

BRIDLINGTON U3A NEWS

May/June 2018

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u3asites.org.uk/bridlington

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Photographs for this issue were taken by Pete Arthur, Kevin Smith and Maggie Masters

Letter from the Chair

It does not seem that long since I last wrote to you. However since then I have been invited and visited two more groups, the Drama Group and the Wednesday Art Group.

It was fantastic being able to see the talent we have and how much enjoyment everyone gets from their groups. I am open to invitation from any group so just drop me an email or phone me and I will be pleased to find the time to visit you.

It is a busy period for Evelyn (Membership Secretary) as we are approaching renewal time. This year renewals will be much more involved as we have a new data protection law to incorporate into our procedure. It is very important that you read the article on renewals as things are quite a bit different this year.

Finally, I look forward to our May and June meetings, and organising the July concert.

Kevin Smith

VERY IMPORTANT RENEWAL INFORMATION

As you know our membership year runs from September 1 to August 31. As we have over 1,000 members who may want to renew, we start the renewal process in June. All existing members have been sent a renewal letter and form with the May/June Newsletter either by post or email. Under the new General Data Protection Regulation, we must gain consent from all our members to obtain, retain and use their personal information.

To do this, we must get everyone to fill in a

renewal form that will allow us to contact you and reaffirm gift aid status if appropriate. Under the new regulation we must tell you what we will do with your data, and how we will store it. You will have the right to see the data we hold on you and ask to have things changed or removed. We will store your data on a secure, passworded computer data base, which will have limited access. Your paper copies will be stored in a locked cupboard.

We will use your information to contact you about the groups you want to join, communication of the newsletter and any general U3A communications. The new regulation also means that we must have up to date information, so it is important that you inform us of any changes quickly. Please be assured that we do not sell your data, or pass your data, to third parties.

As we must have a completed renewal form from every member we will not be able to accept renewals by bank transfer. If this causes a problem, please contact Evelyn (Membership Secretary) so we can help solve it. If you have any concerns about the renewal process, please talk to Kevin (Chair) or Evelyn (Membership Secretary) so we can clarify.

ALL RENEWALS MUST BE COMPLETED BY OCTOBER 31 2018. AFTER THIS DATE YOU WILL NO LONGER BE A MEMBER AND YOUR INFORMATION MUST BE REMOVED FROM OUR DATA BASE MEANING WE WILL NOT BE ALLOWED TO CONTACT YOU.

Announcement

Next Spa Meeting

is on 21st May 2018
The Speaker is Professor
Brad Gibson

on Building the Universe in a Computer

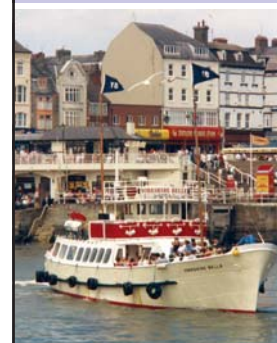
– an insight into the
world of Astronomy.

The June speaker has
changed for our
meeting on
18th June 2018.

The speaker is now
Sal Cooke OBE
on

Seventy Years a Lady

The story of the
'Yorkshire Belle' and
other small boats.



Spotlight on . . . **Drama and Art**

It's never dull at the U3A Drama Group



"What is drama but life with the dull bits cut out" - Alfred Hitchcock

One thing I can say, it is never dull when the Drama Group meets on a Tuesday. Sometimes it is difficult to get a word in edgeways! We are a mixed bunch of enthusiastic U3A members ready to entertain. But what are the benefits of standing on a stage at the Spa twice a year? Self-confidence, definitely needed when wearing a goose or a wolf costume! Imagination, especially



where props are concerned. Empathy, the ability to get into a different character, even if it is a murderer! Cooperation, well, we all get on like one happy family. Concentration, it's stage left, not stage right! Communication skills, who wants tea and coffee? Fun, that goes without saying, and Drama improves your memory, apparently we are getting very good at ad libbing!

You don't have to be able to act or have any previous experience with the theatre. We have a member who just deals with props. We would

love to have someone who would be able to take on the role of director, members to write scripts for us, especially short ones, suitable for performing at the summer concerts.

