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Table Tennis

We are concerned at the drop in our numbers, due mainly to several of our members leaving or about to leave the area. We pay to hire the room and normally book it in January for the year ahead. Sadly, unless we can recruit new members we may be unable to continue as a group. If anyone is interested in joining or returning to us please get in touch. You will be made very welcome and it really is good fun and excellent exercise.

Contact Ray Geatches 350638

Walking Group 1

Contact: Ann Martin

Walking Group 2

Contact: Lucy Thomas 350018



From the Humour Group...

My wife said:

"Will you love me when I'm old and Baggy?"

I said:

"Why worry about tomorrow".

"I can't manage... I'm so far behind with the mortgage repayments - the arrears are written in Latin."

Les Dawson

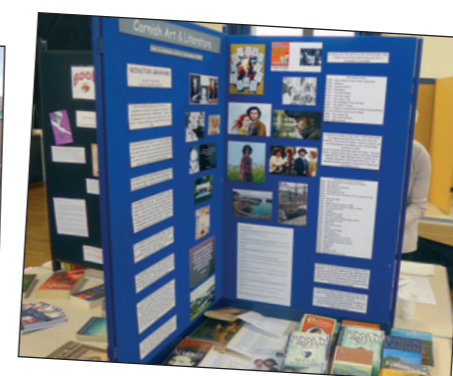
Callington U3A Newsletter

THE UNIVERSITY OF THE THIRD AGE

November 2015

Exhibitionists!

Exhibition Day October 2015



It has to be said that it could have been better weather! After a glorious Indian summer, finally Autumn chose that morning to arrive, but despite the wind and rain all exhibits arrived safely and Mary and Anne had got the tea going, so all was well.

This time round we had increased our publicity in order to attract people from the local community to see what we do. U3A Headquarters are keen to raise the profile of the U3A this year and so our Exhibition slotted nicely in to that. Of course it is tricky to know whether advertising material works but we did have people calling in who had seen the notices and so we must assume it was worthwhile. Several interest groups collected new members too. Overall then, it was a productive morning.

As well as tea, Mary and Anne provided some nice finger food. Being a bit short of sitting down space, we thought scones and cream might be awkward, so took a different angle this year.

Group co-ordinators and their members had worked hard and achieved their usual high standard of exhibits - all to show the kinds of things we get up to - as well as making new friends and drinking tea and, in some cases, hot chocolate of course!

As I wandered round several things in particular caught my eye;

The Strollers had a quizz going where you had to guess the name of a place...looked hard to me and so I spent some time looking at their exhibit of all the things one takes on a stroll, walking accessories of course but also cameras and tripods and binoculars. Walking Group 1 had something similar but more maps and the largest pottery walking boot I have ever seen. I thought this cleverly marked the difference between a serious walk and a leisurely

stroll, where you might stop to figure out what you can see in the distance. If you are part of Walking Group 2 it seems you might be searching the horizon for a pub or cafe...they had made a very clever signpost to indicate the four things to keep an eye open for. Alongside this, because they link up with a History walk once a month, they also had an impressive representation of Daniel Gumb's cave and the Cheesewring at Minions. Someone in that group is very clever with their hands.

Scrabble Group also had a quiz which was to guess the word. I couldn't do that either so moved on! Deciding my brain was not working because I had missed breakfast, I made a dash for the Baking Group display. There were lots of delicious things to nibble there and so I sampled some on the basis of needing sustenance. One of their members had cleverly baked some cookies and iced each one with a different letter to spell out BAKING GROUP. I would have liked to steal and try one but thought that might be noticed!

The Allotments Group had all kinds of plants, fruit and veg. I spent some time sizing up the courgette - or was it a marrow? I nearly had a chance to find out when Ann came round at the end looking for a home for the produce....then I remembered we were going away and there was no time to cook and eat it - gosh - I must really have been hungry that morning!

There was a Bridge game going on but I have never been good with maths, so it remains a mysterious but enticing occupation to me....maybe one day I will have a go.

Once again the Art Group filled the stage with their impressive output of works. I overheard someone being called back to their painting as there was a very interested viewer....I hope she made a sale.

Michael Farr had brought along a good display of photographs and small models relating to the model of the former railway station which was made for Callington Heritage Centre. Although it was not entirely fashioned by one of our groups - it certainly started that way - and it is good to see how that project had developed. Unfortunately, we didn't really have enough safe space to house the actual model which was a shame.

The Birdwatching display had the most stunning photo of an Osprey catching a salmon (I think) taken in Northumberland. Alongside that was another photo of a very rare bird - the Lesser Redtailed Lawn Widgeon. I asked Keith about it...look more closely he said. I did...it was actually a leaf caught at an angle which gave the silhouette of a small bird. That should have been on his display for the Humour Group I thought!

Opera group were playing a DVD of Mozart's Marriage of Figaro. It's a long time since I went to the opera and I was pleased that I guessed it correctly. It's not quite so long since I went to the theatre but Play Reader's props of a top hat and white gloves made me long for that romantic time again. People don't seem to dress for the theatre any more.

