

Everyone is Welcome  
Join Us and Join In !

The u3a exists to provide a framework in which people can get involved in helping to create, join and run lots of different learning based activities which aim to improve knowledge and skills, enhance physical and mental wellbeing, and to keep them socially connected.



Are you feeling the need to get out and about ?

Would you like to learn something new or take up a new hobby?

Do you have skills or interests to share with others?

YOU ARE WELCOME TO JOIN IN OUR ON-LINE PROGRAM VIA ZOOM and we look forward to greeting you when we resume monthly meetings at Buxton Methodist Church Hall Market Place, Buxton SK17 6HX on the 2<sup>nd</sup> Monday of each month at 10am.

For more details please contact us:

Website [buxtonu3a.org.uk](http://buxtonu3a.org.uk)  
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**u3a** learn, laugh, live

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Buxton & District

About us

The majority of our members live in Buxton, Chapel, Whaley Bridge, and surrounding villages

- We meet in groups to learn and share our chosen interests
- The only qualification you need to join us is enthusiasm, and there are no exams to take

u3a membership is not related to a specific age and is open to anyone who is no longer in full-time employment.



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No internet? We will aim to buddy you up with another member near to you.

Monthly meetings open to all  
Local and national newsletters  
Website and links to resources

## Nothing to interest you here?

What are we missing?

# YOU

Creative Writing(W)  
Crochet Croquet(W)  
Current Affairs  
Digital Photography  
Environment Family History(W)  
Flower Arranging(W)  
French(W) Gardening  
German Conversation  
History Italian

Knit & Natter(W)  
Latin(W)  
Model Railways  
Oral History(W)  
Patchwork  
Playing the Recorder  
Philosophy Poetry  
Science(W)  
Shakespeare Studies (W)  
Sharing Supper  
Singing for Fun  
Table Games  
Table Tennis  
Ukulele Playing  
Walks – various distances  
Wild Flowers (W)  
Wings & Wheels

(W) Accessible venues  
for Wheelchairs  
(correct at time of printing)

Adventures in Good Music  
Architecture & Art History  
Art Badminton Book Groups  
Bowling Bridge  
Chair Based Exercise  
Country Dance  
Craft(W)

Buxton & District u3a will take all reasonable steps to ensure that existing and potential members with impaired mobility, hearing or vision can participate as fully as possible in both general meetings and interest/activity groups. Members who cannot manage to participate in their chosen u3a activities without help may bring a companion/carer with them, who for the time that they are in attendance, will be covered by the liability insurance provided by The Third Age Trust. (The only exception to this is a professionally employed carer who would have to be covered by an individual liability policy.)

Buxton & District u3a was founded in 1996 as a charity and member of The Third Age Trust, which is funded by and supports the u3a movement. The Third Age Trust provides numerous resources, services and third party insurance cover for u3a activities. The Third Age Trust also offers each member a national magazine (Third Age Matters) which features activities of members across the organisation and is a forum for ideas. There are 1046 independent u3as in the UK and associate groups can be found in countries worldwide.

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