We have just performed our first Murder Mystery. We thought that with a narrator and us thespians only having to do a little bit of acting, it would be easy!

We invited our U3A Chair, Kevin, to one of our rehearsals, and to say it was chaos was an understatement! People do not realise how much effort, time, despair and laughter goes into every rehearsal. We hope the end result was as enjoyable and fun for the audience as it was for us.

Please come and see us on a Tuesday from 2pm to 4pm



at the fire station portacabin if you feel the urge to be the back end of a cow, or dress up as a dame, or just to be someone different for a while.

No experience necessary.

Maggie, Betty, Sharon, Sharon, Jill, Lorraine, Malcolm, Cindy, Ann, Joy, Margaret, Virginia

Wednesday Acrylic Art Class

A highlight in my week is the Wednesday morning Art Class. We currently have 20 students on the register, but average about 15 in the class. Most came with a love or desire to paint, some not having done so since they were at school!! The level of achievement is personal and very high, their commitment to the class and to each other is very inspiring. They come to class at many different stages of ability from absolute beginners to almost professional.

They learn from each other and assist and enjoy each other's progress.

I teach to each student's need and endeavour to ensure they each leave feeling that they have had encouragement, made progress and enjoyed each other's company. It is a very social morning and for me very worthwhile.

I also very much appreciate the support that they give me in my own painting and in my life.

Rosemary



Table Tennis Group



The table tennis group expanded this year to include a Thursday afternoon session and a Friday morning one. This has meant that our numbers have grown from 22 to 40 members, which is fantastic. We will be looking at increasing the sessions again if we can find someone to run another session.

The season ended at Easter although some of our members decided to get together after Easter to play against each other.

As we finished for the season there was one main task to perform and that was to award the medals to our league champions. Most of our members took part in the

winner and the groups for both Thursday and Friday.

The main aim of the group



is to have fun and socialise, which is evident every week as everyone gets on so well.

We will be running the group again from September and aim to have 20 to 25 members per session. The sessions will run on Thursday afternoon from 2.00pm until 4.00pm and on Friday morning 10.00am until 12.00 noon. Anyone can join us even if you have never picked up a bat before as instruction is available and you will soon find you can play. It has been scientifically proven that playing table tennis is excellent for the body and for keeping the mind very active so why not try it?

Kevin and Evelyn



leagues which are intended for fun and to give members the opportunity to play different people.

The pictures show our

WOULD YOU LIKE TO HELP?
 We need hosts at Spa Meetings
 To volunteer email:
kevin.bridu3a@hotmail.com
 Phone: 07756 834007

A talk on Bridlington's Gansey Girl

After the snows of the Mini Beast from the East, at the Spa on March 19, Bridlington U3A were rewarded with a fascinating talk by Gansey Girl creator Steve Carvill.

Locally born Steve showed us examples of his previous work displayed nationally and also sculptures he had contributed towards the Maritime trail. He had also

arranged for us to be serenaded by Bridlington folk club member Stuart Davidson with a rendition of his original song "Gansey Girl," who had the audience singing along to the chorus.

Then Steve showed us



through a short film and slides on how the iconic statue was made from inspiration, inception, model making onwards to the bare bones, covered in clay, and all the way to the final casting and positioning.

He finished with photographs of her in situ, the winter waves crashing over her, still solid on the harbour wall, a tribute to the fishing heritage of Bridlington.



Are Your Details Up To Date?

Please let me know if you have changed your address, home telephone number, mobile number or e-mail address.

Evelyn Smith
 Membership Secretary

Contact details are at the top of the newsletter.

Pub Lunches

Book at the next Spa meeting

Our Associate membership of East Riding Leisure, Bridlington, has been a great success. Members of this are reminded that they must keep their U3A membership up to date.

