



It is with great sadness that we learnt of the sudden death on Friday morning 9 February of David Seward. David has been a member of Callington U3A for many years and for most of it had served on the committee, firstly as Vice Chairman and until April of last year as our Chairman. He was also the treasurer of the network group and a member of the subcommittee that has over the last year reviewed both our National and Local constitutions. Somehow he found time to be the coordinator of both The Crime Readers and Jazz Group.

David will be sorely missed and we are indebted to him for his hard work and commitment.

We offer our sincere condolences to Ellen and the family, who are in our thoughts and prayers at this sad time.

A MESSAGE FROM OUR CHAIRPERSON

At our AGM, 5 members will be leaving the committee, the requirement of our constitution. I will not be standing for re-election and so we will also require a Chair person

Please think seriously about putting your name forward it is not an arduous duty and it will give you the opportunity to have a say as to how your U3A is run and to bring new ideas to the table. I have enjoyed my tenancy but feel that it is time for new blood so please please give it your consideration

Most of you will have heard the sad news that David Seward has died I have offered condolences to Ellen and her daughters on your behalf. We all owe a lot to David's leadership over the past years and he will be sadly missed

FIND US ON FACEBOOK

See pictures, comments of our activities and copies of the Newsletter

Search for Callington U3A within Facebook and apply to join
This is a closed group, open to members of Callington U3A only

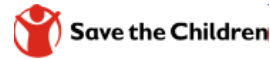
DON'T FORGET TO LOOK ON THE WEBSITE TOO

www.u3asites.org.uk/Callington

Editor - Wendy Fader - contact wendykfuk@yahoo.co.uk or 01822835985

The next newsletter will be available on 9th April. All contributions for the newsletter to be with the editor by **Wednesday 28 March 2018**, at the latest, please.

If you are interested in joining us at the Callington U3A, go to www.u3asites.org.uk/Callington or come along on the first Monday of the month at 10.00 a.m. in Callington Town Hall



This month's Callington U3A speaker was Chris Wiseman from Save the Children she has been a volunteer on and off since she was 8 yrs old.

At the beginning of the 20th century, two sisters had a vision to achieve and protect the rights of children. Almost 100 years later, that vision continues to guide all their work. The founder was Eglantyne Jebb and her sister Dorothy Buxton in 1919. She gave out flyers of starving children in Trafalgar Square and was arrested. This was the start of a remarkable future that was help and give life to Children across the globe.

Their guiding principles are: Child Protection/Poverty/Health/Hunger/Rights and Education.

Child Protection: Whether they're living on the streets, in refugee camps, or in institutions. Every child should grow up in a safe, supportive family environment. Yet right now, millions across the globe are not so lucky.

Child Poverty: The impact of child poverty can be devastating – and it lasts a lifetime. Around the world, the poorest children are most at risk of disease, malnutrition and stunting.

Health: 5.9 million children still die each year, many from causes that could be prevented, such as diarrhoea and pneumonia. Rates of newborn babies' deaths are not coming down fast enough, and malnutrition remains a stubborn challenge. We're determined to change this.

Hunger: We're committed to ending child deaths from hunger. On the ground, our teams are screening children for malnutrition, distributing vitamin supplements and helping families improve their income. And we're pioneering new methods of predicting food crises so governments can take action sooner.

Children's Rights: The world's first declaration on children's rights was written by Save the Children's founder, Eglantyne Jebb, in 1923. Jebb's Declaration of the Rights of the Child formed the basis for the United Nations Convention on the Rights of the Child (UNCRC).

Education: This has to change. We're determined to ensure that every child, everywhere in the world, gets a high quality education and the chance to write their own futures.

Chris also showed us the measuring bands that are put around a child's arm to see if they are undernourished. She brought along some sachets of Plumpy Nuts (peanut butter and glucose) a child can, in an emergency survive on 3 a day.

They do so many good and important things. Chris has been to many countries including Bangladesh and they raised £1.2m for 7 clinics. If you want to join them and get involved at Saltash or Liskead, contact them at www.savethechildren.org

Gillian Brown

If you are interested in joining us at the Callington U3A go to www.u3asites.org.uk/Callington or come along on the first Monday of the month 10am Callington Town Hall.

