



Burton Joyce & District U3A Newslines

Issue 02.05 | May 2020

Welcome to the May edition of Newslines,

In Newslines This Month:-

This edition of Newslines is again affected by our ongoing situation. There is little Group News to share and obviously no planning can be done for the future. In the circumstances I have decided to repeat some useful links from our last edition and add many other snippets that have been sent to me by members

If you have anything of interest for our June edition then it should be e-mailed to bj3anewslines@outlook.com to arrive no later than 5:00 p.m. Wednesday 27th May.

All items received will be acknowledged by e-mail.

Colin Simm

Chairman's Message

It is so pleasing to see how, out of adversity, arises adaptability and good. From this isolation many of our members have had time to concentrate on chores which had to be fitted in to a previously normal busy schedule. Resulting from the Coronavirus isolation requiring us to stay at home, we now have members with the best mown lawns and tended gardens in the area, DIY and decorating jobs put off until time was available have been carried out, homes spruced up and different interests have been developed. We have learned to use our digital devices more effectively and widely and "meetings" being held on Zoom, WhatsApp, Messenger and others, by our interest groups with greater contact made with families and friends.



My garden has sadly been neglected for 18 months or so, as a result of my hip replacement operation last year. Only recently, with improved warmer weather too, have I had the fitness, inclination and enthusiasm to begin, with Christine's help, to bring the garden back to its usual appearance. In addition I have planted tomatoes and cucumbers in the greenhouse, shortly to be joined by sweet peppers and salad crops. This is much earlier in the season than I previously achieved, as we would normally be away at this time of year, but flights and holidays have been cancelled due to the virus.

I hope many members will send in articles to Colin Simm our Newslines Editor, telling us what they have been doing which is different from normal.

There is much research going on, especially in this country, into this dreadful lethal virus. Members of the public are being invited to contribute, even in a small way, by logging in to the Covid Symptom Tracker, by downloading the app, or looking at and following the Tracker on line using the website:

<https://covid.joinzoe.com/blog>

The Covid Symptom Tracker provides up-to-date information and is well explained and most interesting to read. Our contribution is to sign up and report daily (input is needed every 2-3 days at worst), whether or not we have symptoms. This will take little time. The information this will provide is especially welcome from older age groups and will inform the government about how to release the present lockdown, with as little impact as possible. The information provided is analysed by King's College, London scientists. Please have a look at the website and sign up if you feel able. Over one million people did so in just 36 hours and the number now exceeds 2.5 million. The more participants there are, the more accurate the information will be and we will have made our own small, but important, contribution to the research. I hope you will do so.

Please keep in touch with each other, take care and stay safe, healthy and happy. If anyone is in need of help of any kind, please contact our Coronavirus Help Group whose details you will find on page 3 of this Newsline, repeated from last month.

Alwyn.

Membership News

Unsurprisingly there is no membership news at the moment

Meetings Programme and Group Activities

Future Meetings

In order to follow Government and National Office advice, the Committee has regrettably and reluctantly, taken the view that all monthly and Groups meetings and activities, outings and visits, should now cease until further notice. You will be kept informed of developments. Group Co-ordinators are asked to maintain contact with Group members and if anyone needs help or support they can contact our Help Group details of which are set out below.

Keeping going and keeping in touch

We've received a number of ideas to help in these difficult times. Some are from our own members and others from other U3A groups. Have a look through them and decide if any of them are for you. In addition some members have been sharing their experiences with us. I've included some of these.

Setting up Virtual Groups

Click here to see some [Virtual Group Guidelines](#) which are by courtesy of Soar Valley U3A and contain very useful information for keeping groups going, connecting to the group one-to-one,, on line, and by smart phone.

BJ U3A Coronavirus Help Group

CONTACT INFORMATION

E-mail: beacon002@bju3a.co.uk

GROUP CO-ORDINATORS

Anna Moore Mob: 07891 221840

Caroline Roberts Mob: 07779 315310

Alan Comerie Mob: 07581 456253

David Falkner Mob: 07860 502479

Self Isolation Tales

Two members have shared their different self-isolation stories with me. Both are self-isolating away from home with family but their experiences differ totally:

1. All go!

To give you something to do, self isolate en famille with a 3 yr old.

Get up at 6 30.....

Nanna Nanna !! Open your blind it's too dark in here.

Really it was just right for me.

Can I bounce on your bed?

Up dressed, her first.

