



u3a



Burton Joyce & District U3A Newsline

Issue 03.01 | January 2021

Welcome to the January edition of Newsline,

Happy New Year to you all !

I can only apologise that Newsline is a little late this month - it got moved down my list....

I wonder if there are any more listers out there? I've always been a lister. It seems to work for me.

When I was working my life was run by lists. At first I had the "single list" system. In this, every morning I would review what I had to do and reorganise my list accordingly. The problem with this was that the things I didn't want to do always got pushed down the list and were never done. Additionally the list got very long. Once you're on two pages I reckon you've lost it. So whilst this system worked after a fashion, it would eventually catch up with me and I would be found out.

So I then changed to a rather complex "four list" system. These lists were an "urgent" list of things I had to tackle immediately, and three sub-lists imaginatively called 1, 2, and 3. I had strict rules for these. Tasks could only be tackled from the urgent list; items could not be moved down from urgent to lower lists; movement between 1,2 and 3 was allowed though. This was all exhausting and I spent more time on the lists than actually doing anything. It was clear that I was still just leaving the things I didn't want to do - with the same result as in my first system. By now though I had been mysteriously promoted to be a manager so I fell back on a much better system of adding my things to other people's lists which seemed to work better for me although those who worked for me would probably say not.

Of course I'd always had "home" lists as well so when I retired I brought my listing home in earnest. My lists were renamed to things such as upstairs, downstairs, outside and of course - urgent. I thought with all this time on my hands and a new system I would really now *get things done*. However this system had the same flaws as when I worked. If I didn't fancy painting the bathroom or cutting back the trees I'd simply reorganise the lists to get the desired outcome.

However one innovation has made all the difference - this is the addition of a brand new list that I call "Mary's list" for reasons I can't go into. Miraculously I've found that addition of an item to this list seems to mean that it has a life of its own and actually *gets done*. It also has meant that all the things on my other lists seem less urgent and I don't get distracted into non-listed things like going out for a ride on my bike or doing nothing. Strictly adhered to this system brings peace and happiness to my life.

Anyway the point of all this rambling is this - whatever system you have for organising your time, perhaps having a bit of structure to our days in these difficult times is not a bad thing. I'm sure other people find these lockdown days (especially the wet ones) tedious. Trying (though usually failing) to tick off a few things of my lists still seems to work for me. Let me know what your own tactic is for getting through the days - you never know it could make an item for next month's edition of Newsline. If you don't send them I'm afraid Newsline may get shorter and shorter - or even worse I might fill more of the space with these random thoughts.

Anything you have for next month should be e-mailed to bj3anewsline@outlook.com to arrive no later than **5:00 p.m. Thursday 28th January 2021**. All items received will be acknowledged by e-mail.

Colin Simm.

Chairman's Message

I hope you all had a very happy Christmas Day in these difficult times and were able to see your loved ones and families either in person or by virtual means.

Last year was a particularly challenging year for all of us. Pre-covid we all connected with each other face to face through our interest groups, with an estimated 40,000 members regularly meeting nationally every week. This was taken away from us by the pandemic and yet, many groups have with typical energy and imagination risen to the challenge with a variety of initiatives to stay connected and keep learning and enjoying their membership.



By using a combination of Zoom, interest group meetings and buddy systems, that keep those without access to the internet in touch and involved, our movement is well placed to pick up activity once lockdown is a matter of historical record. Our U3A movement has stayed strong throughout and your commitment and energy will help it remain robust over the years ahead. Let us recall the words of the indomitable Captain Sir Tom, "Tomorrow will be a Good Day".

The good news has been the release of the second vaccine to fight this pandemic, so we can look forward optimistically to the population being vaccinated, though it will take some time to achieve this. That will then lead to us being able to meet again, particularly for our monthly meetings in the Village Hall. Sadly, for the present we have been placed in tier 4 in this area to try to alleviate the infection. This will be reviewed by the government in the middle of January, so let us hope there will be some relaxation in restrictions, though that will only happen through the population's co-operation and observance of restrictions.

As always, we must all abide by the restrictions, particularly travel and socialising and ensure we strictly put into practice daily the government's slogan of HANDS - FACE - SPACE. Remember also, Covid Loves a Crowd!

