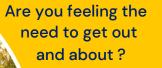
Everyone is Welcome Join Us and Join In!

The u3a exists to provide a framework in which people can get involved in helping to create, join and run lots of different learning based activities which aim to improve knowledge and skills, enhance physical and mental wellbeing, and to keep

them socially connected.

Monthly meetings open to all Local and national newsletters Website and links to resources

No internet? We will aim to buddy you up with another member near to you.



Would you like to learn something new or take up a new hobby?

Do you have skills or interests to share with others?

YOU ARE WELCOME TO JOIN IN OUR
ON-LINE PROGRAM VIA ZOOM
and we look forward to greeting you
when we resume monthly meetings at
Buxton Methodist Church Hall
Market Place, Buxton SK17 6HX on the
2nd Monday of each month at 10am.

For more details please contact us:

Website buxtonu3a.org.uk

Email banddu3awebmaster@gmail.com

Telephone 07385 600184



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Buxton & District



About us

The majority of our members live in Buxton, Chapel, Whaley Bridge, and surrounding villages

 We meet in groups to learn and share our chosen

interests

 The only qualification you need to join us is enthusiasm, and there are no exams to take

u3a membership is not related to a specific age and is open to anyone who is no longer in full-time employment.

Learn, laugh, live

Adventures in Good Music
Architecture & Art History

Art Badminton Book Groups
Bowling Bridge
Chair Based Exercise
Country Dance
Craft(W)

Buxton & District u3a will take all reasonable steps to ensure that existing and potential members with impaired mobility, hearing or vision can participate as fully as possible in both general meetings and interest/activity groups. Members who cannot manage to participate in their chosen u3a activities without help may bring a companion/carer with them, who for the time that they are in attendance, will be covered by the liability insurance provided by The Third Age Trust. (The only exception to this is a professionally employed carer who would have to be covered by an individual liability policy.)

Nothing to interest you here?

What are we missing?

YOU

Creative Writing(W)
Crochet Croquet(W)
Current Affairs
Digital Photography
Environment Family History(W)
Flower Arranging(W)
French(W) Gardening
German Conversation
History Italian

& District u3a
was founded in 1996 as
a charity and member of
The Third Age Trust, which is
funded by and supports the u3a
movement. The Third Age Trust provides
numerous resources, services and third party
insurance cover for u3a activities.
The Third Age Trust also offers each member a
national magazine (Third Age Matters) which
features activities of members across the
organisation and is a forum for ideas. There are
1046 independent u3as in the UK and associate
groups can be found in countries worldwide.

Buxton

Knit & Natter(W) Latin(W) **Model Railways** Oral History(W) Patchwork Playing the Recorder Philosophy Poetry Science(W) Shakespeare Studies (W) **Sharing Supper** Singing for Fun **Table Games Table Tennis Ukulele Playing** Walks - various distances Wild Flowers (W) Wings & Wheels

> (W) Accessible venues for Wheelchairs (correct at time of printing)