Can we do play dough, Lego, cars, paint.

Yes a rainbow for the people who are stopping the germs.

A walk? Can we go to the park?

Well we can look at the chains on the gate. We can pull dandelions and blow the seeds. You can jump on my shadow and be first to the next gate. You are much quicker than me.

Back home make biscuits and clean the kitchen floor. About the right amount of oats. Garden, plant bulbs the right way up.

Oooo Nanna Nanna. ants are on me

That's a woodlouse .

Can I touch it!

Yes gently.

Robin robin can I catch it.

I hope not.

Why isn't the cat moving?

It's very old.

Why are there flies on it.?

We'll ring the vet. That's an animal doctor.

Will it take her heart beat? Can I stroke her?

Female vet into cat basket into van - gone.

Will she get better?

Probably a mouth ulcer.

Oooo a seagull is watching me. Can we do magnets? Can we go for a walk and get dandelions?

.....

So enjoy your book, music, the TV you want, the bedtime you want etc.

My son and family are coping with me and I'm lucky to have excellent neighbours checking my house until I get back.

Christine Frymann

2. All is peace!

My daughter Nikki kidnapped me and brought me here to her home in Dorset. I had thought for just 2 weeks! But that has CHANGED!

But we are both grateful to be together and have adapted well.

We give each other plenty of space, but also share a lot. She is an excellent cook; kind and generous, and spoils me. I walk in this beautiful and peaceful countryside, take and send photographs to family and friends, watch some TV, read a lot and do jigsaws. These have become addictive and there is always one on the large, scrubbed kitchen table for us to do. When I first came, Nikki ordered 4 new ones - each of 1000 pieces and fully interlocking. She has now ordered 3 more and while we await their delivery we are doing the others for a second time - but from opposite sides of the puzzles, so we have a new perspective and it feels very different.

Her home is one of six cottages just outside the boundary of one of the prettiest villages I know. It has an ancient Church, one pub and NO street lights. It has a narrow river running through it which divides and creates delightful walks, with footpaths and bridges to give pleasure and interest. Many of the cottages are immaculately thatched, and with the wisteria covering the

front walls about to burst into full bloom, it is all so unspoilt. I am truly blessed to be here.

With this Lockdown, I could still be here for several more weeks, so yesterday she registered me with her doctor in Cerne Abbas. You may have heard of the Cerne Abbas Giant he is a huge, naked, well-endowed male figure, and wielding a club, is carved out of the chalk hillside. No one knows how many years he has been there, (could be ancient!), but normally he is viewed by thousands daily. Now, while he still reigns on the hillside, the car parks are empty. We went last week and only saw 2 cyclists there.

Mildred Penfold

Masks for NHS workers

Many of you will have seen the recent email from Chris Smith asking for acetates to make visors. I can now share with you a little story of how that request has helped the NHS. Chris tells me that his wife Christine initially had the idea of making masks for NHS workers when she found some old acetates at home. Wondering how to proceed they got in touch with Radio Nottingham and from that made a contact with Learn 2 Print, a training provider for printing and graphics, based in the Newark area. The printers are producing the frames for the visors either by 3D printing or laser cutting, he wasn't quite sure. Having exhausted supplies from ex teaching and other work colleagues they then contacted other friends locally, including those of us in Burton Joyce U3A. I then sent that request round Thurgarton, where we live, not really expecting a huge response from such a small village of less than 450 people. However, Chris contacted me to tell me that after a steady trickle of supplies he then had a contact from a couple in the village, who owned a company that supplied acetates to schools, who donated about 5000 acetates. Because of the huge quantity they arranged to get the supply to the printers directly after making contact with Chris. Chris says he has been a bit overwhelmed with donations from everyone and would like to reiterate his thanks to all those who donated, particularly to that couple, who made a hugely significant donation. My friend in Thurgarton said he was pleased that he hadn't got round to previously disposing of his old stock from his warehouse!

People are very resourceful, apparently their daughter who is a local talented seamstress is now making scrubs for the NHS and for those of you that don't know, even under normal circumstances their lovely greyhound Storm cheers up residents of the local care home in Carlton, (Rumour has it that this is to calm them after Chris has serenaded them with his ukulele).

Thanks again to Burton Joyce U3A for rising to the challenge and particularly to Chris and Chris for having such a brilliant idea.

Michelle Price-Horne

Information about Talks, Visits & Excursions

The outing to Harrogate for Gilbert and Sullivan performance of "Iolanthe", Wednesday 12th August.

