



# Callington Newsletter

## January 2019

### A year now past

The final page is now complete memories etched upon each sheet each one a story yet to be told of many events the year did unfold

Friendships made some sadly lost woven in the fabric of a year now past memories to cherish memories to keep memories etched on my diary sheets

Now as a new year is due to begin my diary its pages are empty within of unknown events yet due to unfold full of rich memories ready to be told



**By: Lesley Cheetham**



**W**e started off the celebrations for the 2018 Yuletide Season with our annual Christmas Lunch. The Town Hall and the “Committee Elves” began their work early, jobs included sticking secret markers on one chair at each of the eleven tables?, laying out cutlery and glassware, festive serviettes, and of course crackers and party poppers. Decorations were hung around the Hall and each table was completed with a beautiful silver and yellow flower table decoration made by the Flower Arranging Group

**O**n arrival members were greeted by welcome smiles, laughter and the fragrances of roasting meats, turkey and beef, and potatoes. There was time to buy raffle tickets, admire the decorations and chat with friends, before sitting down and tackling the 2 table quizzes, pulling crackers and generally getting into the festive spirit. Lunch service began with a fantastic spread of roasted meats including a vegetarian option, pig in blankets, stuffing, potatoes and three veggies! There was plenty and many of us had seconds! Dessert followed - homemade chocolate roulade, trifle, fresh fruit salad and cream with tea, coffee and chocolate mints finishing off a fantastic meal.

**T**he choir from Callington Primary School came along to entertain us with some Christmas carols and the children sang beautifully keeping in tune even though they had no instrumental accompaniment. The highlight of their performance was their rendition of the Twelve Days of Christmas which included actions for each of the days, very original and had us all in fits of laughter.



The raffle was drawn with 1<sup>st</sup> prize being a Christmas hamper, other prizes included bottles of wine and chocolates. We raised the amazing amount of £84 and this was donated to The Callington Memory Cafe.

Next came the answers to the quizzes and a tie-breaker question was required as several tables had the same score. Finally the winning table was announced and they received a large bag of chocolates to share.

One lucky person on each table got to take home the lovely table decoration and this had us all looking under our chairs to find the secret sticker which had been put there.

Huge thanks must go to Shirley and Dave Floyd for their amazing catering service, not only cooking a really tasty meal but also serving and clearing up afterwards.

A big thank you to the children and their teachers from Callington Primary School for all the practice required to learn the words and actions to their chosen carols, they were a delight.

Last but not least our fantastic committee members and helpers for organising the whole event, giving their time and efforts to make sure everything ran smoothly and everyone had a good time.

A very enjoyable lunch was had by all and certainly made a wonderful start to all our festivities

**A Happy and Peaceful 2019 to all !**

*Rosemary Shatford*



## **GROUP NEWS**

***We currently have 31 groups so there's something for everyone but if your interest isn't catered for, why not start your own group? just talk to one of the committee members.***

***For more details and photos check out the U3A website, Callington U3A Facebook page, contact the group conveners or come along to the monthly meetings***

### **■ Art Appreciation**

No meeting in December - next date is January 21st.

**Contact Penny Beach - 01822 834756 or 07971 889572**

### **■ Baking**

It was Christmas at our December meeting and the only stipulation was no mince pies !

Instead we had baked Camembert surrounded by pesto whirls, savoury cheese bites and a festive flan. Our sweet taste buds were treated to sourdough stolen, spiced fruit loaf, toffee apple cake,

mince meat brownies, festive mini loaves and filled sponge cake. All this was sampled with mulled wine and good cheer, a fitting end to the year.

We agreed not to meet in January so our next meeting will be at Karen's in February when we shall be trying out Celtic recipes  
**Contact Jenny Wheeley - 351662**

### **■ Events and Outings**

The forecast was dreadful but I jokingly told everyone on the community bus outing to RHS Rosemoor Gardens that the rain would stop just in time for us to enjoy the day and my prayers were answered. It didn't seem very promising at first and we all stayed indoors, enjoying a welcome drink and partaking of the tasty cakes and scones there. After this we wandered around admiring the assorted goods on offer at the food and craft fair. Just as the day was drawing to a close the rain stopped and the lights came on. We all strolled throughout the gardens and down to the lake and were entranced by the beautiful illumination's.

