

# Callington u3a Newsletter August 2023

## Committee News

For those of you who were away and missed the meeting on Monday 3rd July, we welcomed Paul Ford of the amazing Cornwall Air Ambulance service. We heard about the wonderful people who work so hard on the ground and in the air and were shown the incredible equipment that is carried in the helicopter making it a mini flying hospital that can land almost anywhere. All this is funded by donations as the Cornwall Air Ambulance is a charity. We are so very fortunate to have this amazing service ready to help anyone in Cornwall.

An email will be sent out shortly with more details about the Christmas meal arrangements.

The Committee are inviting all new members and Group Leaders to a welcome meeting with tea and cake provided. The date is: Thursday 14<sup>th</sup> September at 2-4pm in the Council Chambers. It is a great opportunity to chat to group leaders and meet committee members.

Anyone going on the trip to Dartmoor Prison Museum & Princetown on Monday 7<sup>th</sup> August should be meeting in the free car park to give or get lifts at 9.15 or meeting the main party in the Museum car park at Princetown by 10.00. The post code is PL20 6RR for your Sat Nav. As you come into the town on the B3357 Tavistock Road the car park is on your right before you go down the hill into the main town.

## Group News

An exciting, new group is in the process of being set up by Ray Lawrence in September on the subject of the Science of Astronomy. More details to follow.

## Scribblers

We met and read our stories using the two words 'Haircuts' and 'Cocktails'. We had two crime stories; one finding an ex-partner lying dead on the floor of a once shared house. It showed how easy it is to unwittingly be blamed for a crime one didn't commit. The other involved an entrepreneur of a wittily named string of hairdressing salons. They seemed to be doing well, but, at a cocktail party to smooch interested parties, the owner was killed by a hit man hired by his money laundering wife. This showed how easy it is to take for granted what appears in front of our eyes. Finally, a woman returns from abroad and when she is collected by her fiancé she doesn't recognise him with his hair grown long as part of a protest group. She is appalled but the protest (and her social life) is finally resolved with haircuts all round and cocktails to celebrate. If you are interested please contact Penny Beech on [pennybeech@googlemail.com](mailto:pennybeech@googlemail.com)

## Skittles

A good turn out for Skittles on Thursday 20<sup>th</sup> July at Treburley social club with a wonderful buffet by Cindy as usual. In Wimbledon fashion 3 teams of 7 were Andy, Rafa and Roger who played for the title of winner for July. 1st was Rafa scoring 246 way ahead of Andy scoring 227 followed in 3rd place by Roger on 205. Next meeting is set for Aug 17th. If interested please contact Mel Hammond on 07884164907 or [melkenhammond@outlook.com](mailto:melkenhammond@outlook.com)



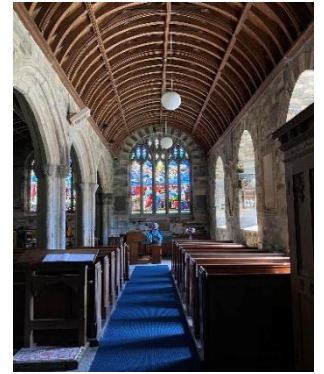
## Strollers

Took a trip to Looe by train this month and the weather was kind and it was a nice few hours out. We have also done a stroll at St Mellion and up to Kit Hill as well. We always fit in a coffee afterwards. If anyone fancies joining us we meet up at the free car park in Callington at 10am every Monday morning,

with the exception of the U3A monthly meeting on the first Monday of each month and Christmas. Contact Anne Ellard on 01579 383864 or mobile: 07443 473799

### Walkers 1

Walkers 1 had a super walk today starting from the Davidstow Airfield. We walked down a lovely drovers lane under beech trees and beside mossy banks. Two friendly horses let us cross their field and we stopped for coffee before heading across a grassy field with pretty Valerian flowering in the marshy section! We had a look round Davidstow Church and stopped there for lunch. We walked back up the drovers lane to the sheep covered Airfield. The buildings are totally derelict but the graffiti in one was very artistic! Thank you Hilary and David for leading a very interesting walk. If you would like to join this group please email: [gjhanns@gmail.com](mailto:gjhanns@gmail.com) for more information.



