

Branston and District U3A

The Original Walking Group

Convener; Jim O'Hara

Meets on the first and third Thursdays of each month.

Where there is a fifth Thursday in the month an extra walk takes place sometimes combined with another activity or visit to a place of interest.

Walks commence at 10am unless otherwise specified and a programme is planned about 6 months in advance.

Members are encouraged to share transport and to pass on to the convener a home contact phone number and an email address, if available, to aid communication.

Members are responsible for ensuring that they are sufficiently fit and able to walk between 6 to 7 miles. Most walks take place in Lincolnshire, but on occasions may cross into adjoining counties.

Equipment and walking attire needs to be fit for purpose, with particular regard to footwear and waterproof wear.

Each member is expected to organise and plan **at least** one route a year and to check the route in advance, including any potential hazards. O/S maps covering the whole of Lincolnshire are available from the convener if required. Prior reconnaissance is important even if the route is thought to be known, as paths are sometimes diverted by farmers, become overgrown and permissive ways withdrawn – which suggests not doing it too early or leaving it too late!

Most walks are circular, starting and returning to a local pub car park and finishing with lunch, which is optional. Costs are met by individual members. Linear walks are sometimes undertaken to coincide with a local bus route.

Names can be added to a list which is available at U3A General monthly meetings or by contacting the convener direct. There is currently space for more walkers and no ceiling to the number of members at present. Forwarding apologies is a courtesy we encourage. Apologies not sent for 3 consecutive occasions could mean withdrawal of membership of the group.

Please note **that it has been agreed by members that dogs are not permitted.** There is no reason why a separate group to include dogs should not be formed, if someone wants to take it on.

Revised January 2017