

# Callington u3a Newsletter July 2023

## Committee News

Membership cards are going to be issued to you by Phil Clift when you join the meeting this month after you have signed in or when you next attend a meeting, These have been re-instated to help with the administration of yearly fees and to ensure paying members are safely attending meetings and groups and not infringing insurance issues we have within the club.

Following the passing of Marion Lawrence, the family said their final farewells when they scattered her ashes in the Tamar down at Cotehele quay on the 11<sup>th</sup> June. Sadly missed by all.

There will be no monthly meeting on 7<sup>th</sup> August and a trip to Princetown has been arranged for those wishing to do something that day. This follows on from a talk we had in March by Pip Barker on Dartmoor prison. A separate email has been sent about the agenda of the day and if you have not already signed up for the trip a signing sheet will be on the table where you sign in and the fee of £5 will have to be paid to be able to add you to the party already going on the trip due to booking numbers. Lifts from the free car park will be sorted, please read the separate email for further details or contact Ann Moore on 01579641674 or aemoore4521@gmail.com

Finally there will be a **BOOK SALE at the July meeting** - books will be buy 1 for 50p and get 2 free. Books will be marked so non-returnable to keep all the stock fresh.

## Group News

### Skittles



The skittles group met at Treburley on 15<sup>th</sup> and following Mel's holiday up north the 15 people were split into 3 teams named Thirsk, Whitby and Helmsby. Cindy put on a super buffet even though it was her birthday she still let us use the club and we'd had a whip round and bought her flowers + as celebration and thanks for the time and effort she provides each month. Thirsk won the day scoring 216, Whitby 186 and Helmsby 183. Top scorers were Neil with 42 and Sue McMunn with 41. Well done all. The group are having an extra game of bowling as there are 5 weeks in July and are going to Trethorne Bowling Alley on the 29<sup>th</sup> June.



### Philosophy

Well! this month was an explosion of opinions from the group, as the subject was John Cottingham on 'The Meaning of Life'. The eight pages that we read from John Cottingham were full of so many titbits from lots of academics, philosophers, Saints, and the story of poor Sisyphus pushing the boulder up to the top of the hill, only for it to roll down again! Repeat, repeat. Albert Camus, the French philosopher (1913-1960) in his book 'The Myth of Sisyphus' said that this is just the way things are? But in the last sentence of his essay, Camus says we must imagine Sisyphus as being happy! So we've somehow got to be defiant in the face of that absurdity. Now there's a thought. To lead a meaningful life was touched upon, also the fragility of life, psychoanalysis, dependency, self discovery, the moral dimension, selfish and vicious activities, spirituality, good deeds, it goes on. We sort of concluded that the the meaning of life is personal to us all, often a journey of discovery if we choose to embark upon it. Next month could be as equally challenging. It is chapter 23, Stephen Law on 'The Problem of Evil'. If you wish to join us we will be in Callington Town Hall June 29<sup>th</sup> 10am or the last Thursday of every month. Please contact Gillian email [gillian.brown@gmail.com](mailto:gillian.brown@gmail.com)

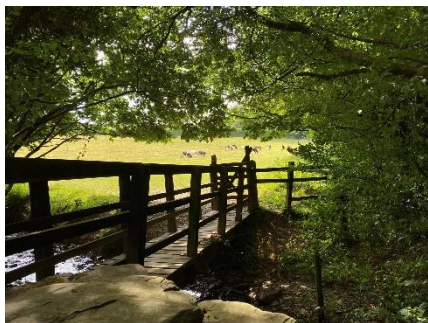
## Cards Galore

5 people at this new group met on the 1<sup>st</sup> June when it was decided to play Yatzee for the first time. Although not cards it was a game none of us knew and Phil kindly showed us how to play it. So another new game under our belt.

