



THE UNIVERSITY OF THE THIRD AGE

BOSTON & DISTRICT U3A.

WALKING GROUP.

Walks Disclaimer.

Walking is one of the healthiest and safest of Outdoor Activities.

However neither Boston & District U3A, nor the Walk Leader of the walk has control of the environment of the walks, the weather, any animals or indeed of any of the walkers themselves. Whilst taking normal precautions, providing reasonable help and assistance as necessary, they cannot accept responsibility for any circumstances affecting the Health & Safety of the Walkers in the party.

Walks, organized by U3A Groups automatically have **PUBLIC LIABILITY INSURANCE** cover, provided the leaders are U3A members through the **Third Age Trust**. This is designed to protect the Leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is **NOT** a personal accident insurance and accordingly participants on walks are responsible for their own Health & Safety and the safe keeping of their equipment, clothing and belongings.

Participants on Walks should follow the **ADVICE / INSTRUCTIONS** of the Walk Leader in order to minimize any risk to themselves and should ensure that they do not endanger any others in the party.

I have read, understood and accept the foregoing Disclaimer.

Name: _____

Signature: _____

Date: _____