Because of the coronavirus, the Royal Hall has been requisitioned by the NHS for use as a hospital, so as a consequence the Gilbert and Sullivan festival has been cancelled. It is to be hoped it will be held next year. Perhaps, as a substitute, we can see Iolanthe on line in the comfort of our homes instead.

Things to see and do

The Royal Academy

For the art lover the Royal Academy has loads of information and virtual exhibitions. You can sign up for a weekly newsletter through [this link](#).

Other arts institutions have set up virtual exhibitions and the like as well so try the National and Tate Gallery websites as well.



National Theatre Live

There are National Theatre Live at Home screenings which are on free every Thursday at 7pm straight to your TV or computer whilst you sit confined to your own sofa! More info can be found here..

<https://www.nationaltheatre.org.uk/nt-at-home>

So far there has been a varied bunch of production from “One Man, Two Guvnors” to Twelfth Night.

Future Learn

This is a resource started by the Open University and others to provide on-line teaching and training through short courses – usually in the 4 to 6 weeks range. Different universities and other organisations channel their courses through Future Learn. Most courses are free and courses available right now include: Ageing Well: Why Older People Fall; Antiquities Trafficking and Art Crime; Building a Future with Robots: and even Covid-19 Tackling the novel Coronavirus (if you must!). I did a fascinating Modern Slavery course through it 3 years ago. No qualifications or pre-requisites are required at all, just an open mind (and it certainly helped me realise how unconsciously biased I am). Have a look <https://www.futurelearn.com/courses>

Isolation Resources

Here's [another link](#) sent into us by a member which has a wide range of resources ranging from courses to virtual museum tours.

Parish Magazine

We all know this is a valuable resource of information and local traders. It's not possible to deliver May's magazines in paper format but it is available on line at

<http://bjparishmagazine.co.uk/>

Visit the houses of Parliament

To do a virtual tour just [click here](#) and find your way around by clicking on the arrows

Celebrity Spotting

This well known figure was spotted in a nearby village - can you do better?



VE Day Anniversary

This falls on May 8 and Malcolm Littlefair sent me this interesting link to a website where you can compare then and now images. [Click here](#) to see these.

Lloyd-Webber Musicals



Each Friday there is a free screening of a musical from Andrew Lloyd-Webber. We've already had Joseph and Superstar and Cats. But there are more to come. You need YouTube to watch these and they available at no cost for 48 hours from Friday BST on [The Shows Must Go On YouTube page](#).

Nottinghamshire Quiz

(Answers on final page)

Can you name the places in Notts?

1. Tights or stockings
2. Hop along here
3. Part of Ted's foot
4. Not a lady's meadow
5. A load of bull
6. A bricklayer's tool
7. A bird's body part
8. Seven course banquet
9. 24 hours in a small stream
10. Fire waste on a slope
11. Make sure it is really cold
12. Chef's body part
13. Noted for its display of snowdrops
14. Did Noah build it?
15. A bed in a cemetery
16. Not quiet meat
17. Robin Hood's forest
18. Tauthweih

Groups News

This section of Newsline contains the Groups Facilitator's updates on recent changes to our Groups. It also has reports from the Groups themselves on their activities and any changes to their normal meeting programme. Group Information is listed alphabetically on the last three pages of Newsline, and fuller details on individual Groups are given on the "Our Groups" page on the website: <https://u3asites.org.uk/burton-joyce/groups>

Wildlife Group

As one of the leaders of the Wildlife Group the lockdown has badly affected our growing band of wildlife amblers. We can go for a river walk individually or with a partner, but one of the joys of this group is asking the others what was that bird or butterfly, and why does this flower grow here, and mind that cow pat. We will keep going out for walks hoping they will be useful for when we can all meet up and socialise again.

By the way, we think we saw the little egret on the sink hole at Burton Joyce today. I hope someone else has seen it to confirm. We could do with another pair of small binoculars as ours have just broken if anyone can help.

We will wave to you if we see you on the paths.

Mick and Cyn.



Book Group

We are all feeling rather proud of ourselves as we managed, albeit with some initial difficulties, our first Zoom meeting with first hand technical advice from dearly beloved husband and daughter. The gold star was awarded to Tricia Blanco White who, once she realised her very old computer had neither a camera nor a microphone, managed to download the app on to her phone and join at half time!

