

### Introduction

Here's wishing everyone a Happy and Healthy 2024.

Now that our Christmas and New Year celebrations are all but a distant memory our thoughts turn to the daylight hours increasing and seeing the first signs of Spring appearing in our gardens, fields and hedgerows.

### General Meetings

All our General Meetings are held on the 3rd Wednesday of each month. The entrance fee is £1. Refreshments are served following the presentation.

#### Our January general meeting

will be held from

**2 - 4pm on Wednesday 17 January 2024**

**at The Institute,**

**Bocking End,**

**Braintree, Essex, CM7 9AE,**

We will be welcoming Barbara Meyer. Barbara's presentation is entitled -

**'Seals in Lincolnshire and Norfolk'.**



#### Our February general meeting

will be held from

**2 - 4pm on Wednesday 21 February 2024**

**at The Institute,**

**Bocking End,**

**Braintree, Essex, CM7 9AE**

We will be welcoming Bobbie Derbyshire. Bobbie's presentation is entitled -

**'Where do Novelists Get Their Ideas From?'**



## General Meeting Programme – March to November 2024

Date	Speaker	Meeting Title
20 March 2024	Bob Read	Let's Talk About Toilets
17 April 2024	Jackie Lucas	AGM/ Info on Lasting Powers of Attorney
15 May 2024	David Caulfield	Songs and Stories from the 60's and 70's
19 June 2024	Philip Caine	Barrow to Baghdad and Back Again
17 July 2024	Gary Lewis	Hitchcock's Leytonstone
21 August 2024	John Worland	Essex Witch Trials
18 September 2024	David Gask	The John Ray Trust
16 October 2024	Dan Tussler	My Vital Health
20 November 2024	Carolyn Harley	The Importance of Re-cycling

### Membership Fees

Membership fees for the period 1 January – 31 December 2024 are now due. The membership fees have been kept at £20 per person or £35 per couple. The membership forms can be downloaded from our website, and will be available at our forthcoming meetings.

## YOUR U3A NEEDS YOU!

The Braintree u3a Committee are pleased to announce that they have recruited a new Treasurer and a new Secretary for the forthcoming year, however we would like more members to join us in planning and shaping our u3a's future.

If you are interested in becoming a committee member, please speak to Debbie Winchester either in person, or via email, or by telephone. Debbie's details are at the end of this Newsletter.

### Group News

The Groups that the committee believe are currently active are listed in the table overleaf. If you wish to join one of the Groups please contact our Group Co-ordinator, Linda Hellewell in the first instance, or one of the other Committee members. (our details are listed at the end of this email).