Thank you to those members who have renewed their membership. If you have not already done so, can I invite you to contact our membership secretary, Caroline Roberts, to renew.

May I on behalf our your committee wish you all a very happy, peaceful and healthy New Year.

- Alwyn.

Messages from the National U3A Trust

You can watch a New Year's Day message for 2021 from Sam Mauger, CEO of the Third Age Trust, on the U3A YouTube channel by [clicking here](#).

Or for more information you can [click here](#) for the latest U3A Bitesize News;letter.

Membership News

Membership

Despite the year of inactivity on the U3A front, 323 people have now renewed their membership and are looking forward to restarting Groups just as soon as possible. With vaccination now a reality - perhaps for most members in the coming months- lets hope that 2021 sees some sort of return to normality.

Our photos on U3A Notts Network

BJU3A was one of 8 local u3as to respond to the Notts Network's appeal for photographs for their new website. There were also responses from Beeston, Edwalton & Gamston, Hucknal, Radcliffe-on-Trent, Rainworth, Southwell, and Wollaton.

In total 85 photos were received, of which 45 have been put into a Flickr album. The slideshow can be viewed by clicking on the following link:-

<https://www.nottsu3anetwork.org/photo-album.html>

Not all the photographs we sent were used - not because they weren't good, but just because the Notts Network webmaster was just trying to keep the numbers down a bit.

Voice

VOICE is an organisation based in Newcastle and part of the National Innovation Centre for Ageing. It has a large number of members who contribute their insights and ideas to improve health research and drive new innovations. They are keen to work with other organisations who contribute to healthy ageing, the Third Age Trust being one of them.

They have agreed to set up a discussion tab on their Groups section, which will be a private group for the sole use of u3a members. Questions or statements will be posted with the idea of generating a discussion which will contribute to ongoing u3a research projects or Shared Learning Projects. The first discussion was about Ageism. The instructions for joining the Group are [here](#). Perhaps some of you will sign up and join the discussion!

Meetings Programme and Group Activities

Monthly Speaker Meetings

We are continuing to hold our monthly meetings 1:45 p.m. on the second Tuesday of the month. They will be delivered via the video conferencing service Zoom. A link to the Zoom meetings will be emailed to members the preceding day along with appropriate instructions.

12 January 2021 Andrew Smart via Zoom. BYGONES

Andrew is a journalist of 40-years' experience with many amusing stories about his career as a news/sports/feature writer in regional and local newspapers and on local radio.

He presents an illustrated talk looking at subjects from the past ranging from Royal visits to the winter of 1947, based around Nottingham but with considerable wider appeal. It includes stories about local stars, visiting stars, anecdotes from Andrew's life as a journalist.

9 February 2021 David Skillen (via Zoom). Knitters, Nailers and Traitors.

Belper in the Industrial Revolution. How did a small town in Derbyshire help to change the world.

9 March 2021 – Steve Short

A presentation about Tommy Cooper, a magical comedian

- *Christine Shepherd, Speaker Finder*

Information and News

BJ U3A Coronavirus Help Group

CONTACT INFORMATION

E-mail: beacon002@bju3a.co.uk

GROUP CO-ORDINATORS

Anna Moore Mob: 07891 221840

Alan Comerie Mob: 07581 456253

Caroline Roberts Mob: 07779 315310

David Falkner Mob: 07860 502479

Mirthy Talks

How it works



Visit the website www.mirthy.co.uk

Browse the Online Talks

Mirthy offers a range of talks by the best public speakers, covering everything from gardening and travel to history and show business.



Register With Your Email

Sign up for an online Mirthy talk on a topic that interests you, for a date and time that suits you.



Attend the Live Talk

With Mirthy's easy-to-use technology, you can attend the live event on your computer, tablet or phone with the simple click of a button.

Forthcoming Free Talks

Cascades Gardens: From Jungle to Paradise

Thursday 7 January at 2pm

This talk describes the 22-year development of Cascades Gardens, a beautiful four-acre garden in Bonsall, Derbyshire. Inspired by Japanese gardens.

Alan Clements discusses the construction and planting of the garden in his attempt to create a natural garden for peace and relaxation. Photos of the wild landscape 40 years ago and other before- and after- pictures are shown. Gardening issues are discussed and there are pictures of the cascades, the nursery and flowers throughout the seasons.