GROUP INFORMATION SUMMARY

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Monthly Open Meeting Knitting and Crochet Medium Walks(2) Music Appreciation Short Walks Tap Dancing Tenpin Bowling	Dog Lovers Group Knitting and Crochet Orchestra (any instrument welcome) Pilates Trim Intentions	Art Acrylics Art: Mixed Media All Abilities Friendship Circle Golf Improvers Medium Walks Mindfulness Meditation New Age Curling Short Walks Ukelele	Acoustic Guitar Art Watercolours Crown Green Bowling Discussion Group Even More German Family History French Conversation Advanced Scrabble	A Little More German Art: Portrait Painting Art: Watercolours Croquet Poetry Appreciation Table Tennis 2 Wolds Wheelers Yoga
pm	Ancient Egypt A Writers' Group Ballroom Dancing Intermediate Canasta Computing for the Terrified Great Events In World History Laptop Issues Medium Walks (2) Photography Singing for Fun: The Entertainers Wine Appreciation (2)	Canasta Canasta for Beginners Classical Greek Drama Hand-Held Technology Jazz Ensemble Let's Make a Band Music: Learn to Play Petanque Roots and Shoots Garden Group Science and Technology Sequence Dancing Tapestry Weaving Yoga	Advanced Spanish Arts Appreciation Ballroom Dancing Advanced Bridge (Beginners) Calligraphy French Refresher Government and Politics Progressive Whist Rummikub plus Games	Canasta Ballroom Dancing for Absolute Beginners Climate Change Discussion Getting Going in Italian Getting Started in Italian Italian For Beginners Line Dancing for Beginners Literary Studies Table Tennis The Choir Chantons Wine Appreciation	Book Group Computing for Beginners Short Mat Bowling Latin Outdoor Bowls Recorder Group Tatting

Variable: Allotments; Bridlington Quay Past and Present; Continental Travel; Fishing; Geology; Hearing Loss; Jazz Appreciation; Long Walks; Pub Lunches; Quiz; Silver Dream Bikers; Theatre; Trips

Latest news from the Group Co-ordinator

The existing Bridge (Beginners) Group will become Bridge (Improvers) in September and a new Bridge (Beginners) Group will be formed also to start in September, exact date to be confirmed.

This group will meet every Wednesday evening between 7.00 p.m. and 9.00 p.m. at St. John's Hall, Sewerby, at a cost of £1 per session.

Members interested in learning to play Bridge as Beginners, please contact Terry.

The Hand Held Tech-

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is at

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Bridlington U3A Newsletter

Editor: Kevin Smith
Production Editor: Mike Wilson

nology Group has places available from June onwards and a new waiting list is available.

This Group is taken by the Tech Guru of O2 and solves issues with mobile phones, tablets and i-pads; members find that one or two sessions are sufficient to sort out their problems so releasing places for those on the waiting list.

The group meets monthly on a Tuesday between 2.00 p.m. and 4.00 p.m. at The U3A Centre, Victoria Road, at a cost of £1 per session and to be on the waiting list members should contact Terry.

Roots and Shoots Garden Group is growing in popularity and has various plans for the coming months. Members wishing to join please contact Terry.

Members with a real interest in Classical Music or Blues or Country Music and willing to take a group to listen, study and discuss the appropriate music, composers, musicians and singers please contact Terry.

The Nine Lives of Felix The Cat

At our last monthly meeting held at The Spa on April 16, Brian Maxwell gave a very interesting talk entitled 'The Nine Lives of Felix The Cat.'

Brian spoke about bomb defusing and army bomb disposal tales.

He begun by explaining who is responsible for bomb disposal in the UK and the wide range of tasks that they have to carry out - including 'getting home for tea in one piece'!!

He continued by describing how they deal with low and high explosives, how the equipment they have available to them to use has changed over time, what the bomb disposal operators wear, what transport they use, and what exactly is a controlled explosion.

He concluded his talk by outlining his career, and giving examples from his experiences in bomb disposal, which included his work in England, Scotland, Germany, Northern Ireland, Australia and the Falklands.

Throughout his fascinating talk he showed photos to

illustrate key points, and he also included several bangs!!

The Pussy Cat

I am a little pussy cat,
With whiskers proud and long.

Listen to me carefully -
I'll sing a little song.

I am a very pretty cat,
Of that you can be sure.

My fur is smooth and sooty black,

My heart is white and pure.

I will be *your* pussy cat,
I will be *your* friend.

I will read the letters,
That to your love you send.

Ask me for advice,
And I will guide your way.

I *will* do all this,
So please sir, let me stay.

Pam

