

WALKING GROUP 2

Some lovely walks in May - coastal walk at Hannafore, although bit windy the sun was out and a few of us managed the steps to the top of a hill to get a better view of the coastline. After this we were ready for a coffee and delicious cake in a sea front cafe. 9 walkers enjoyed a stroll around the valley of Luxilyn led by Hilary. The bluebells would have been more stunning with a drop of sunshine, but at least it was dry and only some light drizzle towards the end.

Walk from St Dominick to Cotehele weir and on to the quay for drinks at the Edgecombe.

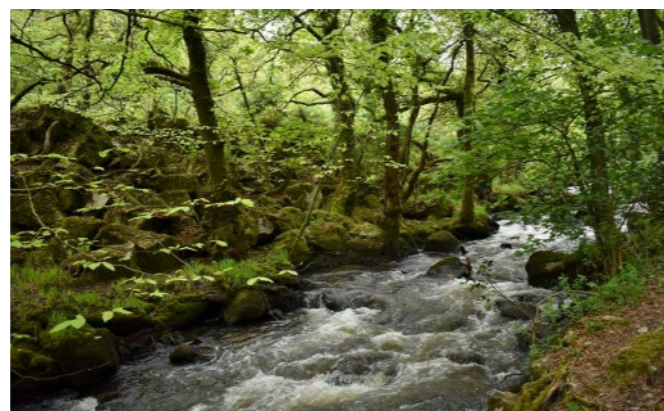
Lastly Harrowbarrow and Metheral walk which was guided by Mary.

New members always welcome. Meet on Tuesdays at 9.30 a.m. in Callington Free Car Park. All welcome. Contact Lucy Thomas 01579 388799

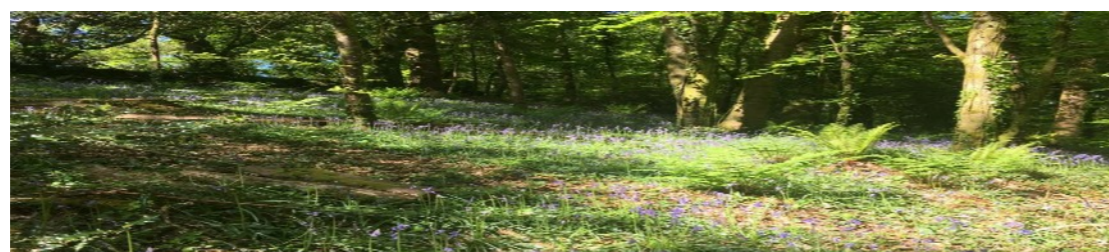
Hannafore



Luxilyn



St Dominick



U3A Social Event

Monday 6th August 2018

Our social event will commence at 10 am prompt and will include a light lunch. Look forward to seeing you all there!

FIND US ON FACEBOOK - See pictures, comments of our activities and copies of the Newsletter. [Search for Callington U3A](#) within Facebook and apply to join This is a closed group, open to members of Callington U3A only

DON'T FORGET TO LOOK ON THE WEBSITE TOO

www.u3asites.org.uk/Callington

Editor - Yvonne Johnson - contact johnsonyvonne1@sky.com or 641357

The next newsletter will be available on 2nd July. All contributions for the newsletter to be with the editor by **Wednesday 20 June 2018**, at the latest, please.

If you are interested in joining us at the Callington U3A, go to www.u3asites.org.uk/Callington or come along on the first Monday of the month at 10.00 a.m. in Callington Town Hall



CALLINGTON NEWSLETTER

June 2018



Michael Bearcroft was our entertaining May speaker who spoke about his life and experiences using humour, made light of his many achievements and few downfalls.

His tales began in Sheffield where his father ran a power station and his mother was a housewife involved with the organisation of an International Peace Conference.

Michael was signed as a junior football player for Sheffield United and believing he would stay on as a professional didn't work at his football or school studies and on reaching 17 was devastated to find he was without a place on the team or any alternative purpose in life. Someone advised him that if he got a job as a sales rep with a big company, they would give him a brand new car and soon he found himself selling cosmetics enjoying a new red Ford Capri. Late one night, he spotted a break-in at the local Boots store and thinking he was doing the right thing went to investigate where he collided with two police officers. With his car full of cosmetics, there was something of a misunderstanding with them and his boss who was telephoned at four in the morning.

He swiftly found another sales job and pursued a high flying career before becoming Chief Executive of a Physiotherapy Insurance Company. It was here that he discovered how difficult it was for charities to raise both funds and awareness in a tough economic climate. After a meeting with The British Red Cross he realised there could be a way for charities and businesses to work together for mutual benefit and soon made contact with their many famous but private sponsors making his company one of the major corporate sponsors.