Talk length - 47 minutes.

Groups News

This section of Newslite contains the Groups Facilitator's updates on recent changes to our Groups. It also has reports from the Groups themselves on their activities and any changes to their normal meeting programme. Group Information is listed alphabetically on the last three pages of Newslite, and fuller details on individual Groups are given on the "Our Groups" page on the website: <https://u3asites.org.uk/burton-joyce/groups>

Group Co-ordinators are asked to maintain contact with Group members and if anyone needs help or support they can contact our Coronavirus Help Group details of which are set out above.

Book Group

The Mermaid and Mrs Hancock by Imogen Hermes Gower

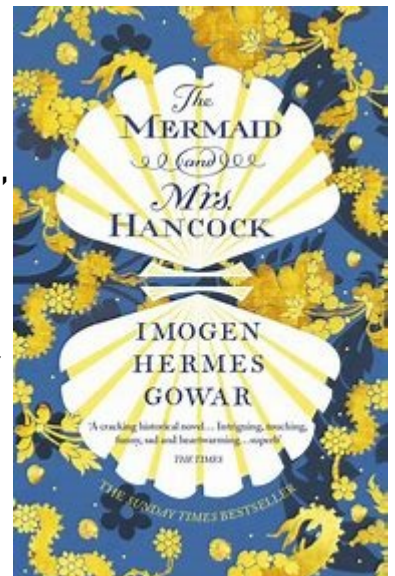
December's book took us to the seamier side of Georgian society and was not for the faint hearted. Whilst we all know of Victorian prudery, we might be shocked at how prostitution and lewd behaviour was so "out there".

It is the story of how an ordinary merchant, grieving for his wife and son, is lured by the possibility of owning a mermaid and making money from displaying it. He is introduced to brothels and debauchery and, before he knows it, he becomes obsessed with one of the prostitutes and, in the end (spoiler alert) marrying her.

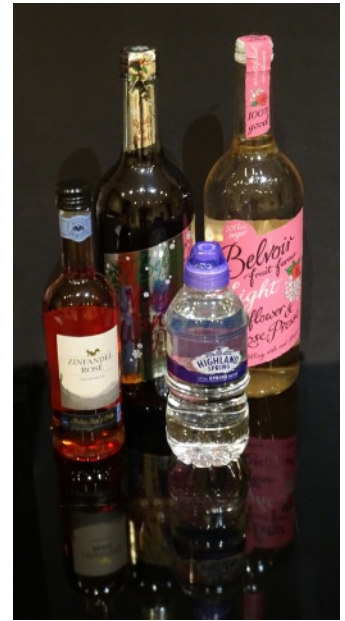
The author's background is in museums and we all agreed that this rather fantastical story was made realistic by her attention to detail. We could visualise London in all its seediness. Some of the characterisation was quite Dickensian, larger than life, and perhaps some of the subtle messaging was too. We saw links between the trapped and very desirable mermaid and the female characters who were trying to manage in a man's world. And some of them managed very well indeed. Whether you believe in the existence of mermaids didn't really matter. They can tempt and lure and adapt to what man wants of them but really desire their freedom. And if we try to ensnare them and pursue greed and avarice, we know where it will lead us!

So, on that note, Happy Christmas from all at Book Group!!

Judith Wright



Photography Group



This month the subject for the photography group was food and drink - so we have some excellent still live shots. I'm assuming the cat was included as it is eating rather than a delicacy in itself!



Third Age Trust Notices

Information on the items listed below will be displayed at our monthly meetings, or you can visit the Third Age Trust website (<http://www.u3a.org.uk>) for further details and a wealth of other information about U3A and its operations. Much of the information is only available in the Members Only area. To get maximum benefit you will need to register on the Third Age Trust website and obtain a user name and password. Members wishing to use the Resource Centre also need to apply for an Identification Number to borrow items.

