



**Cambourne & District U3A
Bulletin January 2020
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Wishing everybody a Happy, Healthy and Successful New Year

The first monthly meeting of 2020 will be on Friday 17th January at 10.30 in the Hub. Our speaker will be Liz Wright who will tell us about her *Delving into Cookery Books*:-



My interest in old cookery books started by accident. Many years ago I was asked to organise an Elizabethan meal for a group I belonged to.

Over the years the period expanded as I became more and more fascinated by the cooking methods and the evolution of dishes. Also how some of the new foods and ingredients used now hark back to medieval cooking and earlier. Liz Wright

New Age Kurling



What is it? Simple really, indoor curling without the ice and it's easily played by people all ages and of all physical abilities.

Leah Collis, the Physical Activity Locality Coordinator of Let's Get Moving, Cambridgeshire, will be giving a demonstration of the game at the January meeting with a view to the C&D U3A starting a group for our members. The games will be held in The Hub with the proposed possible days and times as follows:

Tuesdays: 11 am-12 pm or 2 pm-3 pm Or Thursdays 11.15 am-12.15 pm or 1.30-2.30 pm.

Members will be invited to fill in a form stating their interest and which day and time would suit them best. If enough people can make up a viable group, then the day and time chosen by the majority will be the set time.

At a Glance Monthly Meeting Talks

2020	
17 January	Delving into Cookery Books by Liz Wright
21 February	Garden Design by Louisa Gilhooly of Supernature Garden.
20 March	Mike Petty – Pickwick's Cambridge Scrapbook – life and times of the town in the 1830's
24 April*	The Battle of Hastings by Ian Cameron
15 May	Philip Caine – the author of the Jack Castle series of novels
19 June	An Unexpected Journey, A Woman's Role (the story of a colonial officer's wife) by Kate Armstrong
17 July	The AGM & The Konik Ponies of Wicken Fen by Peter Green*
August	No meeting
18 September	The Royal National Lifeboat Institution by Geoff Heathcock, Chairman of Cambridge & District RNLI
16 October	Fraud & Cyber Security by Nigel Sutton and Karen Reid of Cambridgeshire Police
20 November	The Huguenots – the first 'refugees' by Christopher Johnson
11 or 18 December	Christmas Celebration
**Please note the change of date and speaker for 24 th April and 17 th July. This is due to The Hub being pre-booked on 17 th April for a blood donation day.	

WEDNESDAY WALKS

		At Papworth St Agnes bakehouse
22 Jan	Abington Piggots. Leader Christine Tyler	
5 Feb	Stow-cum-Quy. Leader Dekla Termanis	
19 Feb	Bourn. Leader Fran Panrucker	
4 March	Coton. Leader Penny Dryden	
18 March	Thriplow. Leader Peter Lawrence	
1 April	Waresley. Leader Ann Mead	
More detailed information will be given closer to the dates. Please contact Ann Mead via the 'Walks' page on the website if you would like to lead a walk in 2020.		

A selection of interest groups available

Arty Allsorts	Jazz
Book Club	Mah Jong
Bridge	Spanish
Current Affairs	Study Trips
Flower Arranging	Walking
French	WW2

Be a group leader. If you have an expertise in something you would like to share and would form an interest group, please suggest it to Fran Panrucker either through the website or at the next meeting on 17th January.



La merienda de Navidad con el grupo de español

C&D U3A book and jigsaw library We have a few books that we have purchased from some speakers or have been donated by members. These books can be borrowed for one month, i.e. from one meeting to the next.

Also some jigsaws have been donated. All we need now is a librarian. It means simply keeping track of books or jigsaws borrowed through a sign-up sheet. Please contact Christine Tyler via the website or at the next meeting for more information.

Be a Committee Member

Please come forward as we seriously need the following for the smooth running of our U3A:

- ❖ Assistant Treasurer
- ❖ Assistant webmaster
- ❖ Assistant Business Secretary
- ❖ Trips organiser
- ❖ Refreshments assistant/coordinator

Please contact, in the first instance, Fran Panrucker on: fran@panrucker.eclipse.co.uk

Study Trips in 2020

Madingley Hall Gardens 14th May

Enjoy a tour of the Capability Brown designed gardens followed by afternoon tea in the saloon. Cost: garden tour £5, afternoon tea £15.95. For more information:- <https://www.madingleyhall.co.uk/gardens>

Stamford and Burghley House

Saturday, 13th June 2020 Cost £26.75 p.p.

Please see the sign-up sheet below and print it off.



Northampton - the Charles Rennie Mackintosh house at 78 Derngate and the Shoe Factory Museum. Scheduled for a Saturday in October.

Fran and Pat would welcome any suggestions for future study trips. Please get in touch via the website:-

<https://u3asites.org.uk/cambourne>