

# Callington u3a Newsletter April 2023

## Committee News

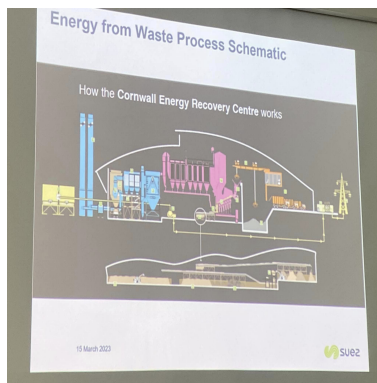
### Important information

The AGM is taking place at the meeting on Monday 3<sup>rd</sup> April at 10am. This year as you know 5 members of the committee have completed their 3 years service so will be stepping down. **It is vitally important to maintain a functioning committee, as without key members Callington u3a will close.** Please come forward and volunteer. It is important to note that members who are leaving are happy to 'shadow' new recruits for a few months while they learn the ropes.

**Date for the diary:** The May meeting will be held on Monday 15<sup>th</sup> due to bank holidays and the Coronation of King Charles III. It is the 20<sup>th</sup> Anniversary for Callington u3a and we will be celebrating the date with cake and talks from some of the original members from 2003. So please come along and share memories of the group.

### Visit to Cornwall Energy Recovery Centre - 15<sup>th</sup> March

An incredibly interesting visit by 8 members to the Cornwall Energy Recovery Centre near Bodmin. We learnt how 240,000 tonnes of our domestic waste per year is put into the incinerator and converted into enough energy to power the whole plant and 21,000 homes per year! Plus they produce 65,000 tonnes of ash that is used in the construction industry! Nothing is wasted! We have come such a long way in Cornwall from the days of landfill!! So keep up your recycling of plastic, glass, metal, cardboard and paper!! Looking forward to food recycling that hopefully will be introduced soon!!



## Group News

### Play Reading

The Play Reading Group will meet on THURSDAY 6th April at 2.00pm at Callington Library. Come along for an informal enjoyable read/chat over a cuppa! No previous experience necessary, just an interest in Theatre. We are looking at the well known J B Priestley play, An Inspector Calls, which has recently been playing at the Theatre Royal.

### Jazz Appreciation

Well, the chosen theme for our March meeting at Christine's home was "Spring", but the weather didn't play ball! Murphy's Law or whatever, the UK was in the grip of a blast of Arctic air, dumping snow everywhere - apart from Cornwall. Undaunted, spring was in our air all afternoon, while we enjoyed a medley of jazz tunes celebrating the season. Rosemary started us off with "Spring is here", by Dave Brubeck, and Roy offered another, very different rendering, by Errol Garner. Derek gave us a third version featuring the brilliant alto sax of Cannonball Adderley. Saxophone was the instrument of choice for Phil, who played us 3 tracks from an album "Sax Moods", with haunting melodic jazz titles "Spring Breeze: "Songbird" and "Misty". Derek brought "Azalea" by Duke Ellington and Louis Armstrong - with the lyric "such a fine spring day down Louisiana way..." immediately painting a picture. Other flower titles included "Tiptoe through the tulips", a cheerful romp from Rod Mason and Ian Wheeler Band; and "Blossom" by Georgie Fame. Music by the Wilsons was played - Teddy accompanying Billie Holliday singing "Sun Showers" and Teddy's wife Irene, writer of "Some other Spring" from Humphrey Lyttleton. Jill chose Django Reinhardt's upbeat "Swingtime in springtime" and a piece by trumpeter Clifford Brown entitled "Joy Spring" after

his wife. Throw in a bit of Getz's "It might as well be spring", mixed with Pat Boone crooning "April Love" and Sarah Vaughan's "I'll remember April" and we forgot the awful weather outside. Our next meeting will be on 12 April.

If you would like to join us for a lovely afternoon of friendship and jazz, please contact Rosemary on 01579 350578, email [rosemary.ralph@golitha.uk](mailto:rosemary.ralph@golitha.uk)

### Art Appreciation

This month we looked at Pottery and the difference between Art and Studio work. We learned about William Moorcroft who got too popular for his factory bosses and got sacked. All the better for him as he did well on his own, selling through Liberty in London and New York. We considered Clarice Cliff and Poole Pottery, then the essential studio work of Bernard Leach. He went to Japan to teach Etching, became interested in the Japanese potters and their craft and learned from them. He came back to England with the master potter Hamida Shoji and they started the Leach Studio in St Ives. The names of the people who worked with him and learned from him cropped up as we looked at the progression of the craft right through to the trend in modern table ware starting with Cranks Restaurant in Carnaby Street in the 1960s and on to Grayson Perry.

Next month we are going to learn about the cartoonist, illustrator and artist Heath Robinson.

### Scribblers

We had a selection of words (thrown by dice) to work with and it was surprising we all seemed to begin with 'clock'. One, a family heirloom sent for auction, was bought back by a sentimental grand daughter which led to a surprising find whilst looking for the key. A treasure map was hidden in the back and she followed it through and found Anglo Saxon Treasure. Just as her Grandfather had suspected. Another mantle clock reminded a wife that her husband would be down for his breakfast any minute - except that he rushed off out without it. His body was later found behind a railway station he had no business being at. It turned out his wife was not especially upset by his death and her husband's partner in the Law firm they ran, was a great comfort to her! The Law firm was called Sparrow Holdings and the husband had been killed with a bow and arrow. Finally, a woman finding herself without commitments at a grand age was wondering what to do with her life. Looking at the clock on the mantle piece she began to count the surprising large number of aeroplane trails in the sky over a 10 minute period. Then inspiration struck - she wanted to travel again. She had a wonderful time in Italy visiting all the art galleries she had always wished to and a friend joined her for a stay in a charming village in Tuscany. They made plans to keep travelling together.