Nottinghamshire Network of U3As

The Nottinghamshire Network of U3As was established to enable cooperation between U3As and the provision of support across the county and also to enable the launch of new U3As to take place. Since it began in 2009 many new U3As have been started and more are planned. There have also been workshops held for committee members to learn from one another's experience and expertise and another to establish a group of mentors who are available to work with officers in new U3As and anyone else in need of support. The Network produces a monthly newsletter, "News Bites", the latest edition of which can be viewed by clicking [here](#). Full details of the Nottinghamshire Network can be found at <http://www.nottsu3anetwork.org/>

Do you receive the Third Age Newsletter?

This monthly Newsletter is sent by email and contains news updates, details of educational events, national events, and learning resources. Have a look at this month's edition [here](#). It's very easy to subscribe to the newsletter. Just go to www.u3a.org.uk and click on the Newsletter tab, then fill in your email address, your name, and click on "Subscribe".

Committee Members

The minutes of the latest committee meeting can be found [here](#). At the date of publication of this edition, the members of the Committee are:

Alwyn Foster	Chairman	0115 931 2571	chairman@bju3a.co.uk
David Falkner	Vice Chairman	07860 502479	vicechairman1@bju3a.co.uk
Rupert Williams	Vice Chairman	0115 931 3095	vicechairman2@bju3a.co.uk
Anne Hegarty	Treasurer	0115 931 2171	Treasurer@bju3a.co.uk
Alan Comerie	Business Secretary	07581 456253	Secretary@bju3a.co.uk
Christine Shepherd	Speaker Finder	07773 156813	speakers@bju3a.co.uk
Anna Moore	Beacon Coordinator	07891 221840	Beacon002@bju3a.co.uk
Keith Bowker	Welcomers' Coordinator	07592 008962	welcome@bju3a.co.uk
Elaine Bass	Social Secretary	0115 911 8756	socialsecretary@bju3a.co.uk
Caroline Roberts	Membership Secretary	0115 931 3679	MembershipSecretary@bju3a.co.uk
Colin Simm	Newsline Editor	07850 553133	bju3anewsline@outlook.com

Additional administrative contacts

Alwyn Foster	Outings Support	0115 931 2571	Outings@BJU3A.co.uk
David Falkner	Groups Facilitator	07860 502479	Groups@BJU3A.co.uk
Grenville Shepherd	Fire & VH Keyholder	0115 9618840	grenshepherd@yahoo.co.uk
Colin Simm	Website Manager	07850 553133	web_admin@bju3a.co.uk

Group Information

Details of Group meeting times and venues are also published on our website, www.bju3a.co.uk/groups.html. *Groups which are full when this edition of Newslines was published are shown in italics.* The letter (C) after a Group shows that there are sufficient members interested in this activity for a new Group to be formed, and that a Co-ordinator is required for the Group. If you have a query regarding a Group, please contact that Group's Co-ordinator, or the Groups Facilitator, David Falkner, on 07860 502479

Group	Co-ordinator	Telephone	Time	Normal Meeting Days
Aerobics for the Young at Heart jskeepfit@outlook.com	Jackie Spencer Jan Smith	07932 417318 07814 056418	09:30	Every Wednesday
<i>Antiques & C20th Collectables 1</i>	<i>Jane Taylor</i>	<i>0115 931 2087</i>	<i>10:00</i>	<i>2nd Monday</i>
Antiques & C20th Collectables 2	Angela Mallett	0115 9663799	10:00	4th Monday
<i>Antiques & C20th Collectables 3</i>	<i>Pat Holmes</i>	<i>0115 8911735</i>	<i>10:30</i>	<i>2nd Monday</i>
Antiques & C20th Collectables 4	TBA			TBA
Art Appreciation	Judith Wright Sharon Bennett	0115 931 2805 07966 039982	14:30	4th Tuesday Sept-March
<i>Art Expression</i>	<i>Julie Smith</i>	<i>07597 330160</i>	<i>19:00</i>	<i>2nd Wednesday</i>
Beer and Cider Tasting	Rob Johnson robjos6@ntlworld.com		19:00	3rd Thursday
Bird Watching	Hil MacCallum	07803 925715	10:00	Alternate Thursdays and Fridays
Board Games	Dorothy Pinkett	0115 931 4576	14:00	1st and 3rd Thursday
Boccia (October - April)	Dil Vowles	07879 425643	10:00	1st, 3rd and 5th Thursdays
<i>Book Club 1</i>	<i>Judith Wright</i>	<i>0115 931 2805</i>	<i>14:00</i>	<i>3rd Wednesday</i>
Botany	Karen Taylor	0115 841 9099	10:00	3rd Wednesday
Bridge 1	Dorothy Burton	†	14:00	1st, 3rd, 4th Tuesday, 2nd Monday
Bridge 2 (Beginners)	Dorothy Burton	†	14:00	Every Thursday
<i>Canasta 1</i>	<i>Colin Simm</i>	<i>07850 553 133</i>	<i>19:30</i>	<i>1st & 3rd Wednesday</i>
<i>Canasta 2</i>	<i>Barrie Tyson</i>	<i>0115 931 4149</i>	<i>18:30</i>	<i>2nd & 4th Monday</i>
Canasta 3	Sally Wightman	07760 866 178	19:30	2nd & 4th Wednesday
Chordless Choir	Sue Hollings	0115 8453724	19:00	2nd Tuesday

