

STUDY DAY - TICKETS NOW AVAILABLE

The Tamar Valley - Past-Present-Future

Wednesday 25 October 2017 9.30 a.m. to 4 p.m.

All are Welcome

It is a full day event with Lunch, Tea/Coffee breaks included for the cost of £12.50

There will be 4 speakers each with their own story to tell. There will also be displays and an AONB stand selling local interest books.

The day should be enjoyable and informative, it is also open to other interested South West U3A's, therefore, tickets are on a first come first served basis.

Detailed programme and application forms for tickets will be available at each monthly meeting at the desk. They are also available by email from pennybeeceh@googlemail.com

Hope to see you on the day.

Reflections of a County Final

by Michael Kenneth (Mick) Paynter

Provided by the Poetry Group

And so the match is over, not quite the end of day.
We walk the bridge above the road, then start our home ward way.
A head count all are present, the coach moves with a cheer.
Some have a weary heavy head, the cause, ten cans of beer.
Loud laughter quickly turns to song with soft angelic notes
And basses join with baritones to vent beer sodden throats.

.....
But think again upon the day. When all of Cornwall's best,
Played on the turf at Twickenham with uncompromising zest,
And when at last we count our cash, a long and silent pause,
The notes we had have disappeared
But in a worthy cause.

More about Michael Paynter

He is a member of Gorseth Kernow, and was initiated as a bard under the Bardic name Skogynn Pryv. As well as contributions to anthologies, he has written three collections of poetry in Cornish with English translations, and is Cornish Language Editor of Poetry Cornwall / Bardhonyaeth Kernow. A man of Cornwall who writes wonderfully descriptive poems about the county he loves as well as more humorous renderings especially about the Cornish love of Rugby



Photo of Strollers taken at Minions by Pauline Abbiss

Editor - Wendy Fader - contact wendykfuk@yahoo.co.uk or 01822835985

The next newsletter will be available on 7th August. All contributions for the newsletter to be with the editor by **Wednesday 26 July**, at the latest, please.

If you are interested in joining us at the Callington U3A, go to www.u3asites.org.uk/Callington or come along on the first Monday of the month at 10.00 a.m. in Callington Town Hall



CALLINGTON NEWSLETTER

August 2017

WALKING IN CORNWALL

Sue Kittow came to speak at our July meeting. Sue lives in Falmouth and writes books on Cornish Walks. She has always loved walking but now enjoys the company of Mollie Dog her Jack Russell who provides a means of chatting to other people and their dogs. She is an excellent photographer and showed us lots of her pictures, including a beautiful geographic sand sculpture she came across at Gwithiam – made by an artist with a rake.



Sue used to write up her walks for the magazine Cornwall Today but thought about producing a book. So she re-visited and re-wrote 20 for her first effort, then set about trying to find a publisher. She found one in Wales and has kept going – both in the walking and writing sense.

She was inspired by a friend to take a more themed approach and has written a book of walks connected to Writers in Cornwall and their favourite places. Following that came the television series of Poldark and Sue realised that someone else would write about the places used in the filming if she didn't do it first. So she began, by her own admission, a little late in the day and working through the winter. The weather took its toll on her photography and she was faced with a bit of a scamper towards the publisher's deadline trying to get pictures which were not indistinguishably grey and misty. She said she spent the Easter weekend driving around madly taking duplicate photographs because the sun had come out!

Sue expanded on her Poldark Walks and showed photographs of places used for filming accompanied by interesting facts. Charlestown stood in for Truro and many fishing scenes. The shipwreck scenes were set in Gunwalloe Cove. The two shipwrecks mentioned in Winston Graham's books actually took place but on Perranporth beach. Dr Ennis and Caroline's wedding took place in the tiny church of St Winnow, near Lerryn. She is going to take on Daphne du Maurier next and I'm sure it will be as interesting as her work so far.

Sue's books are full of beautiful photographs and each walk has all the details of length – both in time and distance – terrain, how to get there, local facilities and a map. These are not walks with a list of points A to B and stiles and streams in between however. They are written from her personal experience, mentioning who she went with or met on the way, what mischief Molly got up to and what discoveries were made by making a detour. From a swift perusal of her Cornish Writers book, I found it to be charming and to stand alone as a good read. As we sit in the indistinguishably grey and misty winters - which dogged her Poldark efforts – it reminds us of what is hidden in the cloak of Cornish cloud.

