

What you can get out of joining Buxton & District U3A

- As part of a national network of independent U3As we are supported by a national office and are able to share resources
- All inclusive subscription which lets you to join as many groups as you wish and covers local costs such as room hire, equipment and some visiting speakers
- Access to over 60 interest groups
- Participation in shared learning projects
- Opportunities to go on outings and holidays
- Make friends with similar interests
- A chance to try things you have not had time for in the past
- An enjoyable way to keep your body and mind active
- Monthly meetings – meeting others over tea and coffee, guest speaker, local and national U3A opportunities
- Newslink newsletter giving full details of our forthcoming activities and group news
- Ad Hoc Updates via email
- National U3A magazine Third Age Matters delivered to your home four times a year
- On request, U3A Sources, an educational bulletin