This particular successful business was visited by two Canadian gentlemen which resulted in it being bought by the Independent Order of Foresters who had been looking to move to the UK. Michael was asked to stay on but for family reasons he didn't want to travel and took a break. During this time he realised he didn't want to return to industry and decided to try his hand at acting and there followed an amusing story of the joys of getting an Equity Card.

Once he had his Equity card, he created a Murder Mystery Company and an international touring stage show 'Back to Broadway'. During the summer he set up Musical Theatre Summer Schools, with proceeds going to support children's hospices.

Then, sadly, he had a heart attack and a triple bypass and whilst he was in hospital his wife sold off his businesses. When he asked what she thought he might do next, she suggested he wrote a novel.

They moved to Cornwall and, following the untimely death of his eldest daughter, he took up her challenge. He has now written his first novel called 'Dangerous Score', based on what he knew most about – football and other things he's learned along the way. During his research he came across a group called Hope for Justice, a nationwide group working to stop modern day slavery and to support its victims. Royalties from his book go to them and he also fundraises for Penhaligon's Friends, a Cornish charity helping bereaved families. A most inspiring, as well as entertaining, talk.

Penny Beech

*Next month on 2nd July
Our speaker will be Clare Densley The
Buckfast Abbey bee keeper*



CONTACTS

Officer contact numbers

Chair	Maire Warwick	350711	Secretary	Jo Earl	532024
Vice-chair	Lucy Thomas	388799	Treasurer	Wendy Fader	01822 835985

Phone numbers without dialling codes are for the 01579 area

GROUP NEWS

Groups - the **contact person** is available on the website, from the Secretary or at monthly meetings

ALLOTMENTS

There is one vacancy on one of the shared allotments. 10 x 15 feet.
Contact Ann Martin

ART

We meet on the 2nd & 4th Thursday in the month at the Stoke Climsland Old School. from 10 am - 1 pm. All abilities welcome and any medium. Just come with your materials, or call Ann Henderson for further information on 01579 351289

BAKING

Nine of us met up for our May meeting. We were trying out using different flours and there were a few misgivings about how our recipes would work out, some envisaging a table full of unintentionally flat breads! However all was well and all breads, cakes and pastry delicious despite some problems with 'rise'. Between us we managed to use a variety of flours - rye, spelt, semolina, coconut and Khorosan. The latter, for those like me who did not know, originates from historical areas of Iran and Afghanistan and is thought to have been found in Egyptian tombs and was also supposed to have been aboard Noah's Ark and known as Prophet's Wheat!

Our next meeting is our annual picnic at Pillaton on June 6th when we'll be indulging in childhood favourites. Our group is full at the moment but to be put on our waiting list contact Jenny Wheeley 351662

BARN DANCING

We meet on first Thursday each month. The next session will be on 7 June, 10.30 a.m. in the Methodist Church. All very welcome.
Contact Wendy Fader 01822 835985

BOOKWORMS

If you would like to join us call Hilary on 382172 or e-mail hilary.howarth@btinternet.com

BRIDGE

Meet on Tuesday evening in the Methodist Church. New members welcome. Call Hilary on 350360

CORNISH CULTURE

Our meeting on Monday proved very enlightening. The subject was childhood games. Our childhoods were spent in Essex, rural Cornwall and City Cornwall (Truro) and yet it was amazing how similar games

were, obviously we were all member of the U3A and of a certain age.

A big common factor was the majority of play was outside, with no adult interference - unless a ball went in the wrong place. Equipment was simple sticks, stones, ropes and balls. Very common games, tig of various types, circle games, pig in the middle. Indoor games were mainly card games, happy families, snap board games, ludo, snakes and ladders and all the family Monopoly. At parties we played musical bumps, oranges and lemons, pass the parcel and many more. The most amazing game was hopscotch which we all played and also all these countries - the Romans in Italy, Spain, Russia, Sweden, Norway, Netherlands, Bosnia, Croatia, Serbia, Malaya, Mexico, Cuba, Romania, Brazil, France, Germany, Australia, Argentina, Ecuador, Hungary, India, Switzerland and Turkey to name just a few - one way to unite the world.

In summation we all felt deep regret that children today do not have the same freedom to play outside without adult supervision. It meant we learned to play without the help of grown ups.

Anita and Tony Bowden 01579 350668

CRIME FICTION

We were a little down on numbers for this meeting but this did not prevent lively discussion on books that had been passed around from the last meeting. It just highlighted the saying "one man's meat etc...." We were also amazed at the number of books labelled as "number 1 best seller!" or "Crime Book of the Year" when clearly they couldn't all have succeeded to this title when published round about the same time. You cannot judge a book by its cover - or a crime fiction novel by the comments started on the front!