So the book....."Brighton Rock" by Graham Greene, a classic some of us had read before and all agreed was an excellent choice, no matter its dark subject matter. For those of you who haven't read it, it's a bit of a thriller, has a detective element in that one of the characters knows a wrong has been committed and wants to right it, provides a clash between good and evil, right and wrong and prompted much critical discussion. For anyone interested, you can download the most recent film version (2010) via Amazon Prime free. This version moves the action forward to the 1960s whereas the book is set in the 1930s in a Brighton unrecognisable today where the mob ruled and corruption in betting was more or less accepted by the police. It also changes the ending as the director was told the original is too bleak. It certainly was.

So we all agreed that it took our minds off the unmentionable CV and it was so good to see everyone's faces. Thank you Christine Knott for the choice of book.

Judith Wright

Photography Group

Some lovely photos taken by members



If you have any questions about our Groups, would like to start a new Group, or are willing to be the Co-ordinator for a new or existing Group, please have a word with me, David Falkner, at the monthly meeting, or contact me via e-mail at Groups@BJU3A.co.uk or by phone on 01636 918973.
- David Falkner.

Members' Corner

Members' Corner is an occasional feature containing articles of general interest sent in by members. Any views, comments or opinions expressed are those of the individual concerned and should not be taken as a reflection of the views or opinions of the Committee, or of Burton Joyce & District U3A. If you have an item for inclusion in this section, please e-mail it to bj3anewsline@outlook.com

Gedling Seniors Council

Representing Gedling Seniors Council on North & North-East Nottinghamshire (NNE) Social Prescribing Co-production group, funded by the NHS Care Commissioning Group (CCG) for the region, I took part in a lively, widely attended introductory meeting in February 2020. Planned monthly meetings are now inevitably suspended as most volunteer members are in the stay-home categories and many of the paid members have been redeployed within the NHS.

As an active and committed member of the Seniors Council, in common with fellow members, I was disconcerted and frustrated to be precluded solely on the basis of age from volunteering as a telephone befriender for the Gedling Giving Network. Gedling Seniors Council was set up in March 2017 with a specific remit to combat loneliness and isolation among the growing number of older residents in the borough of Gedling. Volunteering as a telephone befriender from the safety of one's home could have been beneficial for both the person befriending and the person befriended. Once the Seniors Council is able to regroup formally, this will need to be an item for post-hoc discussion.

Ann Whitfield, BJ&District representative on & vice-chair of Gedling Seniors Council; 0115 9611604; margaret.ann.whitfield@gmail.com

Nottingham & Nottinghamshire Healthwatch (HWNN)

A survey on the clarity and accessibility of communications issued by the NHS, the government and other official sources has been emailed to BJ&District U3A members, as well as to other organisations with membership predominantly in the highest-risk (shielded) and increased-risk groups. The survey was produced at short notice; the time available for sending it back is also limited, by 9am on Monday 4th May, the composite report commissioned to be submitted by HWNN on 7th May. Anyone preferring to complete the survey by phone rather than on-line is welcome to phone me on 0115 9611604, or the HWNN team on the mobile numbers listed in the email sent out.

So many of the NHS CCG (Care Commissioning Group) initiatives begun with enthusiasm early this year are now on hold, including the Integrated Care System Patient Citizen Leader programme, which goes by the mellifluous acronym of ICS PCL. The forty PCLs nominated by their sponsoring organisation, in my case HWNN, took part in an exhilarating introductory workshop on 23rd February; again, the majority of us are in the stay-at-home categories, which inevitably means that the next stage of the programme has had to be delayed. The current lockdown does, however, provide time for reflection and observation on the main topic of the initial workshop: the relevance to leadership of emotional intelligence and psychological resilience. ICS PCL participants were set the task of expanding on this for the next workshop, whenever that takes place.

Ann Whitfield, Nottingham & Nottinghamshire Healthwatch (HWNN) volunteer; 0115 9611604; ann.whitfield@hwnn.ac.uk

Third Age Trust Notices

Information on the items listed below will be displayed at our monthly meetings, or you can visit the Third Age Trust website (<http://www.u3a.org.uk>) for further details and a wealth of other information about U3A and its operations. Much of the information is only available in the Members Only area. To get maximum benefit you will need to register on the Third Age Trust website and obtain a user name and password. Members wishing to use the Resource Centre also need to apply for an Identification Number to borrow items.