The books are available via the usual places, Waterstones and Amazon for example.

Penny Beech

*Next month on 4th September
Simon Dell on Dartmoor murders*

CONTACTS

Officer contact numbers

Chair	Carol Dowell	382158	Secretary	Jo Earl	532024
Vice-chair	Gillian Brown	01822 832533	Treasurer	Ian MacDonald	351221

Phone numbers without dialling codes are for the 01579 area

GROUP NEWS

Groups - the **contact person** is available on the website, from the Secretary or at monthly meetings

ALLOTMENTS

There is one vacancy on one of the shared allotments. 10 x 15 feet. Contact Ann Martin

ART

We do not have a meeting in August but do think about joining us for the new term from September. We meet twice a month at the Old School at Stoke Climsland and are a mixed ability, friendly group. Contact Jane Black 01579 382187 for more information.

BAKING

Oh la la! Magnifique! Delicieuse! Yes the Baking group went all French this month. Many thanks to Karen for hosting our Continental meeting and for Mike turning up in costume, complete with moustache. We had croissants and baguettes, brioche and tartes (sweet and savoury) clafoutis and pissaladiere. There was also French cheese just to help it all go down. Another success for the group. Tres bien tout le monde!
There will be no meeting in August. Our September meeting will be on Wednesday 6th, 12 noon at Rosemarie's when we shall be going Italian.
This group is now full but if you would like to go on our waiting list contact Jenny Wheeley 351662

BARN DANCING

The next sessions will be on 7 September and 5 October, 10.30 a.m. in the Methodist Church. All very welcome.

BOOKWORMS

This month has been a visiting time. 16 members enjoyed a visit to Daphne DuMaurier's summer home at Greenway near Dartmouth. We travelled via Darren's mini busses to Dartmouth and travelled up the river to Greenway. It was lovely, sunny, and warm. I think we all enjoyed the trip and the house. If you haven't been there it is well worth a visit.
Later in the month a smaller party went to the Dartington "Ways with Words" festival to hear Michael Hesselstine and his wife give an illustrated talk on the development of their estate. It was immensely entertaining as well as informative, it demonstrated their love of the estate, and the interesting historical discoveries they made. There is now a beautifully illustrated book available.

There is no meeting in August so we will be together again on **September 15th** when we will be discussing our "holiday read" *The Scent of Water* by Elizabeth Goudge.

BRIDGE

Meet on Tuesday evening in the Methodist Church. New members welcome. Call Hilary on 350360

CORNISH CULTURE

On Monday 9th July we enjoyed a meeting at School Lane, Harrowbarrow. While the weather was grey it was warm so we were in the garden. We had sausage and burghers on the barbecue (including vegetarian options) and a variety of lovely picnic food. We had some Cornish contributions on the lighthearted side and a shocking revelation! The Vicar of Morwenstow wrote the famous song about Trelawney's imprisonment in the Tower of London. The famous chorus "And shall Trelawney die, here's 20,000 Cornish men will know the reason why". In fact he was released unharmed without the help of 20,000 Cornish men - but don't tell anyone!!
No August meeting - our next meeting is the trip to Helston and Porthleven on the 9th September.

CRIME FICTION

At our last meeting, 9 of us met at Lucy's to discuss the many books and authors we had read over the month. These ranged from old favourites Donna Leon, Michael Connelly, Louise Penny and John Harvey to less familiar authors, Michael Ridpath, Lionel Davidson, Graham Hurley and Phil Rickman and many more. Thank you Sally for the excellent Lemon blueberry cake for tea. August's meeting will be on Thursday 24th. If you are interested in joining us to discuss or learn more about crime fiction, please contact *David Seward 384631*

FAMILY HISTORY

.No meetings in August.. Next meeting September 25th at Eileen's (350639)

FLOWER ARRANGING

Meet on 23rd August 10am at Eileen's. Topic. Choice from Callington Show Schedule.

GROUP NEWS CONTINUED

FOOD AND WINE



There were fifteen different Cornish cheeses for the 28 members who attended this event to taste, ranging from very mild, creamy soft cheeses to extra strong Cornish Gouda, blue cheeses, goat's milk cheeses and a variety of others from all over the county. Together with the bread, crackers and chutneys, everyone went away feeling well fed and having learnt something about the incredible range of cheese available locally.

GAMES

The group will be starting again in the Autumn.