*Next month on 9th April
Annual General Meeting.*

CONTACTS

Officer contact numbers

Chair	Carol Dowell	382158	Secretary	Jo Earl	532024
Vice-chair	Gillian Brown	01822 832533	Treasurer	Ian MacDonald	351221

Phone numbers without dialling codes are for the 01579 area

GROUP NEWS

Groups - the **contact person** is available on the website, from the Secretary or at monthly meetings

ALLOTMENTS

There is one vacancy on one of the shared allotments. 10 x 15 feet.
Contact Ann Martin

ART

We meet on the 2nd & 4th Thursday in the month at the Stoke Climsland Old School. from 10 am - 1 pm. All abilities welcome and any medium. Just come with your materials, or call Ann Henderson for further information on 01579 351289

BAKING

Unfortunately we had to cancel February's meeting as not enough members could attend to make it worthwhile.
Next meeting: March 7th, 12 noon at the Warwicks for baking with vegetables. Our group is full at the moment but if you would like to be put on our waiting list please contact Jenny Wheelley on 351662

BARN DANCING

We meet on first Thursday each month. The next session will be on 5 April, 10.30 a.m. in the Methodist Church. All very welcome. Contact Wendy Fader 01822 835985

BOOKWORMS

Our group seems to be shrinking slightly so if you are a reader, or, would like to join us and maybe discover new authors or different books you would be very welcome. Our book this month was "Not forgetting the whale" by John Ironmonger. Set in a remote Cornish fishing village it tells a story of a world suddenly hit by catastrophe and how one stranger aids the villagers in their survival. It raises interesting ideas on how one small incident can eventually bring our modern world to its knees. It sounds like a book to avoid, but it has a quiet humour in places. We would recommend this as an entertaining and thought provoking read. Hilary Howarth 382172

BRIDGE

Meet on Tuesday evening in the Methodist Church. New members welcome. Call Hilary on 350360

CORNISH CULTURE

There was no meeting in February. For the next, on 12th March, meet at the Shamrock at Cotehele at 2pm. for a talk on the Shamrock. Anita and Tony Bowden 01579 350668

FAMILY HISTORY

On 26th March 2.30 pm at Eileen's, hopefully we will have a " Family History" talk by Christine Wiseman who spoke to us recently about Save the children. All welcome but please phone to book a seat. Bring your laptop or iPad if you have one. Contact Eileen 01579 350639

FLOWER ARRANGING

Meeting to be arranged. Contact Eileen 01579 350639

FOOD AND WINE

Contact maire .warwick@btinternet.com or 01579 350711.

GAME ON

Contact Lucy Thomas 01579 388799

HUMOUR

The Humour Group was set up several years ago by Keith Lane. In case you are wondering what exactly it is all about, the one thing it is not is where individuals do stand-up comedy.

The Group meets up on the 3rd Monday of each month between 1000-1015am at Christine Goldie's home and each member picks a subject to talk about, along with either a CD or DVD showing the said subject.

Previous talks have been on: Laurel and Hardy, Fawley Towers, To the Manor Born, Joyce Grenfell and Victor Borge.

We normally have the talk first thing and have a tea/coffee break afterwards at a cost of 20 pence. After the break discussions are held as to who will do the next subject and usually somebody brings in some jokes to tell. The meeting is normally finished by 1200.

If anyone is interested in coming to the Group you will be made most welcome and if you wanted to find out anything else then please contact Helen Redden on 01579 382612.

The next meeting will be on Monday 19th March at 10.00 am.

ITALIAN

We are currently full with 8 members meeting in our homes.

JAZZ APPRECIATION

A small number of us gathered at the first meeting without David at the helm. We played some music that we thought he would like including Diana Krall (of course) Duke Ellington, Sammy Rimmington, Dizzie Gillespie, George Fame, Charlie Parker, Andre Previn, Richard Bennett and Miles Davis.
The next Meeting will be at Christine's on 14th March at 2 pm.
If you are interested in joining us to listen to some jazz in the afternoon, please contact Rosemary Wright 01579 370578

MUSIC APPRECIATION

Our next session will be on March 13th. Please bring some favourite music for us to share. Contact Pat Ferguson 01579 384402

NEEDLEWORK

Contact Ann Martin

OPERA

Are you not sure about opera, like some of the music but don't really understand it? Perhaps you think all opera is Wagner where the 'Fat Lady Sings' loudly. Let me assure it is not and for the next three Opera meeting this year we will be concentrating on some of the most famous operas with familiar arias. As a guide to beginners we will investigate the biography of the composer then watch one of their more famous compositions. Starting with my favorite and the first opera I saw, La Traviata by Verdi, which tells the story of Violetta, a courtesan who 'Lives for pleasure' (you will recognize her famous arias) but then falls tragically in love with Alfredo. Next a rather racy production of Carmen by Bizet and finally Madame Butterfly by Puccini, all will have English subtitles I can't offer the grandeur of a famous opera house or an amphitheatre in Verona on a warm Italian night but a leisurely afternoon with tea or coffee and biscuits at 28 Trelawney Drive on the third Tuesday of the month. Perhaps if you find you enjoy it you might wish to explore other more illustrious venues like many of our group have done in the past and will hopefully continue to do in the future. I need to know who is coming so I can organize the seating. Please telephone Carol Dowell on 01579 382158 or speak to me at the monthly meeting