Next meeting I am bringing along Babbage & Lovelace, a 'card' game with maths involved. No barriers to what we play so come along on the 1<sup>st</sup> Thursday of the month to the Town hall at 10am till 12. The next meeting is July 6th. The session costs £1.50 to cover the venue and drinks/biscuits. Contact Ann Moore or Carl Moore on 01579 641674 or email [newslettercallingtonu3a@gmail.com](mailto:newslettercallingtonu3a@gmail.com) for more details.

## Walkers 1

Another beautiful blue-sky day for our circular Walkers 1 walk from the carpark opposite Long Ash Garden Centre near Buckland Monachorum on



Friday 16<sup>th</sup> June. We enjoyed watching a baby lamb finding her Mother whilst we sat for coffee, we admired the array of beautiful flowers in the hedgerows, gardens and fields and we did some entomology whilst we sat for lunch!! A gorgeous, huge beetle landed on Margaret's arm (we used the identification sheet kindly left by local



residents) and we think it was a Garden Chafer! Marion was less impressed when we thought it was a Dung Beetle that had fallen into her boot off her trousers!! (We may not have identified it correctly). A few of us stopped for a cool drink and a look round the amazing garden centre! I accidentally bought another plant - but a very special one - a fabulous dwarf Ginkgo biloba!! I've always wanted one of them! Thank you Marion for leading another wonderful walk!

If you would like to join this group please email: [gjhanns@gmail.com](mailto:gjhanns@gmail.com) for more information.

## Walkers 2



Walkers 2 went to Minions Moor on 20<sup>th</sup> June led by Liz and Annie. They had an enjoyable walk to the Hurlers, passed the Cheesewring and onto Gold Diggins Quarry. Annie borrowed John's notes (Walkers 1) and told everyone about the history and the folk lore surrounding these



ancient structures. Afterwards, they enjoyed coffee and lunch at Trevallick's Farm Shop and Tea Room. Anybody interested in joining this Group please contact: Helen Redden on 01579 or 07770402242 or email: [ladywholunches3@gmail.com](mailto:ladywholunches3@gmail.com)

## Strollers

This Group meets up every Monday and so far this month we have been to Tavistock and did a quiz, the clues taking us around the town to parts some of us hadn't been before, Cotehele and to Roadford Reservoir. We always end our strolls by finding somewhere to have a coffee. Anyone wishing to join us at any time please contact Anne Ellard on 01579 383864 or 07443 473799.

## Jazz Appreciation

A small group of us attended the June meeting and it was a member's choice. So whilst trying to keep cool, we listened to a varied group of artists including, Brook Benton, George Shearing, Larry Carlton, Buddy Rich, Humphrey Littleton, Cleo Lane, Errol Garner and Earl Hines whilst enjoying cold refreshments and delicious biscuits.

Our next Meeting will be Wednesday 12th July at 2pm at Christine's as usual.

If you would like to join us for a relaxed afternoon of cool Jazz, please contact Rosemary  
01579 370578 [rosemary.ralph@golitha.uk](mailto:rosemary.ralph@golitha.uk)

### Baking

Well the sun really shone for our annual June picnic. I think it was the first time for a few years that some of us stayed indoors to shelter from the heat not the rain! Most of the picnic fare this time was savoury, better for our 5 a day!! There were artichoke hearts, tomatoes and goats cheese in puff pastry, tartlets with asparagus and cheese and a sausage meat plait with caramelised onions on the side- they were left out by mistake but tasted delicious on their own and a bacon quiche. Mike excelled with his raised pork and egg pie, we had Kola, a cold Spanish pizza topped with sardines, tuna and anchovies and Sobrasada- oven baked toasts topped with a spicey Majorcan pork belly spread. To finish there was a lovely meringue roulade and blackcurrant muffins. Needless to say no one felt like trying the zip wire after eating that lot! If you are interested in this group please contact Jenny Wheeley on 07845157237 email: [jenny@wheeley.plus.com](mailto:jenny@wheeley.plus.com)

### Humour Group

This meeting is held on the 2nd Monday of each month and our subject this month was Richard Briers. A talk was given by Jenny Wheeley and was followed by a DVD of ' Ever Decreasing Circles ' which Richard appeared in. It was a nice way to spend a few hours on a Monday morning. If anybody would like to come along sometime, please get in touch with me. Helen Redden [ladywholunches3@gmail.com](mailto:ladywholunches3@gmail.com) or by phone 07770 402242 or 01579 382612.

