

Contact Information

For emergencies only when not the lead

Stroll Information

These are easy walks which are mainly level, with some rising ground or downward slopes. They are walks on roads or footpaths, which maybe slight muddy in places.

All walks are not longer than 2 miles. Some walks can be shortened for those who cannot walk very far. Please wear suitable footwear.

NB

- **Please let The Lead know if you are attending a Stroll by 9.00pm Sunday evening if possible or by 9.00am Monday. Please include your meeting point if different from the Free Car Park (FCP) i.e. Gunnislake Station, Calstock CP.**
- Please let The Lead know if you need transport from the FCP, we usually share transport organised by The Lead.
- The stroll may be cancelled or changed at short notice due to weather, conditions under foot or another reason.