Nottinghamshire Network of U3As

The Nottinghamshire Network of U3As was established to enable cooperation between U3As and the provision of support across the county and also to enable the launch of new U3As to take place. Since it began in 2009 many new U3As have been started and more are planned. There have also been workshops held for committee members to learn from one another's experience and expertise and another to establish a group of mentors who are available to work with officers in new U3As and anyone else in need of support.

Do you receive the Third Age Newsletter?

This monthly Newsletter is sent by email and contains news updates, details of educational events, national events, and learning resources. It's very easy to subscribe to the newsletter. Just go to www.u3a.org.uk and click on the Newsletter tab, then fill in your email address, your name, and click on "Subscribe".

Committee Members

At the date of publication of this edition, the members of the Committee are:

Alwyn Foster	Chairman	0115 931 2571	chairman@bju3a.co.uk
David Falkner	Vice Chairman	07860 502479	vicechairman1@bju3a.co.uk
Rupert Williams	Vice Chairman	0115 931 3095	vicechairman2@bju3a.co.uk
Anne Hegarty	Treasurer	0115 931 2171	Treasurer@bju3a.co.uk
Alan Comerie	Business Secretary	07581 456253	Secretary@bju3a.co.uk
Christine Shepherd	Speaker Finder	07773 156813	speakers@bju3a.co.uk
Anna Moore	Beacon Coordinator	07891 221840	Beacon002@bju3a.co.uk
Sue Hollings	Welcomers' Coordinator	0115 845 3724	welcome@bju3a.co.uk
Elaine Bass	Social Secretary	0115 911 8756	socialsecretary@bju3a.co.uk
Caroline Roberts	Membership Secretary	0115 931 3679	MembershipSecretary@bju3a.co.uk
Colin Simm	Newsline Editor	07850 553133	bju3anewsline@outlook.com

Additional administrative contacts

Alwyn Foster	Outings Support	0115 931 2571	Outings@BJU3A.co.uk
David Falkner	Groups Facilitator	07860 502479	Groups@BJU3A.co.uk
Grenville Shepherd	Fire & VH Keyholder	0115 9618840	grenshepherd@yahoo.co.uk
Colin Simm	Website Manager	07850 553133	web_admin@bju3a.co.uk

Group Information

Details of Group meeting times and venues are also published on our website, www.bju3a.co.uk/groups.html. *Groups which are full when this edition of Newslines was published are shown in italics.* The letter (C) after a Group shows that there are sufficient members interested in this activity for a new Group to be formed, and that a Co-ordinator is required for the Group. If you have a query regarding a Group, please contact that Group's Co-ordinator, or the Groups Facilitator, David Falkner, on 07860 502479

Group	Co-ordinator	Telephone	Time	Normal Meeting Days
Aerobics for the Young at Heart jskeepfit@outlook.com	Jackie Spencer Jan Smith	07932 417318 07814 056418	09:30	Every Wednesday
<i>Antiques & C20th Collectables 1</i>	<i>Jane Taylor</i>	<i>0115 931 2087</i>	<i>10:00</i>	<i>2nd Monday</i>
Antiques & C20th Collectables 2	Angela Mallett	0115 9663799	10:00	4th Monday
<i>Antiques & C20th Collectables 3</i>	<i>Pat Holmes</i>	<i>0115 8911735</i>	<i>10:30</i>	<i>2nd Monday</i>
Antiques & C20th Collectables 4	TBA			TBA
Art Appreciation	Judith Wright Sharon Bennett	0115 931 2805 07966 039982	14:30	4th Tuesday Sept-March
<i>Art Expression</i>	<i>Julie Smith</i>	<i>07597 330160</i>	<i>19:00</i>	<i>2nd Wednesday</i>
Beer and Cider Tasting	Rob Johnson robjos6@ntlworld.com		19:00	3rd Thursday
Bird Watching	Hil MacCallum	07803 925715	10:00	Alternate Thursdays and Fridays
Board Games	Dorothy Pinkett	0115 931 4576	14:00	1st and 3rd Thursday
Boccia (October - April)	Dil Vowles	07879 425643	10:00	1st, 3rd and 5th Thursdays
<i>Book Club 1</i>	<i>Judith Wright</i>	<i>0115 931 2805</i>	<i>14:00</i>	<i>3rd Wednesday</i>
Botany	Karen Taylor	0115 841 9099	10:00	3rd Wednesday
Bridge 1	Dorothy Burton	†	14:00	1st, 3rd, 4th Tuesday, 2nd Monday
Bridge 2 (Beginners)	Dorothy Burton	†	14:00	Every Thursday
<i>Canasta 1</i>	<i>Colin Simm</i>	<i>07850 553 133</i>	<i>19:30</i>	<i>1st & 3rd Wednesday</i>
<i>Canasta 2</i>	<i>Barrie Tyson</i>	<i>0115 931 4149</i>	<i>18:30</i>	<i>2nd & 4th Monday</i>
Canasta 3	Sally Wightman	07760 866 178	19:30	2nd & 4th Wednesday
Chordless Choir	Sue Hollings	0115 8453724	19:00	2nd Tuesday