### Walkers 2



Walkers 2 were treated to beautiful sunshine for our walk in memory of Norman Watts who was a member of the group. We walked through the pretty fishing villages of Cawsands and Kingsands with their multicoloured fishermen's cottages and views of the sea. We sat and watched the bustling activity in Kingsands and had coffee at the Sandy beach café overlooking the beach. Thank you Helen and Anne for a super walk at the sea side! The group have also walked on the Tamar Trail and Downgate in July. Anybody interested in joining this Group please contact: Helen Redden on 07770402242 or email [ladywholunches3@gmail.com](mailto:ladywholunches3@gmail.com)

### Jazz Appreciation

The theme for this month's meeting was 'the piano' which proved very popular with lots to choose from. We enjoyed old favourites including Scott Joplin's The Entertainer, Fats Waller, Smashing Thirds, Oscar Peterson, Tenderly, George Shearing, Lullaby of Birdland and Charlie Yardbird Parker, Star Eyes. Finally finishing off with Wynton Kelly, Portrait of Jenny. Our next meeting will be on Wednesday 9th August 2pm at Christine's as usual. If you would like to join us for a relaxed afternoon of cool Jazz, please contact Rosemary 01579 370578 [rosemary.ralph@golitha.uk](mailto:rosemary.ralph@golitha.uk)

### Baking

Herbs and spices were to the fore in our July meeting making for some very tasty bakes. There were two kinds of focaccia, one with garlic, thyme, basil and mozzarella and the other entitled Scarborough fair- I'll leave you to guess the herbs used! Baked scotch eggs included parsley and a Spring herb tart had dill, parsley, marjoram and thyme. Parsley was also used in a Stromboli- rolled up pizza dough with prosciutto filling. The spices used in Dorset Whigs were cloves, nutmeg and mace and apple turnovers had mixed spice, cinnamon and vanilla. There was a lemon, thyme and poppy seed cake, rock cakes with nutmeg and allspice and spiced meringues coated with crushed cloves, cinnamon and orange zest. All in all a real tingle for the taste buds. If you are interested in this group please contact Jenny Wheeley on 07845157237 email: [jenny@wheeley.plus.com](mailto:jenny@wheeley.plus.com)

### Humour Group

There will be no meeting of the Group in August. The next meeting date will be Monday 11th September 2023 at 10.30am in the Townhall Council Chambers. Hope you find this amusing:

*"It's a sign of old age if you feel like the morning after the night before and you haven't been anywhere. My generation thought 'fast food' was something you ate during Lent. A 'Big Mac' was an oversized raincoat and 'Crumpet' was something you had for tea. 'Sheltered Accommodation' was a place where you waited for a bus, 'Timesharing' meant togetherness and you kept 'Coke' in the coal house."*

If anyone is interested in joining this group please contact Helen Redden on 01579 382612 or mobile: 07770 402242 [ladywholunches3@gmail.com](mailto:ladywholunches3@gmail.com)

### Art Appreciation

At our July meeting we were delighted to welcome two new members. On a very sad note, we learnt that Jo King, who amongst much else, had been very active in setting up our group, died recently. She and her husband Don will be sorely missed. The subject under the spotlight, and presented by John Wheeley, was Maurits Cornelis Escher 1898- 1972, a Dutch Artist whose endless staircases and tessellated reptile prints have adorned the walls of many student bedrooms. Initially intending to become an architect, his immense talent at drawing and printmaking led him on to graphic art. Drawing inspiration from nature combined with a love of pattern, led on to the lithographs and woodcut prints that made him famous. He also travelled extensively in Italy and Spain drawing scenes from life. However, his ability to create 'impossible worlds' led to his art becoming well known among scientists and mathematicians, eventually influencing maths that explored the science of colour. Indeed, his art had some influence on textiles, bank notes and wall coverings, and the strange and fascinating worlds that he created will be forever popular. We'll not be meeting again until September, when art, in its many shapes and guises, will be discussed over the coming months and we discover that there's always more to it than meets the eye. Jo Tall

For more information please contact Penny Beech email: [pennybeech@googlemail.com](mailto:pennybeech@googlemail.com)

### Crime Fiction

This month's get together saw us investigating a brutal murder centred in the dark world of domestic abuse set in Sweden. 'More bitter than death' written by Camilla Grebe with her psychologist sister Asa Traff showed a different side of a murder mystery getting a psychologist perspective rather than a detectives viewpoint. Also covered were 'Gorky Park' by Martin Cruz Smith. Set in the Soviet Union during the Cold War. 'Corpus' by Rory Clements took us back to 1936 and Europe is in turmoil with the Nazi's in power and talks of King Edward VIII abdication from the throne. Also 'The Man who died twice' by Richard Osman brought back the four intrepid elderly sleuths of The Thursday Murder Club. This time facing the New York Mafia chasing £20 million pounds of stolen diamonds. These were just a selection of the novels we discussed, if you are interested in hearing more about these or maybe wish to broaden your knowledge of crime fiction authors why not join us? We meet on the 3rd Thursday afternoon of every month and our next meeting will be August 24th. Please contact me Yvonne 07900913860 or [vonniejohnson56@gmail.com](mailto:vonniejohnson56@gmail.com)

### Date for the diary:

The speaker for the September meeting on Monday Sept 4th at 10am will be Mark Grieves talking about Bees, with his observation hive and his products for sale after the talk.

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