Group	Co-ordinator	Telephone	Time	Normal Meeting Days
Computer Buddies	Alan Comerie	07581 456253	N/a	As required
Country Walks	Cowan Jamieson	0783 5715545	10:30	3rd Monday
Craft & Patchwork	Christine Sheath	0115 931 3260	10:00	2nd Friday
Cribbage	Sally Wightman	07760 866 178	19:30	1st & 3rd Wednesday
<i>Croquet 1</i>	<i>Vic Wightman</i>	<i>07767 752963</i>	<i>14:00</i>	<i>2nd & 4th Monday</i>
Darts for Fun	Jacqui Hudson	0115 998 5417	19:30	2nd & 4th Tuesday
Discussion	Charles Bushell	0115 966 4032	14:00	Usually 1st Monday
Escape Rooms	Keith Bowker	07592 008962	Varies	Ad hoc
Family History	Sue Clifford	0115 931 3937	14:30	3rd Tuesday
Film 4 Fun	Peter Price-Horne	07791 752585	Varies	Monday afternoons
<i>French 1</i>	<i>Sue Clifford</i>	<i>0115 931 3937</i>	<i>10:00</i>	<i>Every Friday</i>
<i>French 2 (Beginners)</i>	<i>Sarah Hervey</i>	<i>07950 556 201</i>	<i>10:00</i>	<i>Every Thursday</i>
<i>French 3</i>	<i>Christine Foster</i>	<i>0115 931 2571</i>	<i>10:15</i>	<i>1st and 3rd Friday</i>
Garden Group 1	Gardening1@bju3a.co.uk		10:00	1st Wednesday
<i>Garden Group 2</i>	<i>Alwyn Foster</i>	<i>0115 931 2571</i>	<i>10:00</i>	<i>1st Monday</i>
Garden Group 3	Christine Shepherd	0115 961 8840	14:00	4th Wednesday
Garden Group 4	Alwyn Foster	0115 931 2571	10:00	4th Tuesday
Garden Group 5	Groups@bju3a.co.uk			
<i>Guitar 1</i>	<i>Tony Kirk</i>	<i>0115 961 4587</i>	<i>Varies</i>	<i>Variable</i>
Hikers	Paul Geeson	07969 068214	10:00	2nd Wednesday
History 1	Viv Bushell	0115 966 4032	10:30	2nd Monday
History 2	Jean Lewis	0115 911 9166	14:00	1st Tuesday
Information Exchange	Maggie Gaborak	0115 998 5798	N/A	N/A
International Dinner	David Falkner	07860 502479	18:45	Various
Italian Intermediates	Mary Simm	0115 841 3605	14:30	Every Friday
<i>Living for Beginners</i>	<i>Dil Vowles/Jane Taylor</i>	<i>0115 931 2300</i> <i>0115 931 2087</i>	<i>18:30</i>	<i>1st and 4th Thursdays</i>
Kurling	Paul Geeson	07969 068214	10:00	2nd & 4th Thursday
Luncheon Group	Margaret Robinson	0115 9663793	12:30	4th Tuesday
Mah-Jong	Sandra Giles	0115 966 5144	10:30	1st & 3rd Wednesday
Meditation	Tricia Blanco-White	0115 9663563	14:30	Last Monday
Petanque 1 (Apr - Sept)	Roz Tuffrey	0115 931 2754	10:00	1st & 3rd Monday
Petanque 2 (Apr - Sept)	Dil Vowles	0115 931 2300	13:30	Every Friday
Petanque 3 (Apr - Sept)	TBA		13:30	2nd and 4th Monday
Petanque Winter (Oct - Mar)	Dil Vowles	0115 931 2300	13:30	Every Friday
Photography	Margaret Hutchby /Brenda Draper	photography@bju3a.co.uk	14:00	3rd Wednesday & 1 ad hoc/month
Photography for Fun	Bob Clifford	0115 931 3937	10:00	1st Thursday
Ramblers 1	Keith Bowker	07592 008962	10:00	Last Wednesday
Ramblers 2	Paul Geeson	07969 068214	10:00	3rd Wednesday