**RHS Rosemoor**



**Soldier in the mist**



Another wet day for the Exeter trip but 15 of us boarded the train at Liskeard for the journey to St David's station.

After a coffee stop a few of us enjoyed some retail therapy getting our last few Christmas gifts in stores and the Christmas Market while others increased their historical knowledge with a visit to the tunnels and Cathedral.

Apparently the tunnels were built in the Medieval period to house lead pipes to supply Exeter with fresh water. Construction of the first passage began in 1346 with the aim of bringing water to the Cathedral. The city passage bringing water to the residents of Exeter was built in 1492. Only a few select rich people had water piped directly to their homes, while the majority of the population used the fountain known as "The Great Conduit". This water was rationed, with the poor using it only for drinking. Sadly this large feature which once stood at the junction of South Street and Cross Street was demolished in the 1700s.

In the 19<sup>th</sup> Century a widespread outbreak of cholera highlighted health concerns which resulted in the water system being redesigned in 1832. The lead pipes were replaced with cast iron ones and the passages were levelled out.

The tunnels became neglected and unused after being damaged during the construction of the railway in 1857 but interest surrounding the tunnels returned in the 1930's in the form of guided visitor tours.

Exeter Council now own the tunnels which are a Scheduled Ancient Monument

**Contact mary.hardy48@outlook.com or telephone 01752 382775**

## Exeter Tunnels



### ■ Game On

Party time at Lucy's house went with a swing. Everyone contributed to the festive tables bringing scrumptious goodies and drinks. Mulled wine accompanied the first team game, 'Would I Lie to you' with an embarrassing theme. It seems all had had embarrassing experiences but were they true or false? Steve brought along two favourite games one from the previous meeting which was so much enjoyed.

Xmas Crackers and Prosecco added to the festive spirit before everyone tucked into the party food.

Next Games meeting is on January 13<sup>th</sup> new members welcome  
**Contact Lucy Thomas 388799**

### ■ Humour

Wishing you all at U3A a very happy, healthy New Year. The first meeting in 2019 will be Monday 21<sup>st</sup> January at 10.15am. Venue to be confirmed but subject will be Bob Newhart.

A seasonal joke - **A lorry load of Vick nasal spray was spread on the A38, the Police have said that there will be some congestion for a while!!**

**Contact Helen Redden 382612**

### ■ Jazz Appreciation

The December meeting was very jolly and festive with a varied selection of Christmas themed music. These included Glen Miller, Gregory Porter, Gerry Mulligan, Jan Garbarek not to mention the hilarious song 'Is that you Santa' by Louis Armstrong.

Our January meeting is on Wednesday 9<sup>th</sup> at Christine's which will be a member's choice.

We welcome new members and if you would like any further information, please

**Contact Rosemary Wright 370578**

### ■ Philosophy

At our November meeting we studied Sigmund Freud. Gillian Brown led a lively discussion including psychoanalysis, and subconscious thought. We enjoyed scrumptious Christmas nibbles as a reward!

The next meeting is on Thursday January 31<sup>st</sup> at 10am in the town hall when we will be talking about Bertrand Russell. All welcome.

**Contact Sandra West 370231**



### ■ Quiz Group

The group meets on the first Wednesday of the month in the Council Chamber of the Town Hall, between 2 -4pm.

We are a very informal group, have lots of laughs and we mix up the teams every month so no-one wins every time!

**Contact Mel Hammond 351960**

### ■ Scribblers

We did not meet in December but are back together on January 17<sup>th</sup> when our subject is, 'Strangers on a Train'

**Contact Penny Beech 01822 834756 or 07971 889572**

### ■ Walkers 1

Two walks were cancelled last month due to bad weather but we did manage one - Mawgan Porth to St Mawgan.

