

About the Third Age Trust

U3A membership is not related to a specific age but to a period in one's life (the third age) after the second age of full-time employment. Anybody in their third age can join U3A and this includes people who are working part-time.

The U3A movement began in France in 1972 and in the UK in 1982. Buxton and District U3A was founded in 1996 as a charity and member of the Third Age Trust (TAT), which is funded by and supports the U3A movement. TAT provides numerous resources, services, and automatic insurance cover.

It sends every member the **U3A News**, which features members' activities and is a forum for ideas. It provides on request, **U3A Sources**, an educational bulletin.

Buxton and District U3A

Contact us

If you would like us to send you information about our group activities, and/or a membership form, please get in touch:-

Website

www.buxtonu3a.org.uk

Email

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Telephone

01298 71443



THE UNIVERSITY OF THE THIRD AGE

**Published by Buxton &
District U3A. Charity
Reg. no. 1072478**



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**Buxton
and
District**



Is This You?

- ❖ Interested in making new friends, learning new skills and having fun?
- ❖ Eager to make the most of life?
- ❖ Willing to explore new horizons?
- ❖ Happy to share fun, friendship and learning in an enjoyable and varied way?

If it is - why not join us?

About us at Buxton and District U3A

- ❖ In the main, we live in Buxton, Chapel, Whaley Bridge and nearby villages
- ❖ We are members, not students, who see learning as fun
- ❖ The only qualification you need is enthusiasm
- ❖ We have an elected committee and occasional helpers to run things.

We are part of an international network of independent U3As, supported by a national office and resource centre.

We have an all-inclusive annual subscription, currently £25, which enables you to join as many of our groups as you wish and covers local costs e.g. in-house administration, room hire, equipment purchase, paying visiting speakers at monthly meetings.

Adventures
in Good
Music
Architecture
&
Art History
Art (3)
Aviation
Books (5)
Bridge
Caravanning
Chair Based
Exercise
Country
Dance
Craft (2)
Creative
Writing
Culture
Vultures
Demystifying
Computers
Digital
Photography
(2)
Environment
Family
History (2)
French
Flower
Arranging

Keeping in Touch

Each member receives our **Newslink** newsletter, which gives full details of our forthcoming activities and group news. It is produced three times a year. News requiring rapid dissemination is posted on our website and emailed as **Ad Hoc Updates**. If you are not on the Internet, we will try to pair you with an 'e-buddy' who can pass information to you.

Our Interest Groups

We currently have about 50 active interest groups, which are self-help learning groups, of varying sizes, each with a leader. Groups meet at a time and place decided by members. See our website for a full list. We also have members who organise various events: visits to places of interest, the theatre, concerts, the ballet, and short holiday breaks with a purpose e.g. walking and caravanning.

Furniture
Restoration
Gardening (3)
German
Italian
Knit and
Natter
Latin
Literature
Patchwork
Playing the
Recorder
Poetry
Science
Shakespeare
Studies
Sharing
Supper
Singing for
Fun
Table Tennis
singles &
doubles
Walk & Eat
Walks Long
(2)
Walks Short
(3)
Wild Flowers
(Correct at
time of
printing)

Our Open Meeting

We have a monthly meeting open to all members on the 2nd Monday of the month at 10 am, at Buxton Methodist Church, the Market Place, SK17 6HX (but none in July, August and December). This allows you to meet others over tea/coffee, to hear a speaker on an interesting subject, and to learn about opportunities being offered at local and national level.

Join Us and Join In!

All U3A activities are organised by members. As well as joining a group (or groups), you have the opportunity, if you wish, to participate in the development of Buxton and District U3A.



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