### Pub Lunches

This has now been taken over from Lucy Thomas by Jo Earl so I would like to pass on this message to Lucy to say a very big Thank You for all the time and trouble you put into running the Pub Lunches Group after some considerable time. It is not an easy task, especially when a high number of members that attended the lunches, you had to do all the ordering of the food. No easy task by any stretch of the imagination.

So on behalf of all the members that were involved in your group, thank you again, it was greatly appreciated and now, when you go to the lunches, you can breathe a sigh of relief because you have no part in it anymore other than to enjoy the food - Helen Redden Group Coordinator. If you are interested in joining in with lunch please contact Jo Earl on 01579 532024 email [greenjo1951@gmail.com](mailto:greenjo1951@gmail.com)

### Scribblers

At our last meeting we had been tasked with writing about surprises at the Annual Village Flower Show. Up at The BIG House, Lady Allen is overseeing events in her garden. We learned about the long running feud between the land owning Allens and the farming Campbells. A young lad, looking destitute, finds his way through the crowds asking for Alan. He is the son of a branch of the Campbells sent to look for 'Alan' and ask for financial help. He seems to have come as a peacemaker and this leads to Her Ladyship thinking it may be time for reconciliation. She organises a meeting to discuss it. Two elderly gardeners are on their allotment. We have met them before when their wives helped to set up a new plot with the local WI. The men never paid much attention and ignored the changes taking place on the newly extended part of the grounds. Their wives were becoming quietly competitive. This year, the men find their wives have won the prizes they used to have and they are coming second and third to them. The men go home to have a think about things. Feeling foolish and selfish they ask for a tour of the new plot and meet the new allotmentees.

An Extraordinary Meeting of the Festival Committee is taking place on the Monday following two unusual incidents at the weekend Show. One was a disappointed, long standing member of the community, who always won first for her Flower Arrangement. This year she had lost to a display of wild flowers. Wild flowers should not be included was her complaint. Did the Committee agree? The other mystery was

how did the earwigs get into the Dahlias overnight - causing the usual winner and his closest rival to be disqualified. A young observant lad had spotted an older man popping a jam jar in his pocket. Sabotage! Next time, we have to use two words in our story: 'Haircuts' and 'Cocktails'. For information of the group please contact Penny Beech email: [pennybeech@googlemail.com](mailto:pennybeech@googlemail.com)

### Art Appreciation

This year's annual jaunt to Penlee House in Penzance saw a Special Exhibition of the work of the Lamorna Cove Artist Colony. We had a lively guided tour and learned about the lives of the artists and how they had mixed with some of the Newlyn Artists. Our July meeting reverts to our usual practice, back in the Town Hall, with a presentation on M.C. Escher, the Dutch Graphic Artist. For more information please contact Penny Beech email: [pennybeech@googlemail.com](mailto:pennybeech@googlemail.com)

### Date for the diary:

The speaker for the September meeting on Monday Sept 4th at 10am will be Mark Grieves talking about Bees, with his observation hive and his products for sale after the talk.

There will be a Cake stall starting this month with homemade and bought cakes for sale from £1 a slice. If anyone would like to make or donate a cake (costs can be reimbursed with receipts) or help to man the stall please contact Ann Moore on 01579 641674 or [aemoore4521@gmail.com](mailto:aemoore4521@gmail.com).

### Contact details:-

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Ann Moore – Newsletter & Publicity	01579 641674	email: <a href="mailto:aemoore4521@gmail.com">aemoore4521@gmail.com</a>