

Callington u3a 20th Anniversary Newsletter June 2023

Committee News

20th Anniversary celebrations on 15th May 2023

On Monday 15th May 2023 we celebrated the successful running of the Callington branch of the u3a for 20 years. Founding members came along to share their memories of 20 years ago. We heard about the history of our u3a from Michael Farr who was on the Steering Committee in 2003 and who was our first Vice Chair and Phil Rowland who lead the first walking group in 2003 and spoke about his favourite walks. Judy



Foweraker and Lucy Thomas displayed some very interesting documents and photographs from the early days. Lucy, who produced and edited the first Newsletters, had the first newsletters on display - which make for a fascinating read! The ladies then cut the birthday cake which was then served with more refreshments. There was a quiz, a Riddle sheet and a Capital Cities sheet to test the members knowledge on the tables and the morning was finished off with a free raffle with prizes for 20 lucky members. It was wonderful to see so many members, founding, old and new members all celebrating together.



Final Membership Subscriptions Reminder

Please note that the subscriptions for 2023 were due for final payment by May 31st. At the meeting on the 3rd July all members will be issued with a membership card for 2023/24 with their membership number and name on. This will need to be shown when you sign in at the monthly meetings and when you attend group activities as proof you are a paid member. If your membership has now lapsed you will no longer be able to attend any of these as this will cause insurance implications. If you are still needing to pay your fees please contact Phill Clift, membership officer on 07900956980 or see him at the next meeting to discuss/make your payment, thank you.

Proposal for a local trip

For August when we do not have a monthly meeting on the 7th August it has been suggested that we have a local day trip to Princetown for those members who are not away or busy with summer. Following the recent speaker Pip Barkers interesting talk on Dartmoor Prison he informed us he does escorted tours of the prison museum, the church and war graves at Princetown. The admission cost to all venues for the day is £5. The proposed agenda for the trip is:- car sharing from Callington free car park to Princetown, car parking fees are £2 for the day so anyone having a lift will be expected to make a contribution towards the petrol and parking (sorted by the individual car owners) or a local mini bus can be hired, costs to be confirmed if numbers are higher than car users spaces. An escorted talk and tour of the prison museum. A break for lunch of 1.1/2 hours, personal choice either bring your own picnic lunch to enjoy the weather or lunch in any of the local cafes, (tables will need to be booked if large numbers to allow for serving). After lunch we meet at the church for an escorted tour of the church and the war graveyards, the latter are not normally available to the public before heading home after this. If you would be interested in going on this trip there will be sheet of interest at the meeting on Monday for you to sign for us to gauge whether the trip is viable or if you are not able to attend please contact Ann Moore on 01579641674 to have your name added to the list.

Price Increase for refreshments

Unfortunately due to rising food costs it has been agreed by the committee that the price of refreshments will have to rise to cover these costs moving forward. The new price at the meetings will now be 50p for each drink and biscuit (with no free refills) which is still very reasonable in today's climate. Thank you in advance for these changes which are inevitable.

Group News

Play Reading

Just a reminder that at last we're back to our regular slot!! The Play reading group will return to its original time to meet on the 1st Thursday afternoon of the month at 2pm at the Library in Callington. New members are welcome to join us for a reading of various selected genre of drama over a cuppa, usually a good laugh, but always good friendship. No experience necessary. Next meeting is the 1st June, or if that's too short notice the next one is 6th July. Give it a try. Comedy, Classics, Murder Mystery etc, all copies borrowed from Cornwall Drama Library Service. For more details Contact Sheila Tredinnick on 01579 383717 or email s.tredinnick04@btinternet.com

Jazz Appreciation

Our May Meeting was well attended and our chosen theme of 'The 40's' brought us some foot tapping music. Amongst the artists we listened to were Charlie Parker, Lionel Hampton, Charlie Christian, Woody Herman, Stan Kenton, Glenn Miller and Sidney Bechet. Our next meeting will be on Wednesday 14th June at 2pm at Christine's as usual. We decided to bring whatever music we liked to listen to. If you would like to join us for an afternoon of good company and good music and would like some more information, please contact Rosemary 01579 370578 or email rosemary.ralph@golitha.uk

Walkers 1



What a beautiful walk Walkers 1 had today!! There were 10 of us setting off from Warren House Inn across Dartmoor, through the stunning carpets of bluebells and back up the slope



to the Inn. It was such a warm, gorgeous day with the bluest of skies that some of us were tempted with a drink at the Inn before the drive home! Thank you to Marion for leading yet another fabulous bluebell walk! If you would like to join this group please email: gjhanns@gmail.com for more information.

