

WALKING GROUP 1

The weather was kind for all the April walks except the last on the 27th. A new programme has been decided for the next three months and will be available soon. New members always welcome and are required to ring the walk organiser on the morning of the walk so that transport may be arranged. Most of these walks are between 5 to 7 miles and new members always welcome.
Contact Doreen Johnson 01579 343152.

WALKING GROUP 2

Cyndy Banks led the walk at Plymbridge in Honour of David Seward who had hoped to lead the walk for us. David's choice was excellent as Plymbridge is a beautiful area in the valley of the river Plym and there are several alternative walks so I'm sure we will be making the most of them in the future. Cyndy took us along the level track created from the old railway line. The National Trust has set up two telescopes for people to observe the Peregrine Falcons nesting in the cliffs above the river and two stewards kindly gave us info and help so that we were able to enjoy watching the Falcons before walking on. We ended the walk at a pub in Clearbrooke a short drive away. Another Pub we will be visiting again as they provided us with an excellent lunch. Thank you to Cyndy who clearly knew the area well. New members always welcome. Meet on Tuesdays at 9.30 a.m. in Callington Free Car Park. All welcome. Contact Lucy Thomas 01579 388799

A Celebration of Peace at the end of World War 1

Monday 5th November 2018

In celebration of the end of the 1914/1918 War Group Conveners have been asked whether their Group could contribute to the theme in some way. We have had several offers and ideas. Some suggestions from us and the Groups are: a reading of a poem, a verse or two of a then popular song e.g. Al Johnson or a piece of music e.g. Ragtime relating to the coming home of the soldiers, photographs of any family members or maybe a short biography of anyone named on the War Memorial. Perhaps the Baking Group could bake a biscuit or cake using a War time recipe? Subjects could include Votes for Women; the Land Army, the Influenza outbreak; what effect the end of the War had on the British people such as social, political and cultural changes which have been an influence on our lives today. Fashion – what type of clothes were worn, who made them etc. What type of games were played either in the trenches or at home during the latter part of 1918? What was grown on allotments or gardens to feed the families in Callington? The subject is limitless so let's us some suggestions please.
These are just a few ideas to spur you on and we are hoping that many of the Groups will come up with a presentation of say 3 to 4 minutes or any ideas that will mark the centenary in Callington. If you wish to amalgamate with another Group in order to produce a great idea this will be okay. I am sure that you will put your thinking caps on and when we meet in July we will be able to collate an exhibition to celebrate a Land fit for Heroes.

Cyndy Banks, Carol Dowell, Sheila Tredinnick



FIND US ON FACEBOOK - See pictures, comments of our activities and copies of the Newsletter. [Search for Callington U3A](#) within Facebook and apply to join This is a closed group, open to members of Callington U3A only

DON'T FORGET TO LOOK ON THE WEBSITE TOO

www.u3asites.org.uk/Callington

Editor - Wendy Fader - contact wendykfuk@yahoo.co.uk or 01822835985

The next newsletter will be available on 4th June. All contributions for the newsletter to be with the editor by **Wednesday 23 May 2018**, at the latest, please.

If you are interested in joining us at the Callington U3A, go to www.u3asites.org.uk/Callington or come along on the first Monday of the month at 10.00 a.m. in Callington Town Hall



Thanks

To our outgoing chairperson, on the left and our incoming chairperson, on the right

Also thanks to all who have volunteered for the committee



The Annual General Meeting of Callington U3A was held on 9th April in the Town Hall. Over 70 members attended and the special guest was Jill Nicholls, our new SW Regional Representative who lives in Truro. At the beginning of the meeting Jill gave a quick account of her job and the large area she covers. She then put out a plea for members to come forward to fill the vacant posts of Chairman, Vice Chairman and additional committee members.

A resolution to amend the constitution was approved by a show of hands. The proposal to keep membership fees at £12.50, with no longer a reduction for two people living at the same address, was also approved by a show of hands.

Carol Dowell stood down after serving as Chairman for the past year. In her report she thanked the committee for helping her over the past twelve months. She reported that we now have over 200 members and have recently started 3 new interest groups (quizzing, barn dancing and pub lunches). Carol briefly mentioned some of the activities which members had experienced over the past year with trips to Vienna and Italy and the very enjoyable hog roast.

Maire Warwick volunteered to become Chairman and Lucy Thomas offered her services as Vice Chairman. Four new committee members were voted for en bloc and two further members volunteered after the meeting, making a new committee of twelve.

The meeting concluded with Jill Nicholls speaking about the role of trustees, and she recommended that some of the new committee should attend a study day on the subject and also the "Keep it Legal" workshop on the new GDPR (General Data Protection Regulations).

Following the meeting we all enjoyed an excellent spread of saffron cake and scones with jam and cream provided by the outgoing hospitality ladies, Mary & Anne, helped by the the incoming hospitality team of Caro & Gayle.