Group	Co-ordinator	Telephone	Time	Normal Meeting Days
Computer Buddies	Alan Comerie	07581 456253	N/a	As required
Country Walks	Cowan Jamieson	0783 5715545	10:30	3rd Monday
Craft & Patchwork	Christine Sheath	0115 931 3260	10:00	2nd Friday
Cribbage	Sally Wightman	07760 866 178	19:30	1st & 3rd Wednesday
<i>Croquet 1</i>	<i>Vic Wightman</i>	<i>07767 752963</i>	<i>14:00</i>	<i>2nd & 4th Monday</i>
Darts for Fun	Jacqui Hudson	0115 998 5417	19:30	2nd & 4th Tuesday
Discussion	Charles Bushell	0115 966 4032	14:00	Usually 1st Monday
Escape Rooms	Keith Bowker	07592 008962	Varies	Ad hoc
Family History	Sue Clifford	0115 931 3937	14:30	3rd Tuesday
Film 4 Fun	Peter Price-Horne	07791 752585	Varies	Monday afternoons
<i>French 1</i>	<i>Sue Clifford</i>	<i>0115 931 3937</i>	<i>10:00</i>	<i>Every Friday</i>
<i>French 2 (Beginners)</i>	<i>Sarah Hervey</i>	<i>07950 556 201</i>	<i>10:00</i>	<i>Every Thursday</i>
<i>French 3</i>	<i>Christine Foster</i>	<i>0115 931 2571</i>	<i>10:15</i>	<i>1st and 3rd Friday</i>
Garden Group 1	Gardening1@bju3a.co.uk		10:00	1st Wednesday
<i>Garden Group 2</i>	<i>Alwyn Foster</i>	<i>0115 931 2571</i>	<i>10:00</i>	<i>1st Monday</i>
Garden Group 3	Christine Shepherd	0115 961 8840	14:00	4th Wednesday
Garden Group 4	Alwyn Foster	0115 931 2571	10:00	4th Tuesday
Garden Group 5	Groups@bju3a.co.uk			
<i>Guitar 1</i>	<i>Tony Kirk</i>	<i>0115 961 4587</i>	<i>Varies</i>	<i>Variable</i>
Hikers	Paul Geeson	07969 068214	10:00	2nd Wednesday
History 1	Viv Bushell	0115 966 4032	10:30	2nd Monday
History 2	Jean Lewis	0115 911 9166	14:00	1st Tuesday
Information Exchange	Maggie Gaborak	0115 998 5798	N/A	N/A
International Dinner	David Falkner	07860 502479	18:45	Various
Italian Intermediates	Mary Simm	0115 841 3605	14:30	Every Friday
<i>Living for Beginners</i>	<i>Dil Vowles/Jane Taylor</i>	<i>0115 931 2300</i> <i>0115 931 2087</i>	<i>18:30</i>	<i>1st and 4th Thursdays</i>
Kurling	Paul Geeson	07969 068214	10:00	2nd & 4th Thursday
Luncheon Group	Margaret Robinson	0115 9663793	12:30	4th Tuesday
Mah-Jong	Sandra Giles	0115 966 5144	10:30	1st & 3rd Wednesday
Meditation	Tricia Blanco-White	0115 9663563	14:30	Last Monday
Petanque 1 (Apr - Sept)	Roz Tuffrey	0115 931 2754	10:00	1st & 3rd Monday
Petanque 2 (Apr - Sept)	Dil Vowles	0115 931 2300	13:30	Every Friday
Petanque 3 (Apr - Sept)	Sally Wightman	07760 866 178	13:30	2nd and 4th Monday
Petanque Winter (Oct - Mar)	Dil Vowles	0115 931 2300	13:30	Every Friday
Photography	Margaret Hutchby /Brenda Draper	photography@bju3a.co.uk	14:00	3rd Wednesday & 1 ad hoc/month
Photography for Fun	Bob Clifford	0115 931 3937	10:00	1st Thursday
Ramblers 1	Keith Bowker	07592 008962	10:00	Last Wednesday
Ramblers 2	Paul Geeson	07969 068214	10:00	3rd Wednesday