We decided to have a coffee at Mawgan Porth before we set off to follow the well trodden but sheltered foot path all the way to St Mawgan walking through the St Mawgan Church which dates from the 13<sup>th</sup> century. We passed a wooden memorial in the shape of a boat commemorating ten men who drifted ashore, frozen to death in 1846. A sheltered spot was found for a lunch stop and after crossing fields and stiles we reached the Coast path and a fresh shore breeze. As we looked down the coast towards Newquay the sun was just glinting off the water which made it sparkle. We followed the coast path back to Mawgan Porth giving thanks that we had avoided the passing showers.

**Contact Rosy Hanns 0751 5370533**

St Mawgan Church



Mawgan Porth



Coast towards Newquay



Sheltered spot for lunch



## Walkers 2

Our first walk in December was The Lady Vale trail at Cardinham Woods. We followed the trail upstream to the Lady Vale Bridge and after heavy rain the streams were very high. Thankfully the rain held off as we continued on and made our way back to the coffee shop for delicious refreshments.

The 'Bring a Plate' Christmas Party at Green Pastures was well attended by twenty one walkers who all brought a contribution of delicious goodies or drink. The business part of the meeting, aided by mulled wine and coffee, went quickly planning the next six months walks and grabbing volunteers to lead them. Some new and interesting walks coming up for 2019.

Business completed we all relaxed and tucked into a very delicious lunch.

For our final meeting of 2018 we defied the awful weather and went to Cotehele. We decided it was too wet and miserable to walk so enjoyed a coffee before going to see the beautiful Christmas garland where over 25,000 dried flowers have been used.

For the centenary of the First World War Armistice a paper garland of seasonal flowers winds around the Great Hall. The printed flowers, foliage and wildlife have been interwoven with reproductions of some of the artefacts Cotehele has been displaying in their First World War exhibitions.

Contact Lucy Thomas 388799

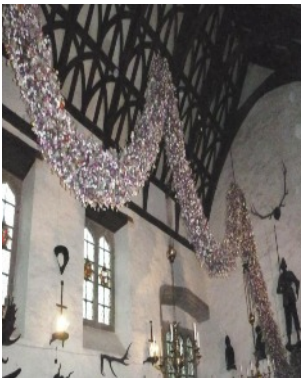
Cardinham Woods



Cotehele



Christmas Garland



Paper Garland



## Speakers at the next few meetings

### February

Lyn Gould - Daphne du Maurier's Cornwall

### March

Rupert Kirkwood - Kayaking, up the creek and beyond

## Office Contact Details

<i>Chair</i>	<i>Maire Warwick</i>	<i>350711</i>
<i>Vice-Chair</i>	<i>Lucy Thomas</i>	<i>388799</i>
<i>Secretary</i>	<i>Jo Earl</i>	<i>532024</i>
<i>Treasurer</i>	<i>Wendy Fader</i>	<i>01822 835985</i>
<i>Editor</i>	<i>Yvonne Johnson</i>	<i>641357</i>

Find us on FACEBOOK.

Search Callington U3A within Facebook and apply to join.

This is a Closed group, so its only open to members of Callington U3A.

Dont forget to visit the website  
[www.u3asites.org.uk/Callington](http://www.u3asites.org.uk/Callington)

If you are interested in joining the Callington U3A Visit [www.u3asites.org.uk/Callington](http://www.u3asites.org.uk/Callington), click the Welcome tab and complete a membership form. Alternatively come along to the Callington Town Hall at 10.am on the first Monday of each month

If you would like to get more regional and National news from U3A plus details of any study days or workshops being held, sign up for the monthly email newsletter from head Office -

[www.u3a.org.uk/email](http://www.u3a.org.uk/email)

Next newsletter will be available  
4<sup>th</sup> February.

All contributions by 24th January  
please email Yvonne  
[johnsonyvonne1@sky.com](mailto:johnsonyvonne1@sky.com)