A Message from the Chairman

!Under normal circumstances, I would be thanking you for nominating and voting for me as your chairman at the last AGM. However, as I (and you) had no idea that I would be taking up this post, I can only say that I will do my best to carry out my duties during the coming year and enable the organisation to continue to function successfully and to move forward as it should. Nevertheless, I hope that others will consider standing for chairman and other committee positions at the 2019 AGM because I believe that sharing these responsibilities is in the best interests of the U3A as a whole. New members mean new ideas, keep the organisation vibrant and ensure that the workload does not become too arduous for anyone.!! look forward to working with the new committee and hope that together we can all enjoy another successful year of activities and progress

If you are interested in joining us at the Callington U3A go to www.u3asites.org.uk/Callington or come along on the first Monday of the month 10am Callington Town Hall.

*Next month on 4th June
David Price returns with a talk on
Colour in the Tamar Valley.*

CONTACTS

Officer contact numbers

Chair	Carol Dowell	382158	Secretary	Jo Earl	532024
Vice-chair	Gillian Brown	01822 832533	Treasurer	Ian MacDonald	351221

Phone numbers without dialling codes are for the 01579 area

GROUP NEWS

Groups - the **contact person** is available on the website, from the Secretary or at monthly meetings

ALLOTMENTS

There is one vacancy on one of the shared allotments. 10 x 15 feet.
Contact Ann Martin

ART

We meet on the 2nd & 4th Thursday in the month at the Stoke Climsland Old School. from 10 am - 1 pm. All abilities welcome and any medium. Just come with your materials, or call Ann Henderson for further information on 01579 351289

BAKING

Thank you to Rosemarie who hosted our April meeting which was baking with a down-under theme. We had a nearly full turn out and despite worries that there weren't many recipes to choose from the table was full as usual with only 2 members ending up baking the same thing. We had damper, vegetable pie, cheese and meat pies, not to mention lamingtons, Afghan biscuits and blueberry and lemon slices. The highlight was probably Richard's Timtam cake which used Penguin biscuits as a substitute for Australian Timtams and was probably a days worth of calories a slice!

Our next meeting is on June 6 at the Wheelies. This group is now full but to be put on our waiting list contact Jenny Wheeley on 351662

BARN DANCING

We meet on first Thursday each month. The next session will be on 7 June, 10.30 a.m. in the Methodist Church. All very welcome.
Contact Wendy Fader 01822 835985

BOOKWORMS

Despite several members unable to come to our monthly meeting we had an interesting discussion on "Agnes Grey" agreeing that it gave an insight into the attitudes of the time and the way staff were treated by the up and coming middle class landowners. One comment was "I would like to give her a good shake and tell her to stick up for herself" - despite all the angst it actually had a happy ending. Our current book will be "The Help" by Kathryn Stockett. Some members have seen the film so it will be interesting to see how well it compared to the book. Our next meeting will be on the 18th of May. If you would like to join us call Hilary on 382172 or e-mail hilary.howarth@btinternet.com

BRIDGE

Meet on Tuesday evening in the Methodist Church. New members welcome. Call Hilary on 350360

CORNISH CULTURE

The group had an excellent visit to the Lawrence House Museum at Launceston on Monday 15th April. There are 22 rooms in this Regency House which is owned by the National Trust but supported by the local council. To make the visit even more enticing there is no entry fee - what value for no money! You can hear the magnificent Polyphon dated 1888 - there is also a selection of 50 music discs - much larger than the old vinyl.

Once you start on a visit to the rooms there is a wealth of local objects - war memorabilia, biographies of those who wore the uniforms and childhood war memories. You can visit the Mayor's Parlour laid for afternoon tea - the Mayor of Launceston uses it to entertain. The Herbarium contains a display of with the portrait of John Couch Adams who went to Cambridge in 1845 and discovered the planet Neptune. Of course world famous poet Charles Causley who lived and worked in Launceston has his own display. There are displays of tools and kitchen equipment and many others to numerous to mention. There is a garden room with many displays and access to the garden cared for by volunteers. With so much treasure to discover a return visit would be necessary. There are limited hours of opening so check if you decide to visit. It is manned by volunteers - donations are welcome. There are nearby car parks and the Museum is a stones throw from the castle and the Eliot House Hotel.

Our next meeting on the 21st May will be childhood games with contributions from wherever you grew up to compare to Cornish childhood games.
Anita and Tony Bowden 01579 350668

CRIME FICTION

There were 9 of us at our April meeting. The author of the month seemed to be Michael Connelly a prolific American writer whose books are always in great demand amongst our group. As usual we were far reaching in our reading with crimes taking place in London in the 30s, Brighton, Norway, Dublin, Berlin and the exotic Maldives. Most books reviewed this month were considered well worth reading and the latest Anthony Horowitz was one book eagerly snapped up. Our next meeting is on May 24th at Lucy's house. -Jenny Wheeley 351662

FLOWER ARRANGING

Meeting to be arranged.
Contact Eileen 01579 350639

GROUP NEWS CONTINUED

FOOD AND WINE

I am hoping to organise a visit to Skinner's Brewery in Truro sometime in June (probably 20th). This will include a tour of the brewery and lunch at the Brewery Tap, their on site pub. More details to follow, but please email me if you are interested. maire.warwick@btinternet.com

GAME ON

New members welcome. Please contact Lucy on Tel. 01579 388799.

