had family over a few weeks ago and we were all settling down to chat, one of my grandchildren said 'oh, that's Grandma's seat'. True, I thought, we humans are such creatures of habit and that's where I like to sit if I'm watching tv or reading. I was thinking about that when I noticed how we soon got into a familiar pattern of where we stood in our dance fitness class. Fitting into patterns of where we sit or stand is a human behaviour I think that is easily recognised.

When I was teaching, my students would come in and as often as not sit at the same desk. Perhaps for them it was their optimal learning space, a habit others respected, or possibly for some a distance furthest from me.

Similarly, I expect people often sit at the same seat at the dining table to say, have breakfast. My husband and I do. It would feel strange to do otherwise.

I sit in front of an old piano in need of tuning which my husband plays. He has another theory in that my positioning is that of a cultural philistine aiming to stop him playing Chopin. Well, exploring the subconscious mind is perhaps for another day.

Best wishes

Kath

19th May at 11.00
The Hub Community Centre
Cambourne
Britain's Traditional Feasts and
Seasons
By
Joanna Bogle

A Yearbook of
Seasons and Celebrations



Joanna Bogle

Britain's traditional Feasts and Seasons: old customs, songs, recipes and sayings, the origins of pub signs and nursery rhymes...and more.

What is the Christian calendar? Would you know how to make an Advent wreath? When is Candlemas? Who was the original St Nicholas? Why do we eat Hot Cross Buns? These and many other questions are all answered in this talk.

Joanna Bogle is an author and historian, who speaks regularly at various groups and conferences, including student groups, and history associations.

Forthcoming Talks	
16 June	Weather in Space by Emma Kavanagh. Cambridge University space weather researcher.
21 July	*Annual General Meeting followed immediately by:-
21 July	18 th Century civilian Re- enactment by Archie Black, C&D u3a member and 18 th century history aficionado.
18 August	No meeting
15 September	Ernest Shackleton's Epic Antarctic Rescue Voyage by David Horan.
20 October	My great Aunt Constance, an account of her life in Burma before and during WW2 involving a perilous trek to freedom by Jenny Malin.
17 November	A Most Unusual Railway – follows the tale of a transport interest group in Ross-on-Wye by Rob Alliot.
15 December	Christmas Celebration



Allsorts Trip to the British Schools Museum Hitchin and nearby Lavender Farm Thursday, 8th June



The above trip has a few spaces available for the wider C&D u3a membership.

Hitchin holds a unique place in the history of education as it boasts the world's last remaining purpose-built Monitorial schoolroom. The grade II * listed building opened in 1837, but the school was founded in 1810, a full 80 years before the government finally provided free elementary education for all.

It's £10 per person and this includes refreshments (tea/coffee and biscuits) on arrival and the private visit includes the history of the school/education, a Victorian lesson, classrooms set in the WW1 and WW2 periods to see and then the Head Masters House.

Travel is by car with sharing where possible.

If you are interested please contact David or Jan Nuttycombe at nuttycombe25@btinternet.com

Summer Friday Walks

12 May	Cambourne flower meadows. Leader Sandra Davies Meet at the Hub at 10.00 am Approx 5 miles Coffee at Greens
26 May	Paxton Pits Leader Fran Panrucker Meet at nature reserve car park PE19 6ET at 10.15- 4/5 miles
9 Jun	Eversden Harlton Orwell Leader Janet Rogers Meet at Eversden Rec CB23 1HL at 10.15. approx 5 miles
23 June	. Gransden and Waresley Woods, Leader John Smith - cafe at Waresley, return via Dick and Doll Lane. Meet 10.15, beside the B1046 at the start of Little Gransden Lane - just after you've passed the left hand turn off to the Great Gransden village church.
14 July.	Bourn. Leaders Ann/Fran. Meet at the Hub 10.00. Coffee at the Stove
To join any of these walks please contact Ann Mead via the 'Walking' page on the website and express your interest. https://u3asites.org.uk/cambourne	

Wednesday strolls around Cambourne take place on the first and third Wednesday in the month. We meet at the Hub at 10.00 am and walk around 2 miles at a reasonable pace which takes about an hour – and usually finishes with a coffee. The next Wednesday walk is on 17th May

Allsorts Group Out for lunch diary



The Park Restaurant, Cambridge Regional College

Thursday June 15th @ 12.30	Seasons at the Park, Cambridge Regional College, Kings Hedges Road, Cambridge. CB4 2QT, Where else can you get a 3 course meal for £10. Meals are prepared and served to a high standard by the students under the watchful eye of their tutors. I have made a reservation for 10 people as the venue is popular.
Thursday July 20th @ 1 p.m.	La Pergola on the A603 after you come out of Barton. A family run Italian restaurant producing homemade authentic Italian food
Thursday August 17th @ 1 p.m.	Stem and Glory. 50 - 60 Station Road, Cambridge, CB1 2JH Vegan restaurant. Plant based food to turn everyone vegan.