Next month we write on the classic theme of - 'It was a dark and stormy night...'

### Philosophy

This month's discussion was chapter 19 from Philosophy Bites by Barry C Smith on Wine.

Just like us you are probably thinking is there a philosophy on Wine! Well it seems the answer is yes. We discussed Wine from the ancient Greeks to Camelford and many personal funny stories. It was a very enjoyable meeting. Barry Smith's philosophical point was, that we don't really taste Wine unless a 'wine expert' shows us the way into the depth and flavours that bounce off our taste buds. He says taste is a complicated thing, we talk about taste as something that people can educate, they can learn to be discriminating in their taste, qualities that have to do with sensibility. It seems to be a very personal experience. Whether you drink a cheap bottle from Aldi or a collector's rare wine from 1945. He says the latter tells us a story. The grapes picked in the sunshine at the end of the war, we're tasting something that was made by men and women who have long since ceased to live, but who have made the wine with love and care, who expressed what nature had to offer at that year and that time. They've handed something on to you like the taste of history, your tasting something of their labour and work, traditions and culture, the land and soil. We can't get that from orange juice! Anybody who really loves wine remembers their epiphany. A wine of staggering power and beauty, where they learnt for the first time that wine could do this, and they understood that this wasn't the simple drink they had thought it was. At that moment, they recognize something about themselves and the wine: that a wine can have power and profundity.

Make of that what you will!

Or next meeting is Alex Neill on the Paradox of Tragedy. (Sounds strange but interesting, watch this space) if you wish to join us... Come to Callington Town Hall the last Thursday of the month 2pm.

Gillian Brown email.. [gillian.brown@gmail.com](mailto:gillian.brown@gmail.com)

## Walkers 1



Walkers 1 enjoyed a lovely walk around Sibleyback Lake today, Friday 10<sup>th</sup> March.. We started the walk below the dam and walked up the steep incline to the lake side. There was a bitter cold wind to start with that blew away the cobwebs for us and created waves on the lake!! 😬 After a warm up in the cafe (with coffee and cake) the wind had calmed and we had our lunch on the bank of the lake! The water was dark and moody with a very wintery sun attempting to peep through. Thank you to Roly and Anne for



leading a fab and sociable walk today.

If you would like to join this group please on email: [gjhanns@gmail.com](mailto:gjhanns@gmail.com)

## Baking

We celebrated Saint David's and Saint Patrick's days with our baking for this session. There weren't a great variety of recipes to be found specific to Wales and Ireland and leeks featured pretty often but as usual the group managed to find bakes that were tasty and different.

Savoury recipes included Welsh dragon bread, filled with chillies and leeks, a leek and Caerphilly crumble tart, made with a variety of Welsh cheeses, a spinach and leek quiche and Welsh rarebit muffins. To finish we enjoyed boiled Welsh cake, Irish apple cake and Irish porter cake.

Our next meeting will be Easter baking.

## Walkers 2



Six members of Walkers 2 took advantage of a beautiful sunny day to walk around Roadford Lake, in Broadwoodwidge, Devon on 14<sup>th</sup> March. We sat and watched for birds from the bird hide and successfully told the time using the beautiful sundial! We had a picture taken by the mud hut ... we were the beautiful hat brigade on Tuesday!! We then enjoyed a lovely coffee and breakfast at the cafe!

Anybody interested in joining this Group please contact: Helen Redden on 01579 or 07770402242 or email: [ladywholunches3@gmail.com](mailto:ladywholunches3@gmail.com)



## Crime Fiction, TV and Film.

We met at Lucy's house with plenty of novels to share between us.

Ancient Egypt, 14<sup>th</sup> century England, a modern day Manhattan jury room, Edinburgh and Northern Yorkshire Dales were locations for some of our crime and thriller reading last month. New authors were introduced, Michael Jecks, Steve Cavanagh and James Oswald which always raises an interest. Refreshments and discussion on other books and TV programmes followed before we selected our next months reading material and made our way home.

Our next meeting will be on April 27<sup>th</sup> at 2pm.

If you are interested in joining us, please contact Yvonne 07900913860, email [johnsonyvonne1@sky.com](mailto:johnsonyvonne1@sky.com) or add your name to the list at the next monthly U3A meeting.

## Cards Galore

This new group met for the first time on Thursday 9<sup>th</sup> March at 10am in the Council chambers of the town hall.



Only 3 people joined us on our first meeting so 5 in all but a good time was still had. 2 played Cribbage and 3 played Gin Rummy. The next meeting will be Thursday 13<sup>th</sup> April at 10am before it will start meeting on the normal 1<sup>st</sup> Thursday of the month from then on. Come along to play traditional card games or join and teach us something new. You are never too old to learn new tricks.

Contact Ann or Carl Moore on 01579 641674 or email [aemoore4521@gmail.com](mailto:aemoore4521@gmail.com) for more details if you are interested in joining or pop along on the day. £1.50 charge for attending which covers the room hire and refreshments.

## Contacts

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