> We are sadly losing a few of our members as Gunnislake are now setting up their own Crime fiction group so if you enjoy reading this genre please contact me to come along and try our very friendly group. Jenny Wheeley 351662

FLOWER ARRANGING

Meeting to be arranged.
Contact Eileen 01579 350639

FOOD AND WINE

There are still places on the trip to Skinner's Brewery in Truro on Wednesday 20th June. This involves a 2 hour tour of the brewery (with tastings!) starting at 2.30 p.m. I will book lunch in Truro beforehand for those who want it. Travelling will be in shared cars. Please contact me: maire.warwick@btinternet.com

GROUP NEWS CONTINUED

GAME ON

New members welcome. Please contact Lucy on Tel. 01579 388799.

HUMOUR

Anybody interested in joining this Group, please do not hesitate to contact me, Helen Redden, on 01579 382612

JAZZ APPRECIATION

Next meeting on Wednesday 13th June at 2pm at Christine's. Do join us if you want an afternoon of good music. Contact Rosemary Wright 01579 370578 for further details.

OPERA

Next meeting will be on June 17th at 2pm Contact Carol Dowell 01579 382158

PHILOSOPHY

Next meeting will be on June 28th.
Contact Doreen Johnson 01579 343152

PLAY READING GROUP

Meet the first Thursday of the month at Callington Library at 2.00 p.m. We would love some new faces to join us. Sheila Tredinnick 383717

POETRY

Next meeting will be on June 8th at 2.30pm and our subject will be 'The Darling Buds of May'
Contact Pat Ferguson - 01579 384402

PUB LUNCHESES

Anyone wishing to join in will need to put their names down on the list provided at the monthly meetings each month in advance as soon as possible because most pubs can only cope with 20 members. So first come, first served. Further details from Lucy Thomas Tel.01579 388799 or Mary Elliott Tel. 384729

QUIZ GROUP

The group will meet on the first Wednesday of the month in the Council Chamber of the Town Hall, from 2.00 to 4.00 pm.
Next meetings 6th June, 4th July
Contact Maggie Wood 01579 384634
e-mail: mongyw@hotmail.co.uk

SCRIBBLERS

At our May meeting we read and discussed our stories under the title of, 'The Waiting Room'. Two stories were filled with trepidation - the dread of going to a home for elderly people which might be typical of the term, 'God's Waiting Room', the other, waiting to go on a helicopter trip over Dubai which had seemed a grand idea until the nerves and apprehension of being so high in the air kicked in - along with unexpected fog. Another story began on a cold night in December with a solitary traveller waiting to catch a train. There was only enough coal for the ladies waiting room, which was lucky as this was a young woman travelling - but she was soon joined by a young couple with a baby, the news that the last train was cancelled (signal trouble - isn't it

always) and two young soldiers hoping to go in the other direction. Interesting mix of people but it worked out well due to the resourcefulness of everyone including the station master. Our fourth story concerned a professional photographer waiting in her room in her croft on the Island of Harris. She was waiting to catch the perfect moment for the final photo in her series about a Golden Eagle. Our next meeting will be on June 21st. Contact Penny Beech 01822 834756 or 07971 889572 to leave a message.

SINGING FOR PLEASURE

We meet at the Methodist Church from 3.30 to 5 p.m., on the second and fourth Monday of the month. The June dates are the 11th and 25th. Why not come along and give it a try. Contact Ros Bunkum 01579 383171

STROLLERS

Only two strolls this month due to the Bank Holidays. On a rather chilly blustery morning we wandered through The Meadows at Tavistock, enjoying coffee at The Wharf. However it was a lovely warm Spring day when we strolled along the banks of the River Lyner at New Bridge, followed by refreshments at The Bull's Head. Our next outing will be to Minions on 11th June.

TABLE TENNIS

We meet once every 4 weeks in the Methodist schoolroom from 7 pm to 9 pm. All equipment is provided and we make a small charge for the hire of the room. All our meeting dates will be on the website and on the notice board at the monthly meetings. All are welcome, hope to see you there. Ray Geatches. 01579382167.

WALKING GROUP 1

May saw some dry weather at last. The group walked at Samford Spinney and saw amazing bluebells at Burrator Woods. They walked on from Lantic Bay to Bodinnick through wild garlic in full bloom, with superb views down the estuary to Fowey and Polruan. Then a stop for lunch in the sun at Pont
Contact Doreen Johnson 01579 343152

Sanford Spinney

Estuary to Fowey



Wild Garlic

Lunch stop at Pont

