



With covid and flu still around, please do not attend any meeting if you have any symptoms. You may also wish to wear a mask.

Monday 20th March

Jason Wilson from the NHS Implant Analysis Service

Doors open at **10.00** for a 10.30 start.

Future Programme

Monday 17th April

Sergio Petrucci from the Red Sky Foundation

There will be a collection after the talk for those wishing to donate.

Monday 15th May

AGM Nomination for the committee are open.

Nomination forms will be available at the monthly meetings in March and April and available for download [HERE](#) or from the Documents page on the web site.

Motions for discussion may also be submitted on the same form.

Do you use Facebook?

Why not join our private Facebook group.

Search for u3a Boldon, you will be asked to give your membership number which is on your card, and an administrator will give you access.

It is a fun place, be first to hear about day trips, get news of group activities, enjoy and contribute to Stephanie's u3a foodies posts and even laugh at the occasional joke.

Members are welcome to add any posts which they think would be of interest.

News of Outings from Kath Lodge

Beamish Cancellation

Kath Lodge will be at the meeting on Monday to give refunds to the 6 members who have yet to reclaim the £20 paid for the outing to Beamish which was cancelled.

Saturday 1st April Outing to Stokesley and Northallerton

The cost for this outing is £5 payable at the meeting on 20th March.
9.30am Departure from the Britannia. We leave Northallerton at 4pm.

PLEASE NOTE If you park in the Britannia car park you will be fined. Also the Britannia garage now opens on Saturday mornings so there will be no parking there either.

Saturday 22nd April Bishop Auckland Food Festival

This outdoor festival stretches across the market place in front of the town hall in Bishop Auckland. There will be street food traders, artisan food producers, bars with real ales, pop up cafes and attractions for all. There will be celebrity chefs – Phil Vickery, Bake Off presenter Januz Domagala and Rachel Allen, chef and tv presenter, demonstrating.
Cost £5. This is payable at the meeting on 17th April. An Expression of Interest form will be available at Monday's meeting.

We leave the Britannia at 10 and Bishop Auckland approx 3.30.

On the day the following will be open, admission charges as shown;

Auckland Castle and gardens – £14. Spanish Gallery – £14
Mining Art Gallery – £7 Auckland Tower – No charge.

News of Groups

The ethos of the u3a is to Learn, Live and Laugh, with members sharing their interests for the benefit of everyone.

Feel there is nothing for you currently in the u3a groups?

Then help to set up and run a new group based on your interests, with the full support of the committee. Contact Sue Soulsby at u3aboldon@gmail.com

The **Art Appreciation** group will change venue to Boldon Golf Club on Dipe Lane for the next meeting on Tuesday 21st March. It has on site car parking and a room which can be blacked out for viewing the presentation. Contact Pat Devenport for more information.

Members of the **Enjoy Singing** group did just that at the initial meeting on February 24th, with a selection of tunes from Delilah to Dancing Queen. The group meets on the last Friday of the month in Cleadon Methodist Church Hall at 10.30. Contact Jim Jordan for more information.

There was a good U3a **Contemporary Music** turnout last Friday to see THE MANFREDS at the Customs House. They were on top form and gave a superb show with Paul Jones proving to be as youthful as ever. He kindly signed Adam Walter's MANFRED MANN from 1965 and his new Blues CD which is excellent.



Bill Coombs took this photo when the **Photography Group** made a visit to NELSAM, near Nissan on a clear cold morning. Warming refreshments at Cafe Boldon at the Quadrus Centre were most welcome.

If you want more information about any groups, please contact the group leader directly via the website by clicking the blue carrier pigeon.

News from Which

You may have heard that 3G telecommunication networks are being phased out. What does it mean for you?

Well, your mobile phone or other equipment in your home may stop working. Vodaphone have already started their switch off with other providers following soon. The exception is BT with no plans for the next few years.

Your mobile telephone provider will provide you with information on how it affects you personally, so watch out for a text from them, you may need to upgrade your phone.

[CLICK HERE FOR MORE INFORMATION FROM WHICH](#)

Amazon Prime scam

Scammers are impersonating Amazon to get access to your device.

These scam calls involve fraudsters telling consumers that their Amazon Prime subscription is increasing in price or expiring. If you say you want to cancel, you'll be asked to download remote access software such as AnyDesk. This is a genuine program that fraudsters sometimes use to exploit victims. Once you download the program, the scammer will be able to access your device and steal your information or install malware.

[Discover how to safeguard yourself from this type of scam.](#)

If you feel you can help in any way, please email u3aboldon@gmail.com for more information or see the committee at a General meeting.

Remember you can always find the latest news on events and groups by visiting our web site u3asites.org.uk/boldon/home or by joining our Facebook group.