And last but not most definitely not least....Cornish Art and Literature had focussed on the Poldark series of novels. Along with interesting information about the books and author were some pictures of the locations used for the television series past and recent and the various actors involved. Anita - thank you so much for that picture of Aidan Turner. The ladies will know which one I mean....gave me something of a 'Mr. Darcy' moment! I don't think I was alone.

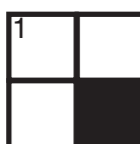
Penny Beech

BiWord

After all...how hard can a two letter crossword be?

This month's puzzle:

Answer to last month's puzzle:



BiWord November

1 Down: ...and behold!

1 Across: 'Oh light: What is the measure of thy brightness?' (abbrev.)



BiWord October

1 Down: 7th note of the major scale

1 Across: Sounds like black gooey stuff?

Email your answer to me: colin-mills@talktalk.net

The winners will be immortalised in print in next month's issue.

Last month's triumphant Winner:

1st: Michael Farr



Have you checked out the U3A website?:

u3asites.org.uk/callington

Copies of these Newsletters can be found on the above website

Future Meetings:

December Christmas Lunch

January Simon Dell Cornish Murders.

Officer Contact Numbers

Chairman: David Seward
t: 384631

Vice Chair: Jenny Wheeley
t: 351662

Secretary: Jo Earl
t: 382859

Treasurer: Ian MacDonald
t: 351221

Editor: Colin Mills t: 208529
Email: colin-mills@talktalk.net

Group Leaders and other contributors - Please Note: All Copy to the editor by 25th of the preceding month please.

(N.B. I cannot guarantee inclusion of copy submitted after this date - but exceptions may be made wherever possible for groups meeting in the fourth week of the month)

The Newsletter is published at the start of each month.

Disabled members: Contact Peter Watson 384509

N.B. Phone numbers without dialling codes are for the 01579 area.

Group Reports

Allotments

Two allotments are being cultivated.

Contact Ann Martin

Art

Contact Tony Walpole 833082

Baking

Exhibition Day was the focus for our last meeting. We baked savoury nibbles, Brazillian sweetmeats and fruity tray bakes and invited everyone to help themselves! Everything seemed to be well received with many people coming back for more so thank you bakers. Our next meeting is on November 4th at Les' when we shall be baking Halloween/ Bonfire Night goodies

Contact Jenny Wheeley 351662

Birding Group

October 13th 2015

Upper and Lower Tamar Lakes

Eleven of us, including three new members, arrived at Upper Tamar Lake in brilliant sunshine. This was a stunning setting and a walk without any birds would have been worthwhile. In fact we spotted thirty different species and heard a Water Rail* so we can claim thirty-one in all. A Kingfisher was



just a flash of blue but still exciting. Our next outing will be on 10th November when we are hoping to see a starling roosting display. At the moment we are not sure where that will be. If you see one please let me know. Details to follow. If you would like to come out with the group contact me on phone or e-mail.

Contact Keith Lane 370713

or kandslane@hotmail.com

Bookworms

Our book for discussion this month was "A Visit from the Goon Squad" by Jennifer Egan. It would be fair to say this was not enjoyed by the majority of us. Maybe because it is a very "American" novel – or more precisely a collection of linked short stories recounting the rise and fall of an American record producer and people surrounding him. It received very good reviews, so it is probably a case of not suiting us personally. However, we were able to admire her skill in writing and the narrative, which although confusing, (containing as it did many diverse characters), did come to a satisfactory end. Our next meeting will be on the 20th of November, and our Christmas Lunch has been booked for Thursday 3rd of December at The Manor House Inn in Rilla Mill.

As the December meeting falls very close to Christmas, unless people wish to attend I suggest we have a break. The first meeting of 2016 will be on Friday 15th January.

Contact Hilary Howarth 382172
hilary.howarth@btinternet.com

Bridge

The Bridge Group is now meeting every Tuesday evening at 7.30pm, in the Methodist Church. Please use the side entrance in Valentine Place. Parking is available at the rear of the church.

Contact Roy Burrige 389018

Computer Group

The computer group operates as a self help group. If you've a problem come along and see if we can help. We don't have a set agenda it all depends who turns up. Please bring your lap top or tablet if you have one and we can explore the computing world together.

This month topics the group explored included;

1. Windows 10 upgrade and how it performs..
2. New laptops

We meet in members houses so please ask me where to meet. This normally takes place on the third Thursday morning of the month. The next meeting will be on the 19th November at 10.00.

Contact Peter Watson 384509

Cornish Art & Literature

Someone was looking out for us on October 3rd. We couldn't have ordered a better day, blue sky, warm sun and a visit to St. Ives and Penzance. We saw Barbara Hepworth's sculptures in her garden with the sun shining on them and to sit overlooking Porthmeor beach for coffee with the blue sea sparkling in the sunshine – magic. Even more magic we had free entry to Penlee Gallery, downstairs modern Cornish artists, upstairs the iconic Newlyn artists.