HUMOUR

The next meeting of the Humour Group will be on Monday 21/5/18 at 10.15 am and will be at Christine's. Amongst other things Christine will be doing a talk on the life of Larry (Shut that Door) Grayson. If anybody is interested in joining this Group, please do not hesitate to contact me, Helen Redden, on 01579 382612

JAZZ APPRECIATION

8 people enjoyed our April Meeting at Christine's we enjoyed some old favourites and some new as it's exciting to hear previously unknown musicians. Unfortunately, there will not be a meeting in May as some members have other commitments, but we shall reconvene on Wednesday 13th June at 2pm at Christine's. Do join us if you want an afternoon of good music. Contact Rosemary Wright 01579 370578 for further details.

OPERA

After our last outing when we saw a modern opera we enjoyed an old favourite in Verdi's Rigoletto from the Zurich Opera House. The story is about a court jester Rigoletto whose weapon and source of income is his wicked tongue which he uses to mock and humiliate husbands and fathers of the women who the libertine Duke, his master, has seduced. Tragedy arrives when Rigoletto's daughter Gilda, who he has tried very hard to keep secret, falls in love with the Duke. The jester employs an assassin to murder the Duke but Gilda sacrifices herself in his place and dies for love.

A wonderful cast and orchestra conducted by the superb Nello Santi.. There will be no Opera in May our next Opera will be on June 17th at 2pm Contact Carol Dowell 01579 382158

PHILOSOPHY

Our April meeting looked at Karl Marx, possibly one of the most known philosophers who became acknowledged as the most influential socialist thinker to emerge in the 19th Century. Our current discussion looked at Anniversaries relevant at the moment and ethics as opposed to national security. There will be no May meeting and the next session will be on June 28th. - Doreen Johnson 01579 343152

PLAY READING GROUP

Meet the first Thursday of the month at Callington Library at 2.00 p.m. We would love some new faces to join us. Sheila Tredinnick 383717

POETRY

At our meeting in April our subject was 'Friendship' we read several classic poem from amongst others Emily Bronte, William Blake, Emily Dickinson and Shakespeare's sonnet 102. We were also introduced to a yet unsung young poet Nicola George who gave us a modern view with a poem entitled 'I will be there'

Whenever you're sad
Or feeling blue.
Just call on me
I'll be here for you.....

Our Own Poet came up with 'Unspoken Words'
Unspoken words of friendship
Tied with an unseen thread
That binds us close together
Through good times and the bad
Though our paths spread far apart
And the years did drift away
Our unseen bond of friendship
Grows stronger every day
Lesley Cheetham

Due to holidays and sickness there will be no Poetry in May
Next Meeting June 8th at 2.30pm and our subject The Darling Buds of May . Contact Pat Ferguson 01579 384402

PUB LUNCHES

The newly formed Pub Lunch Group seems to be popular. Anyone wishing to join in will need to put their names down on the list provided at the monthly meetings each month in advance as soon as possible because most pubs can only cope with 20 members. So first come, first served. Further details from Lucy Thomas Tel.01579 388799 or Mary Elliott Tel. 384729

QUIZZ GROUP

The group will meet on the first Wednesday of the month in the Council Chamber of the Town Hall, from 2.00 to 4.00 pm.
Next meetings 6th June, 4th July
Contact Maggie Wood 01579 384634
e-mail: mongyvv@hotmail.co.uk

SCRIBBLERS

We meet on the 3rd Thursday of the month.
Contact Penny Beech 01822 834756

SINGING FOR PLEASURE

We meet at the Methodist Church from 3.30 to 5 p.m., on the second and fourth Monday of the month. May date is 14 May only due to Bank holiday, The June dates are the 11th and 25th. Why not come along and give it a try. Contact Ros Bunkum 01579 383171

STROLLERS

Not a lot to report this month as due to the Bank Holiday and one wet Monday, we have only managed to fit in two strolls. The first was to Kit Hill. We left Callington where there was a gentle breeze. When we arrived at the top of Kit Hill it was a different story with a strong gale force wind. We spent a very short time there before making our way to Louis to discuss the programme for the next few months. Our second stroll was from Cotehele Quay to the weir. It was a very pleasant walk and just about warm enough for us to sit outside with our coffee. Our next outing will be to The Meadows in Tavistock.
Contact Pauline Husband 01579 350379

TABLE TENNIS

We meet once every 4 weeks in the Methodist schoolroom from 7 pm to 9 pm. All equipment is provided and we make a small charge for the hire of the room. All our meeting dates will be on the website and on the notice board at the monthly meetings. All are welcome, hope to see you there. Ray Geatches. 01579382167.