Group	Co-ordinator	Telephone	Time	Normal Meeting Days
Ramblers - Plus	Paul Geeson Sally Wightman	07969 068214 07760 866178	TBC	1st Wednesday
<i>Spanish 1</i>	<i>Paul Beard</i>	<i>0115 931 3601</i>	<i>10:00</i>	<i>Tuesday - Fortnightly</i>
<i>Spanish 2</i>	<i>Mike Chapman</i>	<i>0115 965 2489</i>	<i>10:30</i>	<i>2nd and 4th Thursday</i>
Spanish 3	Groups@bju3a.co.uk			
Speed Walking	Caroline Roberts	0115 931 3679	09:00	Every Tuesday
<i>Sunday Lunch 1</i>	<i>Eileen Frier-Kelsey</i>	<i>07970 712433</i>	<i>12:15</i>	<i>3rd Sunday</i>
Sunday Lunch 2	Cynthia Julians	0115 91 13169	12:30	4th Sunday
<i>Sunday Lunch 3</i>	<i>Jacqui Hudson</i>	<i>07775 450 497</i>	<i>13:00</i>	<i>1st Sunday</i>
<i>Table Tennis 1</i>	<i>Tony Simpson</i>	<i>0115 845 8142</i>	<i>10:00</i>	<i>Every Monday</i>
<i>Table Tennis 2</i>	tabletennis2@bju3a.co.uk		<i>19:00</i>	<i>1st & 3rd Tuesday</i>
Table Tennis 3 (C)	Groups@bju3a.co.uk			
<i>Theatre 1</i>	<i>Christine Smith</i>	<i>0115 952 6559</i>	<i>10:30</i>	<i>1st Friday</i>
<i>Theatre 2</i>	<i>Brenda Chapman</i>	<i>0115 9652489</i>		<i>Usually Wednesdays but may vary</i>
Theatre Group 3	Sign-up sheet available at monthly meetings			
Ukulele	Keith Stafford	0115 931 2657	14:30	1st & 3rd Wednesday
University Interest	Trevor Wright	0115 931 2805		Ad hoc
Walking Football	Greg Russell	7764241626		Play currently suspended
<i>Water Colour Painting</i>	<i>Yvonne Kirk</i>	<i>0115 961 4587</i>	<i>9:30</i>	<i>1st & 3rd Wednesday</i>
Wildlife Walks	Cynthia/Mick Julians	0115 911 3169	10:30	4th Tuesday
<i>Wine Tasting</i>	<i>Alan Comerie</i>	<i>07581 456253</i>	<i>19:00</i>	<i>Usually 4th Thursday but may vary</i>

Notes:

- † Please contact via David Falkner on 07860 502479.
- (C) Indicates a Group formed from members on the waiting list for an existing Group with the same interest. The Group needs a volunteer to become the Co-ordinator for the Group so that it can then start to meet.
- (S) Meetings normally take place during the late Spring, Summer and early Autumn months. Contact the Group's Co-ordinator for more details.
- (T) Temporary or time limited Group, which anticipates holding a set number of meetings and then dissolve. The Co-ordinator for the Group concerned, or our groups Facilitator, can provide more information, or see the sign-up sheet for the particular Group.
- (W) Meetings normally take place during the late Autumn, Winter, and early Spring months. Contact the Group's Co-ordinator for more details.

If any of the above information is incomplete, incorrect, or out of date for your Group, please e-mail the correction to David Falkner at Groups@BJU3A.co.uk, and copy bju3anewsline@outlook.com.

Quiz Answers

- | | | |
|---------------|----------------|---------------|
| 1. Hose | 8. Long Eaton | 15. Cotgrave |
| 2. Bunny | 9. Daybrook | 16. Lowdham |
| 3. Edwinstowe | 10. Cinderhill | 17. Sherwood |
| 4. Mansfield | 11. Chilwell | 18. Huthwaite |
| 5. Oxton | 12. Cuckney | |
| 6. Trowell | 13. Hodsock | |
| 7. Ravenshead | 14. Newark | |