Thursday October 19th @ 1p.m	Las Iguanas, Quayside, Cambridge, Latin American cuisine.
Thursday November 16th @ 1 p.m.	Gastrono-me 14 -16 Bridge Street, A fusion of flavours from Vietnam to Korea
Thursday December 14 th @ 1 pm	Christmas Lunch at the Red House, Longstowe. Menus will be advised later but first reserve your place provisionally.
<p>Venues and times may vary although they are correct at the time of this e mail being sent.</p> <p>Best wishes</p> <p>Lesley</p> <p>lesley610@hotmail.co.uk</p>	

Gardens Galore



Fri June 23rd	Docwra Manor and Crossing House. Two gardens down the road from one another. At Docwra Manor An old farmyard has been converted into a series of enclosures overflowing with plants to give you new ideas. £5. Crossing House gardens are on a different scale, just a quarter of an acre, but there is not an inch of ground where nothing grows and they are free.
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Tues 25th July	Kathy Browns garden, Stevington. £8 The herbaceous borders are vibrant with phlox, penstemon, dahlias, and echinacea. There is also a collection of over 80 late flowering clematis as well as a wildflower meadow teeming with butterflies and bees. The homemade cakes are fabulous too.
Tues 22nd Aug	Coton Manor Gardens. Near Gulsborough, Northampton. £10. The herbaceous borders are reaching their peak and the colour schemes become more apparent. The plant nursery has many plants for sale which have been propagated on site.
Thursday 14 th Sep	Kew Gardens. Autumnal colour is the highlight. Caroline Adams is kindly organising a coach for us. Please contact her if you are interested. c.adams1@btinternet.com
Tues 24th Oct	Ickworth House and Gardens. £11 Extensive parkland and woods to explore
Tues 28th Nov	Anglesey Abbey gardens £10. These illustrate a winter garden need not be dull
<p>More information for each trip will be e-mailed approximately one month before apart from Kew Gardens as the coach needs to be booked now.</p> <p>As always I am open to suggestions and for new places to visit.</p> <p>Best wishes</p> <p>Lesley</p> <p>lesley610@hotmail.co.uk</p>	

Allsorts Group



Shuttleworth Collection

Proposed Programme of Events in 2023

18th May Shuttleworth Collection & Swiss Garden, Biggleswade Janet Rogers – janet.rogers@btinternet.com

8th June British Schools Museum and lavender farm, Hitchin Jan and David Nuttycombe – nuttycombe25@gmail.com

August tbc Saffron Walden Maze Gardens tbc Christine - christinetyler22@outlook.com

14th September Kew Gardens 25 seater coach Caroline - c.adams1@btinternet

17th September Cambridge Organised Walk Blue Badge Tour, Fran Panrucker – fran@panrucker.co.uk

October Madingley afternoon tea

Fran fran@panrucker.co.uk

November Cambridge Mosque

Lesley lesley610@hotmail.co.uk



The Cambridge Mosque



Bourn Windmill Visit

Sunday 16th July

We have made this an annual event and we've all enjoyed the visit to the Mill followed by tea in Kate's garden.

A £7 donation is all that's needed so if you are interested in a visit this summer please let me know on christinetyler22@outlook.com.

Visit to the Waste Management Centre, Waterbeach Monday 2nd October 2-4pm

We will go by coach from the Hub in Cambourne, leaving at 1.30pm, and the maximum group number is 30. We are investigating the cheapest coach to get us all there and you will be notified when this is finalised, but it will be around £10 per person. There is no charge for the tour. Please get in touch if you wish to go on a waiting list for this visit: fran@panrucker.co.uk

**Allsorts Gardens Galore
Visit to Audley End
25th April**



Eileen, Lesley and Caroline catch the spring sunshine in the Audley End walled garden.



Website:
<https://u3asites.org.uk/cambourne>

**20th Century Art Group visit
to Saffron Walden**



Fran at Bridge End garden after visiting the Fry Gallery.

The C20 art group session for May was a visit to Saffron Walden and the Fry Gallery in particular, which is 'Home to the North West Essex Collection of paintings, prints, books and ceramics by artists who have lived in and around Great Bardfield and Saffron Walden.'. The exhibition, titled 'Art and Design', had works by some of these artists, including Edward Bawden and his son Richard; Eric Ravilious and others from the same period. There was also something by Grayson Perry.

The small room had works by a contemporary textile artist. We hope to visit again next year when the exhibition will display different items from the collection.

A member of the group showed us to a new statue in the grounds of the church and explained the meaning behind it.
Fran Panrucker

