



**Cambourne & District U3A
Bulletin September 2018
Issue No. 1**

Dear members,

Welcome back after the summer break, although during the hot months of July and August some interest groups were keen to get going. Now that the academic year has well and truly started on its autumn term it will be good see everybody again at the coffee and talk meeting on **Friday, 21st September at 10.30 in the Hub.** Coffee and tea will be served on arrival and this will be followed by a talk entitled 'Photography or memory?' given by Christopher and Janet South of Radio Cambridge. Please remember to bring your membership cards when you come. If any of you has not yet received a membership card, you can collect it at the meeting.

For your future reference the confirmed speakers for the coming year will be as follows:-

Date	Speaker	Subject
21/9/18	Christopher and Janet South of Radio Cambridge	Photography or memory?
19/10/18	Jenny Smith of the Wildlife Trust	Cambourne Nature Reserve
16/11/18	Barry Gayton of Desert World Garden, Santon Downham	Succulent plants
18/1/19	Dr Julie Bountford FRSA	The Remarkable Story of Heffers in Cambridge
15/2/19	Len Thornton	Quakerism
15/3/19	Mike Petty	Vanishing Cambridgeshire 1900-1940
19/4/19	No meeting due to the Easter holidays	
17/5/19	Heidi Allen MP for South Cambridgeshire	Life as an MP
21/6/19	Ian Cameron	The Battle of Britain
19/7/19	AGM	

Summertime activities



Get to know your car with Tony Stanford



Nature walk – and botany class - in Cambourne Country Park



Interest groups places, times and timings

Group name	Leader	Time	Place	Frequency
20 th Century Art	Fran Panrucker	10.30	Fran's home	Bi-monthly on 2 nd Thursday. First meeting on 8/11/18 at Kettles Yard Gallery at 11.00. Follow up at Frans's on 10/1/19
Arty All sorts	Fran Panrucker	10.30	Fran's home	First meeting on Tuesday 2nd October
Book club	Fran Panrucker	2.00	Members' homes	2 nd Tuesday every month
Bridge	Ann Mead	2.00	Ann's home	Weekly on Wednesday, beginners Weekly Thursday, experienced players
Excursions	Pat Callaghan	Times and dates to be decided – possibly twice a year		
Flower Arranging	Tina Grainger	10.30-12.00	Tina's home	Fortnightly on Tuesday. The first meeting on 18/9/18 . There is currently one space left. Please contact the leader for more information via the website.
French	Christine Tyler/Lucy Purvey	10.30	Lucy's home	Fortnightly on Tuesday
Genealogy	Meets from time to time in members' homes. Click the 'flying bird' for the on-line form.			
Get to know your car	Tony Stanford	2.30	The Hub car park	Weekly on Thursday. A three-week course.
Mah Jong	Lois Kershaw	2.00	Cambourne Library	Weekly on Wednesday
Photography	Celia Waldron	Times and dates to be decided if enough members are interested		
Spanish conversation	Celia Waldron	10.00 10.00	Members' homes	Weekly on Monday beginners Weekly on Tuesday intermediate
Walking	Ann Mead	10.00	Meet at the Hub	Fortnightly on Wednesday. The next walk is on 19/9/18
WW2	Meets in members' homes. The next meeting is on Friday, 19/10/18 at 2.00 – 'Germany after the war'.			
*Yoga	Teresa Lucey	13.00	Cricket Pavilion Upper Cambourne	Introductory meeting on Thursday 4/10/18

Please contact the facilitator if you require any further information on these groups. Email addresses can be found on the C&D U3A website at www.u3a.cambourne.org.uk or <https://u3asites.org.uk/cambourne>. Click on the 'flying bird' in the top right-hand corner on the groups page to ask a question.

***Yoga** – Teresa Lucey, a yoga practitioner with 25 years’ teaching experience, offers a classical yoga class which is suitable for people of all ages and levels of fitness. Theresa is clear about the benefit of the classical yoga practice for health and wellbeing. Her classes offer classical yoga breathing, relaxation and physical practices in a relaxed setting.

Interest groups in need of facilitators

British & European History of the 20 th century	Jazz
Chess	Making the most of your iPad/computer

As the U3A is as good as the sum of its groups and the members that support them, please get in touch with Fran Panrucker should you have an interest in any of the groups listed above. If you would enjoy exchanging ideas and discussing any subject, playing a sport or board game, please let it be known to a member of the committee. All information can be found on the website and via the ‘flying bird’.