JAZZ APPRECIATION

For our July meeting, 9 members met at Christine's for a personal history of British Jazz clubs by Ruth Desborough. She illustrated her talk with music by artists who had played at the various jazz venues, both in London and the West Country. The jazz ranged from 50s trad jazz of Mick Mulligan, Ken Collyer and John Dankeworth through modern jazz of Tubby Hayes and Stan Tracey to current players Alan Barnes, Alison Neale and local pianist Craig Middleton. A very enjoyable session. Thank you, Ruth. The next meeting will be on Wed 9th August at Christine's, a members' choice session. If you are interested in joining us, contact *David Seward 384631*.

MUSIC APPRECIATION

The September meeting will be held at Pat Ferguson's house at 2 p.m. on September 12th. We start with the great Finnish composer Jean Sibelius (1865-1957) whose music in awesome in its depth and grandeur. To the Finnish people he is a national hero. 'He is Finland in music and he is Finnish music' and therefore well worth hearing. Pat Ferguson 01579 384402

OPERA

Unfortunately we were unable to come up with any dates to suit everyone so we did not have a summer meeting in July. We will however be starting Opera again in October and there is now space for several more members. It is not necessary for you to be experienced or to have an in depth knowledge of opera to come but just an interest and the desire to find out more. Please email me if you are interested and I will give you more details. Carol Dowell: forse1946@hotmail.co.uk

PHILOSOPHY

Our July philosopher of the month was Immanuel Kant, a late 18th Century German, a man who believed we should never lie and believed firmly that it is our moral duty to help those in need. He also believed we see life almost through a filter and the three questions we should ask ourselves are, what can I know, what must I do and what may I hope for? As relevant today as they were then. There will be no August meeting and September 28th will be the next session

PLAY READING GROUP

Meet at 2.00 p.m. In the library on the first Thursday of the month. Jean Rose 01579 350029

POETRY

Our subject for the month of July was 'Cornwall' its poets and poems about the county. As well as the well-known we poets such as Causley we investigate others some humorous in particular a wonderful offering from an unknown to us Murray Lachlan Young who waxes lyrically on the joys of the Cornish pasty. Others featured were Clive Black, Frances Duggan, Egal Bohan and of course John Betjeman. We also discovered a local poet Michael Kenneth (Mick) Paynter (born 1948), in Cornwall, a retired Cornish civil servant, trade union activist, and poet. Apart from a period of study at the University of Newcastle, he has always lived locally. . (See back page)
Next meeting 8 September at 2.30 p.m.
Pat Ferguson 01579 384402

SCRIBBLERS

We had written a School Story in what one might think of as 'the old fashioned style' as per Enid Blyton et al. This is not easy to do as one seems to quickly take up modern language and family situations as per Jacqueline Wilson. We all seemed to enjoy it though and various pranks were related - some taking us back to war time shelters, the fantasy worlds siblings entered to amuse themselves and adventures on sports fields at ends of term. We are taking an August break and our next meeting will be on September 14th. (This is a one-off change of Thursday to accommodate a previous commitment.)

SINGING FOR PLEASURE

There will be no meetings in August

STROLLERS

Dry weather for our strolls this month for a change. Our first outing was to Sibleyback, some of the group completing the full circuit of the lake which we thought was very impressive. On the following Monday we travelled from Liskeard to Looe by train. We had a very pleasant morning exploring the local attractions, the shops, the coffee shop, the beach and Lifeboat Station to name but a few, before buying a picnic lunch to eat on the quay. Unfortunately a large seagull decided to share Fiona's crab sandwich. Our next stroll was at Minions. It was a beautiful morning and we were able to enjoy the wonderful views from up there and to sit outside in the sun for our coffee. Our next stroll is at Calstock and on the following Monday we shall be visiting Churchtown at Saltash.

TABLE TENNIS

Because of the low numbers at our meetings and depleted funds it has been decided to cancel further meetings until 19th October. Hopefully there will be renewed enthusiasm to be back at the tables after the summer months.

WALKING GROUP 1

There will be a walk on 11 th August from Horrabridge to Walkhampton via Sampford Spiney 5.5 miles with Marian leading, the next walk will be on 1st September from Pelynt to West Looe Woods with Rosy, a six mile walk. New members always welcome.

WALKING GROUP 2

The group met on a wet Tuesday morning at Lucy's house to arrange walks until the end of the year and to delight in her cakes Otherwise, they enjoyed a good variety of walks throughout July.