Art Appreciation

We had a very interesting presentation entitled 'Canvas to Catwalk' picking up on the fact that some famous couture designers were much influenced by fine art portraits and the fashions of years gone by. Full of lovely colour and beautiful things, it was a very unique way of looking at art, design and skilled craft work. Plenty of food for thought and started one of our longest discussions over tea and biscuits for some time.

In June we are visiting a gallery in Penzance - back at the Town Hall in July with a presentation on M C Escher, the Dutch G. For more information please contact Penny Beech on 07971889572 or email pennybeech@googlemail.com

Scribblers

We had been tasked with writing to a genre of our choice - we had a Western, two which were Romantic and one full of myth and legend.

The Western was very exciting with the baddies thankfully getting killed off by rattlesnakes. One romance was about a secret love and the other about the everyday stories of love - snatching secret moments to knit a secret jumper and knowing that soon the knitter would be making much smaller items for the new addition to the family. The myths and legends were based on the writer's recent visit to the atmospheric village of East Lulworth in Dorset and the stories of ghosts and ancient folklore. Next month, we're off to the annual flower show for something unexpected.

For more information please contact Penny Beech on 07971889572 or email pennybeech@googlemail.com

Baking



In deference to the Coronation the theme for last month's meeting was Celebration! Richard and Maire strung up bunting and flags to enhance the occasion .

Inevitably several of us provided Coronation chicken but all with a different twist. We had Coronation chicken pasties, containing sour cream and yoghurt, a Coronation chicken pie with spinach, dried mango and coconut milk and another with turmeric and chilli powder in the pastry and a layered filling. To start with there were Yorkshire pudding canapés with a cheese, ham, pickle and chive filling , vol au vents filled with Coronation chicken (and the rough puff pastry was made not bought!) and tiny cheese, onion and olive scones.

A magnificent strawberry and chocolate cake, a King cake filled with whipped up apricot jam, ground almonds, butter and rum and a celebration Bundt cake covered with cream cheese frosting completed our feast. Food indeed fit for a King! If you are interested n

this group please contact Jenny Wheeley on 07845157237 email: jenny@wheeley.plus.com

Cards Galore

This new group met on the 4th May when a few played Cribbage for the first time. If you would like to play traditional card games like Gin Rummy or Pontoon and newer ones like Sevens and Constellation then pop along on the 1st Thursday of the month to the Town hall at 10am till 12. The next meeting is June 1st. The session costs £1.50 to cover the venue and drinks/biscuits. Contact Ann Moore or Carl Moore on 01579 641674 or email aemoore4521@gmail.com for more details.

Skittles

The skittles group met at Treburley social club on Wed 18th May and in a royal Coronation theme 3 teams named 'Crown', 'Orb' and 'Sceptre' played the first round before a lovely buffet with pasties was served at half time. After the second round the run away winners were team 'Orb' scoring 249 with team 'Sceptre' scoring 228 and team 'Crown' 214. Anyone interested in joining this fun activity please contact Mel Hammond on 01579 351960 email: melkenhammond@outlook.com

Date for the diary:

The speaker for the July Meeting on Monday July 3rd at 10am will be Paul Ford talking about the life saving work of the Cornwall Air Ambulance.

Finally there will be a **BOOK SALE at the July meeting** - books will be buy 1 for 50p and get 2 free.

Contact details:-

Anne-Louise Mellor – Chair, 07711281924 email: chaircallingtonu3a@gmail.com

Phil Clift - Vice Chair, 07900956980 email: vicechaircallingtonu3a@gmail.com

Pat Mitchell – Secretary, 01579 241845 email: callingtonu3a@gmail.com

Jae Damarell – Treasurer, 07756411253 email: treasurercallingtonu3a@gmail.com

Helen Redden – Group Co-ordinator, 07770402242 email: ladywholunches3@gmail.com

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