Group	Co-ordinator	Telephone	Time	Normal Meeting Days
Ramblers - Plus	Paul Geeson Sally Wightman	07969 068214 07760 866178	TBC	1st Wednesday
<i>Spanish 1</i>	<i>Paul Beard</i>	<i>0115 931 3601</i>	<i>10:00</i>	<i>Tuesday - Fortnightly</i>
<i>Spanish 2</i>	<i>Mike Chapman</i>	<i>0115 965 2489</i>	<i>10:30</i>	<i>2nd and 4th Thursday</i>
Spanish 3	Groups@bju3a.co.uk			
Speed Walking	Caroline Roberts	0115 931 3679	09:00	Every Tuesday
<i>Sunday Lunch 1</i>	<i>Eileen Frier-Kelsey</i>	<i>07970 712433</i>	<i>12:15</i>	<i>3rd Sunday</i>
Sunday Lunch 2	TBA	0115 91 13169	12:30	4th Sunday
<i>Sunday Lunch 3</i>	<i>Jacqui Hudson</i>	<i>07775 450 497</i>	<i>13:00</i>	<i>1st Sunday</i>
<i>Table Tennis 1</i>	<i>Tony Simpson</i>	<i>0115 845 8142</i>	<i>10:00</i>	<i>Every Monday</i>
<i>Table Tennis 2</i>	tabletennis2@bju3a.co.uk		<i>19:00</i>	<i>1st & 3rd Tuesday</i>
Table Tennis 3 (C)	Groups@bju3a.co.uk			
<i>Theatre 1</i>	<i>Christine Smith</i>	<i>0115 952 6559</i>	<i>10:30</i>	<i>1st Friday</i>
<i>Theatre 2</i>	<i>Brenda Chapman</i>	<i>0115 9652489</i>		<i>Usually Wednesdays but may vary</i>
Theatre Group 3	Sign-up sheet available at monthly meetings			
Ukulele	Keith Stafford	0115 931 2657	14:30	1st & 3rd Wednesday
University Interest	Trevor Wright	0115 931 2805		Ad hoc
Walking Football	Greg Russell	7764241626		Play currently suspended
<i>Water Colour Painting</i>	<i>Yvonne Kirk</i>	<i>0115 961 4587</i>	<i>9:30</i>	<i>1st & 3rd Wednesday</i>
Wildlife Walks	TBA	0115 911 3169	10:30	4th Tuesday
<i>Wine Tasting</i>	<i>Alan Comerie</i>	<i>07581 456253</i>	<i>19:00</i>	<i>Usually 4th Thursday but may vary</i>

Notes:

- † Please contact via David Falkner on 07860 502479.
- (C) Indicates a Group formed from members on the waiting list for an existing Group with the same interest. The Group needs a volunteer to become the Co-ordinator for the Group so that it can then start to meet.
- (S) Meetings normally take place during the late Spring, Summer and early Autumn months. Contact the Group's Co-ordinator for more details.
- (T) Temporary or time limited Group, which anticipates holding a set number of meetings and then dissolve. The Co-ordinator for the Group concerned, or our groups Facilitator, can provide more information, or see the sign-up sheet for the particular Group.
- (W) Meetings normally take place during the late Autumn, Winter, and early Spring months. Contact the Group's Co-ordinator for more details.

If any of the above information is incomplete, incorrect, or out of date for your Group, please e-mail the correction to David Falkner at Groups@BJU3A.co.uk, and copy bju3anewsline@outlook.com.