The Exercise Group needs you.

To date this new group has been poorly attended and needs more members if it is to be viable. Don't be put off by the current title, "Chair Exercise Group": there are exercises for everyone, standing or seated. We will be changing the name of the group to reflect this. There will be exercises to suit all abilities, so come along and give us a try: you may feel better for it. See the Groups pages for times and contact details.

Bridge for Beginners

Regrettably, the Bridge for Beginners group has had to close down due to there not being enough members attending on a regular basis. Our thanks go to Clifford Marsden for his efforts to make a success of the group and for volunteering to teach bridge to beginners.

NEWSLETTER EDITOR

As we said in our appeal to members in November Jim Sutcliffe, who has edited the Newsletter for five years, has decided to stand down. We are very grateful to Jim for all his hard work, especially as he is not a u3a member but stepped in to help us when we were having difficulty recruiting anyone to take on the role. We are very grateful to three of our members who have stepped up and offered to take over from Jim. Thank you Dave Hunt, Alan Nicholls and Graham Slattery, and again thanks to Jim for all the support and advice he has given to them to ensure a smooth transition.

We trust members will also give them every support by making sure contributions to the Newsletter are sent in promptly by the published date.

FORTHCOMING MEETINGS

December 14 **Ukulele Rocks**

January 25 Roger Brown "Cole Porter"

February 22 Prof Paul Salveston MBE "Lancastrians, mines, mills and

minarets"

Monthy Open Meetings are held at the Nazareth Unitarian Chapel, Padiham, BB12 8JH at 2:30 pm on the 4th Thursday in the month (except December) Visitors welcome at a charge of £2

Burnley and District

Stuart Thorn

Vice Chair Maria Chattle

treasurerblyu3a @outlook.com Membership.Secretary **Peter Hartley**

burnley.district.u3a @outlook.com **Groups Co-ordinator** Stuart Chattle

grpcoord.bly Newsletter Editor **Alan Nicholls** burnlevu3anewsletter @amail.com

Group Tea Rota

December 2023 Committee Members

January 2024 Book club, Coffee club and Chair Exercise

Newsletter



December 2023 Issue 181

NOTES FROM THE CHAIR



Peace on earth is the message we hear at this time of the year, yet we find even more conflict year on year. There are many reasons why this happens but the result is always the same. It's the innocent that suffer. I would like to think we could all spare a few minutes in the middle of our festivities to give thought for all the victims of conflict, and be thankful for where we live

with the freedoms we have.

Everything is now gearing up for the Christmas break with high expectations of a great time with family and friends, but as we get older we notice that there are empty chairs! Not everyone wants to celebrate because it brings sad memories so again let's spare a moment of thought for these people.

If you know of someone who is in that position why not give them a call just to say you are thinking of them. It can mean a great deal to someone who is on their own.

I would like to say how much I have enjoyed giving an introduction at the start of our monthly meetings and seeing so many friendly faces. So I would like to wish you all a very Happy Christmas and good wishes for the new year.

The Christmas jumper my kids gave me last year kept picking up static electricity. I took it back and exchanged it for another one – free of charge

> **JANUARY NEWSLETTER DEADLINE IS** Monday 17th January 2024 12:00 noon

e-mail: burnleyu3anewsletter@gmail.com

https://u3asites.org.uk/burnley

e-mail: burnley.district..u3a@outlook.com

Registered Charity No: 1180527

Book Group: First meeting of 2024 will be on **Monday 15th January** at 10-12 midday in the Hameldon Room at the Padiham Unitarian church. The book for discussion will be My Family and Other Animals by Gerald Durrell. Feburary's book will be The No.1 Ladies Detective Agency by Alexander McCall Smith.

Chair Exercise Group: 1st and 3rd Tuesday of the month at 10:30am in the Unitarian Chapel. Everybody welcome. For further information contact Sonia or Maureen.

<u>The Coffee Club:</u> The next meeting will be on **December 14th** at The Bistro Prairie Sports Village, Windermere Ave, Burnley 11am.