Many thanks to Ian for being our volunteer driver for the day.

Our next meeting on Monday 9th November will be at Maire's (**telephone 350711**) from 2 pm to 4 pm.

Contact Anita & Tony Bowden
Joint Co-ordinators 350668

Crime Fiction Appreciation

At October's meeting 12 of us, including 3 new members, gathered at Lucy's house to discuss our latest reading. Many books were returned and discussed again. Among recently read books were those by Jo Nesbo, Joanne Harris, Anna Hope, Robert Galbraith, Andrea Camilleri, and Scandi authors Liza Marklund, Camilla Lackberg and Hakan Nesser. Tea time was aided by a delicious coconut fruit cake, courtesy of Marian, delivered by Peter, and David's chocolate cherry cookies. Next meeting will be 26th Nov at Lucy's at 2pm. If you are interested in joining us to discuss or learn more about crime fiction, please contact

David Seward 384631

Family History

at Eileen's Monday 23rd November 2.30pm. Bring along your "brick walls"

Contact Eileen Sturt 350639

Flower Arranging

Wednesday 25th November 10am at Eileen's. Trial run for U3A Christmas arrangements.

Contact Eileen Sturt 350639

Food & Wine

I am organising a visit to the Cornish Cheese Company at Upton Cross on Tuesday morning 17th November, followed by lunch at a local pub. Please let me know asap if you would like to go as numbers may have to be limited. More details later.

Contact Maire Warwick 350711
(maire.warwick@btinternet.com)

Game On

The Games' group is well under way again now and meeting at Lucy's every 2nd and 4th Sunday afternoon. Our next meeting is on November 8th. If you enjoy board games and want good company on winter Sunday afternoons please contact me.

Contact Jenny Wheeley 351662

Handbells

Contact Maire Warwick 350711

History

Contact Josephine King 350890

Humour

The October meeting began with an interesting focus on Ronnie Corbet, presented by Christine. Although we may think of him first as one of the Two Ronnies his career began long before that partnership started and it is still continuing. Unlike other comedians his jokes are often longwinded before he reaches the punch line. After the coffee break we exercised our laughter muscles watching an episode of Hancock's Half Hour entitled "The Lawyer". The next meeting will be the first birthday as

the 'Humour Group' and there may be a party element to the session. The meeting will be on Monday November 16th 2015 and will be held at Christine's home beginning at 10.00am. If you want further information about 'Humour Group' contact me.

Contact Keith Lane 370713

or by email kandslane@hotmail.com.

Italian

Contact: Sally Thomas 01822 832017

Jazz Appreciation

9 members met at Christine's for October's meeting, for another members' choice session. Amongst others, we listened to big band music from Benny Goodman, Tommy Dorsey, Artie Shaw, Ellington, Ted Heath and, new to the group, the Helston School Jazz Orchestra. We also had the pianos of Andre Previn, Bill Evans and Oscar Peterson and vocals from Sarah Vaughn and Stacey Kent, mixed in with sax jazz from Dexter Gordon, Ben Webster, Lester Young, Gerry Mulligan and Stan Getz. The next meeting will be on Wed 11th November at Christine's. If you are interested in joining us for an afternoon of jazz, contact

David Seward 384631

Music Appreciation

Music Appreciation is held at 2 Trelawney Heights new members are always welcome

Contact: Pat Ferguson 384402

Needlework

Normally meet on the second Thursday of the month.

Details from Ann Martin

Opera

Contact Carol Dowell 382158

Philosophy

At our September meeting we looked at a new book Nigel Warburton's little History of Philosophy to enable us to look again at the great philosophers of History. We also had a discussion on class and why we lie. There are still a number of people on holiday and al-

though it was a small group we still managed an enjoyable morning. As it is half term in October there will be no meeting and our next session will be on November 26th in the Committee Room at the Town Hall.

Contact: Doreen Johnson 343152
doreen.johnson@onetel.com

Play Reading

Contact Jean Rose 350029

Poetry

Contact Pat Ferguson 384402

Scrabble

The group, led by Lesley Cheetham at her home, meets in the evening on the third Wednesday of each month.

Contact Lesley Cheetham 383632

Scribblers

All enquiries to:

Anne Cooper 382267

Singing for Pleasure

November meetings: 9th and 23rd at Callington Methodist Church 3.30 to 5pm.

Contact: Rosalind Bunkum 38317

Strollers

It was a change to have some lovely Monday mornings this month and we made the most of the sunshine. We strolled from the level crossing at the top of Calstock Hill, down through Harewood to the quay where we enjoyed our coffee sitting in the sun. Our next outing was to Tavistock strolling through The Meadows and along the canal with coffee at The Wharf. Our last Stroll was to Polhilsa where, after a walk around the lakes, we enjoyed coffee and lovely homemade buns in the function room. Before we went in everyone removed their boots and it was quite a sight to see nineteen pairs of assorted footwear lined up outside and, typically, no one had brought a camera!

Contact: Pauline Husband 350379