

## B – INTEREST GROUP MATTERS

### PART B4

#### ADVICE AND SUPPORT

There is a wealth of information, advice, support and resources available to Group Leaders/Convenors within the u3a movement, and much of it can be found via the Third Age Trust (TAT) website: <https://www.u3a.org.uk/> . The following is a brief synopsis of what the site has to offer:

Under the News tab you will find a drop-down menu that enables you to access information about some of the national u3a initiatives and activities that your group might be interested in, and in which you might choose to participate. This tab also provides access to the national on-line newsletter, and you can sign-up to receive that automatically monthly – it's free!

Under the Learn tab you can find out how to contact subject advisors and subject networks, national programmes, online learning opportunities, and shared research initiatives or national competitions,

The Events tab is self-explanatory – information is available here on national events that may be of interest to your group or u3a in general.

To access the items under the Support for u3a's tab you will need to create a simple log-in and enter this each time you access this part of the website. The majority of information here is intended for Trustees/Committee members, but it is also of relevance to Group Leaders/Convenors.

The way in which groups organise and develop, and how they go about providing a learning experience for all involved, is a matter for each Group Leader/Convenor to agree with their members. The u3a principles are sufficiently broad to encompass a wide range of interests and learning methodologies. To maximise the benefits of u3a membership it is important to regularly review and reflect on what we are offering to ensure that we remain relevant, open, and inclusive, not only to existing members but possible future members.

If you require any further information on group leadership, please speak to a member of the Committee or email [chair@bridgendu3a.co.uk](mailto:chair@bridgendu3a.co.uk).