PHILOSOPHY

Our subject for February was Charles Darwin who in fact was not a philosopher but a botanist, biologist, scientist and naturalist whose 'Theory of Evolution' influenced and continues to influence world thought. A 2006 poll said that only 48 per cent of the general public accepted the theory. Discussions from last month will be completed on John Stuart Mill and his step daughter to celebrate 100 years of the suffrage movement. New members welcome. Next meeting February 22nd at 10.00 in Town Hall Committee Room .
Contact Doreen Johnson 01579 343152

PLAY READING GROUP

Meet the first Thursday of the month at Callington Library at 2.00 p.m. We would love some new faces to join us. Sheila Tredinnick 383717

POETRY

In our first poetry session of the year we featured Valentine and love poems ranging from the classical sentimental from Elizabeth Barratt Browning, Robert Burns and Edgar Allan Poe to modern renderings some tender some humorous from amongst others Pam Ayres, Carol Ann Duffy, and Adrian Henri and finally Leo Marks, who wrote the very romantic poem used in the 50s film 'Carve Her Name in Pride' 'The Life that I have' The next poetry will be on March 9th when the subject will be 'The Weather'. Contact Pat Ferguson 01579 384402

GROUP NEWS CONTINUED

SCRABBLE

Contact Lesley Cheetham 01579 383632

SCRIBBLERS

We wrote on a theme of 'blue' which covered various topics including blue skies, a blue car and the blue we used in the washing before the days of washing machines, etc. We meet on the 3rd Thursday of the month. Contact Penny Beech 01822 834756

SINGING FOR PLEASURE

We meet at the Methodist Church from 3.30 to 5 p.m., On the second and fourth Monday of the month. Dates for March are 12th & 26th Why not come along and give it a try.
Contact Ros Bunkum 01579 383171

STROLLERS

For our first stroll we visited Cotehele to see the snowdrops. A lovely display which we hope is a sign that Spring is on its way. The crocuses were just showing a bit of colour and a few of the camellias were already in bloom. Our next outing was to St.Mellion where, on a beautiful warm sunny morning (yes it had to rain in the afternoon) we walked as far as the Church which we found very interesting especially the long standing connection to the Corydon family of Pentillie. The weather was against us the next week so we strolled to the nearest coffee shop for a nice chat!
Contact Pauline Husband 01579 350379

TABLE TENNIS

We meet once every 4 weeks in the Methodist schoolroom from 7 pm to 9 pm. All equipment is provided and we make a small charge for the hire of the room. All our meeting dates will be on the website and on the notice board at the monthly meetings. All are welcome, hope to see you there. Ray Geatches.350638. .

WALKING GROUP 1

The March walks beginning on 2nd March will be to Germansweek Roadford, Fingle Bridge circular walk, Calstock to Cotehele and Seaton to Millendreath. Most of these walks are between 5 to 7 miles and new members always welcome. A dry month is hoped for.
Contact Doreen Johnson 01579 343152.

WALKING GROUP 2

On the 6th Feb nine walkers collected in the Free Car Park Callington, for a history walk around Bodmin Wells with Peter Watson, despite the snow forecast. Sure enough as they gathered the snow started. A unanimous decision was taken to go ahead as everyone was warmly clad and desperately needed fresh air and exercise after the appalling weather of the previous weeks. At least seven Wells have been restored in and around the centre of Bodmin during recent years and Peter gave a potted history of each mindful of the snowy conditions. True to walking traditions, it wasn't long before we discovered Weatherspoons cafe in the centre of town for a quick warm-up and coffee break. The next stop was St.Petroc's Church and two wells maintained in his honour. St. Petroc, one of the last great abbot confessors of the Celtic Church, is credited with the main founding of Bodmin in the 6th century, although he was born in Wales and travelled to Cornwall in AD518. Back at the Bodmin car park and in front of the War Memorial everyone agreed even as the snow was still gently falling around them that it had been a good day and that it hadn't spoil the day but rather added to it. Thank you to Peter for the interesting talk and braving eight ladies in the snow.

Meet on Tuesdays at 9.30 a.m. in Callington Free Car Park. All welcome. Contact Lucy Thomas 01579 388799