

## Do you want to:

- keep active in mind & body
- have fun learning something new
- meet new people & make good friends?

Then **Bolton u3a** is just for you. We are a registered charity running regular interest groups for people who don't work.

Some of our most popular groups include:

Quiz	Stitch + Craft	Bowling
Bridge	Cinema visits	Maths
Photography	Music Appreciation	Archaeology
Dining Club	Local History	Philosophy
Mindfulness	Psychology	Yoga
Singing	Coffee and Chat	Topical Science

For more information visit [u3asites.org.uk/bolton](http://u3asites.org.uk/bolton)

You can also email [u3abolton@hotmail.co.uk](mailto:u3abolton@hotmail.co.uk)  
or call us on:

**07740 625 080**

**We hold a joint meeting of all groups** with an interesting speaker on the 4<sup>th</sup> Friday of each month at the United Reformed Church of St Andrew & St George, St George's Road, Bolton BL1 2BS.

**Come and join us. You will be very welcome.**