English Folk Dancing: Meet at 2.00pm in Higham Village Hall on Thursdays 5th and 19th January. Everyone is welcome, you don't need a partner.

<u>The French Conversation Group:</u> meets on the <u>first and third</u> <u>Thursdays</u> of the month at Molly Rigbys, 17/19 Mill Street, Padiham, from 1:45pm. Please contact Rhoda Gouldsbrough.

<u>German Pre-intermediate Group:</u> will meet at the reference room at Burnley Library on the second and fourth Tuersday 1-3pm. New members always welcome but please text or ring me and leave a message before coming, just in case we have had to unexpectedly change the date.

<u>Handbell Ringing Group:</u> will be meeting at St. Leonard's Church, Padiham on Wednesdays, **17th and 31st** January 2024 between 2.00pm - 3.30pm.

History Including Local History: January 4th 2024 10.30 to 12.00 in the Hambledon Room Unitarian Church Padiham. Guest Speaker Mike Townsend " The Jews in Burnley ". Please could you make a donation to " Pendleside Hospice "

Indoor Bowls: meets 1st and 3rd Thursdays at the Methodist Church, Padiham Rd, Burnley. 10:00 am to 12 noon. £3 session. Currently fully subscribed. Please ring re waiting list.

<u>Italian Group:</u> meets every **2nd and 4th Wednesday** of the month. New members are welcome, but some previous knowledge of the language would be useful.

Knitting and Crochet Group: Mondays 8th and 22nd January from 10am to midday in the Hameldon Room at the Padiham Unitarian church. 8th January we will be working on our own projects; 22nd we will turn our attention to making neat buttonholes in knitting.

<u>Painting for Pleasure:</u> Meets at 10:00 am on the first and third <u>Monday</u> of each month at Padiham Rd Methodist Church, Ightenhill, Burnley. Currently fully subscribed. Please ring re waiting list. Outings Group: Our next outing will be on Wednesday 7 February 2024 to Manchester for a History Walk in the city centre. Travel by the X43 from Burnley Bus Station at 0930 to Manchester Town Hall and meet the official tour guide at Manchester Central Library Cafe at 1125. Payment reminder: Please pay by card or cheque payable to "Burnley & District u3a"

<u>Philosophy Group:</u> The next meeting will be **Wednesday 10th January**. Venue details Jim Wallace.

<u>Photography Group:</u> 2pm start on the 2nd Friday each month in the Hameldon room at the Unity Centre. Topic for **Friday 12th January** Events - festivals, fetes, carnivals, special themed events etc.

Quiz Group: The Quiz Group will meet on **Monday 15th January**, from 2-4pm at Padiham Road Methodist Church.

Scrabble Group: Scrabble group meets alternate Wednesday afternoons, 13th December, 10th January, 24th January, 1.30-3.30pm, at Pike Hill Library, Burnley. No meeting on 27th December. New members are always welcome, whether beginners or more experienced players.

<u>Singing Group:</u> meets on the **1st Monday** of each month 11:00-12:30pm in the Hameldon room, Unitarian Church. The singing group will not meet in January 2024.

Spanish Beginners Group: The Beginner's Spanish group will be meeting on the 2nd and 4th Mondays of January on the **8th and 22nd of January** at Padiham Methodist Road Church between 2pm and 4pm. Newcomers welcome.

<u>Intermediate Spanish Group:</u> will meet on Fridays, **12th and 26th** January 2024 between 10.00am - 12.00.

<u>Ukulele Group:</u> meets on the 1st and 3rd Friday on each month at Padiham rd Methodist Church, Ightenhill, Burnley.

Walking Group: 10:30am start on the first (longer walk) and third (shorter walk)

Friday 5th January: Singing Ringing Tree. Start from Clowbridge reservoir car park, Manchester rd, Burnley BB11 5PF. Approx 7 miles. Leader: Peter Hartley

Friday 19th January: Rowley/Thompsons/Queen Parks. Start from Thornton (Arms) car park Brownside rd, Burnley BB10 3JS. About 4 miles. Leader: Julie Sparks